

1 ~ Do Not Get Caught!

**Admit Nothing
Deny Everything
Demand Proof**

2 ~

**No Statement
No Polygraph
No Waiver**



3 ~ Be Prepared & Have a Plan.

~ Have a Backup Plan!

4 ~ Always Carry a Knife (or two)
and Know How to Use It.

In his book *All-In Fighting*, W.E. Fairbairn wrote: "The knife in close-quarter fighting is the most deadly weapon to have to contend with. It is admitted by recognized authorities that for an entirely unarmed man there is no certain defense against a knife." The knife, in trained hands, can be a very effective and deadly means of personal protection. In the hands of a criminal it can also be a very deadly means of assault. While any knife may be used for personal protection, a knife specifically designed for fighting is the best choice for the person who chooses to carry a knife for protection. Rex Applegate wrote in *Kill or Get Killed*: "When a man has a weapon which he knows is designed for fighting alone and has been trained in its use, he immediately develops a sense of confidence in it that he will never feel toward the utility knife. His fighting knife takes on a definite personal characteristic. He carries it with him at all times, he sharpens it often, and he will regard it as a very necessary part of his personal equipment." If you need a knife for utility purposes then carry a utility knife or a multi-tool, but let your personal protection knife be a dedicated fighting knife.

5 ~ Never be unarmed! Be skilled with your weapons, for you never know when you may have need of them.

In the Hávamal, Odin specifically instructs men never to go about unarmed, as a man will never know when he will meet danger, and have need of a weapon... So consider the following - if you can, be armed always. Yes...I know. But consider the implications. Of those who died facing an armed attack, how many would have willingly disobeyed unconscionable laws in order to stay alive?

And stabbing a man to death is an exercise in extreme violence. It is violent and sudden and what the body does in its final moments will shock you...maybe, if you haven't gotten your mind right about such matters.

Skill with your hands, and with knives is important. Because you might not have your pistol... but you can always have or get a knife. And if you have a knife, you can always get a pistol. Consider this deeply.

Always carry a reload... and a knife. Need we say anything more. Learn to reload without thought and learn to draw the blade the same way.

Learn to shoot accurately at distance. One may not always be able to have a rifle at hand, but with practice one can develop skill with a handgun to engage the rifleman.

More ammo is better. You can't kill the bad guys if you run out.

Be generous with your shooting. One shot is the same price as ten shots, so if you are going to shoot someone who is trying to kill you, do not be a miser with your ammo. It will be better for you if you win and he does not, and as a result, your story is the only one heard.

If You Are Armed... If You Are Decisive Enough... If You Are Accurate Enough... If You Are Violent Enough... when someone crashes through your gate and opens up with an AK-47, the answer to this problem is at hand. If you allow yourself to be unarmed because of some law, policy, or regulation... then you just die. **Never be unarmed! Be skilled with your weapons, for you never know when you may have need of them.**

6 ~ Woe Betide Whomever Transmits Plaintext. Encrypt Always!

Encryption should be enabled for everything by default, not a feature you turn on only if you're doing something you consider worth protecting. This is important. If we only use encryption when we're working with important data, then encryption signals that data's importance. If only dissidents use encryption in a country, that country's authorities have an easy way of identifying them. But if everyone uses it all of the time, encryption ceases to be a signal. No one can distinguish simple chatting from deeply private conversation. The government can't tell the dissidents from the rest of the population. Every time you use encryption, you're protecting someone who needs to use it to stay alive.



7 ~ It's not just what you know, but how you know it. Check your sources and validate your data.

By its very nature intelligence is imperfect (i.e., everything cannot be known, analysis is vulnerable to deception, and information is open to alternative interpretations). Credible sources and validated data create accurate intelligence. Poor premises and accepting information as found results in inaccurate conclusions.

8 ~ Employ counter-surveillance techniques during your daily travel. If you find that you are being followed, cause the hunters to become the hunted.

9 ~ If somebody's trailing you, make a circle, come back onto your own tracks, and ambush the folks that aim to ambush you.

Make it extremely dangerous for anyone to pursue you. Circle back and ambush them. Set booby-traps along your trail. Lead your pursuers into dangerous areas and kill them.



10 ~ Have a workable and tested communications plan.

Being able to contact those whom you rely upon for support, and being reachable by those who rely upon you is essential. Don't become dependent on a communication infrastructure that you don't control.

11 ~ Have a 'Go Bag' packed and be ready to travel on a moment's notice.

When it's time to go, grab your bag and head for the border. Have everything necessary to travel internationally or drop out of sight for several days. This includes having a current passport, visas, and enough cash to avoid having to make electronic transactions.

12 ~ Do the unexpected. Do not settle into a routine that invites easy attack or allows anticipation of your aims and activities.

13 ~ Just because you're paranoid, doesn't mean they aren't out to get you. When you're right, paranoia is just good thinking.

The question isn't whether you're paranoid, but whether you are paranoid enough. **Always have an escape plan.**



14 ~ Never give up your weapon.

If someone tells you to drop your gun... Don't! Immediately shoot that person. If you give up your gun, you could die. When someone tells you to give up your weapon they are expecting you to comply with their instructions. In the time it takes them to realize you are not complying, you can win. Kill them in their transition between thought and action. ~ It's easy to shoot someone when they're in the middle... {{BANG}} ... of a sentence.

15 ~ Proximity negates skill. Move away from your attacker. Distance is your friend. (Lateral and diagonal movement are preferred.)



16 ~ Learn Foreign Languages

Notitia linguarum est prima porta sapientiae.

Learning a foreign language not only reveals how other societies think and feel, what they have experienced and value, and how they express themselves, it also provides a cultural mirror in which we can more clearly see our own society. Being multi-lingual allows you to travel more freely, and lets you blend into other societies more completely. More than one language makes you more than one person.



17 ~ Think internationally.

Borders are just lines on a map.

We all have our own nationalities, cultures, and countries of origin. Keep faith and allegiance with your own, but don't overlook what is offered by other nations, cultures, and societies. Adopt that which is useful.

18 ~ Be courteous to everyone, overly friendly to no one. Be polite. Be professional. But, have a plan to kill everyone you meet, because they may want to kill you.

19 ~ In combat, there are no rules, always cheat, always win. The only unfair fight is the one you lose.

The purpose of fighting is to win. There is no possible victory in defense. The sword is more important than the shield, and skill is more important than either. The final weapon is the brain. All else is supplemental.

20 ~ Secure the place where you sleep.

You are most vulnerable when you are sleeping. Therefore, make the place where you sleep very secure. Normally this means securing your home. Reinforce your doors and windows. Use strong, high-security locks. Install an alarm system and security lights. Fences, walls, and gates all provide defenses for the castle.

21 ~ Make your attacker advance through a wall of bullets. Someday someone may kill you with your own gun, but he's going have to beat you to death with it, because it's going to be empty.

22 ~ There is a tremendous difference between shooting methods that work well when you're simply trying to put holes in the target and those that work well when the target is trying to put holes in you. Failing to understand this difference is a mistake that will get you killed if you ever have to use your handgun in a real armed confrontation.

There will be no warnings, no posting and challenging, only recognition of threat and escalation of violence. Learn to shoot faces and necks at room distances. Yes, there is a chance you will be killed by the terrorist...but you will be killed anyway.

And how do you want to look for the Crime Scene photos?

Under a desk hiding with a terrified look on your face and a back full of 7.62x39 rounds, or a smiling corpse on a mountain of brass and dead terrorists? I pray if I am given that choice I will be the guy in the second image. But....but, you might not be either one. You might survive and win if you are decisive enough, accurate enough, and violent enough. Let us all be those things.

23 ~ If you're not shooting, you should be loading. If you're not loading, you should be moving. If you're not doing any of these, someone's going to cut your head off and put it on a stick.

24 ~ Remember the 'Moscow Rules'.

Assume nothing.

Always listen to your gut; it is your operational antennae.

Everyone is potentially under opposition control.

Don't look back; you are never completely alone.

Go with the flow, blend in.

Vary your pattern and stay within your cover.

Make sure they can't anticipate your destination.

Lull them into a sense of complacency.

Don't harass the opposition.

Pick the time and place for action.

Any operation can be aborted; if it feels wrong, then it is wrong.

Use misdirection, illusion, and deception.

Keep your options open.

Always have an escape plan.



25 ~ Once is happenstance;

Twice is a coincidence;

Three times is an enemy action.

26 ~ Develop field-craft skills (the techniques involved in living, traveling, or making military or scientific observations in the field, especially while remaining undetected).

Aircraft go down, vehicles become separated from convoys or break down in remote areas, individuals miss their scheduled transportation, or that transportation never arrives. Sometimes missions fail and when they fail you may find yourself alone and isolated in a remote and hostile area. You must have the skills necessary to survive and remain undetected until you are able to return to a secure area.

27 ~ Remember Security.

There are many virtues to be striven after. The greatest of them all is security. All else must be subordinated to that. Security consists not only in avoiding big risks. It consists in carrying out daily tasks with painstaking remembrance of the tiny things that security demands. The little things are in many ways more important than the big ones. It is they which most often give the game away. It is consistent care in them, which form the habit and characteristic of security mindedness. In any case, the man or woman who does not indulge in the daily security routine, boring and useless though it may sometimes appear, will be found lacking in the proper instinctive reaction when dealing with the bigger stuff. Security, of course, does not mean stagnation or being afraid to go after things. It means going after things, but reducing all the risks to a minimum by hard work.

28 ~ Trust Your Instincts.

Instinct is the sum of information collected by your senses that is not readily obvious to your conscious mind. It often produces a "feeling" that something is wrong or right without logical explanation. When you are uncertain what to do next or how to handle an opponent, rely on your gut feelings. The more experience you have, the more reliable your instincts will be.

29 ~ In this job, there are no hours. That is to say, one never leaves it down. It is lived. One never drops one's guard. All locations are good for laying a false trail (social occasions, for instance, a casual hint here, a phrase there). All locations are good for picking something up, or collecting... for making a useful acquaintance.

30 ~ Maintain Your Cover.

Even though you feel the curious outsider has probably a good idea that you are not what you purport to be, never admit it. Keep on playing the other part. It's amazing how often people will be led to think they were mistaken. Or at least that you are out 'in the other stuff' only in a very mild way. And anyhow, a person is quite free to think what he likes. The important thing is that neither by admission or implication do you let him know. People take things so much for granted and only with difficulty change their sizing-up of a man once they have made it. They have to be jolted out of it. It is up to you to see that they are not. If they do suspect, do not take it that all is lost. Go back to your cover and build it up again. You will at first puzzle them and finally persuade them.



31 ~ If You Think It's The FSB - It Is!

**Федеральная служба безопасности
Российской Федерации (ФСБ)**

If you're not at least somewhat competent in counterintelligence, why bother having intelligence services at all? You're giving it all away. If you think counterintelligence is fundamentally about catching traitors / moles, you don't really understand counterintelligence.

32 ~ There are no "new" intel ideas. All of the important intelligence methods have already been perfected by the Russians. But you can do them better.

33 ~ If you don't own the street, the other side will. And soon they will steal your lunch money.

34 ~ If you don't understand the other side's collection, and what he's doing to mess up your collection, you're clueless too.

35 ~ The best way to protect your secrets is to steal the other side's secrets.

36 ~ Never leave things lying about unattended or lay them down where you are liable to forget them. Learn to write lightly; the "blank" page underneath has often been read. If you have to destroy a document, do so thoroughly. Carry as little written matter as possible, and for the shortest possible time. Never carry names or addresses en clair. If you cannot carry them for the time being in your head, put them in a species of personal code, which only you understand.

37 ~ Know the 'Principles of Intelligence' and the 'Axioms for Intelligence Analysts'.

The Principles of Intelligence

- **Perspective (Think like the adversary.)**
- **Synchronization (Synchronize intelligence with plans and operations.)**
- **Integrity (Remain intellectually honest.)**
- **Unity of Effort (Cooperate to achieve a common end state.)**
- **Prioritization (Prioritize requirements based on commander's guidance.)**
- **Excellence (Strive to achieve the highest standards of quality.)**
- **Prediction (Accept the risk of predicting adversary intentions.)**
- **Agility (Remain flexible and adapt to changing situations.)**
- **Collaboration (Leverage expertise of diverse analytic resources.)**
- **Fusion (Exploit all sources of information and intelligence.)**

Axioms for Intelligence Analysts

- **Believe in your own professional judgments.**
- **Be aggressive, and do not fear being wrong.**
- **It is better to be mistaken than to be wrong.**
- **Avoid mirror imaging at all costs.**
- **Intelligence is of no value if it is not disseminated.**
- **Coordination is necessary, but do not settle for the least common denominator.**
- **When everyone agrees on an issue, something is probably wrong.**
- **The consumer does not care how much you know, just tell him what is important.**
- **Form is never more important than substance.**
- **Aggressively pursue collection of information you need.**
- **Do not take the editing process too seriously.**
- **Know your Community counterparts and talk to them frequently.**
- **Never let your career take precedence over your job.**
- **Being an intelligence analyst is not a popularity contest.**
- **Do not take your job-or yourself-too seriously.**

38 ~ There is a clear distinction between espionage and reconnaissance. A spy is one who passes information clandestinely from within an organization - in other words, a traitor. To do otherwise is to be a scout. Of course, this distinction blurs when you are rolled up behind enemy lines, in civilian clothes, with all kinds of electronic surveillance equipment and exotic weapons.



39 ~ Make as many of your difficult appointments as you can after dark. Turn the blackout to good use. If you cannot make it after dark, make it very early morning when people are only half awake and not on the lookout for strange goings-on.

40 ~ It's not what you know. It's not who you know. It's what you know about who you know. If you don't understand that, in intelligence, your job is based on breaking other people's laws, get out now.

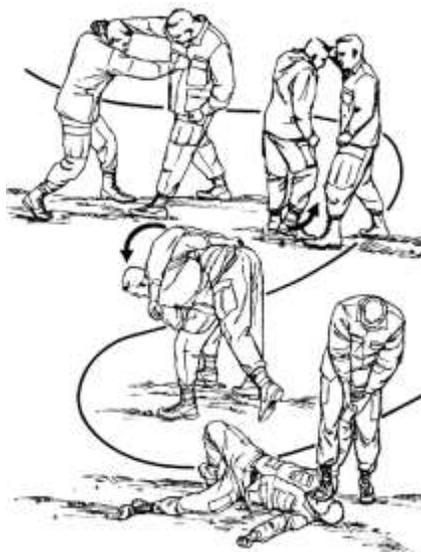
MOLON LABE

41 ~



Molon Labe a Greek phrase meaning "come and take them" is a classical expression of defiance. According to Herodotus, when the Persian armies demanded that the Greeks surrender their weapons at the Battle of Thermopylae, King Leonidas I responded with the phrase "Molon Labe". - If a law is unjust, a man is not only right to disobey it, he is obligated to do so. The misconception is that any statute passed by legislators bearing the appearance of law constitutes the law of the land. Never surrender your weapons!

42 ~ It is about being able to kill the enemy, not just "stop the threat". At the moment of truth, you must have a clarity of focus... when someone tries to kill you, you kill them first.



43 ~ It is important to be physically fit and strong, but always assume that your opponent is going to be bigger, stronger, and faster than you; so that you learn to rely on technique, timing, and leverage rather than brute strength alone.

44 ~ What are the facts? Shun wishful thinking, ignore divine revelation, forget what "the stars foretell," avoid opinion, care not what the neighbors think, never mind the un-guessable "verdict of history"--what are the facts, and to how many decimal places? You pilot always into an unknown future; facts are your only guide.

45 ~ We work in the darkness to serve the light. Where other men blindly follow the truth, remember... Nothing is true.



Not all commonly accepted truths are accurate, and there are accurate truths that are not commonly known.

Pay close attention to the man behind the curtain.

46 ~ Secure Your Cyber-Life

The majority of people in developed countries spend at least some time interacting with the Internet, and hostile Governments are abusing that necessity in secret to extend their powers beyond what is necessary and appropriate. Even if you're not doing anything wrong, you're being watched and recorded... it has reached the point where you don't have to have done anything wrong, you simply have to eventually fall under suspicion from somebody, even by a wrong call, and then they can use this system to go back in time and scrutinize every decision you've ever made, every friend you've ever discussed something with, and attack you on that basis, to sort of derive suspicion from an innocent life.

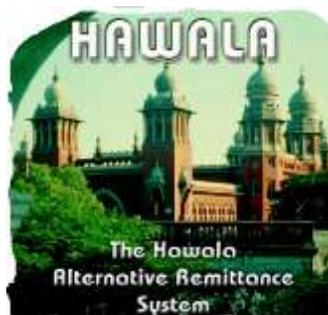
THE RIOT IS ONE NIGHT...



- COVER YOUR FACE AND HAIR - THINK BEFORE YOU TEXT
- ENCRYPT YOUR SHIT
- WEAR GLOVES - DON'T USE FACEBOOK, PERIOD
- WATCH OUT FOR GOOGLE TOO - USE PUBLIC COMPUTERS OR ENCRYPTED NETWORKS
- DON'T SPECULATE ABOUT WHO DID WHAT
- WATCH OUT FOR RFID TAGS - DON'T PUT YOUR PICTURE ONLINE - DON'T BRAG - LEAVE YOUR PHONE AT HOME - REMEMBER THAT THE NSA READS YOUR EMAIL
- BE CAREFUL, NOT PARANOID - NEVER SNITCH, EVER

...BUT METADATA LASTS FOREVER.

47 ~ Explore the dark and secret places... know what others do not. Learn to hack, and hack to learn.



ABRAXAS

48 ~ Embrace Modern Technology

Understanding modern technology and knowing how things work lets you use these advances to your own advantage. Modern technology can make your life easier, make you more efficient, and give you advantages over an adversary. Embrace technology and use it to your full advantage, but do not become dependent on it. As useful as technology can be, it will fail you, too often when you need it most.



49 ~ Understand Primitive and Ancient Ways

A primitive trap along a jungle trail can harass and delay the advance of a modern army. The stone knife goes undetected by the magnetometer. The archer's arrow kills silently and effectively. The skills of the ancient warrior can often be employed with great effect in modern times.

50 ~ Know the principles of survival.

Size up the situation.

Undue haste makes waste.

Remember where you are.

Vanquish fear and panic.

Improvise.

Value living.

Act like the natives.

Live by your wits; but for now learn the basics.



51 ~ If you wish another to keep your secret, first keep it yourself. One may know your secret, never a second. If three, a thousand will know.

52 ~ This is the way for men who want to learn my strategy:

- **Do not think dishonestly.**
- **The way is in training.**
- **Become acquainted with every art.**
- **Know the ways of all professions.**
- **Distinguish between gain and loss in worldly matters.**
- **Develop intuitive judgment and understanding for everything.**
- **Perceive those things which cannot be seen.**
- **Pay attention even to trifles.**
- **Do nothing which is of no use.**

~ Miyamoto Musashi



53 ~ Know the 10 Rules of OPSEC.

- **Keep Your Mouth Shut**
- **Trust No One**
- **Don't Contaminate Your Identities**
- **Be Un-interesting (Stay Under the Radar)**
- **Be Proactively Paranoid, Now**
- **Know Your Limitations**
- **Minimize Information - Don't Reveal Operational Details**
- **Keep Your Personal Life Separate from Your Professional Life.**
- **Employ Anti-Profiling & Anti-Forensic Techniques**
- **Protect Your Assets**

54 ~ Keep the Ten Commandments of Counterintelligence.

- 1. Be Offensive**
- 2. Honor Your Professionals**
- 3. Own the Street**
- 4. Know Your History**
- 5. Do Not Ignore Analysis**
- 6. Do Not Be Parochial**
- 7. Train Your People**
- 8. Do Not Be Shoved Aside**
- 9. Do Not Stay Too Long**
- 10. Never Give Up**

55 ~ Cache Basic Supplies.

56 ~ Sometimes You Are Going to Be Wrong.



57 ~ Hide in The Network

1) **Hide in the network. Implement hidden services. Use Tor, I2P, Freenet, and VPNs to anonymize yourself. The less obvious you are, the safer you are.**

2) **Encrypt your communications. Use TLS. Use IPsec. While it's true that some agencies target encrypted connections - and may have explicit exploits against these protocols - you're much better protected than if you communicate in the clear. Wee betide him who transmits plaintext.**

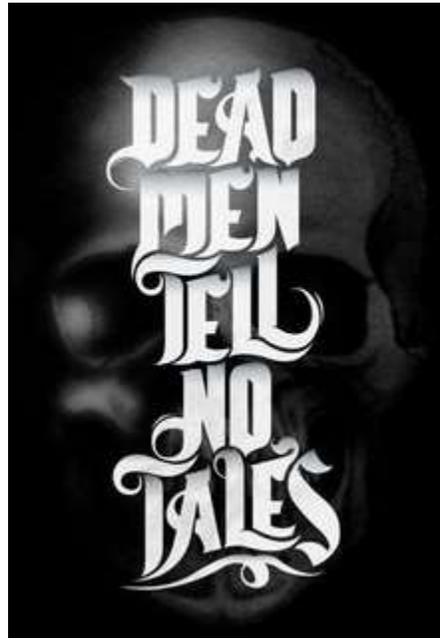
3) **Assume that while your computer can be compromised, it would take work and risk to do so - so it probably isn't. Still physical security is important and should be included in your overall personal security plan.**

4) **Be suspicious of commercial encryption software, especially from large vendors. My guess is that most encryption products from large US companies have back doors, and many foreign ones probably do as well. It's prudent to assume that foreign products also have foreign-installed backdoors. Closed-source software is easier to backdoor than open-source software. Systems relying on master secrets are vulnerable to adversaries, through either legal or more clandestine means.**

5) **Try to use public-domain encryption that has to be compatible with other implementations. For example, it's harder to backdoor TLS than BitLocker, because any vendor's TLS has to be compatible with every other vendor's TLS, while BitLocker only has to be compatible with itself, giving an adversary a lot more freedom to make changes. And because BitLocker is proprietary, it's far less likely those changes will be discovered. Prefer symmetric cryptography over public-key cryptography. Prefer conventional discrete-log-based systems over elliptic-curve systems; the latter have constants that governments influence when they can.**

58 ~ *Revenge is the dream of the weak.
Remember that no enemy is forever.*

59 ~



spy



BEWARE OF FEMALE SPIES

secret agents

spies

"Silence is Safety"

Beware

60 ~



61 ~ Never take a person for granted. Very seldom judge a person to be above suspicion. Remember that we live by deceiving others. Others live by deceiving us. Unless others take persons for granted or believe in them, we would never get our results. The opposition has people as clever as we; if they can be taken in, so can we. Therefore, be suspicious. If anything, overestimate the opposition. Certainly, never underestimate it. But do not let that lead to nervousness or lack of confidence. Don't get rattled, and know that with hard work, calmness, and by never irrevocably compromising yourself, you can always, always best them.

62 ~ There is no such thing as too much security.

There was a World War II maxim, "There's no such thing as too much security." Assume walls have ears, assume you're being watched until proven otherwise, and assume your briefcase will be examined when you leave your hotel room. If you always expect the worst, you'll be better prepared for it. Don't be sloppy with security. If your enemy suspects you're up to something he will take counter-measures and try to catch you off guard. Knowing whether you are being followed or watched is a basic element in any espionage activity. There's no point being a spy if your opposition follows your moves and know what you're up to. You would then become an instrument of the opposition, subject to manipulation. In the history of espionage, numerous spies have been identified by counterintelligence services and not arrested but duped.

63 ~ Always Have An Escape Plan



1. Stay away from the telephone and assume all are monitored.
2. Remember that your cell-phone can be used to determine your location.
3. Use of other communication methods: Encrypted e-mail, cryptographic phones. These are fine against private security companies but will lose their value the first time the FSB discovers they're being used. They'll call in their in-house computer experts or even the Spetssviaz to crack a sophisticated code.
4. Take precautions to determine if you are followed.
5. Don't believe that because you are out-of-country you are safe. Many people have been under surveillance by a country's intelligence service while abroad.

64 ~ In espionage, Murphy's Law applies double!

When the Security Services are at the door... Deny everything, admit nothing, make counter-allegations.

If and when this terrible moment arrives you will probably be in a state of shock. The police can make a real power show, handcuffing you in front of family and neighbors. The moment you acquiesce to their control is the moment you lose half the battle. Your mental attitude is very important at this juncture. Just think of this mantra. Don't try to analyze what went wrong, who will take care of your family, or what the neighbors will say. Your most important task at this time is to beat the rap and deal with everything else later.

The police will of course tell you that your case is hopeless, that they already possess all the evidence they need, that your partner told them everything, even that they possess photos of you passing secrets to the enemy. Remember this: The authorities will lie to gain your confession. The authorities will press for one thing: Your confession! A confession nails your coffin shut. Fight! Deny it! Don't give them the time of day!

65 ~



