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**GP3351** 

to Help People Play and Learn D

# Paint Palette: "Go your own way" (Pk/24)

PLEASE READ ALL INSTRUCTIONS BEFORE STARTING



**PROJECT TIME: 30 minutes** AGE GROUP: 6 and up

## YOUR KIT CONTAINS:

- "Go your own way" **Paint Palette** Design with Watercolor
- Brushes

## YOU WILL NEED

- Cups of water
- Paper towels

#### SHOULD HAVE: **EACH PERSON**

- "Your way" with watercolor paint palette
- A paintbrush

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Kit may contain silicone gel packets, which should be removed before use.

#### GP3351

### INSTRUCTIONS

to a more convenient spot while painting. if it is easier, you can simply cut off the paint palette so you can move it bottom. Be careful not to smear the wet paint as you work. Also, **NOTE:** We recommend painting the design from the top to the

- 1. Decide the colors you want to use on your painting. Remember that the water and rub the brush on one color of the paint palette and different areas. use to paint. Use the flat part and the corner of the brush to paint the you can easily blend colors to make other colors! Dip your brush into
- 2. Clean your brush when you change paint colors
- water) as needed 3. Continue painting areas and cleaning your brush (and change your

TIP: For a more "washy" watercolor look, use more water when you mix your paint. For a brighter paint color, use less water

- Let painting dry.
- 5. Trim a nice even line across the bottom of the painting (cutting off the paint palette if you have not already done that), and your painting is ready for display!



- The first lead pencil, the earliest form of self-expression, was invented in England in 1565.
- © a goat, a turtle and packs of dogs and cats. Famous "cubist" artist Pablo Picasso loved animals. Through his adult life he owned a pet monkey, an owl,
- C Leonardo da Vinci, the original "Renaissance Man," spent 12 years painting the Mona Lisa's lips

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#### Kindness Bracelet (Pk/24)

#### PLEASE READ ALL INSTRUCTIONS BEFORE STARTING



AGE GROUP: 12 and up PROJECT TIME: 30 minutes

#### YOUR KIT CONTAINS:

- Assorted Wood Beads
- Kindness and Tolerance Charms
- Wood Disc Beads
- Clear Stretch Cord
- Assorted Color Markers
- Fine Tip Permanent Marker

#### YOU WILL NEED:

- Scissors
- Ruler
- Paper plates
- Glue or clear nail polish (optional)
- Pencils

#### **EACH PERSON SHOULD** HAVE:

- 1 Charm
- 5 Wood Disc Beads
- 12" of Clear Stretch Cord

All markers and the assorted wooden beads will be shared among the group.

## PREPARATION INSTRUCTIONS

- 1. Measure and cut the clear stretch cord into 12" pieces.
- Have each person measure their wrist by wrapping cord around one time. Keep in mind that this cord stretches but make sure you have enough extra to tie a knot.

**NOTE FOR THE INSTRUCTOR:** This is a great project to follow a discussion on character building or anti-bullying. The bracelets can serve as a reminder for everyone that kindness and tolerance matter.

Here is a brief list of short words that could be used on the custom beads, but you can brainstorm a list with your group as well.

**POSSIBLE WORDS INCLUDE:** calm, agree, brave, cheer, fun, good, grin, grow, hug, heal, idea, joy, know, O.K., nice, me, you, merit, luck, love, safe, soul, wow, well, trust. Be sure to also talk about symbols too (peace symbol, smile face, etc).

### INSTRUCTIONS

- Each person should have one paper plate for holding their beads. It
  is helpful to plan the beading pattern before you start threading the
  beads.
- Plan the designs of the five wooden disc beads. One bead will be the center bead in the charm, and the other four will be strung on the bracelet. Use the paper plate and pencil to figure out colors of beads, symbols, and words.
- Use the assorted color markers to color the five disc beads on both sides. Use/share the fine tip marker to draw symbols or words on the disc beads to customize your bracelet. See finished sample photo for reference.

- 4. Position your center disc bead in the center of the charm. Thread the stretch cord through the charm, through the disc bead, and back through the other side of the charm. Position charm/bead in the center of the strand of cord.
- 5. Keeping the charm/bead in the center of the cord, start threading your beads on one side, working your way out from the charm/bead. Position the disc beads however you want with the other wooden beads.
- When that side is beaded, thread beads on the other side, keeping the charm/bead in center.

**NOTE:** Before knotting the strands, you may want to carefully measure the bracelet around your wrist, holding the ends together. Adjust your beads as necessary for the right fit.

- 7. Once all of the stretch cord is beaded with the charm/bead in the center of the bracelet, carefully un-tape and knot the ends in a simple overhanc knot. Use the fine point permanent marker to add other designs to the rest of the wooden beads if you'd like!
- 8. Trim the ends of the cord, add a dab of glue or clear nail polish to the knot (optional), and wear your new bracelet!



## **O** Random acts of kindness challenge:

Can you do a small act of kindness each day for a week? It could be as small as opening and holding a door, smiling and saying good morning, or helping (without being asked) around your house. What can you do in your corner of the world to make it a better place for others?