

FRIDAY ONLY: MANDATORY HEIGHT & WEIGHT CHECK-IN

at Cashman Center Theater

2 pm - 4 pm: All Men Competitors • 4 pm - 6 pm: All Women Competitors



**NPC STEVE KARR
LAS VEGAS
CLASSIC**

SATURDAY • AT CASHMAN CENTER THEATER

8 am: Mandatory Competitor Meeting • 9:30 am: Prejudging • 5:30 pm: Finals

MORE INFO: CONTACT AUSTIN KARR, 702.324.4801

www.NPCLasVegasClassic.com

ELIGIBILITY

All Competitors **MUST HAVE**
a Current NPC Card
Available at check-in.

MEN'S BODYBUILDING

A. Open Men's : 6 Weight Classes

B. Novice Men's: 3 Weight Classes

C. Master's: 3 Age Groups (Over 40, Over 50, Over 60)

D. Teen: No Height or Weight Classes

Pre-judge: Quarter Turns and "MANDATORY" Posing Comparisons

Finals: 60 SECOND ROUTINE: CDs ONLY. Bring music to Friday night check-in.

ALL BODY BUILDERS WHO ARE REQUIRED TO WEIGH-IN MUST WEIGH-IN WEARING POSING TRUNKS. NO EXCEPTIONS.

MEN'S WEIGHT CLASS

Open Men's Division

- A. BANTAM under 143 1/4
- B. LIGHT 143 1/4 up to and including 154 1/4
- C. MIDDLE over 154 1/4 up to and including 176 1/4
- D. LIGHT HEAVY over 176 1/4 and up to including 198 1/4
- E. HEAVY over 198 1/4 up to and including 225 1/4
- F. SUPER HEAVY over 225 1/4

Novice Men's Division

- A. LIGHT up to and including 165 1/4
- B. MIDDLE over 165 1/4 up to and including 187 1/4
- C. HEAVY over 187 1/4

MEN'S CLASSIC PHYSIQUE

OPEN MEN'S DIVISION

DIVISION A - UP TO & INCLUDING 5'7"

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|--|---------------------------|
| • Up to & including 5'4" | Up to & including 155 lbs |
| • Over 5'4" and up to and including 5'5" | Up to & including 160 lbs |
| • Over 5'5" and up to and including 5'6" | Up to & including 165 lbs |
| • Over 5'6" and up to and including 5'7" | Up to & including 170 lbs |

DIVISION B - OVER 5'7", UP TO & INCLUDING 5'10"

- | | |
|---|---------------------------|
| • Over 5'7" and up to and including 5'8" | Up to & including 177 lbs |
| • Over 5'8" and up to and including 5'9" | Up to & including 185 lbs |
| • Over 5'9" and up to and including 5'10" | Up to & including 192 lbs |

DIVISION C - OVER 5'10"

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|--|---------------------------|
| • Over 5'10" and up to and including 5'11" | Up to & including 200 lbs |
| • Over 5'11" and up to and including 6'0" | Up to & including 207 lbs |
| • Over 6'0" and up to and including 6'1" | Up to & including 215 lbs |
| • Over 6'1" and up to and including 6'2" | Up to & including 225 lbs |
| • Over 6'2" and up to and including 6'3" | Up to & including 232 lbs |
| • Over 6'3" and up to and including 6'4" | Up to & including 240 lbs |
| • Over 6'4" and up to and including 6'5" | Up to & including 247 lbs |
| • Over 6'5" and up to and including 6'6" | Up to & including 255 lbs |
| • Over 6'6" and up to and including 6'7" | Up to & including 262 lbs |
| • Over 6'7" | Up to & including 270 lbs |

Pre-judge: Quarter Turns and "MANDATORY" Posing Comparisons

Finals: 60 SECOND ROUTINE: CDs ONLY. Bring music to Friday night check-in.

ALL COMPETITORS ARE REQUIRED TO WEAR CLASSIC MENS PHYSIQUE TRUNKS AT WEIGH IN. NO EXCEPTIONS.

The Judging is scored 100% and will consist of comparisons of the quarter turns and the following four mandatory poses:
Front Double Biceps • Side Chest • Back Double Biceps • Abdominals and Thighs • Favorite Classic Pose (No Most Muscular)

MEN'S PHYSIQUE

OPEN MEN'S DIVISION • SIX HEIGHT CLASSES

- | | | |
|---|--|--|
| A. Up to & including 5'7" | C. Over 5'8" and up to and including 5'9" | E. Over 5'11" and up to and including 6' |
| B. Over 5'7" and up to and including 5'8" | D. Over 5'9" and up to and including 5'11" | F. Over 6' |

MEN'S MASTER DIVISION • 35 AND OVER • ONE CLASS — TEENS DIVISION • ONE CLASS

Judging Criteria • Broad Shorts / Competitor will walk to the center of the stage alone and perform front and rear turns. The competitor will be brought back out in a group and directed to do turns. Judges will be looking for fit contestants who display proper shape & symmetry combined with muscularity and overall conditioning. **This is not the BODYBUILDING DIVISION**, so extreme muscularity will be marked down.