



## HELLO LAKESHARKS

As our newsletter staff continues to recover from the Trop Rock Duval Key West trip, we are finally getting around to the November newsletter. Turn to page 4 for all the details.

Meanwhile we have lots of exciting events coming up over the holidays.

Work has started on the Christmas float as our small group of craftsmen (?) have gotten inspired. So far we have created a new eight foot long, neon driftwood sign that say's LakeSharks, along with centerpiece palm trees, but still have a lot to do. We will have a float decorating party on Tuesday, December 3rd (watch for emails). Our first parade is on Friday, December 6th in Sebring. The second parade is on Saturday, December 14th in Lake Placid. We will get float riding sign-ups out to members as soon as we have more information for you.

As usual, we will not have a Phlocking in November; however, we regroup on December 15th for our members only Christmas party. Details on Page 2.

Speaking of Trop Rock Duval, attendees were treated with some of the most talented entertainers in the Trop Rock industry along with a bonus of the Power Boat parade for the Race World Offshore World Championship Races which began a week after our Trop Rock Event. Great times, and thank you Tom and Jean Shergalis for twisting our arms to attend. It was a great event! See page 3 for the recap and pictures.

**Phins Up!**  
**John and Amy**

## The LakeShark Bytes Newsletter

A Publication of the Heartland LakeSharks  
Parrot Head Club, P.O. Box 2302, Lake  
Placid, Florida 33862



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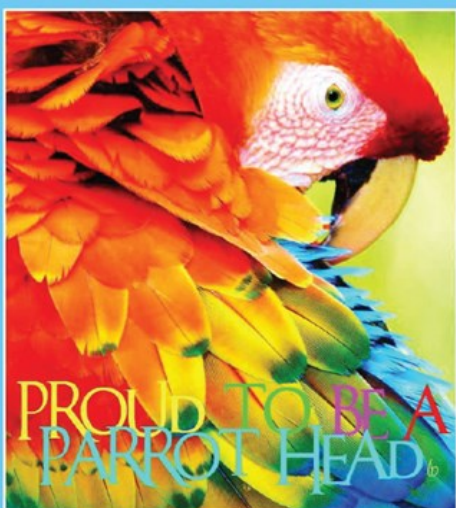
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# DECEMBER 15th MEMBERS ONLY CHRISTMAS PARTY

If you are a LakeSharks member, please join us for our annual Christmas Party. This is our way of thanking all of our members for their hard work throughout the year in support of the needy in our area.

We are excited to welcome back our friend John McDonald to entertain along with fire dancer and LakeShark member Lauren. It will be a great time for all. Flyers will be sent with more details.

## JOHN MCDONALD

**Singer songwriter John McDonald** is living the salt life on the East Coast of Florida, blending reggae, rock, calypso and Afro-Cuban rhythms in his music.

**John's current album *Beach More, Worry Less*** garnered nine 2023 TRMA Award Nominations, including Single (You're My Margaritaville), Song (Beach More, Worry Less), Album and Music Video of the Year (The Last of the Sand Walkers).

**Brevard Live Magazine proclaims "*Beach More, Worry Less* is a phenomenal piece of music...an album you can just play over and over again."**

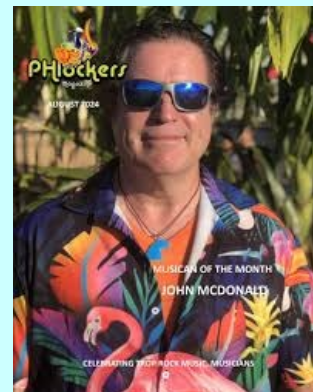
**John's album *Islandology*** generated eight TRMA Trop Rock Music Association Award Nominations in 2021 and 2022, receiving the **2022 Single of the Year Award** for the title track.

**Now based in Melbourne on Florida's Space Coast, John and his band the Mango Men perform a high-energy brand of Trop Rock and fun, feel-good Classic Rock, *Floribbean-style!***

**John & his Mango Men** were featured at the *Space Coast Seafood & Music Fest* where they performed with Molly Hatchet, Charlie Daniels Band and Grammy-nominated reggae band Soldiers of Jah Army.

**They have also appeared in concert with The Beach Boys, America, Hall & Oates, Smokey Robinson, Orleans and Don McLean.**

**Previously based in the Mid-Atlantic, John performs throughout the Gulf Coast region and the United States.**



## CHRISTMAS DONATIONS

We are buying toys and books for our 80 kiddos at RCMA and are scheduling a special visit with Santa for them. Christmas gift baskets will be created for the 5 Ridge area ARC adult group homes for their 30 residents (this is the group we won the "Hero" award from). Additionally, we have put in our request to sponsor four Highland's County Schools families in need. A flyer will be sent out ASAP when we get a breakdown of what is needed so please watch your email. I know the turn around times seem fast but LakeSharks are Ninjas!!

# OCTOBER 20TH PHLOCKING

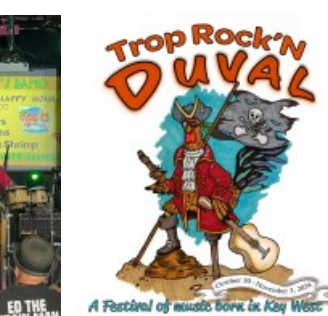
Thank you Parrot Heads for your continued support of our local charities. This month you donated 1,003 pounds of desperately needed food for the Heartland Food Bank. The Food Bank supplies 40 plus food pantries in our area, and our donations really go a long way in support of their mission.

Congratulation to Caddy Shack team member Teresa, winner of \$135 in the 50/50 drawing, Linda Breslich winner of a \$20 Caddy Shack gift certificate and to Greg Breslich winner of a parrot yard stake.



# TROP ROCK'N DUVAL - KEY WEST

Great job to all the folks who brought this event together. It was a great event and will only get better. Eight LakesSharks attended and were treated to some of the best music in the Trop Rock industry. Included in the mix were most of the entertainers who have played for the LakeSharks over the years, Including: Don Middlebrook, John McDonald, Steve Hopper, Beth Travers, Dave Signs, Ricky Lamb, Sunny Jim, John Patty, Isabella Stefanie, Monallo, Roger Bartlett, Heather Vidal, and I'm sure others who I have failed to mention.



# RACE WORLD OFFSHORE BOAT RACE PARADE KEY WEST

As it turned out, the Race World Offshore World Championship Races were schedule to begin the week after Trop Rock'n Duval. We were fortunate enough to witness the event from the balcony of the Surly Siren Saloon, along with many of our new found Parrot Head friends. Hopefully next year we can plan ahead and stay for the races. As for this year, there were no more rooms at the inns!

Also, thank you Millie from Shore Life Radio for seating us up front with Carrie and Dennis for the entertainment and sneaking us onto the balcony as official Shore Life photographers!





**FOODBANK DELIVERIES**

1,003 pounds of food was delivered to the Heartland Food bank on Tuesday October 22.



**MEETING OF THE MINDS**

Members Randy and Nancy Rossman along with John Graham, attended Meeting of the minds in Golf Shores, Alabama. Thank you Nancy for the picture.

**WEBSITE OF THE MONTH**  
**A magazine just for PHlockers!**  
**NOVEMBER 2024**

**Get the heads up on upcoming festivals & events as well special interest stories, PHlockers' items for sale and much more...Best of all, it's FREE**

**And great news, none other than our September entertainer, TRMA Horizon award winner for 2024, and one of our favorites, "MONALLO" is on the front cover. Congratulations MONALLO!**

**CLICK ON COVER THUMBNAIL BELOW**

**PHlockers**  
 Magazine  
 NOVEMBER 2024

**MUSICIAN OF THE MONTH**  
**MONALLO**

CELEBRATING TROP ROCK MUSIC, MUSICIANS & FANS

**FROM OUR HAPPY HOUR COMMITTEE**

Happy Hour will be November 12th at 4:00 PM

At The Heartland Speakeasy, 100 Clubhouse Lane, Sebring, 33876 (Spring Lake Club House, Downstairs).

Meet with Phriends, make new Phriends, bring some Phriends with you!

See you there!

Your Happy Hour Crewe,  
 Taff and Michael

571.251.4142

# 2024 PARTY WITH A PURPOSE FIRST HALF DONATIONS

January						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

HEARTLAND HORSES
Need: \$\$ donations to sponsor a therapy horse. Their mission: To significantly improve the lives of individuals who are physically, emotionally, or developmentally challenged.
Collected \$805 in cash donations for Heartland Horses

February						
Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

VETERANS FOOD DRIVE
Need: Non perishable food items.
Collected 1,175 pounds of non-perishable food items for the Veterans Food Bank Project.

March						
Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

EASTER GOODIE BAGS FOR CHILDREN AT RCMA
Need: Chocolate bunnies or eggs, candy, Peeps, plastic grass, bubbles, small toys, puzzles, coloring books, colors, tooth brushes.
Collected Easter items for 80 kids at RCMA, Easter baskets plus fresh fruit for the 30 Ridge Area Arc residents, and an Easter basket filled with goodies for Heartland Horses.

April						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

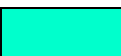
RCMA
Need: Diapers size 4,5,6,7, Unscented wipes, Pull-up training pants for boys and girls size 4 & 5, Construction paper in assorted colors, balls, Puzzles, dot-a-dot markers, Underwear, socks, shoes for boys and girls size 3,4,5,7
Collected 380 pounds of items for RCMA.

May						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

TOILETRIES FOR VET'S DITTY BAGS
Need: Tooth paste, tooth brushes, dental floss, body soap, liquid hand soap, nail clippers, shampoo & conditioner, disposable razors, shaving cream, combs, hand sanitizer, lotion, mouthwash, body/baby powder.
Collected 232 pounds of items for Vet's Ditty Bags.

June						
Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

PEACE RIVER WOMEN'S SHELTER
Need: Toiletries such as hair products, oral hygiene products, deodorant etc. Clothing, shoes, socks and underwear, diapers, games, books. Special need for laundry detergent & pet food.
Collected 700 pounds of items for the Women's Shelter.

 = PHLOCKING DATE

# 2024 PARTY WITH A PURPOSE SECOND HALF DONATIONS

July						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

NO PHLOCKING IN JULY

August						
Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

SCHOOL SUPPLIES - HIGHLANDS COUNTY SCHOOLS
Need: Folders, filler paper, pens, pencils, glue, crayons, Kleenex, back-packs, notebooks, any school items.
Collected 205 lbs. of school supplies. Including hygiene products, tennis shoes and alarm clocks to help kids wake up on time!

September						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

ITEMS FOR PAWSITIVE EFFECTS IN LP
Need: Quality dog & cat food (Made in the USA), cat litter, leashes, collars, pet shampoo, flea/tick prevention, beds, blankets, toys, treats, pet crates.
Collected 640 pounds of goodies for Pawsitive Effects. Great job everyone! Plus \$250 cash.

October						
Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

HEARTLAND FOOD BANK
Need: Non perishable food items. (Peanut butter & jelly always needed). Heartland Food Bank supplies "42" food banks
Collected 1,003 pounds of food for the Heartland Foodbank.

November						
Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

NO PHLOCKING IN NOVEMBER

December						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

TOY DRIVE
Need: Wrapped toys for child you sponsor. \$\$ to purchase toys for RCMA children and ARC home gift boxes. Any unwrapped toys for children older than 4 will go to older RCMA siblings.

= PHLOCKING DATE