

Hornet Hustle 5K Run/Walk

To register in advance, mail completed form with payment no later than August 11, 2016. Checks payable to: Mendon High School Cross Country.

Mail to Art Stephenson

Mendon Cross Country
54221 North Fisher Lake Rd.
Three Rivers, MI 49093

) 5K Walk Only \$15.00
) 5K Run Only \$15.00
) Add \$7.00 for T-Shirt: Total \$22.00

Choose T-Shirt Size S M L XL XXL

First Name	
Last name	
Address	
Phone	
E-mail	
Gender	
Age Group (circle)	A B C D E F G

In consideration of the advancement of the purpose, objective and work of the Hornet Hustle 5k Run/Walk, and in consideration of their permission to participate in the Hornet hustle 5K Run/Walk, on behalf of myself, my heirs, guardians, executors, administrators, or assignees, I hereby waive and release all rights and claims for damage including attorney fees and court cost (collectively claims), which I may have against hornet Hustle 5k Run/Walk or any person or organization connected with Hornet Hustle 5k Run/Walk, their heirs, executors, administrators, successors, and assignees for any and all injuries which may result directly or indirectly from my participation. I further state that I am in proper physical condition to participate in this event. Also I give permission for the use of my name and/ or picture in any broadcast, telecast or other account of this event.

Name _____

Parent or Guardian Signature if under 18 _____

Race Information

The Hornet Hustle 5k Run Walk is an annual fundraising event for the Mendon High School Cross Country program.

Race Day Registration

Registration is available on race day at the entry tent from 7:30 to 8:45a.m. at Rawson's King Mill. Water and fruit provided at end of race.

Awards

Medals will be awarded to the top 3 male and female finishers in the 5K run in the following age divisions:

Group A 14 and under

- B 15-19
- C 20-29
- D 30-39
- E 40-49
- F 50-59
- G 60+

Course Notes

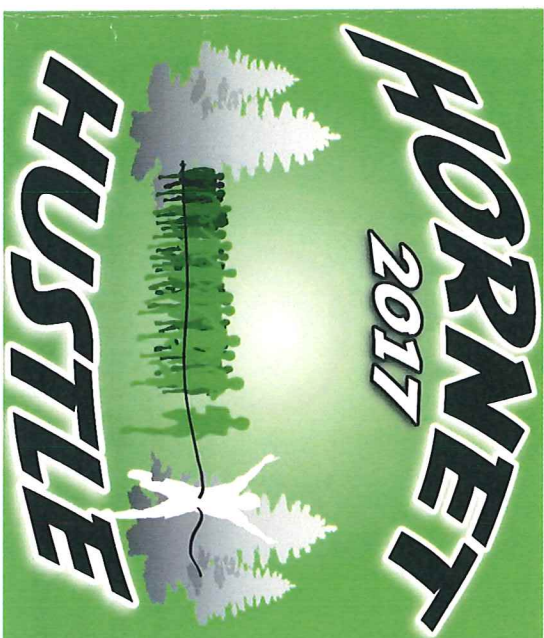
The 5K Run & Walk will start and finish near the Rawson's King Mill King Rd. Leonidas Mi. and will take the road to the Mendon cross country course located on Olney Rd. through the winding trails of the course and return to the mill. The course is well marked and course maps are provided at the entry tent.

Safety

For the safety of all participants bicycles, skateboards, rollerblades roller skates and pets are not allowed. Walkers will start in the back of the runners and may use baby strollers or wagons.

Parking

Parking is available at Rawson's King Mill.



5K Road /Trail Race

Saturday, August 19, 2016
at

Rawson's King Mill Park
King Rd. Leonidas, Mi.

7:30 am Registration

9:00 am 5K Run/Walk

9:50 am Awards