

I have suffered from several different medical issues from a very young age, and it only continued to get worse as I got older. However, around the age of fifteen, one of the most painful and confusing times of my life began. I was facing so many medical issues that a fifteen year old normally does not face: stomach problems, headaches, fatigue, and loss of energy to make it through the day, and aches and pains in my muscles. I was constantly in and out of doctor's offices and missing several days of school. Every time I would go see a new doctor, or specialist, no one ever seemed to be able to figure out what was going on, how to diagnose me accordingly, and how to go about treatment. As a result, I dealt with all of these issues for several years, until I met Dr. Trish Talerico.

Dr. Trish and I met for the first time and she had me fill out specific questionnaires and we discussed various different aspects of my life, what I was feeling, and what was going on during a normal or average day. From there, we continued to meet weekly and then monthly. Dr. Talerico was able to find the right vitamins, diet, and exercise plans that would work best for me based on all of my symptoms. Weeks had passed by, and for the very first time in my life, things began to change. I was able to get up in the morning without feeling like I couldn't make it through the day, the headaches began to decrease, I was no longer feeling so exhausted throughout the day, the aches and pains in my muscles began to go away, and I started to have all of this energy. It almost felt as though it was a new beginning for me.

Since I have met with Dr. Talerico, she has worked with me in every way that she could. She has talked to me about what is going on, asked me questions to follow up on certain things, changed things around to continue to make me feel better, and has been so supportive through it all. I have never felt more comfortable, content, satisfied, and happy with seeing a doctor more than I am now. Although it took me several years to figure it all out, and to find the right doctor, I have now. Because of Dr. Talerico my life has changed and I now have an idea of what I need to do moving forward.

Sarah D.