

COVID-19: Guidelines for Client/Employee to return to Pediatric Possibilities



Client or Employee	Symptomatic	No Symptoms
Tested* and Positive	Client/Employee must isolate and not return to in clinic sessions until 72 hours fever free AND improved respiratory symptoms (cough, shortness of breath, etc.) AND it has been 10 days since the onset of symptoms**	Client/Employee must isolate and not return to in clinic sessions until 10 days since the positive test, as long as no symptoms appear**
Tested and Negative	If no alternative explanation – Client/Employee must isolate for at least 10 days from the first symptoms AND 72 hours fever free without fever-reducing medication and with improvement of respiratory symptoms (the test may have been a false negative)	May continue to come into the clinic EXCEPTIONS: Close contact with a confirmed case must refer to the close contact requirements for return to clinic
Not Tested with Alternate Explanation (as determined by a physician)** *	Client/Employee may return to in clinic sessions once 24 hours fever free and improvement of symptoms and must consult with physician to inquire about isolation measures.	N/A–
Not Tested without Alternate Explanation	Client/Employee will need to isolate for at least 10 days from the first day of symptoms AND 72 hours fever free without fever-reducing medication AND have a reduction in respiratory symptoms.	N/A –
Close Contact****	Client/Employee who has had close contact with someone who tested* positive for Covid-19 with symptoms (from 2 days before the symptoms until they meet criteria to d/c from isolation) should quarantine for 14 days	Client/Employee who has had close contact with someone who tested* positive for COVID-19 without symptoms (from 2 days before the test was taken) should self-monitor by taking temperature twice a day, watch for COVID-19 symptoms, and avoid contact with people at high risk for severe illness
Household Close Contact	If anyone who lives in the household of a client/employee has been in close contact with someone who tested* positive for COVID-19 the client/employee should self-monitor for symptoms, but does NOT need to quarantine.	
Not Tested Household Illness	If anyone who lives in the household of a client/employee becomes ill but did not get tested, the family will need to contact their physician to inquire about isolation measures.	
Awaiting Tests Results	Client/Employee tests for COVID-19 cannot come into the clinic and must quarantine until test results are returned. Once the test results are received, follow the scenario that best fits the results.	

*Either by positive lab test or by a physician clinical diagnosis

**Can stop quarantine if there are 2 negative tests, at least 24 hours apart, and no symptoms

** *Alternate Explanations: strep, influenza, etc.

****Defined as contact with someone for longer than 15 minutes less than six feet apart – even if PPE was worn

Updated 7/24/20





10 days

Client/Employee gets COVID-19 tested at a testing event put on by a community organization. Client/Employee was symptom free when the test was taken. The test comes back positive. The client/employee must isolate and stay symptom free from **10 days after the test date.**



14 days

Client/Employee gets COVID-19 tested at a testing event put on by a community organization. Client/Employee was symptom free when the test was taken. The test comes back positive. The client/employee starts isolating for **10 days** after the test date. Four days into isolation, the client/employee presents with a cough and fever. Now, the client/employee must isolate for at least 10 days and 72 hours fever-free without fever-reducing medication and improvement of respiratory symptoms. The client/employee isolates for a total of 14 days.



14 days

Client tests positive and has siblings who also attend the clinic. If the siblings have symptoms, they should be tested and follow protocol for a positive or negative test following their results. If the siblings are symptom free they should quarantine for 14 days before returning to the clinic. Contacts of the siblings are not considered close contacts unless the siblings themselves test positive.



10 days

72 hours

Client/Employee has a fever, cough, headache, and loss of taste and smell. The client/employee goes to get tested and the test is negative. There is at least a 30% chance of a false negative test. Therefore, it would still be required that the client/employee isolate at home for at least 10 days and 72 hours fever-free without fever-reducing medication and with reduction in respiratory symptoms.



24 hours

Client/Employee has a fever and a sore throat with another explanation determined by a physician. The client/employee sees their provider (can be telehealth) and believes the patient has another illness and not COVID-19. The client/employee may return to the clinic after 24 hours fever-free and reduction in symptoms or follow physicians directions on isolation.



10 days

72 hours

Client/Employee has a fever, cough, shortness of breath, and loss of taste and smell (or other common symptoms of Covid-19 per CDC. Client/Employee does not want to get a COVID-19 test. (It is highly recommended to be tested for COVID-19 so proper precautions can be followed.) Client/Employee will need to isolate at home for at least 10 days and go 72 hours fever-free without fever-reducing medication and have a reduction in respiratory symptoms before returning to in clinic sessions.