

General Information



1. Remove **REGISTRATION FORM** from center of catalog.
2. Indicate whether you wish to **join** the ILR or simply try one class as a non-member. Members may register for up to 12 classes + unlimited bonus classes. Non-members may register for ONE class on space-available basis. Some offerings are for members only. If an offering is open to non-members, there will be a non-member fee listed in the class description.
3. Fill in all contact information neatly and thoroughly.
4. Before registering, please note if an offering is for MEMBERS ONLY and if there are any fees.
5. Before registering, you may check for information regarding class availability at www.ilretirement.org or email the ILR office at info@ilretirement.org.
6. Clearly mark the classes and trips for which you are registering. If you are interested in more than 12 offerings, please send us a 'Wish List' of your additional selections.
7. Registration Forms will be date-stamped and processed on a first-come, first-served basis. The first two weeks are Member's Only Registration. However, non-members should not wait to send in their forms. Non-members may indicate more than one choice, in the event that classes are full. Please use numbers 1, 2, 3, etc.
8. The ILR will send a name tag, INVOICE, and CONFIRMATION SLIPS for all classes/trips for which you are registered. Waiting List slips may also be included. Confirmation slips include **vital** information pertaining to class/trip time, location, supplies, physical limitations, and/or further instructions.
PLEASE READ YOUR CONFIRMATION SLIPS CAREFULLY.
9. Prompt **payment of INVOICES** upon receipt is appreciated.
10. **Free at Ninety**—Persons aged 90 or over are eligible to join the ILR for FREE! Just put your birthdate on the registration form & write in the word '**NINETY**'.
11. **Donations**— Donations are greatly appreciated. Your ILR relies on donations to stay out of the 'red.' Thank you!

MEMBERS! Remember to read #6 above regarding a WISH LIST!

7 Mistakes Investors Need to Avoid in Retirement
Advanced Watercolor Painting (Section 1)
Advanced Watercolor Painting (Section 2)
Apollo 11: Fifty Years Later
Australia & New Zealand: Going Down Under
Balloons: Magic at Any Age
Birding 101: Backyard and Beyond (Section 1)
Birding 101: Backyard and Beyond (Section 2)
Book Discussion Group
Calligraphy Basics
Calligraphy Studio (Section 2)
CarFit: Helping Drivers Find Their Safest Fit (Section 1)
CarFit: Helping Drivers Find Their Safest Fit (Section 2)
Child Abuse: Darkness to Light
Christopher Columbus: His Rise and Fall
Composting: Mind Your Own Resources!
Creative Writing
Death and the Afterlife
Dementia & Alzheimer's: Understanding & Proper Planning
Developing an Attitude of Gratitude
Domestic Terrorism
Drawing: Exploring Freehand Drawing
Driver Safety Refresher Course (AARP Member)
Driver Safety Refresher Course (Non-AARP Member)
Ebay: Buying and Selling
Elder Law: Nursing Home, Medicaid, and Asset Protection
Falls: The How, What, and Why of Prevention!
Film: 6 by 3 in 2
Folk Music: A Canadian Troubadour
Food for Healthy Aging
Hot Issues: Current Events (Bonus)
Human Trafficking: Little Red is No Fairytale
Human Trafficking: The Web
Identity Theft & Fraud Prevention
Introduction to Watercolor Painting: Ink and Color
Kenya & Zambia: Volunteering & Safari
Larry Berg: America - Who are we? What are we?
Lunch & Lecture (Bonus)
Luncheon Out - Group A (Bonus)
Luncheon Out - Group B
Medical Marijuana in Pennsylvania

Mother Alexandra 'I Live Again' Book Discussion
Opera Preview: Don Pasquale (Bonus)
Opera Preview: La Boheme (Bonus)
Osteoporosis: Reduce Your Risk
Papermaking (Section 1)
Papermaking (Section 2)
Penn Turnpike: Vanderbilt's Folly to America's Superhighway
Personality and Conflict
Photography Basics in a Digital Age
Quilt Guild
Real Estate: Sold! How to Prepare Your Home for Sale
Refuse to Be a Victim
Retirement: What Happens When the Paychecks Stop?
Syria: History and Culture
The Problem of Living Meaningfully in Today's World
Titanic: Then and Now
Tourism IV: Warren, Crawford, & Erie Counties
Understanding Social Security
Venomous Snakes of Pennsylvania
Washington's Mission to Fort LeBeouf
Wine Tasting & Lunch
zp-Wind-Up Picnic (Bonus)
zt-Bayernhof Music Museum - AM
zt-Bayernhof Music Museum - PM
zt-Berner International Corporation: Air Curtains
zt-Biking: Mahoning Shadow Trail (Bonus)
zt-Blackwood Estate
zt-Don Pasquale Opera (Benedum Center) (Bonus)
zt-Erie Maritime Museum
zt-Ernst Seed: The Monarch Butterfly Program
zt-Iron Mountain Mines Tour
zt-Kayaking Moraine State Park - Bringing Kayak
zt-Kayaking Moraine State Park - Kayak needed
zt-La Boheme Opera (Benedum Center) (Bonus)
zt-Moraine Cruise
zt-National Comedy Center & Lucy-Desi Museum
zt-Simple Life Amish Tour - Friday
zt-Simple Life Amish Tour - Saturday
zt-Wildflower Walk on Wolf Creek (Bonus)

7 Mistakes Investors Need to Avoid in Retirement 7Mistakes

Terry Burton

This class goes into detail about the specific problems which can affect a person's retirement and how to avoid them with simple and easy-to-understand solutions.

Tues. 3/26; 12:00-1:30.

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

Advanced Watercolor Painting (Section 1)

AdvWatP-1

Stephen Harding

This three-session class provides a focused instructor-based atmosphere to allow participants to continue to explore, practice, and learn from each other while developing a style and an understanding of the media, its limitations, and its unique characteristics. Bring your own supplies. Water, containers, and paper towels will be provided.

Mon. 4/22, 4/29, 5/6; 2:00-4:00.

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

Advanced Watercolor Painting (Section 2)

AdvWatP-2

Stephen Harding

See description for Advanced Watercolor Painting - Section 1.

Mon. 5/13, 5/20, 6/3; 2:00-4:00.

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

Apollo 11: Fifty Years Later

Apollo11Anniv

Jessie McMenamin

On July 20, 1969, the first manned spacecraft landed on the surface of the moon. Neil Armstrong and Buzz Aldrin took the first steps on another planetary body. I'll share facts about this 'one giant leap for mankind' and we'll conclude by viewing the DVD 'Apollo 11: The Eagle has Landed.'

Mon. 4/22; 1:00-4:00.

Open to ILR members only (FREE)

Australia & New Zealand: Going Down Under

AusNZ

Verna Call

Come for a travel adventure on the other side of the earth where tulips grow in October and each flight on an airplane takes you to another climate zone of natural wonders found nowhere else. The first session starts in Melbourne, Australia, and ends in the red-hot center of the Outback. The second session starts at the Great Barrier Reef and ends in Sydney. The third session is in New Zealand, offering snow-capped mountains and hot springs. Along the way, learn about native Aborigines of Australia and Maoris of New Zealand, as well as a plethora of unique animals.

5/23,5/30, 6/6 from 10:00-11:30

Open to ILR members only (FREE)

Balloons: Magic at Any Age

BallMagic

Toni McKay

For three decades, Toni McKay has entertained thousands and made millions of spectators clap with joy with her giant helium parade balloons. From Disney to the Kentucky Derby to the Paris Millenium Parade, Toni will offer an in-depth look into how she created and runs such a unique, joyous business. She will also discuss her belief that life is ours to create, and we must consciously create a magical life at any and every age.

Thurs. 5/16; 2:00-3:30.

Open to ILR members only (FREE)

Birding 101: Backyard and Beyond (Section 1)

Bird101-1

Dave Kwasnick

If you like birds on any level, guess what? You're a birder! Enjoy nature more by learning simple tips that will help you identify birds in your own backyard and out in the field. This class will cover identification through body and beak shape, field marks, behavior, food preferences, and more. Afterwards, test your new-found skills outside at the The Birdwatcher's Store's certified Audubon Wildlife Sanctuary. Section 1 and Section 2 are identical. Please only register for one.

FILLED

Birding 101: Backyard and Beyond (Section 2)

Bird101-2

Dave Kwasnick

Please see description under Birding 101 (Section 1).

FILLED

Birding 101 (section 4)

Tuesday, 5/21/19 from 10:00-11:30.

ILR members - \$5.00
non-members - \$20.00

Book Discussion Group

BookDG

Sandy Stevenson, Carol Holland,

Love to read? Here's your chance to discuss wonderful books with other bibliophiles. All types of books are eligible: fiction, memoirs, biographies, histories, etc. Fall selections are: 'Once We Were Brothers' by Ronald Balson; 'Breech of Promise' by Anne Perry; and 'The Piano Maker' by Kurt Palka.

3rd Tues. of March (3/19), April (4/16), and May (5/21); 12:30-2:00 PM.

Open to ILR members only (FREE)

Calligraphy Basics

CalligBas

Susan Stephenson

Have you always wanted to be able to address an envelope or make a table place cards beautifully? Perhaps you even bought a set of calligraphy pens and tried it, only to discover that it wasn't so easy (even if you had beautiful cursive). Join us in this introductory class designed to use calligraphy markers to increase the odds of success. You will learn the fundamentals, spend time practicing them, and receive coaching for improvement. Instructor will contact via email about materials. Please also see "Calligraphy Studio" elsewhere in this catalog

FILLED

Calligraphy Basics (section 2)

Mondays, 4/29, 5/6, and 5/13 from 11:00-1:00.

Open to ILR members only (FREE)

Calligraphy Studio (Section 1)

Susan Stephenson

CalligStudio1

Have you taken a calligraphy class and now your pen lies dormant? Have you developed your skills, but they have become rusty? PRACTICE! What we all hate! It just never makes the schedule. The trick? Sign up for this class and schedule a weekly practice time. Join others like yourself where your practice won't be so lonely. Improve those foundational skills, hone your work, and learn tricks and tips. A good time will be had by all! Bring your own supplies.

CANCELLED

Calligraphy Studio (Section 2)

Susan Stephenson

CalligStudio2

Please see description of Calligraphy Studio (Section 1). Please register for only one section of this class.

Wed. 5/1, 5/8, 5/15, 5/22; 2:00-4:00.

Open to ILR members only (FREE)

CarFit: Helping Drivers Find Their Safest Fit (Section 1) CarFit19-1

Terri Rae Anthony

CarFit is a free, individualized safety check to help drivers increase vehicle control and comfort. Discover easy adjustments that can protect you behind the wheel. The CarFit program was developed by the American Society on Aging in partnership with AAA and AARP. Section 1 and Section 2 are identical. Please register for only one.

Mon. 4/29; Participants need to individually schedule a 20-minute appointment between 10:00-1:00.

Tuition/Fees: ILR members - \$0.00
non-members – 0.00

CarFit: Helping Drivers Find Their Safest Fit (Section 2) CarFit19-2

Terri Rae Anthony

CarFit is a free, individualized safety check to help drivers increase vehicle control and comfort. Discover easy adjustments that can protect you behind the wheel. The CarFit program was developed by the American Society on Aging in partnership with AAA and AARP. Section 1 and Section 2 are identical. Please register for only one.

Mon. 5/6; Participants need to individually schedule a 20-minute appointment between 10:00-1:00.

Tuition/Fees: ILR members - \$0.00
non-members 0.00

Child Abuse: Darkness to Light

Mary Jane Surrena

ChildAbDtoL

Join us for a vital evidence-informed training to influence communities, and to empower adults to prevent/recognize child sexual abuse. This is a five-step program.

BONUS

Christopher Columbus: His Rise and Fall

John Nichols

ChrisColumbus

This is a fully illustrated PowerPoint class on the life of this well-known European explorer. We will recount his four voyages to the Caribbean and Central America. Reference will be made to his naming of islands, his impact on the Spanish Empire, and his long-term effect on not only European, but Native American history.

Tues. 4/23, 1:00-2:00

Open to ILR members only (FREE)

Composting: Mind Your Own Resources!

CompMindRes

Jerry Zona, Megan Gahring,

Come and learn how to compost your food and yard waste to create rich, dark soil while reducing your trash removal costs, local landfill burden, and impact on the environment. Learn how to build a rain barrel to capture stormwater for yard and garden use. You'll reduce your watering costs and reduce the amount of stormwater leaving your property. There will be an opportunity to purchase a rain barrel adapter kit for \$10 after class.

Tues. 5/21; 10:30-12:00.

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

Creative Writing

CrWrFinish

Andy Johnson

Finish a short story, polish a poem, or start a novel! Writers for hundreds of years have met in small groups to share and hone their writing skills. To share your writing with other experienced or new writers is a brave act, but it is also an intelligent one. We know we can grow, become better writers, and help support our brothers and sisters in writing by listening, reflecting, and even guiding others. My job will be to teach some basic writing techniques, but mostly to facilitate the editing, completing, and publishing of your work. The world awaits what you have to say.

Thurs. 4/11, 4/18, 4/25, 5/2, 5/9, 5/16; 2:00-4:00.

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

Death and the Afterlife

DeathAfter

Theodore Kneupper

We will consider various views regarding what happens after one dies, including evidence/reasons that have been proposed to support them. These include the view that there is no consciousness after death; that one's consciousness moves to a continuing state that remains more or less permanent; that one continues as reincarnated in another physical form; or that one moves to a more impersonal form in which there is awareness, but of a radically different sort.

Tues. 5/7, 5/14, 5/21, 5/28, 6/4; 2:00-4:00.

Open to ILR members only (FREE)

Dementia & Alzheimer's: Understanding & Proper Planning

DemAlzPP

Terry Burton

This is a two-part class from my own personal experience. We will discuss in Part 1 how this disease affects the individual, in addition to the loved ones and caregivers. In Part 2, we will discuss proper planning at the financial level from the basics to the complex.

Wed. 5/29, 6/5; 1:30-3:00.

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

Developing an Attitude of Gratitude

DevelopAttGrat

Ruth Leo

Winter doldrums can add to feelings of gloom and depression. A friend told me she had to take a good look at herself when she got gloomy! "Older folks" complain at times of the perceived ingratitude of youth, calling it a sense of entitlement. A national poll in 2012 revealed that 59% of the 2000 adults interviewed believed that people are less likely to have an attitude of gratitude than 10-20 years ago. Let's meet together to identify ways to express, show, and teach gratitude.

Mon. 4/15; 1:00-2:30.

Open to ILR members only (FREE)

Domestic Terrorism

DomTerror

Carla Gedman

This class will discuss the definition of domestic terrorism as proscribed by the Patriot Act, the FBI, and the court of public opinion. We will then review the type of hate activity seen in Pennsylvania, which is ranked 5th highest in the nation, as well as 3 local cases of domestic terrorism.

FILLED

Drawing: Exploring Freehand Drawing

DrawFree

Daniel Vukich

This class focus will be on development of observational skills and drawing techniques in the medium of pencil. Students will learn the basics of line used as contour to describe shape, define form, and create texture in pencil. We will explore the following types of drawing: contour, gesture, modeled, hatch, and cross contour. We will explore linear perspective drawing to create the illusion of space and explore creative ways to create pleasing compositions. This class is for beginners, as well as seasoned artists. It is intended to provide a pleasing, relaxing atmosphere for the sharing of ideas and talents with others. No prior experience with drawing is required or expected. You may be surprised to find out you can draw a straight line even without a ruler. See the list of materials to be purchased before class.

Tues. 3/19, 3/26, 4/2, 4/9; 10:30-12:00.

Tuition/Fees: ILR members - \$0.00
non-members - \$10.00

Driver Safety Refresher Course (AARP Member)

DrSafMem4hr

Richard Molinari

This will be a 1-day, 4-hour program, available ONLY to seniors who have completed a Driver Safety course within the previous three years. In this classroom course - and with no tests - participants will learn defensive driving techniques, proven safety strategies, new traffic laws, and rules of the road. Course completion will qualify you for state-mandated auto insurance discounts for three years. The 2019 fee is \$15 for AARP members and \$20 for non-members.

Tues. 4/9; 12:00-4:00.

Tuition/Fees: ILR members - \$15.00
non-members - \$15.00

Driver Safety Refresher Course (Non-AARP Member)

DrSafNM4hr

Richard Molinari

Please see description of 'Driver Safety Refresher Course (AARP Member)' in this catalog.

Tues. 4/9; 12:00-4:00.

Tuition/Fees: ILR members - \$20.00
non-members - \$20.00

Ebay: Buying and Selling

EbayBandS

Carol Colaizzi, Mitch Olszak, Molly Raabe

We will be focusing on the advantages and disadvantages of buying and selling on eBay, with an emphasis on the interests of collectors. Ebay offers the opportunity to reach a worldwide community of buyers and sellers, but it comes with some pitfalls. Attendees will learn about these, as well as gain tips about finding items they want and selling ones they no longer desire. Ample time will be given for attendees to ask questions regarding their

interests and collections. Participants with an unusual or special item that has an interesting story are invited to bring it for 'show-and-tell.'

FILLED

Ebay: Buying & Selling (section 2)

Tuesday, 4/16/19 from 1:00-2:30.

ILR members - \$0.00
non-members - \$15.00

Elder Law: Nursing Home, Medicaid, and Asset Protection ELNursHm

Tim Sechler

When a loved one needs long-term care in a nursing home, the cost can exceed \$10,000/month. Understanding how Medicaid can pay for this care can be crucial. Atty Sechler will help you understand the Medicaid rules and what planning options are available to protect your family and assets.

Mon. 3/18, 3/25; 1:00-2:30.

Tuition/Fees: ILR members - \$5.00
non-members - \$20.00

Falls: The How, What, and Why of Prevention!

FallsPrevent

Cheryl Pebbles

Fall prevention is especially important for people over the age of 65. Forty-two percent (42%) of trauma patients seen at GCMC are women who have fallen at home. The goal of trauma treatment is to return people to their pre-injury state. Falls can be prevented by making the home environment safer, and realizing that many factors make a person prone to falling, including: underlying medical conditions, including infections, poor balance, inadequate exercise, and medication responses. Falls result in injuries such as bruises, broken bones, and all too often, traumatic brain injury, surgery, hospital rehabilitation, and nursing home care.

Thurs. 3/21; 10:00-11:30.

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

Film: 6 by 3 in 2

Film6by3in2

Kenneth Harris

For 27th ILR film series, we'll screen 6 movies featuring 3 distinguished performers, each in 2 fine performances. The films are shown complete and without interruption, followed by a discussion of topics of interest growing out of each film. 'Julie & Julia' and 'The Hours', both with Meryl Streep; 'Philadelphia' and 'Fences', both with Denzel Washington; and 'The Deep End' and 'Michael Clayton', both with Tilda Swinton.

Wed. 3/20, 3/27, 4/3, 4/10, 4/17, 4/24; 1:00-4:00 PM.

Open to ILR members only (FREE)

Folk Music: A Canadian Troubadour

FolkMusRogers

Kenneth Harris

We will be examining the songs and ballads of Stan Rogers, the great Canadian folk singer and poet. We'll listen to a number of his songs and see a 45-minute documentary film about his life and legacy.

Tues, 5/7; 12:00-1:30.

Open to ILR members only (FREE)

Food for Healthy Aging

FoodHealAg

Susan Lumley

The fate of your brain is in your food, not your genes, according to Dr. David Perlmutter. This presentation is based on recent research from best-selling authors. Reduce your risk for dementia and Alzheimer's disease. Identify ways to improve dietary and lifestyle choices.

FILLED

Food for Healthy Aging (section 2)
Tuesday, 4/30/19 (11:00-12:30)

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

Hot Issues: Current Events (Bonus)

HotIssuesSp19

Joe Zgonc

Some controversies are 'hot' and others just persistent. Participants will select those they consider timely and discuss one at each session. We exchange information and points of view without any intention of reaching agreement. Insight and enlightenment are all we seek - in a congenial setting. Our first topic will be 'The most controversial topic on today's news.'

Wed. 3/27, 4/10, 4/24, 5/8, 5/22, 6/5; 12:00-1:30.

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

Human Trafficking: Little Red is No Fairytale

HumanTRed

Brittany Fair, Susan McKinnis,

This class will describe how social media plays a part in human trafficking, especially for teens. There will be an interactive discussion, video, and screening of 'I am Little Red.'

BONUS

Human Trafficking: The Web

HumanTWeb

Brittany Fair, Susan McKinnis,

This class will explore how an individual gets 'trapped' into the life of a victim. Class consists of informational video and PowerPoint followed by a simulation of being trafficked. Very powerful.

BONUS

Identity Theft & Fraud Prevention

IdentTheft

Tammy Mayle

The US Postal Inspection Service is the lead agency in investigating incidents of identity theft and mail fraud. Everyday, con artists and scammers attempt to victimize millions of American consumers. When they succeed, these criminals can seriously affect the lives of their victims, their families, and ultimately each and every one of us. We're out to stop these criminals and you can help.

Tues. 4/30 (2:30-3:30)

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

Introduction to Watercolor Painting: Ink and Color

IntroWater

Stephen Harding

This is an introductory watercolor class for those who have never used, nor knew they wanted to. For ages 9-90+. Color, hue, intensity, and value will be presented, with a focus on color mixing (and color chart). Ink layout of still life assembly utilizing perspective and shading (light source) will be studied. Paint application techniques and informal balance will be demonstrated and practiced along with guidance in watercolor application processes. The goal is to introduce and challenge participants to work with this most primitive media, and then continue to create art works that satisfy and foster self-expression. Surprise! You can do it...and you will love it. Please also register for Advanced Watercolor Painting later this semester.

Mon. 4/1, 4/8; 2:00-4:00.

Tuition/Fees: ILR members - \$7.00
non-members - \$20.00

Kenya & Zambia: Volunteering & Safari

KenyaZambia

Janet Fleming

In this class, participants will hear about personal experience of volunteering at a small rural clinic 35 miles outside Nairobi, Kenya. Participants will then see photos taken at some of Africa's largest wildlife sanctuaries. Samburu and Masai Mara are just two sanctuaries visited.

Mon. 4/8; 1:00-2:30.

Open to ILR members only (FREE)

Larry Berg: America - Who are we? What are we?

LarryBergSp19

Larry Berg

The last election campaign evoked questions in many of us about what America stands for, what are the principles of our democracy, and what examples do we provide for the rest of the world. Is the political divide sapping these principles? Is America still the America we want it to be?

Mon. 3/18; 10:00-11:30.

Open to ILR members only (FREE)

Lunch & Lecture (Bonus)

LunchLecSp19

Mary Alice Cobbett

Bring your brown bag lunch and join new friends for a series of stimulating presentations. The following topics will be presented: 'History, Ancestry, and Love of Italy' by Maria and George Pry; 'Williamsburg' by Jessie McMenamini; 'Eastern Europe' by Sue Mraz; and 'The Notorious Biddle Boys' by Bill May.

FILLED

Luncheon Out - Group A (Bonus)

LOA19

Henry Anna, Teresa O'Malley,

Join us at area restaurants for good food and great companionship. Group A is always on the lookout for something new, exotic, and different. Please sign up for ONLY Group A or Group B - NOT BOTH! Contact and final arrangements will be made via e-mail, as much as possible. The first location will be predetermined; the group will select the remainder. You will need to pay for your own lunch.

Thurs. 3/21, 4/4, 4/18, 5/2; 11:30-1:30.

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

Luncheon Out - Group B

LOB19

Ruth Hoffman, Frank Hoffman,

Join us at area restaurants for good food and great companionship. Group B tends to go all over Western PA and Eastern Ohio. Please sign up for only Group A or Group B - NOT BOTH! The location of the first restaurant will be predetermined, and participants will provide suggestions for the next three establishments. Please check your e-mail for directions. You will need to pay for your own lunch.

Thurs. 3/21, 4/4, 4/18, 5/2; 11:30-1:30.

Open to ILR members only (FREE)

Medical Marijuana in Pennsylvania

MedMarijSp19

Beth Bittner

On April 17, 2016, medical marijuana was signed into law in the state of Pennsylvania. Twenty-one months later, patients across the state were able to begin purchasing their medication. Education is vital in order for this program to continue to thrive. This presentation covers what the Act 16 law looks like, what conditions are approved, the seed-to-sale process, the security and compliance required, how patients go about getting a medical marijuana card, what methods of consumption are approved, updates on how the program is going thus far, and how Pennsylvania is leading the way with their program.

Tues. 4/2; 10:30-12:30.

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

Mother Alexandra 'I Live Again' Book Discussion

MothAlexBook

Mary Marr

'I Live Again' is a memoir of Princess Ileana of Romania, who later became Mother Alexandra, abbess and foundress of the first English-language Orthodox monastery in America. The book discussion is a follow-up to the 'Royal Monastic' class and tour of the Orthodox Monastery of the Transfiguration in Fall 2018. As we studied and heard about the life and legacy of Mother Alexandra, many of us were hungry to learn even more about this extraordinary woman. Her memoir offers an intimate glimpse of life as a royal princess in a tumultuous era, and her eventual transformation into an Orthodox nun. Our discussion will include stories and insights from a woman who was privileged to know Mother Alexandra personally. It is not necessary to have attended 'Royal Monastic' to join this discussion, but please purchase and read 'I Live Again' prior to class.

Tues. 5/28; 11:00-12:00.

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

Opera Preview: Don Pasquale (Bonus)

opDP

G. Warren Smith

To silence the audience - or to sum up in just a few seconds - the madness that is about to take over the stage, Donizetti unleashes a cataclysmic sound as the curtain rises. Then, suddenly, the orchestra calms down and gives flight to superb melodies - first melancholic, second lively and mischievous - that will be reprised later by the two lovers, Ernesto and Norina. Since all good comedies need a foil, Donizetti introduces an old curmudgeon to the love interest, Don Pasquale, one of the most hilarious roles ever written by the composer. See also: 'zt-Don Pasquale Opera' in the Trips Section of this catalog. This class is free to non-members who enroll in the corresponding Opera trip.

Wed. 5/1; 2:00-4:00.

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

Opera Preview: La Boheme (Bonus)

opLB

G. Warren Smith

In preparation for attending Giacomo Puccini's opera, La Boheme, or if you are simply curious about this opera, join us for this brief orientation. Puccini spent years as a starving young composer, and he poured his life experience into this opera. Based on a book by Henry Murger, it is a faithful picture, by turn amusing, poetic, and pathetic, of life in the poor artists' and students' quarter of Paris in the 1840s. It is one of the most popular of all operas, with its stark contrasts of lively humor and poignant tragedy, as well as the precursor of the television

show 'Friends,' and the Broadway musical 'Rent.' See also: 'zt-La Boheme Opera' in the Trips Section of this catalog. This class is free to non-members who enroll in the corresponding Opera trip.

Thurs. 4/4; 2:00-4:00.

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

Osteoporosis: Reduce Your Risk

OsteoRiskSp19

Larry Cimperman, Agnes Gallagher,

Learn important ways to rebuild bone naturally using the right foods and nutritional supplements. Learn the reasons why bone-building medicines for osteoporosis don't work. Most importantly, learn how to intelligently read your bone DEXA scan. This is the same class that was offered last semester, but had to be canceled due to bad weather.

FILLED

Papermaking (Section 1)

PaperSp19-1

Natalie Simon

Explore the process of making paper and try your hand creating your own. Recycling paper lessens the load on landfills and trees - learn how it is done and take home your own creation. Dress for a mess, all materials provided. Class will be held at the State Parks Region 2 office.

Wed. 3/20; 11:30-1:30.

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

Papermaking (Section 2)

PaperSp19-2

Natalie Simon

Please see description under 'Papermaking (Section 1).' Both sections are identical. Please only register for one.

Wed. 3/20; 2:00-4:00.

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

Pennsylvania Turnpike: From Vanderbilt's Folly to America's

Superhighway

PennTurnSp19

Polly Shaw

In the 1880s, there was fierce railroad competition to cross Pennsylvania's 6 mountain ranges with a more direct rail route to Pittsburgh. After several years, William Henry Vanderbilt finally called a halt to the expensive construction of 9 tunnels, and abandoned the project, regarded as 'Vanderbilt's Folly.' In the 1920s, there was renewed interest, but this time for a limited access highway that would be based on the old railroad route, with a possible 10th tunnel. The PA Turnpike opened October 1, 1940. With many historic photos and souvenirs, explore the original 160 miles from Carlisle to Irwin - America's superhighway.

Thurs. 4/4, 11:00-12:30

Open to ILR members only (FREE)

Personality and Conflict -- CANCELLED

PersonConflict

Kerry O'Donnell

We can often identify patterns in thinking, feeling, and behaving in ourselves and others that sometimes lead to conflict. In this class, we will learn about the nine patterns of personality that form at an early age as a survival strategy. Personality patterns consist of how we see the world, how we see ourselves, what we seek, what we avoid, our defense mechanisms, our dominant center of intelligence, and our intuitive gifts.

Mon. 3/25, 4/1, 4/8, 4/15, 4/22; 10:30-12:30.

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

Photography Basics in a Digital Age

PhotoDigital

Verna Call

A workshop for those who are interested in getting more out of their digital cameras and smart phones or are considering purchasing one. Today's photography can be used in various mediums unheard of in the past with cheap memory cards, storage in the Cloud, and sharing through texts, emails, etc. Getting the most out of your photos is not just being tech savvy, but is also utilizing basic methods of photography - such as the use of zoom, lighting, framing, and cropping. Bringing your camera/smart phone may be useful, but is not required.

Wed. 3/20, 3/27; 10:30-12:00.

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

Quilt Guild

QuiltGuild

Jean Wanchick

Here's your chance to learn new skills and meet other quilters! You can help decide what the Guild's program will include: guest speakers, demonstrations of new techniques or patterns, sewing for charity, visiting quilt shops, etc. Bring your suggestions! We share our work, get assistance with problems, learn from each other, and socialize.

4th Tues. of March (3/26), April (4/23), and May (5/28); 1:00-3:00.

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

Real Estate: Sold! How to Prepare Your Home for Sale

RealEstate

Kris Callen

The real estate industry is always evolving, and buyers today are savvier than ever. Whether you've been in your home 5 or 50 years, there are steps you can take to position your home for a smoother sale. Learn where to - and where not to - spend money and time.

Wed. 4/3; 11:00-12:00.

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

Retirement: What Happens When the Paychecks Stop? RetirePayStop

Traci Conlon

Tues. 5/28; 11:30-12:30.

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

Refuse to Be a Victim

RefVictim

Chuck Oblich

BONUS

Syria: The Truth About the 'Civil' War

SyriaTruth

Albert Deep

Do we, in the U.S., know the truth about the civil war in Syria? Is the western mainstream media trustworthy in regards to the war there, the Syrian army, President

Bashar al-Assad, and Russia's involvement? We will learn the perspective of the Syrian Christians in Syria from Albert Deep, a second-generation Syrian-American. As a bonus, there will also be Syrian food to sample during class!

FILLED

The Problem of Living Meaningfully in Today's World ProbLivMean

Robert Kochems

This class will explore the impact of how non-traditional nation states, global (free market) versus national economics, women's rights, the drug crisis and crime, the loss of religion, immigration, and the speed of change impact our ability as humans to define ourselves and live meaningful lives in the modern world.

Wed. 5/1, 5/8, 5/15; 10:00-12:00.

Open to ILR members only (FREE)

Titanic: Then and Now

TitanicSp19

Jacqueline Pfeiffer

We will explore the building of the Titanic and details of the time period. We'll vicariously sail on the ill-fated maiden voyage and discuss the lives of many of the passengers and crew. From the moment when the ship hits the iceberg until its rapid sinking, events will be recounted. The involvement of two other ships in particular, the California and the Carpathia, will also be explored. Finally, we'll discuss the attempts to raise the Titanic and the eventual discovery by Dr. Robert Ballard. Current issues surrounding the ship will also be explored.

Tues. 4/16; 10:30-12:30.

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

Tourism IV: Warren, Crawford, & Erie Counties

TourIV

Gail Blakeley

Tourism specialists from these counties highlight the places and events that make their counties special. But wait! The grandchildren need things to do that are healthy, educational, and fun. Activity suggestions are geared toward the entire family. Presenters are: Dave Sherman from Warren Co.; Stacey George and Kevin Parsons from Crawford Co.; and Hanna Stancliff from Erie Co.

Thurs. 4/25, 5/2, 5/9; 2:00-3:30.

Open to ILR members only (FREE)

Understanding Social Security

UnderSS

Terry Burton

A one-hour class covering the big picture of Social Security. This course helps make the complex issues simple to understand. We will cover eligibility, when to take benefits, how it affects couples, divorce, and much, much more.

Thurs. 3/21; 12:30-1:30.

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

Venomous Snakes of Pennsylvania

VenSnakes

Michael Shaffer, Carol Holland,

Join Mike Shaffer, park naturalist from Moraine and McConnell's Mill State Parks to learn about all the snakes we have in PA. Don't let their scales and appearance fool you...snakes play an important role in the environment. Find out what's real and what's not, from the venomous to the perfectly harmless, and much, much more. Live snakes will be on hand, so don't miss out on this grand opportunity!

Mon. 4/29; 1:00-2:30.

Open to ILR members only (FREE)

Washington's Mission to Fort LeBeouf

WashMission

Martin O'Brien

Twenty years before he crossed the Delaware, George Washington trekked through Butler County and western Pennsylvania on a mission to the French in Fort LeBeouf. This 1753 trip was detailed personally by Washington and his guide, Christopher Gist, in their journals. The first events of the French and Indian War occurred near Slippery Rock -- believe it!!! This is a repeat of the Fall 2015 class.

Monday, May 6(1:00-1:00)

Open to ILR members only (FREE)

Wine Tasting & Lunch

WineTaste

Henry Anna, Teresa O'Malley,

This group will meet 4 times over the term at various wineries or wine-tasting rooms. We will taste their wares and then have lunch. Some wineries have a café, but others do not serve lunch, so we will lunch at a restaurant nearby. Participants will pay for their own lunch and wine-tasting fees. Some wineries in the area include: Narcissi, Rustic Acres, Deer Run, Volant Mills, and Winfield. There are others, and we will invite suggestions from the group as we go along. We may arrange carpooling.

Every four weeks, 3/14, 4/11, 5/9, 6/6; 11:00-2:30.

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

zp-Wind-Up Picnic (Bonus)

zp-WindupSp19

Hazel Allen

Come join us for our annual (very short) membership meeting plus heaps of good food and fellowship.

Sat., 6/8; 4:00-6:30.

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

zt-Bayernhof Music Museum - AM

zt-BayAM19

Sandra Wakefield

Don't be deceived! This isn't JUST a world-class music museum housing the extensive personal collection of automated music players, it is also the fantastic and extraordinary home of the late Charles 'Chuck' Brown III. Overlooking the Highland Park lock and dam on the Allegheny River in Pittsburgh, this eclectic and unusual home was built to entertain, fascinate, astound, and simply fill a visitor with amazement. At over 19,000 sq ft, it boasts 10 fireplaces, 8 full baths, 3 kitchens, 11 wet bars, and 3 secret passages, including one that includes reproductions of stalactites and stalagmites and leads to the indoor pool with 10-foot waterfall. Come be astounded! *Note: This is a repeat of the tour from the Fall of 2018.

FILLED

zt-Bayernhof Music Museum - PM

zt-BayPM19

Dale Doran

See description of Bayernhof Music Museum - AM

FILLED

zt-Berner International Corporation: Air Curtains

zt-Berner

Gail Blakeley

Air Curtains employ a controlled stream of air aimed across an opening to create an air seal which separates different environments while allowing a smooth, uninterrupted flow of traffic and unobstructed vision. They provide sizable energy savings and help stop the infiltration of pollutants and flying insects. The plant is located in New Castle, PA.

Fri. 3/22/2019; 10:00-11:00.

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

zt-Biking: Mahoning Shadow Trail (Bonus)

zt-BikingMahoning

G. Warren Smith

This trail runs along the former P&NW Railway, which served the coal industry in Jefferson Co. We'll begin at the western trailhead near the village of Fordham and ride a flat, mostly crushed stone trail along scenic Mahoning Creek to the famous town of Punxsutawney, continuing on to the village of Cloe and return. Along the way are many beehive coke ovens from the area's industrial heritage. From Cloe, the adventurous can ride on another 3 miles of moderate climb through scenic highlands and mixed hemlock forest to Devil's Elbow Road near the village of Hudson. Bring your own bicycle, food, and water. Recommended: spare tube and air pump. Required: helmet.

Sat. 6/1/2019; 9:00-4:00.

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

zt-Blackwood Estate

zt-BlackEstate

Dale Doran, Ben Robertson,

Blackwood, one of the hidden treasures of Butler county, is a 35-acre estate near Harrisville. Interesting structures, including a 70' clock tower which houses a 1907 Seth Thomas tower clock and the Schulmerich Carillon originally installed at Slippery Rock University; many gardens; a pagoda-like spring house; a picturesque pond with its Monet-style bridge entrance; and the music room in the main house which contains a fully-restored 1200 pipe Wurlitzer theater pipe organ and two large Art Deco chandeliers, will be only part of what you will see and hear on this tour. The group will be going out to lunch afterwards. *A golf cart is available for up to 5 handicapped passengers.

FILLED

zt-Don Pasquale Opera (Benedum Center) (Bonus)

ZT-Dpopera

G. Warren Smith

Ernesto wants to marry his beloved Norina, but his uncle Don Pasquale wants him to take a more noble wife so that he doesn't have to take care of his nephew any longer. But Ernesto refuses, so Pasquale decides that he will take a wife to produce his own heir and have no obligations to his nephew. So, Dr. Malatesta offers to introduce him to his sister. Norina and Malatesta consult the plan so that she can appear to be his sister, marry Pasquale and then make his life hell to win back Ernesto. Carpool. Class fee covers your opera ticket. BYOL to eat before the lecture. See also: 'Opera Preview Don Pasquale' in the Classes section of this catalog.

Sun. 5/5; 12:15-6:00.

Tuition/Fees: ILR members - \$40.00
non-members - \$48.00

zt-Erie Maritime Museum

zt-ErieMM

Marianne Hooker

Come with us to the Erie Maritime Museum, and learn about Erie's role in U.S. naval history. The museum commemorates Perry's victory over the British in the War of 1812. Also of interest are exhibits about the original U.S.S. Michigan, the Navy's first iron-hulled vessel. If the U.S. brig Niagara is in port, we will tour this ship as well. Lunch will be at Joe Root's Grill nearby (you buy your own). Afterwards, we'll visit the Tom Ridge Environmental Center for a great introduction to the history, geology, and ecosystems of the Presque Isle peninsula. Travel will be by carpool. Entrance fee of \$7 will be paid to the museum directly by individuals.

FILLED

zt-Ernst Seed: The Monarch Butterfly Program

zt-ErnstBut

Gene Wilhelm

Participants will enjoy touring acres of Ernst Seed Co. grounds with a firm entomologist responsible for raising hundreds of Monarch butterflies. Learn firsthand how to make your own home a Monarch butterfly sanctuary. The group will carpool to Meadville. Bring lunch.

Fri. 5/24; 9:00-12:00

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

zt-Iron Mountain Mines Tour - CANCELLED

zt-IronMtMines

Jessie McMenamain

In this basic tour of the Iron Mountain 'underground mines' located at Boyers, PA, we will learn about data records preservation. We will also receive information on document management solutions and the process of data back-up and recovery. Note: limited to 30 people and we will have to provide them with the participants' names several weeks in advance. Carpool.

Fri. 4/12; 9:00-1:00

Open to ILR members only (FREE)

zt-Kayaking Moraine State Park - Bringing Kayak

zt-KayakBringing

Carol Holland, Michael Shaffer,

Learn to kayak in the tranquil waters of Lake Arthur! A park staff member will guide our group through a brief introduction to the sport, including stroke practice on the water, and exploration of the area around McDanel's Cove. We'll start out from Slippery Rock and proceed to Pavilion #6 in the park to share a picnic before the class (bring your own). The lesson will begin at 1 PM. Kayaks and life jackets will be provided. Sign up early - numbers are limited! Bring along some water shoes and sunscreen. Donations to the park would be appreciated.

*Note: this section is for those who are able to bring their own kayak.

Thurs., 6/6; 11:30-3:00.

Open to ILR members only (FREE)

zt-Kayaking Moraine State Park - Kayak needed

zt-KayakMoraine

Carol Holland, Michael Shaffer,

See description in the trips section of this catalog. This section is for those who do not have their own kayak.

Thurs., 6/6; 11:30-3:00.

Open to ILR members only (FREE)

zt-La Boheme Opera (Benedum Center) (Bonus)

zt-Lbopera

G. Warren Smith

Puccini's bittersweet opera of high-spirited bohemians and the doomed love between Rodolfo the idealistic poet, and Mimi the consumptive flower-maker, is a series of tableaux depicting the joie de vivre of youth and the tragic waste of disease and separation. Pre-opera lecture at 1 PM before the matinee performance at 2 PM. Carpool. Class fee covers your opera ticket. BYOL to eat before the lecture. See also 'Opera Preview La Boheme' in the Classes Section of this catalog.

Sun. 4/7/2019; 11:15-6:00.

Tuition/Fees: ILR members - \$40.00
non-members - \$45.00

zt-Moraine Cruise

zt-MorCruise

Teresa O'Malley, Hank Anna

Please join us on a lunch cruise on beautiful Lake Arthur aboard the Nautical Nature pontoon boat. The boat is handicap accessible. We will enjoy a boxed lunch with a variety of croissant sandwiches.

Open to ILR members only - \$22.00

zt-National Comedy Center & Lucy-Desi Museum

zt-Natcomcenter

Carol Holland, Dale Doran,

Plan to have your funny bone tickled! The National Comedy Center in Jamestown, NY features more than 50 immersive exhibits and recently completed its \$50M endeavor. It is the first state-of-the-art museum dedicated to telling the vital story of comedy in America. Journey through comedy history, from early vaudeville acts to the latest viral memes. Cutting-edge personalization technology makes the entire experience unique. The Lucy-Desi Museum is a short 3-block walk away. Lunch will be on your own. We will travel by 55-passenger bus.

Fri. 5/10; 8:30-5:00.

Tuition/Fees: ILR members - \$58.00
non-members - \$73.00

zt-Simple Life Amish Tour - Friday

zt-SimpleFri

Jessie McMenamin

This 3-hour event begins at The Tavern in New Wilmington, PA. We will be driven in a large van to the following places: an Amish farm and greenhouse; a quilt shop; New Wilmington Cheese House; and the Apple Castle. We will end our trip with an 'Amish Wedding Feast' lunch at The Tavern. This will include chicken & biscuits, mashed potatoes & gravy, salad, sweet rolls, and a beverage.

FILLED

zt-Simple Life Amish Tour - Saturday

zt-SimpleSat

Jessie McMenamin

See description for 'zt-Simple Life Amish Tour - Friday.'

FILLED

zt-Wildflower Walk on Wolf Creek (Bonus)

zt-Wildflower

G. Warren Smith

Wolf Creek Narrows (Western PA Conservancy), off Miller Road a mile west of Slippery rock, is known for its spectacular display of spring wildflowers, including Virginia bluebell, spring-beauty, trout lily, and white trillium. The unusual walking fern, a small calcium-loving species, can be found growing on some of the limestone boulders. From the trailhead and kiosk, a 1.5 mile loop footpath leads upstream over level terrain to rocky bluffs. It then climbs along the gorge's eastern flank, meanders through a mature, upland deciduous forest, and descends back to Wolf Creek, just upstream from the starting point.

Sat. 5/11/19; 10:00-12:00.

Tuition/Fees: ILR members - \$0.00
non-members - \$15.00

Hazel Allen

Hazel is an enthusiastic member and supporter of the ILR. She volunteers in her church and in the community. She also enjoys time with her family, particularly her grandchildren.

Henry Anna

Henry J. Anna, PhD is professor emeritus of political science and public administration at Slippery Rock University, having retired in 1998. A native of Cambria County, PA, Hank has traveled extensively and has so far visited more than 25 countries on 5 continents and 47 U.S. states. He enjoys reading and volunteer work, including Rotary.

Terri Rae Anthony

Terri Rae graduated from Indiana University of PA. She has worked at AAA for 18 years as a Safety Advisor.

Larry Berg

Larry Berg has spent 70 years in broadcasting. For 36 years he hosted 'The Larry Berg' talk show on WISR and WBUT in Butler; and hosted the 'Faces & Places' TV interview program on Armstrong Cable for 10 years. He spent 11 years as an on-air personality at KDKA and 14 years as owner-manager of WBUT and WLER-FM in Butler. Larry is past president of the Butler County Chamber of Commerce and the Rotary Club of Butler. He also has served on many dozens of Boards of Directors of local service groups.

Beth Bittner

Beth Bittner is the Director of Communication and Outreach for Cresco Yeltrah LLC. She holds an M.Ed. in School Counseling from Liberty University and a B.S. in Business Administration/Marketing from SRU. She was involved in the mental health/drug and alcohol field for over 26 years in multiple capacities.

Gail G Blakeley

A retired school teacher, Gail leads ILR trips and has taught classes for the ILR, including wild mushroom identification, a workshop on natural dyes and diaries of women pioneers. She enjoys the ILR, the fine arts, reading, traveling, and camping.

Terry Burton

Terry R. Burton, CFP is the founder of Burton Wealth Management. With over 25 years of experience solving complex problems by applying simple and easy to understand solutions, one person at a time. Securities and advisory services offered through Cetera Advisors LLC-Member FINRA/SPIC. Cetera is under separate ownership from any other entity.

Verna Call

Verna Call is a retired ordained minister in the United Church of Christ. She received her Doctor of Ministry in 2005 from Lancaster Theological Seminary. Her dissertation was on the spiritual care of those with dementia. She is an avid photographer and traveler, having toured over 40 countries, mostly in Europe. Verna has created photo album diaries and has shared her trip experiences with organizations throughout the area.

Kris Callen

A Butler High School graduate and former business student at Pitt, Kris has been in the real estate business since 2003. She manages the Butler office for Berkshire Hathaway HomeServices the Preferred Realty. Kris enjoys cooking and photographing her kids' sports games.

Larry Cimperman

Dr. Larry Cimperman and Dr. Agnes Gallagher have been in private practice for nearly 30 years. Dr. Cimperman provides specific treatment in the musculoskeletal and neurological aspect of chiropractic care. He holds the distinction of Certified Chiropractic Sports Physician.

Mary Alice Cobbett

Mary Alice Cobbett, a Slippery Rock University graduate, is a retired Reading Specialist and Spanish teacher. She lived four years in Central and South America and is a former Peace Corps volunteer.

Carol Colaizzi

Carol Colaizzi and Mitch Olszak are both retired journalists living in New Castle, PA. They have been married for 27 years and share an interest in antiques and collectibles. Over the years, they have sold items at antique malls and currently operate a store on eBay. They view themselves as generalists, buying and selling a wide variety of items.

Albert Deep

Albert Deep is a second-generation American of Syrian descent. His four grandparents were born in Syria and emigrated to the United States between 1904 and 1910. He has visited the 'old country' three times and is intimately knowledgeable about the history and culture of the country. Albert is also a retired educator from the Beaver Falls School District. During his tenure, he held positions in business education, technology, and supervisor of their online program. In retirement, he is actively involved in his church, St. Elias Antiochian Orthodox Church, as a sub-deacon and church school teacher.

Dale Doran

Dale is recently retired and quickly filling her calendar.

Brittany Fair

Brittany Fair, BA - Criminal Justice major from Slippery Rock University - serves as a Human Trafficking counselor for the Crisis Shelter of Lawrence County. Brittany works directly with identifying and assisting victims of human trafficking as well as working with the county-wide Human Trafficking Coalition to raise awareness of this issue and the resources available to assist identified victims.

Janet Fleming

Janet Fleming is a retired RN with many hobbies and interests. Travel, especially visiting Africa and volunteering there, was on her "Bucket List."

Megan Gahring

Megan is the Assistant Director for the Lawrence-Mercer Recycling/Solid Waste Department. She began with the Department in 2011. Megan also serves on the board of the Tri-County Cleanways whose mission is to eliminate illegal dumping and littering in Butler, Lawrence, and Mercer counties.

Agnes Gallagher

Dr. Gallagher is the director of Health By Nature Nutrition and Wellness which provides holistic and wellness health services utilizing nutritional supplements, herbal, and homeopathic remedies, as well as specific diet plans to create individual health improvement programs for a variety of health conditions.

Carla Gedman

Carla Gedman has been in law enforcement and security for over 35 years. She began her career as a patrol officer in the city of Pittsburgh, and went on to multiple positions in security, investigation, and public safety. Carla has been an adjunct professor at Duquesne University for 20+ years, and has taught at CMU & Pitt. She has her BS from Carlow University; MA in Administrative Justice from Pitt.

Stephen Harding

Stephen relocated to Pennsylvania in the '80s, where he and his wife raised a family of 3 children and 10 grandchildren. He earned his BFA from Virginia Commonwealth University, and worked as a Government contracting officer for 31 years before retiring. He joined the Associated Artists of Butler county in Butler, where he taught and also served as president. He continues to volunteer for several organizations and is active in the Slippery Rock Rotary. His appreciation of Classical Music, drawing, and painting often find him engaged for his personal pleasure; however, his desire to share the exciting world of line and color has brought him to the ILR to teach those who say they can't or just don't.

Kenneth Harris

Ken Harris is offering his 27th ILR Film Series. He is a professor emeritus (Theater) at Slippery Rock University and a life-long movie fan.

Frank Hoffman

Frank retired from SRU in 1999 after 32+ years in the Biology Department. Frank's interests include gardening, reading (mainly mysteries), and computer games. He also volunteers at the Grove City Area Historical Society.

Ruth F Hoffman

Since she retired from teaching at Franklin Middle School, Ruth Hoffman has been active in church activities, volunteering at the Grove City Historical Society, traveling, and taking ILR classes!

Carol Holland

Dr. Carol Holland retired after 21 years from SRU as the Director of the Student Counseling Center. She is a licensed psychologist, certified yoga instructor, and certified meditation teacher. Retirement provides her with more time to be the lifelong learner she has always been.

Marianne Hooker

Marianne Hooker is a retired Realtor from New Castle who has also worked as a consultant and technical writer. She is a member of the ILR Curriculum Committee.

Andy Johnson

Andy has a BA in Philosophy and English, a Masters in Counseling Psychology, and graduate work in World Religions. He misses teaching Intro to Philosophy and Ethics at BC3, enjoys publishing his poetry, and is Executive Director of 'spoken word' projects. Andy is currently finishing a children's book and honing his Ashtanga yoga practice.

Theodore L Kneupper

Dr. Theodore Kneupper is professor emeritus at SRU where he taught for nearly 35 years in the Dept. of Philosophy. He specialized in world religions, oriental religions, philosophy of religion, and mysticism and psychical research. He has a current interest in various approaches to spiritual realization.

Robert Kochems

Bob Kochems is the retired District Attorney of Mercer County with 38 years' experience in the criminal justice system as a prosecutor and defense attorney. He also has 30 years' experience doing general 'people' law (family, elder, estate, and real estate). Bob's passion is seeking ways to improve the justice system for the average person.

Dave Kwasnick

Dave Kwasnick is the owner of The Birdwatcher's Store in Slippery Rock, PA. A life-long nature enthusiast, his many interests include birding (of course!), kayaking, backpacking, paddle-boarding, and skiing. Dave is a firm believer that the outdoors are the grounding antidote to today's increasingly frenetic world.

Ruth E Leo

Ruth is a professor emerita at SRU where she taught in the Department of Nursing for 24 years. Ruth has worked as a registered nurse, pediatric nurse practitioner, nursing faculty member, and parish nurse. She enjoys family activities, travel, health-related community service, serving as a deacon at church, and learning new things.

Susan Lumley

Sue Lumley taught middle school and high school Family and Consumer Science (Home Economics). She was Food Service Director at Grove City College and Slippery Rock University. She received a B.S. in Home Economics from IUP and M.S. in Health Science from SRU.

Mary Marr

After retiring from the Pennsylvania State Education Association in 2009, Mary has been an active and enthusiastic member of the ILR. In 1978, she answered a brief classified ad in the Beaver County Times, never dreaming such a simple act would lead to a personal relationship with a real princess!

Tammy Mayle

Tammy Mayle has been a US Postal Inspector for 20 years. She has investigated mail fraud, mail theft, identity theft, violent crimes, work place violence, and crimes against children involving the US Mail. She is currently a US Postal Inspector Team Leader for the Mail Theft/Work Place Violence and Security Team in Pittsburgh. She works closely with other local, state, and federal law enforcement agencies, and the US Attorney's office to bring criminals to justice who utilize the mail to commit crimes.

Toni McKay

Toni McKay is an entrepreneur, traveler, photographer, roller skater, and mother. She holds a bachelor's degree in Education from YSU, a master's degree as a Reading Specialist from Westminster College, and a master's degree in Counseling from YSU. She was thrilled to receive the 2015 Entrepreneur of the Year awarded from the New Castle Rotary Club, and the 1995 Businesswoman of the Year award from the Junior Women's Club. Mostly, she is an accomplished dreamer.

Susan McKinnis

Susan McKinnis, BS - Human Resource Management major from Geneva College - serves as Community Education Specialist and Medical Advocate for the Crisis Shelter of Lawrence County providing training and education concerning abuse and violence.

Jessie McMenamin

Jessie is a retired teacher and guidance counselor. She retired from full-time employment with the Slippery Rock School District in 2005. She and her husband Jim spend a lot of time traveling and are working on their 'bucket list' of places to visit. Jessie is the mother of two adult daughters and grandmother to six grandchildren, ages 2-21.

Richard Molinari

Dick is a retired Westinghouse Project Manager who has taught safe driving courses for ten years. In addition to his volunteer instructor duties, he is the AARP Driver Safety Program Zone Coordinator responsible for Beaver, Butler, and Lawrence counties. Originally from western New York, he now lives with his wife in Pittsburgh near his six grandchildren.

John Nichols

Dr. John A. Nichols, professor emeritus of History, retired after 40 years of teaching at SRU. The author of 6 books and many articles, he has given talks to various groups based on a variety of courses he taught on World History. He currently is a destination speaker on cruise ships around the world. His topics are as diverse as the Native Americans who first inhabited the Caribbean islands and the conquest of the West Indies by Europeans, to more modern events, such as the building of the Panama Canal and tourism in the 21st Century.

Chuck Oblich

Martin O'Brien

Martin O'Brien graduated from Georgetown College and Georgetown University School of Law. He is a retired President Judge of the Butler County Court of Common Pleas. He currently serves on the Board of Directors for Butler County Community College Foundation, Rivers of Steel Heritage Area, and Washington's Trail-1753.

Kerry O'Donnell

Kerry O'Donnell is founder of the Keystone Enneagram Institute. She has served as president of the Falk Foundation, program manager for the United States Institute of Peace, and program associate for the Council for International Exchange of Scholars in Washington, D.C. Kerry is a mediator, and coaches individuals.

Mitch Olszak

Carol Colaizzi and Mitch Olszak are both retired journalists living in New Castle, PA. They have been married for 27 years and share an interest in antiques and collectibles. Over the years, they have sold items at antique malls and currently operate a store on eBay. They view themselves as generalists, buying and selling a wide variety of items.

Teresa O'Malley

Teresa O'Malley is the mother of two sons and grandmother of seven. She is employed at the Seneca Valley School District as a substitute for paraprofessionals working with children with special needs and children with autism. She is a life member of the Evans City Ladies' Fireman's Auxillary and member of the Rubber Dolls Stamping Club. She enjoys working on crossword puzzles, reading, traveling, gardening, card making, rubber stamping, cooking, spending time with family and friends, learning new things, and volunteering.

Cheryl Pebbles

Professionally, Cheryl has worked as a nurse in emergency care in Ohio and Pennsylvania. She has been on the staff at Grove City Medical Center for 23 years and the Trauma Coordinator since 2011. She and her husband have 3 grown sons. For relaxation she rides and shows American Quarter Horses.

Jacqueline Pfeiffer

Jackie Pfeiffer taught third grade for 33 years in the South Butler County School District before retiring in 2007. She has read extensively about the Titanic and its sinking, visited Titanic displays, and has even spoken with Robert Ballard, the discoverer of the Titanic wreck, in 1985.

Ben Robertson

Ben received his BS and PhD from the University of Pittsburgh. He was co-owner of Blackwood Art Gallery in Pittsburgh for 35 years until his retirement in 2008. He currently spends most of his time in the gardens at Blackwood and overseeing the non-profit organization, Blackwood Arts, which he helped create.

Tim Sechler

Atty. Tim Sechler is the owner of Sechler Law Firm, LLC in Mars, PA. He is one of the area's only Certified Elder Law Attorneys. Tim helps his clients plan for the financial threat associated with the need for long-term care. He assists many families with nursing home Medicaid strategies.

Michael Shaffer

Polly Shaw

Polly Shaw retired from Seneca Valley in 2011. She has been a local state park volunteer for over 20 years and is the author of an Arcadia Press book, 'Moraine State Park.' With 5 grandchildren in eastern PA, she is very familiar with the PA Turnpike and has researched its origins.

Natalie Simon

Natalie Simon is an Environmental Education Specialist at Moraine State Park Complex, which includes McConnells Mill and Moraine State Parks. She has a biology degree from Grove City College and an education degree from SRU.

G. Warren Smith

An opera 'buff' and outdoor enthusiast, Warren is a retired chemistry professor and university administrator. His research studied the history and use of medicinal plants by Arctic Natives. He is a Fellow of the Royal Society of Chemistry, AAAS, and the Explorers Club.

Susan Stephenson

Susan is a retired high school English teacher who developed her interest in calligraphy in her high school art class. She has been propelled to develop her skills and learn new techniques over the last 47 years.

Sandy Stevenson

Sandy's B.A. in psychology is from Carlow College; her M.S. in counseling psychology is from Slippery Rock University. She retired from SRU as Director of Training and Employee Services. She also did a lot of diversity-related work while employed at SRU.

Mary Jane Surrena

Mary Jane is an authorized facilitator for the Darkness to Light Stewards of Children Organization. Darkness to Light is a national nonprofit organization that seeks to empower adults to prevent child sexual abuse.

Daniel Vukich

Dan earned an undergraduate degree in Art Education at Youngstown State University and did post-graduate studies at YSU, PSU, and Kutztown University. He taught fine art at Blackhawk Middle/High School for 34 years, retiring in 2006. His other interests include archery, fishing, hunting, and gardening.

Sandra L Wakefield

Sandy is retired from SRU. She is an active volunteer at her church, the Food Cupboard, the elementary school, and SRU preschool. She enjoys traveling, especially since her children are scattered over the US.

Jean Wanchick

After retiring from SRU, Jean Wanchick learned to make quilts. Since then, she has taught classes, organized quilt shows, and the ILR quilt guild.

Gene Wilhelm

Dr. Wilhelm is Professor Emeritus of Geography, Geology and the Environment at SRU, having taught courses in Biogeography, Conservation, Environmental Problems and Human Ecology. Dr. Wilhelm has raised Monarch butterflies at his condo home since 2010.

Joe Zgonc

Joe is a retired metallurgist. He retired from US Steel after 40 years. He also served for 31 years with the American Petroleum Institute. He has two children and four grandchildren.

Jerry Zona

Jerry Zona, Director for Lawrence County Recycling/Solid Waste Department, is a PA certified Recycling Professional who started his career in 1992. Mr. Zona is also the executive director for Tri-County CleanWays whose mission is to empower people to eliminate illegal dumping and littering in Butler, Lawrence, and Mercer counties.