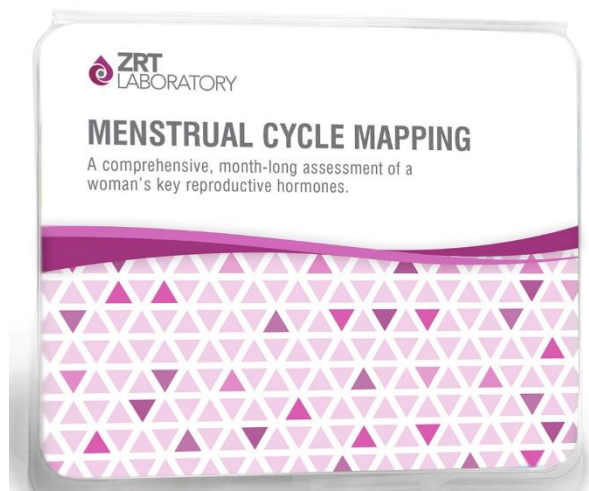


Manage Your PMS Symptoms with ZRT Menstrual Cycle Mapping



Are you tired of dealing with PMS symptoms every month?

Do you want to take control of your menstrual cycle and improve your overall health and wellbeing? Look no further than ZRT menstrual cycle mapping.

ZRT menstrual cycle mapping is a state-of-the-art diagnostic tool that uses advanced technology to track and analyze your menstrual cycle in real-time. By monitoring your menstrual cycle, you can gain insight into the root cause of your PMS symptoms and take proactive steps to manage them.

Are you experiencing?

- Severe PMS
- Heavy Periods
- Migraine Headaches
- Mood Changes

With ZRT menstrual cycle mapping, you can:

- ✓ Get a comprehensive look at your menstrual cycle, including ovulation and hormone levels, over the course of several months.
- ✓ Identify patterns and trends in your menstrual cycle that may be contributing to your PMS symptoms.
- ✓ Work with your healthcare provider to develop a personalized treatment plan that addresses the root cause of your symptoms.
- ✓ Get accurate and reliable results that can help you improve your overall health and wellbeing.

How to get started?

Schedule a virtual or in office appointment with Dr. Sonya. After taking your health history and evaluation, she will recommend the right lab for you to ensure accurate diagnoses and an effective treatment plan. You will be supplied with a ZRT home kit. ZRT hormone testing kits are easy to use and include everything you need to collect a sample from the comfort of your own home. Simply follow the instructions provided, collect your sample, and send it back to the lab in the prepaid envelope.

Once your sample is received and analyzed, Dr. Sonya will give you your results in the follow up visit and provide you with a personalized report that includes easy-to-understand explanations of your results and actionable recommendations to manage your PMS symptoms.

Don't let PMS symptoms control your life. Take control of your menstrual cycle and improve your overall health and wellbeing with ZRT menstrual cycle mapping. Order your menstrual cycle mapping system today and start tracking your cycle like never before.