Closet Audit Guide

Prior to an appointment for a closet audit, taking these steps will save some time and make things a little more manageable.

* You will ultimately want to create 5 separate piles
  + Keep
  + Toss
  + Sell (consignment)
  + Tailor/Mend
  + Not quite sure
* While going through everything and creating these piles/sections, you will want to ask yourself a few questions
  + Is this item out of date? All trends come and go, so don’t hold onto something that may never come back around.
  + Does it fit properly? Is the garment too big or too small? Am I being unrealistic by keeping it? We all fluctuate in size from time to time, but be sure to only keep things that are perhaps one size up or down from where you currently are.
  + Is this garment age appropriate? We all want to be young forever (I know I do!), but there are certain things/trends that just don’t work after we reach a certain age. Keep in mind that the opposite is true as well – we don’t want to be dressing older than we should either.
  + Is this comfortable when I wear it? Is there some aspect of the garment that bothers you? Does it pull in a certain area? Are you self-conscious when you wear it?
* If you have trouble deciding what pile the garment should go in, even after all of these questions – just put it in the “Not quite sure” pile and we can take a look at it together.

Good luck!