

MOSS HALL NURSERY

Summer 2019



WEEK 1

22/04, 13/05, 10/06,
01/07, 22/07

Option 1

Monday. Garden Vegetable Pie served with New Potatoes	Tuesday. Tomato and Basil Pasta	Wednesday. Roast Turkey served with Roast Potatoes, Stuffing and Gravy	Thursday. Chicken Sausage served with Mashed Potato and Gravy	Friday. Lemon Battered Fish served with Chips
--	------------------------------------	---	--	--

Option 2 v

Vegetarian

		Roast Quorn served with Roast Potatoes, Stuffing and Gravy	Vegetarian Sausage served with Mashed Potato and Gravy	Chimichanga served with Chips
--	--	--	--	-------------------------------

Vegetables

Cauliflower Roasted Root Vegetables	Carrots Garden Peas	Sweetcorn Steamed Cabbage	Green Beans Butternut Squash	Garden Peas Baked Beans
--	------------------------	------------------------------	---------------------------------	----------------------------

Dessert

Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Apple Sponge with Custard	Fruit Salad with Shortbread Finger	Fresh Fruit or Yoghurt
------------------------	------------------------	---------------------------	------------------------------------	------------------------

WEEK 2

29/04, 20/05,
17/06, 08/07

Option 1

Monday. Cheese and Tomato Pizza served with Herby Diced Potatoes	Tuesday. Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw	Wednesday. Roast Chicken Thigh served with Roast Potatoes, Stuffing and Gravy	Thursday.	Friday. Fish Fingers served with Chips
---	--	--	-----------	---

Option 2 v

Vegetarian

Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw		Sweet Potato and Lentil Wellington served with Roast Potatoes	Traditional Vegetarian Lasagne	Vegetable Nuggets served with Chips
--	--	---	--------------------------------	-------------------------------------

Vegetables

Garden Peas Baked Beans	Broccoli Sweetcorn	Carrots Garden Peas	Green Beans Carrots	Garden Peas Baked Beans
----------------------------	-----------------------	------------------------	------------------------	----------------------------

Dessert

Herby's Healthy Eton Mess	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Oaty Cookie with Apple Slices	Fresh Fruit or Yoghurt
---------------------------	------------------------	------------------------	-------------------------------	------------------------

WEEK 3

06/05, 03/06,
24/06, 15/07

Option 1

Monday.	Tuesday.	Wednesday. Roast Turkey served with Roast Potatoes, Stuffing and Gravy	Thursday. Honey and Ginger Chicken Noodles	Friday. Battered Fish served with Chips
---------	----------	---	---	--

Option 2 v

Vegetarian

Vegetarian Tacos served with Potato Wedges	Macaroni Cheese	Roast Quorn served with Roast Potatoes, Stuffing and Gravy	Spicy Tomato Pasta	Vegetable Pattie served with Chips
--	-----------------	--	--------------------	------------------------------------

Vegetables

Sweetcorn Cauliflower	Garden Peas Carrots	Butternut Squash Green Beans	Carrots Sweetcorn	Garden Peas Baked Beans
--------------------------	------------------------	---------------------------------	----------------------	----------------------------

Dessert

Fresh Fruit or Yoghurt	Fruity Cookie	Fresh Fruit or Yoghurt	Apple and Berry Crumble with Custard	Fresh Fruit or Yoghurt
------------------------	---------------	------------------------	--------------------------------------	------------------------



Freshly Baked Bread, Salad Bar, Yoghurt and Fresh Fruit are available daily

We always meet the Government food based standard for school lunches. All of our meals are freshly prepared on site by our team to ensure there are no undesirable additives. Many of our dishes contain hidden vegetables to increase vegetable intake. We are continuously working to reduce the amount of refined sugar in our menus.

THIS MENU SUPPORTS:

