







August 2018

Dance Centre Studios
870 Lee Road
Macon, Georgia
478-743-9391

<http://dancecentrebhallroom.com>

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>For God so loved the world that He gave His only begotten Son, that whosoever believes in Him shall not perish, but have eternal life. John 3:16</i></p>			<p>1 Both partners should maintain firm wrist, elbow, & shoulder tension for side-ways, forwards, and backwards movement.</p>	<p>2</p> <p>6:50 PM– Br. I Rumba</p>	<p>3</p> <p>Smiling covers a multitude of mistakes on the dance floor.</p>	<p>4</p> <p>2:00 New Student Workshop</p>
<p>5 “Everything got started in God and finds its purpose in God.” Colossians 1:16b</p>	<p>6</p> 	<p>7</p> <p>6:50 PM—New Student Workshop</p> <p>8:00 PM -Br. I Hustle</p>	<p>8</p>	<p>9</p> <p>6:50 PM– Br. I Cha Cha</p>	<p>10</p> <p>The waltz teaches poise, control, balance and grace.</p>	<p>11</p> <p>2:00 New Student Workshop</p>
<p>12</p>	<p>13 Dancing combines rhythmic, musical, emotional, and cognitive brain functions enhancing the brain’s alertness.</p>	<p>14</p> <p>6:50 PM—New Student Workshop</p> <p>8:00 PM -Br. I Waltz</p>	<p>15</p> 	<p>16</p> <p>6:50 PM– Br. I Mambo</p>	<p>17 As a social activity, ballroom dance builds social confidence; and therefore, a better outlook on life.</p>	<p>18</p> <p>2:00 New Student Workshop</p>
<p>19</p> <p>“God has planted eternity in the human heart.” Ecclesiastes 3:11</p>	<p>20</p> 	<p>21</p> <p>6:50 PM—New Student Workshop</p> <p>8:00 PM -Br. I Jitterbug</p>	<p>22 Nothing would be done at all if we waited until we could do it so well that no one could find fault with it. Cardinal Newman</p>	<p>23</p> <p>6:50 PM– Br. I Samba</p>	<p>24</p> 	<p>25</p> <p>2:00 New Student Workshop</p>
<p>26</p> 	<p>27</p>	<p>28</p> <p>6:50 PM—New Student Workshop</p> <p>8:00 PM -Br. I Foxtrot</p>	<p>29</p> 	<p>30</p> <p>6:50 PM– Br. I 2-step variations</p>	<p>31</p> <p>Dancing improves posture, stamina, and ease of movement.</p>	