

Healing Touch and Hospice Care

by Franny Harcey, HTCP

I began providing Hospice care three years ago. Most of my work has been done in the home environment. Hospice clients are in a state of transition and many find great comfort with Healing Touch. They find it helps them relax, become less burdened and more connected to spirit. Healing Touch allows them to be fully present with their physicality -- brings much peace of mind -- and greatly reduces pain. It has been my experience that Healing Touch is something that Hospice clients look forward to in their weekly schedule.

The main techniques I have used over the years have been PAIN DRAIN if a specific area is bothersome. CHAKRA CONNECTION is very relaxing and allows the energy to connect and flow. However, CHAKRA SPREAD is one of the most frequently used techniques that I have implemented as it

allows for deep healing on many levels and assists with an easier transition. I have taught this technique to family members as it allows them to be able to "do something" for their loved ones. Many times a Hospice client wants me to just sit with them, holding sacred space and many want me to just hold their hand to connect at a soul level and to allow them to just be who they are in that moment.

Healing Touch changes not only the Hospice client's life, but the family members as well. ☺

About the author:

Franny Harcey, HTCP, Instructor in Training, Energy Psychotherapist, has a private practice in Denver, CO and works part time for the Healing Touch Program as Cynthia Hutchison's HT Program Director's assistant. She provides Healing Touch as well for Hospice of St. John, Denver, CO part time as a contract worker. Her family has always been supportive of her active Healing Touch life.

Several Hospice centers have added their information to the Healing Touch and Healthcare page on the HTP website. These centers offer Healing Touch to their clients in a variety of ways from volunteer practitioners to paid staff. If you are interested in learning more about bringing Healing Touch to your local hospice this is a valuable resource. We hope and anticipate that Healing Touch will continue to be implemented more and more in the Hospice setting.

Current Hospice centers on the website include:

Holisticare Hospice, Toms River, New Jersey

Horizon Hospice & Palliative Care, Chicago, IL

Hospice & Palliative Care of Northern Colorado, Inc., Greeley, CO

Hospice of Saint John, Lakewood, CO

If you would like to have your hospice facility added to the Healing Touch and Healthcare page, please fill out the survey. (www.healingtouchprogram.com/healthcare/healthcare.shtml) We would be delighted to post your survey.