



2018 NPC Battle on the Bluff

Bodybuilding, Figure, Bikini, Physique & Classic Physique

Saturday, May 12, 2018 * Sanction 14492 * National Qualifier

Mandatory Check-In and Weigh-In

Gold Strike Casino Resort; 1010 Casino Center Drive, Tunica MS 38664; 1-888-245-7829

ALL ATHLETES MUST CHECK-IN AND WEIGH-IN ON FRIDAY NIGHT MAY 11, 2018 BETWEEN THE HOURS OF **5:00 P.M. AND 8:00 P.M.**

- **NPC cards can be purchased online: <https://www.npcregistration.com/>. Or they will be sold at check-in but NO CASH will be accepted!! CHECK OR MONEY ORDER ONLY. \$125 made payable to the NATIONAL PHYSIQUE COMMITTEE**

ONLY ATHLETES WILL BE PERMITTED IN THE ROOM DURING WEIGH-IN. NO WEIGH-IN ON SATURDAY MORNING.

Music/NPC Regulations

- **ALL COMPETITORS ARE REQUIRED TO BRING BANDS FOR PUMP-UP. NO WEIGHTS WILL BE ALLOWED IN PUMP-UP ROOM.**
- ALL BODYBUILDING, CLASSIC PHYSIQUE, AND WOMEN PHYSIQUE ATHLETES MUST SUPPLY THEIR OWN MUSIC. MUSIC MUST BE NO LONGER THAN 45 SECONDS.
- POSING MUSIC MUST BE ON A CD AND MUSIC MUST BE AT THE BEGINNING OF THE CD.
- POSING MUSIC MUST BE THE ONLY MUSIC ON THE CD. **(NO PROFANITY IN MUSIC).**
- MUSIC WILL BE COLLECTED AT WEIGH-IN ON FRIDAY NIGHT.
- COMPETITORS WILL NOT USE MUSIC AT PREJUDGING.
- BODYBUILDING, BIKINI COMPETITION AND **CLASSIC PHYSIQUE** SUITS MUST BE WORN TO WEIGH-IN FOR APPROVAL.
- NO "T" OR THONG SUITS WILL BE ALLOWED. EMPHASIS IS ON "GOOD TASTE".
- **AN ATHLETE MAY CROSSOVER IN EVERY DIVISION.**
- **NOVICE – ATHLETE THAT HAS NEVER WON THEIR CLASS OTHER THAN IN THE TRUE NOVICE.**
- **TRUE NOVICE IS AN ATHLETE THAT HAS NEVER COMPETED IN THE NPC – FRIST TIME COMPETITOR.**
- NO REFUNDS.
- NO DREAM TAN ALLOWED.
- THE NPC RESERVES THE RIGHT TO DETERMINE THE NUMBER OF COMPETITORS THAT WILL POSE AT NIGHT SHOW.
- **NO DETACHABLE LENSE CAMERAS, NO VIDEO EQUIPMENT, NO SOLICITING OF PHOTOS OR VIDEOS SERVICES IS ALLOWED IN THE AUDITORIUM.**

Posing and Awards

All competitors will be introduced on stage at the night show. The NPC reserves the right to determine the number of competitors that will pose at the night show. The top 5 competitors in each height/weight class, and overall winners will be awarded trophies.

Ticket Prices

Prejudging	\$25.00 Open Seating
Night Show	\$35.00 Balcony; \$45.00 Floor

Entry Fees

Money order or check made payable to "Battle on the Bluff" in the amount of \$100 for each athlete (Men and Women) for each division entered, \$150 after entry deadline of April 28, 2018. **ONLY CASH** accepted on Friday night entries.
(Check or Money Order **ONLY** for NPC Card)

Entry Deadline

All entries must be postmarked no later than Saturday April 28, 2018 to avoid a late fee of \$50

CHECK LIST (INCLUDE):

- **ENTRY FORM & RELEASE: MAIL TO BATTLE ON THE BLUFF, 1779 KIRBY PARKWAY #1-349, MEMPHIS, TN 38138.**
- **COPY OF 2018 NPC CARD (CAN BE PURCHASED AT CHECK-IN) CHECK OR MONEY ORDER ONLY MADE PAYABLE TO: NATIONAL PHYSIQUE COMMITTEE.**
- **COPY OF 2018 NPC OFFICIAL HEIGHT CARD (WILL BE GIVEN AT CHECK-IN IF YOU DON'T HAVE ONE).**
- **COPY OF DRIVER LICENSE IF YOU ARE ENTERING, ALL MASTERS CLASSES.**
- **ENTRY FEE (MONEY ORDER OR CHECK FOR \$100.00 PER DIVISION THAT YOU HAVE ENTERED, PAYABLE TO BATTLE ON THE BLUFF).**

2018 NPC Battle on the Bluff

Official Bodybuilding, Figure, Bikini & Physique Entry Form – Sanction #14492

Name: First _____ Last _____ DOB _____
Street Address _____ City _____ State _____
Telephone: _____ Email: _____
Age: _____ Height: _____ Contest Weight: _____ T-Shirt Size _____

PLEASE CHECK THE DIVISION(S)/CLASS IN WHICH YOU INTEND TO COMPETE

Men's True Novice Bodybuilding (First Time Competitor)

____ One Class

Men's Novice Bodybuilding

____ Novice Light (up to and including 165.25 lbs)

____ Novice Middle (over 165.25 lbs up to including 187.25 lbs)

____ Novice Heavy (over 187.25 lbs)

Men's Uniform Bodybuilding

____ One Class

Men's Masters Bodybuilding (Age 35-39)

____ One Class

Men's Masters Bodybuilding (Age 40-49)

____ Light (Up to & Including 176.25 lbs)

____ Heavy (Over 176.25 lbs)

Men's Grandmasters Bodybuilding (Age 50 & Over)

____ Light (Up to & Inc. 176.25 lbs)

____ Heavy (Over 176.25 lbs)

True Novice Women's Physique (First Time Competitor)

____ One Class

Women's Novice Physique

____ A (Up to & including 5'4")

____ B (Over 5'4")

Masters Women's Physique (Age 35 & Over)

____ One Class

Women's Open Physique

____ A (Up to & including 5'4")

____ B (Over 5'4")

Men's True Novice Classic Physique (First Time Competitor)

____ One Class

Men's Novice Classic Physique

____ A (Up to & including 5'9")

____ B (Over 5'9")

Men's Masters Classic Physique (Age 35 & Over)

____ A (Up to & including 5'9")

____ B (Over 5'9")

Men's Open Classic Physique

____ A (Up to & including 5'7")

____ B (Over 5'7" Up to & including 5'10")

____ C (Over 5'10")

True Novice Women Figure (First Time Competitor)

____ One Class

Women's Novice Figure

____ A (Up to & including 5'4")

____ B (Over 5'4")

Masters Women's Figure (Age 35-39)

____ One Class

Masters Women's Figure (Age 40 & Over)

____ A (Up to & including 5'4")

____ B (Over 5'4")

Women's Open Figure

____ A (Up to & including 5'2")

____ B (Over 5'2" & up to & including 5'4")

____ C (Over 5'4" & up to & including 5'6")

____ D (Over 5'6")

True Novice Men's Physique (First Time Competitor)

____ One Class

Men's Novice Physique

____ A (Up to & including 5'8")

____ B (Over 5'8")

Masters Men's Physique (Age 35-49)

____ A (Up to & including 5'8")

____ B (Over 5'8")

Masters Men's Physique (Age 50 & Over)

____ One Class

Men's Open Physique

____ A (Up to & including 5'6")

____ B (Over 5'6" up to including 5'8")

____ C (Over 5'8" up to including 5'10")

____ D (Over 5'10")

Men's Open Bodybuilding

____ Light (up to and including 154.25 lbs)

____ Middle (over 154.25 lbs up to and including 176.25 lbs)

____ Light-heavy (Over 176.25 lbs up to and including 198.25 lbs)

____ Heavy (over 198.25 lbs & Inc. 225.25 lbs)

____ Super Heavy (225.25 lbs & over)

True Novice Women's Bikini (First Time Competitor)

____ One Class

Women's Novice Bikini

____ A (Up to & including 5'4")

____ B (Over 5'4")

Masters Women's Bikini (Age 35-44)

____ A (Up to & including 5'4")

____ B (Over 5'4")

Masters Women's Bikini (Age 45 & Over)

____ One Class

Women's Open Bikini

____ A (Up to & including 5'2")

____ B (Over 5'2" and up to & including 5'4")

____ C (Over 5'4" and up to & including 5'6")

____ D (Over 5'6")

I agree to waive and release all rights and claims to damages for myself and all heirs from the release extends to the National Physique Committee, the promoters Chris & Cindy Caudy and sponsors, agents, leaders, officials of the above described contest I also grant the promoter the right to photograph or otherwise reproduce (whether by film, tape, television and I hereby release and waive all rights to the television productions of this contest. The NPC reserves the right to determine the number of competitors that will pose at the evening show. The undersigned consents and agrees that the undersigned will comply with the rules and regulations of "Gold Strike Casino Resort" Host Hotel including any rules or regulations prohibiting cooking or food preparation in the Hotel Rooms. The undersigned further agrees that the undersigned will indemnify and hold harmless the NPC and the promoter from and against any damages caused by the undersigned to "Gold Strike Casino Resort" Host Hotel or damage to any guest room occupied by or registered to the undersigned may result in disciplinary action against the undersigned including, but not limited to, suspension as a member of the NPC and/or competing in contests sanctioned by the NPC.

Signature: _____

Parents/Guardian (If Athlete is under 18 years of Age) _____ **Must be 21 or older for this event**

DO YOU WISH TO RECEIVE EMAILS FROM US?

Enter email below if you wish to receive emails from Chris or Cindy Caudy about events & physique competitions.

YES, I WISH TO RECEIVE EMAILS: Enter Email address here _____

In consideration of being allowed to participate in any way in the **Battle on the Bluff** (“Event”) promoted by **Chris & Cindy Caudy** (“Promoter”) and sanctioned by the National Physique Committee of the USA, Inc. (“NPC”), its related events and activities, I, **Please print your name** _____, the undersigned, acknowledge, appreciate and agree that: The risk of injury from the activities involved in this Event is significant, including the potential for permanent paralysis and death, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE PROMOTER AND/OR THE NPC or others, and assume full responsibility for my participation; and, I willingly agree to comply with the stated and customary terms and conditions for participation, if, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the Promoter immediately; and I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS THE PROMOTER AND THE NPC and each of their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used for the activity (“Releases”), WITH RESPECT TO ANY AND ALL INJURY DISABILITY, DEATH, or loss or damage to person or property associated with my presence at or participation in or in traveling to and from the Event, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

The undersigned further consents and agrees that the undersigned will comply with all rules and regulations of the **Gold Strike Casino Resort, Tunica, MS** (“Hotel”) including any rules or regulations prohibiting cooking or food preparation in the hotel rooms. The undersigned further agrees that the undersigned will indemnify and hold harmless the NPC and the Promoter from and against any damages caused by the undersigned to the Hotel or damages to a guest room or rooms occupied or registered to the undersigned. Finally, the undersigned acknowledges that the undersigned’s failure to comply with any rule or regulation of the Hotel or damage to any guest room occupied by or registered to the undersigned may result in disciplinary action against the undersigned including, but not limited to, suspension as a member of the NPC and/or competing in contests sanctioned by the NPC. And in further consideration of permission being granted to me to participate in the Event and its related events. I hereby grant the NPC, Promoter and/or any other NPC-approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing on digital or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at any time in connection therewith. Nothing contained herein shall be deemed to obligate the NPC, Promoter, and/or any other NPC-approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that the NPC, the Promoter and/or any NPC-approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to the NPC, Promoter and/or any other NPC-approved video or entertainment organization hereunder. I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

X _____ Age: _____ Date Signed _____
PARTICIPANT’S SIGNATURE

FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT TIME OF REGISTRATION)

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releases, and, for myself, my child and our heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releases from any and all liabilities incident to my minor child’s involvement or participation in these programs as provided above, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, to the fullest extent permitted by law.

X _____ Age: _____ Date Signed _____
PARTICIPANT’S SIGNATURE

2018 NPC MEN'S CLASSIC PHYSIQUE UPDATE

- In Men's Classic physique, after reviewing the large number of competitors it was decided to increase the weight in each class by five pounds as follows:

a) Division "A" Up to and including 5'7"

Up to & including 5'4" Up to & including	160 lbs.
Over 5'4" up to & including 5'5" Up to & including	165 lbs
Over 5'5" up to & including 5'6" Up to & including	170 lbs
Over 5'6" up to & including 5'7" Up to & including	175 lbs

b) Division "B" Over 5'7" Up to and including 5'10"

Over 5'7" up to & including 5'8" Up to & including	182 lbs
Over 5'8" up to & including 5'9" Up to & including	190 lbs
Over 5'9" up to & including 5'10" Up to & including	197 lbs

c) Division "C" Over 5'10" Up to and including 6'0"

Over 5'10" up to & including 5'11" Up to & including	205 lbs
Over 5'11" up to & including 6'0" Up to & including	212 lbs

d) Division "D" (Over 6'0")

Over 6'0" up to & including 6'1" Up to & including	220 lbs
Over 6'1" up to & including 6'2" Up to & including	230 lbs
Over 6'2" up to & including 6'3" Up to & including	237 lbs
Over 6'3" up to & including 6'4" Up to & including	245 lbs
Over 6'4" up to & including 6'5" Up to & including	252 lbs
Over 6'5" up to & including 6'6" Up to & including	260 lbs
Over 6'6" up to & including 6'7" Up to & including	267 lbs
Over 6'7" Up to & including	275 lbs

CROSSOVERS

NPC Classic Physique Athletes will be allowed to crossover and compete in additional divisions. This way you can choose where you currently fit the best.

Qualifying For NPC National Contests

Beginning January 1, 2018 athletes must place top 2 in an open class at a national qualifier to be qualified for any national show. All athletes that qualified in 2017 for a National contest are eligible to compete in a national contest in 2018. Also, athletes that place in 3rd, 4th or 5th place at the USA or Nationals are also qualified for one year.

Qualifying For IFBB Pro Status

The top two in each height class at all National contests will qualify for pro status

- **The Judging is scored 100% and will consist of comparisons of the quarter turns and the following four mandatory poses:**
 - Front Double Biceps
 - Side Chest
 - Back Double Biceps
 - Abdominals and Thighs
 - Favorite Classic Pose (No Most Muscular)
- **The Finals will consist of:**
 - Posing routine (up to a maximum of 45 seconds)
 - Confirmation round (if necessary)
 - Posedown (overall title only)