# Troop 5 Meeting Skill

**Sustainability** 

# What is Sustainability?

In simple terms,

# sus·tain·a·bil·i·ty

/səˌstānəˈbilədē/

noun

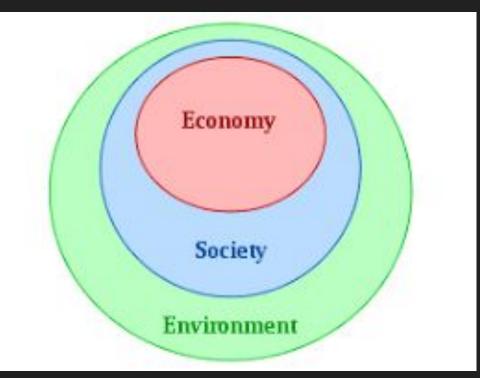
- the ability to be maintained at a certain rate or level.
  <u>"the sustainability of economic growth"</u>
  - avoidance of the depletion of natural resources in order to maintain an ecological balance.

Sustainability is meeting the needs of the present without compromising the future.

#### The Pillars of Sustainability

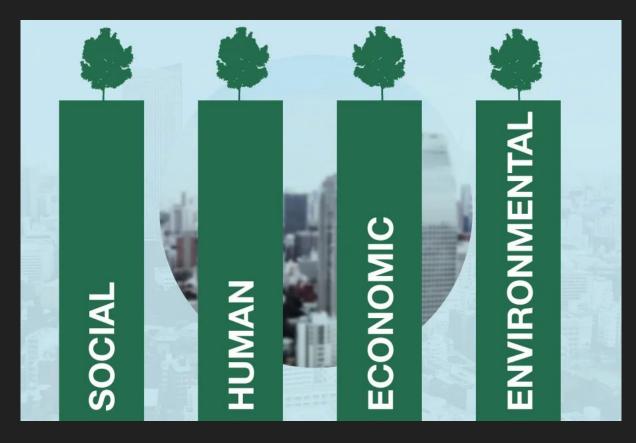
Sustainability has three pillars:

These pillars are contained within each other because one relies on the one that is more influential.



#### Types of Sustainability:

Sustainability can also be divided into four sectors. These four sectors are human, social, economic, and environmental.



#### How does Sustainability apply to our daily lives?

Sustainability is rooted into the future and being able to have a good future for us and our children. There are many reports of climate, health, and animal crises in the news today and the best way to stop these issues is to restrict the start of them.

One of these ways are sustainable practices.

### What are ways to become more Sustainable? (Pt. 1)

Oftentimes we hear not to take long showers, large baths, and to turn off the faucet when brushing our teeth and these are all great sustainable practices, but there's always more you can do. For example.

- Recycling
  - Paper, plastic, glass, certain metals. (Always check if a material is recyclable first before).
- Using recyclable items.
- Donate unused items.
- Turn off lights.
- Purchase products that are marked by an *Energy Star* symbol because these are rated for efficiency.
- Use less paper.

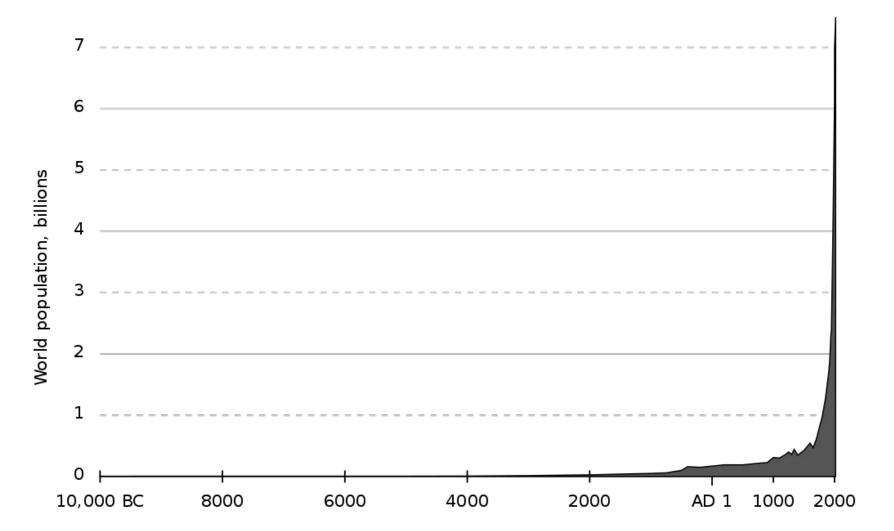
#### What are ways to become more Sustainable? (Pt. 2)

The past slide showed some smaller ways to be sustainable, but there are extra ways we can all do in the future with more financial stability.

- Choosing to use renewable energy if possible:
  - Solar, wind, hydroelectric, and geothermal.
- Dieting to use less meat.
- Growing your own vegetables and fruits.
- Using public transportation.
- Composting.
- Reduction of all waste.

# Why should we care about Sustainability?

As mentioned before, sustainability is necessary for a good future. The ways above are recommended to give the best chance for a good future, but are necessary to insure it. In the long term, without it the human race will run itself out of resources.







# Where can I find more information on Sustainability?

As with any subject, the Libraries in town, the internet, and various TV shows can all be entertaining ways to learn.

Specifically on the internet:

- The United Nations has public sustainable goals they practice, these are global goals so they need lots of support.
- State and Federal Departments, such as the United States Environmental Protection Agency (EPA) which works to protect the fourth sectors of sustainability.
- National Geographic has many sustainability-related materials for you to learn from.