

Jocelyn "Josie" E.U. Pijpaert

23232 Peralta Dr. Ste 114, Laguna Hills, CA 92653; josie@jp-counseling.com; (949) 484-5009

Licensed Marriage and Family Therapist (LMFT), Licensed Professional Counselor (LPC), National Certified Counselor (NCC) with Human Resources experience. Behavioral counseling experience with individuals, couples, children, adolescents, families, and groups. Special interests include working with: groups; families in distress & transition; trauma; substance abuse; spirituality; couples counseling; program development; underserved populations.

SUMMARY OF QUALIFICATIONS

- Counseling & crisis intervention experience working with individuals, couples, families, children, adolescents, adults, young adults, and groups.
- Employee and Labor Relations Consulting experience
- Mediation training (interest-based bargaining) and experience in EEO Alternative Dispute Resolutions
- Master of Arts in Counseling & Psychology, (2008); 4.0 GPA
- Program development, community organizing, & fundraising for grant-funded projects/ non-profits.

EDUCATION

University of California, Irvine
Post-Baccalaureate Certificate, Research emphasis
pending

University of Mary Hardin-Baylor (UMHB) Belton, TX
MA, Counseling & Psychology, 8/2008; GPA 4.0

Loyola Marymount University (LMU) Los Angeles, CA
BA, Business Administration, 5/2003
Concentrations: Management/Human Resources
GPA: 3.3

LICENSES

LMFT, Licensed Marriage & Family Therapist (CA) #87678
NCC - National Certified Counselor – National Board of Certified Counselors/ # 315073
LPC - Licensed Professional Counselor (TX) # 64654

RESEARCH EXPERIENCE

Research Assistant (RA), University of California, Irvine

May 2015 – Present

- Provide research assistance to the Pressman Psychology Lab of Positive Psychology & Health Psychology
- Lab work includes facial coding interpretation of research participants aimed at studying the impact of smiling on mental processes such as moral decision-making and mood.

Research Assistant (RA), University of Texas, Austin

Summer 2008

- Assist in a longitudinal study for child development in the Children's Lab, running participants via home visits.

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CLINICAL EXPERIENCE

LMFT, Special Operations Command (SOCOM), Marine Special Operations (MARSOC), Camp Pendleton, CA June 2013 – October 2015

- Provide individual, group, and couples counseling to elite forces and their families on: deployment/redeployment, reintegration, separation, transition/phase of life, readjustment, anger management, anxiety, bereavement & loss, couple/marital distress.
- Learn and assimilate to the unique and fast-paced culture of special operations requiring sensitivity and rapid trust.

LPC, (Domestic & International Locations) June 2011 – June 2013 *MHN Government Services & Magellan Behavioral Health - Department of Defense Contractors*

- Apply clinical skills in the military workplace and provide on-site consultation
- Provide individual, group, and couples psychotherapy in areas of: deployment/redeployment, reintegration, separation, transition/phase of life, readjustment, anger management, anxiety, bereavement & loss, couple/marital distress, work related stress, substance abuse, meaning/identity, and other transitions related to the military lifestyle.
- Co-facilitate group counseling for military spouses in areas related to communication, deployment/redeployment, adjustment to transitions, work/life balance/self-care, and family separation.
- Provide program briefings, present at workshops, conduct event outreach, and be a community presence at other family-related events.
- Coordinate & collaborate with community providers as necessary for continuation of care.
- Assist patients in with modifying, reassessing, and evaluating treatment goals.

Outreach Coordinator (Military) – Greater Houston Area April 2011 – July 2011 *Grace After Fire, (Women veteran's non-profit organization)*

- Conduct outreach activities and create social events to enhance healthy lifestyles and social support for the military population. Provide counseling support to those struggling with post-military life transition issues.
- Provide consultation on the development of a peer-to-peer model for support groups

Clinician August 2010 – February 2011 *New Choices Recovery Center, 302 State Street, Schenectady, NY 12302*

- Facilitate group therapy sessions in intensive full day and outpatient program for substance abuse/dual diagnosis population incorporating group process, addiction education, wellness/meditation, and recovery/relapse prevention.
- Provide case management, mental health & substance abuse counseling, treatment planning, crisis intervention, and other clinical services for individuals.
- Conduct psychosocial evaluations and assessments including mental status exam, biopsychosocial history, diagnosis, and treatment recommendations.
- Participate in weekly case conference sessions working with treatment team to continue ongoing treatment services.
- Work with surrounding agencies in local and neighboring counties, Child Protective Services, probation/parole officers, agency halfway house managers, attorneys, family court, drug court, and career service agencies to assist in the ongoing treatment and care for patients.
- Facilitate psychotherapy/substance abuse related groups using various treatment modalities

Program Development Assistant and Peer to Women in Recovery Dec 2009 – August 2010 *Project Empower, Life Listening Resources, 2071 Westfall Rd. Rochester, NY*

- Assist in weekly Empowerment Groups for women in recovery at residential treatment facility & at after care programs
- Planned projects, engaged in fundraising, administration, public relations, and peer counseling.
- Provide weekly visits to residential facility and incorporate physical exercise as part of the recovery process.

Psychotherapist Jan 2009 – Aug 2009 *The Homefront Project, Scott & White Killeen Clinic, 3801 S&W Blvd, Killeen, TX 76543*

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- Provided mental health counseling/psychotherapy, crisis intervention, experiential activities, and referral services to military families and soldiers serving in Iraq/Afghanistan post 9/11.
- Managed client case load of approx. 25+, comprising of individuals, couples, families, children, and adolescents.
- Worked with combat veterans and military family members experiencing issues germane to the military culture such as trauma, separation, multiple deployments, re-integration, blended family issues, marital/family distress and dissolution, addiction, crises, anger management, transition & adjustment, abuse, attachment injuries, grief and loss.
- Provided clinical services on both Axis I and II levels including PTSD, Bipolar Disorder, Major Depressive Disorder, the Anxiety Disorder spectrum, OCD, Substance Abuse and Borderline Personality Disorder.
- Organized & planned thematic creative experiential activities for 1-day R&R retreat for military families.
- Incorporated theory of ambiguous loss and implications to military families and staff as teaching module.
- Obtained sponsors and helped coordinate one of a kind event, Senior Survivor Day May 2009 and Freshman Day August 2009 at local high school with highest percentage of military children in city district resulting in promoting resilience and experiential team building to over 800+ students and fundraising approximately \$12,500.
- Authored program's procedural manual resulting in greater program development and infrastructure.
- Created and initiated marketing tools (business cards, web page, email address, and brochures), resulting in greater program awareness and visibility.
- Advocated for improved accessibility between outside mental health resources and Fort Hood resulting in efforts to improve contact information between Fort Hood and the mental health community.

Counselor Intern

Feb 2008 – Aug 2009

Family Life Chaplains Training Center (FLCTC), Bldg. 21007 Old Ironsides, Fort Hood, TX 76543

- Provided individual, couple, family, child, and adolescent psychotherapy, with a client case-load of approx 10-15.
- Worked with specialty population of military soldiers & their dependents with issues such as post traumatic stress, war related issues, reintegration, separation, attachment, forms of abuse, crises, transition/phase of life, anger management, mental illness, bereavement & loss, marital/couple distress, work related stress, self identity & growth.
- Actively participated in professional growth activities such as group supervision, individual supervision, spirituality perspectives and considerations in counseling, family wellness, emotionally focused therapy (EFT), solution-focused therapy, and Level 1 & 2 Eye Movement Desensitization and Reprocessing (EMDR) training

Residential Patient Assistant

Jul 2008 – Nov 2008

Austin Sendero, CRC Health Group, Residential Eating Disorder Facility, Granger, TX

- Worked with eating disorder clients, with multiple diagnosis including personality disorder and substance dependence, depression, and anxiety related disorders.
- Supervised care to clients in a group setting while role modeling safety, trust, authenticity, positive regard, and compassion.
- Facilitated and led group activities and reflection time while providing active therapeutic listening and attending skills to inpatients. Goal was to assist clients in mindfulness, self-introspection and awareness.

Graduate Assistant & Community Counseling Center Manager

Jan 2007 – May 2008

University of Mary Hardin-Baylor, Graduate Studies, Counseling & Psychology Department

- Manager for day-to-day operations at university's public counseling center, hosted new counselor orientations, conducted phone intakes, maintained client database, communicated with community providers and referral sources.
- Provided APA manual training to incoming graduate students.
- Tutored graduate students in statistics.
- Co-facilitated group counseling to graduate chaplain students in the Marriage & Family Therapy program.
- Counseled, authored individualized treatment plans, and administered psychological evaluations for individuals, couples, children and adolescents at local community counseling center.

Group Facilitator

Jan 2008 – May 2008

Prep Center Dickson Head Start, Temple, TX 76504

- Co-facilitated and provided psychoeducation to teen parents on developmental considerations for discipline resulting in additional parenting tools and increased understanding for the developmental process in infants.

Camp Counselor

Mar 2008

Scott & White Children's Hospital, Temple, TX 76504

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- Provided group supervision, assisted with camp activities, and provided counseling to children who have lost a parent or loved one at a 3-day camp aimed to assist children through issues of grief and loss.

HUMAN RESOURCES EXPERIENCE

Vice President of Human Resources

July 2015 - Present

Smith Fastener Company, Los Angeles, CA 90201

- Oversee functions of human resources and advise President on matters pertaining to hiring, employee relations, compliance, benefits, payroll, timekeeping, out-processing, organizational structuring, and conflict resolution.

Human Resources Specialist (Employee/Labor Relations)

Oct 2005 – January 2007

US Department of Agriculture, Forest Service

- Employee Relations and Labor Relations Program Administration and Case Management: Provide guidance to supervisors and managers on HR matters involving employee relations and labor relations.
- Compose disciplinary and adverse action letters ranging from letters of reprimand to removal & corrective action letters. As ER/LR program administrator at USDA Forest Service, Region 6, Rogue River-Siskiyou National Forest, provide guidance to managers on HR matters involving ER/LR
- Negotiate through collaborative discussion, interest-based bargaining, and other non-traditional techniques with local labor union resulting in positive relationships and meeting agency goals; Ensure compliance with applicable labor relations law or contracts and educate management of contractual/statutory rights and obligations.

Human Resources Specialist

June 2003 – June 2004

Department of Defense, US Air Force, Los Angeles Air Force Base

- Served as employee relations (ER) specialist for 10-12 organizations within the LAAFB installation. Participated in & served as technical advisor for management in Alternate Dispute Resolution (ADR) Mediations for informal EEO complaints. Administered OWCP injury claims; processed & prepared correspondence with employees and Office of Workers' Compensation.
- In ER/LR related cases, in addition to working with senior ER/LR specialists, coordinated controversial items jointly w/ specialists and attorneys from the EEO & Staff Judge Advocate's office.
- Composed disciplinary or adverse action letters ranging from letters of reprimand to removal & other corrective action letters.

Student Trainee, Human Resources

July 2002 – June 2003

Department of Defense, US Air Force, Los Angeles Air Force Base

- Served as ER Specialist Trainee point of contact for smaller, less active designated units on LAAFB. Resolved less complex ER/LR issues in conjunction & assistance with senior specialists. Provided assistance in the Employee Relations Branch in the areas of Absence and Leave Policies, Awards Programs, Unemployment Compensation, responding to Privacy Act/FOIA inquiries, processing personnel action requests, out-processing employees, preparation of case files, and in Employee and Labor Relations. Maintained and updated ER case tracking system.

Part-Time Human Resources Intern

October 2002 – May 2003

Sony Pictures (Digital Imageworks) Culver City, California

- Provided HR assistance support for the entire Sony Pictures Digital Imageworks division. Assisted with hiring and verifying resumes via resumix, maintained filing system, prepared new orientation files, assisted coordination of scheduling interviews, and designed organizational charts.

Part-Time Office Automation Clerk (Civilian Personnel/HR)

August 2001 – July 2002

Department of Defense, US Air Force, Los Angeles Air Force Base

- Assisted HR specialists in the Student Temporary Employment Program (STEP)/summer hire and Student Career Experience Program (SCEP): Reviewed applications and checked qualifications preceding HR specialist's final review. Assembled summer-hire packages, in-processed summer hire students, and ensured all necessary paperwork/information was provided. Assisted HR Specialist in the Affirmative Employment Program: Compiled statistical data and prepared data in presentation format for evaluation.

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RELATED HR & BEHAVIORAL HEALTH CERTIFICATIONS, TRAINING & DEVELOPMENT

Eastern Group Psychotherapy Society Annual 2010 Conference	2010
Emotionally Focused Therapy (EFT) for Couples Training & Externship (30 Hours)	2010
Spiritual Formation, Northeastern Seminary, Roberts Wesleyan College	2009
EMDR, Level I & II, Basic Certification	2009
Clinical Pastoral Education (4 unites) through the U.S. Army Chaplain's Training Center	2009
EMDR, Level 1 & 2, Basic Certification	2009
Medication & Conflict Management (40 hours), Southern Oregon University	2005
USDA Graduate School: Advanced Labor-Management Relations Statutory Training	2005
USDA Graduate School: Basic Staffing and Placement	2005
USDA Graduate School: Position Classification	2005
USDA Graduate School: Management & Supervisors Course	2004
USDA Graduate School: Basic Mediation Course	2004
USDA Graduate School: Adverse & Performance Based Actions	2003
USDA Graduate School: Basic Employee Relations	2003
USDA Graduate School: Basic Labor Relations	2003