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St. Joseph The Worker Parish, Russell, MB St. Theresa's Parish Rossburn, MB

Responsorial Psalm 116: I will lift up the cup of salvation, and call on the name of the Lord.

St. Theresa's Parish News & St. Joseph The Worker Parish News:

Due to Covid-19, both parishes are closed for Mass' until further notice.

Zoom Along with Us you can use it on your computers, tablets, i-pads & smart-phones

We still have **Thursday**, zoom adoration at 10:30 a.m. followed by **Mass at 11:00 a.m. & Sunday zoom Mass is at 9:00 a.m. **Daylight savings Time****

Staying Spiritually Resilient during this pandemic

3. The third step is **consciously reflecting on the past**, reminding ourselves of how God has worked with us in the past. We are part of an ongoing story or relationship that is developing and moving. The story will always have highlights and lowlights, peaks and troughs, but there is always a thread that indicates progress. It is often a matter of finding something to be grateful for despite the negativity that exists. We can choose to believe that there is purpose and meaning, and this choice changes the way we act and live. By remembering the past positively, I can affirm how God works for our good and trust that the future will also be good.

Prayer suggestion:

Take a moment to find something in your past for which you are truly grateful. It could be a parent, teacher, friend, a moment of real joy, or a special place. Really feel that **gratitude**, how as an emotion it is felt in the heart.

4. The fourth step is **reading the Word of God**, which reminds us how God has worked in the lives of the faithful throughout history. This is especially evident in the person of Jesus, as we see how God is compassionately present in the Gospels, relating to our humanity, person to person. Ignatius recommends using our human faculty of **imagination to make the scenes come alive**, especially using our senses. The goal is to place ourselves in the presence of Jesus and recreate the dialogue and the interaction. The Word comes alive for us to transform our experience.

Prayer suggestion:

Reflect on this passage: "I have come in order that you might have life—life in all its fullness." (John 10:10, GNT) How would you apply this to your life? What would this look like if it were true? Imagine Jesus or some other trusted figure saying these words to you personally; how would he say them and look at you?

5. The fifth step is **inviting Jesus to have a two-way conversation with us**. We can speak of our lives and reality and have dialogue about it. This is the conversation that we so want when we realize God's great love and desire for us. Sweeping away all the distractions and distance, this is the prayer of the heart, **speaking heart to heart** with the beloved.

Prayer suggestion:

Find a safe place in your imagination where you can have this conversation. What is there that you need to say, get off your chest, or put into words? How would a loving God listen to you? What would you hear in return? How would that change how you feel about yourself or your life?

The key thing is the *doing* of these steps—not just thinking about the process—and then reflecting on whether it has helped us. It is crucial to stick to the *experience*, not the ideas, to appreciate what actually happens when we pray this way. Negativity and apathy are powerful and persuasive, but they offer no real solutions or escapes from dead ends.

Sometimes we have to make a leap of faith, trusting and trying out the process. We have nothing to lose but the fear. The really good news is that God will meet us more than halfway; our loving God is waiting to be generous to us.

Mass Intentions For The Week:

Most Holy Body and Blood of Christ

Saturday June 5 +Eva Fleury req. Georgette Bowley

Sunday June 6 **Zoom on-line Mass 9:00 a.m.**
Suffering Souls in Purgatory req. Rose & family &
For All Parishioners req. Father Paul

Monday June 7 +Emilienne Mangin req. George Mangin & family

Tuesday June 8 For health of family req. Jean Goba

Wed. June 9 Deceased Family req. Frank & Madeline Mangin

Thurs. June 10 **Zoom on-line Adoration 10:30 a.m. & Mass 11:00 a.m.**
Marlene & Loren Pettitt 60th Wedding Anniversary
req. Bev & Family

Friday June 11 Fr Paul - World Day of Prayer for Priests
req. Carlene & Darin Douglas

Eleventh Sunday in Ordinary Time

Saturday June 12 Emilienne Mangin req. George Mangin & family

Sunday June 13 **Zoom on-line Mass 9:00 a.m.**
Suffering Souls in Purgatory req. Rose & family &
For All Parishioners req. Father Paul

Please remember in your prayers those who are sick in hospitals, care homes, or in their homes & those who care for them. If you wish to receive the Sacraments of Anointing, Confession, or Holy Communion – please call the parish office & leave a message: 204-773-2924.

Pope Francis Prayer Intention for June: *The beauty of marriage:* Let us pray for young people who are preparing for marriage with the support of a Christian community: may they grow in love, with generosity, faithfulness and patience.

Prayer for the Year of St. Joseph

Hail, Guardian of the Redeemer, Spouse of the Blessed Virgin Mary. To you God entrusted his only Son; in you Mary placed her trust; with you Christ became man. Blessed Joseph, to us too, show yourself a father and guide us in the path of life. Obtain for us grace, mercy, and courage, and defend us from every evil. Amen.

St. Josephs is wondering if you want to contribute to our archdiocese publication

The upcoming Summer issue of our archdiocese of Winnipeg, *On the Way Magazine* will focus on the Year of St. Joseph and what it means to us and our community. As parishes entrusted to St. Joseph, we invite you to contribute to our Archdiocesan publication through an article or testimony. Due date, June 10th – please email to our parish office, St. Joseph The Worker: stjoewkr@gmail.com . For more information, contact the parish office, 204-773-2924.

***An Evaluation** 😊

Clara: My pastor is so good he can preach on any subject for an hour.

Jim: That's nothing! My pastor can talk for an hour without a subject.

Catechism of the Catholic Church - The Eucharist §§ 1322 - 1419

1324 The Eucharist is "source and summit of the Christian life." "The other sacraments, and indeed all ecclesiastical ministries and works of the apostolate, are bound up with the Eucharist and are oriented toward it. For in the blessed Eucharist is contained the whole spiritual good of the Church, namely Christ himself, our Pasch."

1325 "The Eucharist is the efficacious sign and sublime cause of that communion in the divine life and that unity of the People of God by which the Church is kept in being. It is the culmination both of God's action sanctifying the world in Christ and of the worship men offer to Christ and through him to the Father in the Holy Spirit."

1326 Finally, by the Eucharistic Celebration we already unite ourselves with the heavenly liturgy and anticipate eternal life, when God will be all in all.

1327 In brief, the Eucharist is the sum and summary of our faith: "Our way of thinking is attuned to the Eucharist, and the Eucharist in turn confirms our way of thinking."

Dear Padre,

Should extraordinary eucharistic ministers receive Communion before or after the congregation? In my home, guests are normally served first.

Fundamentally, we're all guests in the house of God at the gracious invitation of Jesus Christ! When the presider and ministers of holy Communion gather in the sanctuary to consume, they affirm their belief in the Real Presence of Christ. Then, in service, they proceed to distribute the Body and Blood of Christ to the faithful, asking others to affirm that same belief. In this affirmation of faith, and in rendering service to one another, the worshiping community forms a unified "body of Christ."

Therefore, according to the Norms for the Distribution and Reception of Holy Communion: "The practice of extraordinary ministers of holy Communion waiting to receive holy Communion until after the distribution of holy Communion is not in accord with liturgical law" (NDRHC 39). Essentially then, these extraordinary ministers cannot give what they haven't already received.

The amount of time for ordinary and extraordinary ministers to receive holy Communion need not be prolonged unnecessarily before others can partake. Despite logistical challenges, especially for the cantor and choir, the *General Instruction of The Roman Missal* advises, "While the priest is receiving the sacrament, the Communion chant is begun, its purpose being to express the spiritual union of the communicants by means of the unity of their voices,

to show gladness of heart, and to bring out more clearly the 'communitarian' character of the procession to receive the Eucharist" (GIRM 86).

Fr. Byron Miller, CSSR
Sundaybulletin@Liguori.org



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A WORD FROM Pope Francis

The Eucharist satisfies our hunger for material things and kindles our desire to serve. It raises us from our comfortable and lazy lifestyle and reminds us that we are not only mouths to be fed, but also his hands, to be used to help feed others.

CORPUS CHRISTI HOMILY, JUNE 14, 2020

Calendar

Monday
JUNE 7
Weekday
2 Cor 1:1-7
Mt 5:1-12

Tuesday
JUNE 8
Weekday
2 Cor 1:18-22
Mt 5:13-16

Wednesday
JUNE 9
Weekday
2 Cor 3:4-11
Mt 5:17-19

Thursday
JUNE 10
Weekday
2 Cor 3:15-4:1, 3-6
Mt 5:20-26

Friday
JUNE 11
The Most Sacred Heart of Jesus
Hos 11:1, 3-4, 8c-9
Eph 3:8-12, 14-19
Jn 19:31-37

Saturday
JUNE 12
The Immaculate Heart of the Blessed Virgin Mary
2 Cor 5:14-21
Lk 2:41-51

Sunday
JUNE 13
Eleventh Sunday in Ordinary Time
Ez 17:22-24
2 Cor 5:6-10
Mk 4:26-34

Timely topics viewed with a Catholic perspective
Catholic Update explores contemporary issues through the lens of Catholic teaching and traditions. Print and digital subscriptions! For more information, visit Liguori.org or call 800-325-9521.



Our Parish COMMUNITY

Take This: Eat and Drink

We are a people who ritualize life's important events. We insist on birthday cakes; we dream about ostentatious weddings; we go over the top on Super Bowl Sunday. If certain rituals are not included in these celebrations, the profound meaning of the event seems compromised.

Today's readings speak of blood rituals. Since life is in the blood (see Leviticus 17:11), the meaning of the ritual is contained in the meaning of the blood. In the reading from Exodus, young bulls are sacrificed at the height of their virility. In this way, not only the life of the bulls, but their future of youthful strength, is offered to God who is the source of life. A visible sign of this offering—sacrificial blood—is sprinkled on the people signifying that, joined to the bulls through this blood, they too are offered to God. Furthermore, the sacrificial blood seals the covenant bond that joins the people to God.

All of these elements are new in the Letter to the Hebrews. There is a new sacrificial victim, Christ. There's a new power in the blood—the ability to obtain eternal redemption, a New Covenant that promises an eternal inheritance. The Gospel reading describes how we might participate in this ritual and benefit from its wondrous power.

The feast we celebrate today invites us to participate in the ritual it commemorates. Its sacrificial elements are rudimentary nourishments of life, bread and wine. They become the Body and Blood of Christ. All we have to do is draw near with faith, eat, and drink.

Sr. Dianne Bergant, CSA

FOR Reflection

★ The word Eucharist means "giving thanks."
How grateful are you for the privilege to participate in this wondrous event?

June 6, 2021

The Most Holy Body and Blood of Christ (Corpus Christi) (B)

Ex 24:3-8

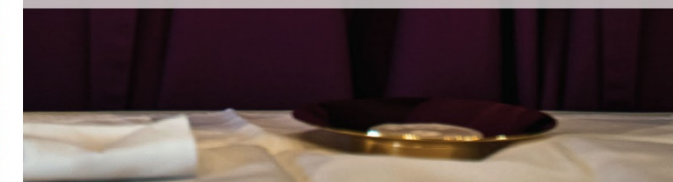
Heb 9:11-15

Mk 14:12-16, 22-26



He entered once for all into the sanctuary, not with the blood of goats and calves but with his own blood, thus obtaining eternal redemption.

HEBREWS 9:12



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