

Friendly Messenger

July 2019

Serenity. It is not a word we use often. In fact, one of the few times I have heard it was years ago in the sitcom *Seinfeld*. Have you ever seen it? There were four main characters Jerry, Elaine, Kramer, and George. They, of course, each had their distinct quirks and personalities. George is quite hot tempered and gets it from his father. I remember one particular episode where George's father is trying to handle his frustration and listens to a self-help recording that encourages the listener to say, "Serenity now" when they experience frustration. He decides to try it out, but instead of calmly speaking, "Serenity now," to himself, he screeches it at others! "**SERENITY NOW!**" he yells as he throws his hands up and walks away. While it may be a tactic to take, it doesn't seem to bring him much peace or tranquility!

Of course, it is meant to be funny and ironic. However, in the midst of busy lives, hectic schedules, and social strains, it can be hard to feel serene. And our best efforts to claim it may feel as ineffective. As followers of Jesus Christ, we are given a gift. God gives us a peace that passes all understanding. In John 16: 33, Jesus says, "I have told you these things so that you may have peace. In this world, you will have trouble. But take heart! I have overcome the world!" There are so many more. The Bible is filled with scriptures that can help bring us peace and serenity. Is there one you refer to when you need a word of peace?

Our youth will lead us in a worship service on July 28th that lifts up God's Word as it relates to understanding serenity and peace. Our prayer of the day will be the Prayer for Serenity. Reinhold Niebuhr, a Lutheran pastor and theologian, wrote it in 1926 and used it for many of his sermons. Usually the first two verses are used, however, the full text of the prayer continues:

**God, grant me the serenity to accept the things I cannot change,
Courage to change the things I can, and the wisdom to know the difference.
Living one day at a time;
Enjoying one moment at a time;
Accepting hardship as the pathway to peace.
Taking as You did, this sinful world as it is, not as I would have it.
Trusting that You will make all things right if I surrender to Your will;
That I may be reasonably happy in this life, and supremely happy with You forever in the
next.
Amen.**

It is a beautiful and famous prayer. One that is always relevant as we deal with the circumstances of our lives. I invite you to pray this each and every morning this month. May the peace of God that passes all understanding guard your hearts and minds through Jesus Christ!

Blessings
Pastor Adrienne

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Church Council

The Church Council did not meet in June. The May minutes will appear in the August NL after approval.



The **Fred T. Foard Senior Citizens** group meets on the first Wednesday of each month for lunch and a program. The group will meet July 3rd at Trinity Lutheran Church. All are invited to join us for fun, food, and fellowship.



Hymn Choir

During the summer we will be singing anthems from the ELW each week. Frank would like to welcome anyone in the congregation to participate with us. Meet at 10:15 in the choir room to go over the anthem for that day. This is a great opportunity to join in the Worship Service.

Agape Day Camp

Agape Day Camp will be held July 15th through July 19th this year. It is sponsored by Saint Paul's Lutheran Church. Sardis has been asked to help support the Camp again this year. One thing we will need help with from our Sardis Congregation is to bring 150 pudding cups. These pudding cups will be used to make up lunch bags for the Corner Table. This is one of the three service projects that will be completed by the campers during the camp week. Please help by bringing in pudding cups by July 14th. You can put them on the table in the kitchen.

Youth Sunday

Youth Sunday 2019 will be on July 28th. We will be furnishing all participants and adults assisting with the service a t-shirt to wear that Sunday. Please get Robin Stuart your sizes as soon as possible. Also, if you are interested in helping in any way please also let Robin know. Her contact information is 828-999-8923 (Call or text), or email rstuart74@gmail.com

Wild Women of Sardis- Save the date!

Saturday August 17th from 9-1 will be Wild Women Day at Sardis. Women of all ages are invited to a fun day learning about God and getting wild! More info to come.

Bible Word Search Puzzle

Y N N J D R E H P E H S K S T
 N J E E M M C E S K A L B A V
 T G V S R L N I D B Z E S L Q
 K X A U K E E F O R G B I V U
 B T E S D D L M E E A E N A E
 O R H E O I I T L Z B Z S T T
 N A E G F N T P B E R E C I N
 S F H V A N S K A N I J P O E
 L F A T O K E U R E E W R N M
 E X I B O R P W A B L M I C H
 G O B O E U P T P E X A E E C
 N O B F S L Y H E M V D S X R
 A Y H P O S O L I H P A T W A
 Q G A N G E L M H O A R A H P
 E L E I K E Z E P R O P H E T

ABEL
 ABOMINATION
 ADAM
 ANGEL
 ANGELS
 BOOKS
 EBENEZER
 EDEN
 EZEKIEL
 GABRIEL
 GOD
 HEAVEN
 JESUS
 JEZEBEL
 PARABLE
 PARCHMENT
 PESTILENCE
 PHARAOH
 PHILOSOPHY
 PRIEST
 PROPHET
 PROVERB
 SALVATION
 SHEPHERD
 SINS

Sardis Sisters

Plans are being made to see a Crawdad's Game...information to be forthcoming...



BIRTHDAYS**WORSHIP ASSISTANTS****ACOLYTE / CRUCIFER / COMMUNION ASSISTANT**

July
 7/2 Kristin Teague
 7/3 Frank Griffin
 7/6 Alex Midgett
 7/10 Allison W. Short
 Catherine D. Hood
 7/12 Pastor Martin
 7/16 Becky Gladden
 7/19 Dorothy Lutz
 7/21 Rick Lutz
 Zayde Yousef
 7/23 Carol Mayer
 7/25 Rebecca Crawley
 7/26 Wanda Stallings
 Maleah G. Duncan
 7/28 Paisley A. Hood
 7/29 Diane Cushing
 Brittany F. Johnson
 Susan Jones
 7/31 Al King
 Monte Speagle

Anniversaries**Ben & Jennifer Whitener 7-30****New Address:**

Dwayne and Barbara Whitener
 3645 Steve Ikerd Dr. NE
 Hickory NC 28601

July 7th Kathy Weaver Samuel Biggerstaff Ken Propst
July 14th Marilyn Teague Bruce Sigman Zach Stuart
July 21st Samuel Biggerstaff Ray Whitener Roger Teague
July 28th Samuel Biggerstaff Tryston Sylvester Zach Stuart

USHERS

Joe Wyant, Darrell Jarrett, Al King, Ben Whitener

ALTAR FLOWERS

July 7th Dorothea Wyant
July 14th David & Mildred Fulbright
July 21st Benny & Edna Fulbright, Linda Bandy
July 28th Randy & Joyce Speagle

LAY READERS & GREETERS

July 7th Gene Biggerstaff Carol Mayer, Jill Bledsoe
July 14th Dawn Covington Felicia Hollar, Kristin Teague
July 21st Carolyn Truitt Rita Lutz, Margaret Whitener
July 28th Samuel Biggerstaff Cynthia Stuart, Kendra Starkey

COMMUNION PREPARATION AND CLEAN-UP

Barbara J. Whitener Leevada Wood

COUNCIL CONTACT & ASSISTING MINISTER

Bruce Sigman

SATURDAY MEAL DELIVERY

July 6th No Meal Delivery
July 13th Dawn Covington
July 20th No Meal Delivery
July 28th Sylvia King

OFFERING COUNTERS

July 7th Sherrie Midgett, Dwayne Whitener, Patsy Johnson
July 14th Dwayne Whitener, Al and Sylvia King
July 21st Sherrie and Mike Midgett, Dwayne Whitener
July 28th Susan Jones, Nina Babb, Sandra Roseman

SECURITY

July 7th Nelson Speagle
July 14th Kimmie Speagle
July 21st Wayne Jarrett
July 28th Rick Lutz



July 2019 Sardis Lutheran Church

Sun	Mon	Tue	Wed	Thur	Fri	Sat
	1	2	3 FTF Senior Citizens at Trinity Lutheran Vale 12	4	5	6
7 Sunday School 9:30 PRACTICE SONGS FOR YOUTH SUN- DAY Worship Service 10:30 WELCA 6 LMM 6:30	8	9	10	11	12	13
14 Sunday School 9:30 PRACTICE SONGS FOR YOUTH SUN- DAY Worship Service 10:30 Church Council 7 Agape Day Camp supplies due	15 Agape Day Camp at Saint Paul's Startown	16 Agape Day Camp at Saint Paul's Startown	17 Agape Day Camp at Saint Paul's Startown	18 Agape Day Camp at Saint Paul's Startown	19 Agape Day Camp at Saint Paul's Startown	20
21 Sunday School 9:30 PRACTICE LEAD- ING WORSHIP FOR YOUTH SUNDAY Worship Service 10:30	22 Sardis Volunteer ECCCM	23	24 Prayer Service 6:30 Information for August NL due	25	26	27
28 YOUTH SUNDAY Sunday School 9:30 PRACTICE LEAD- ING WORSHIP FOR YOUTH SUNDAY Worship Service 10:30 Prayer Group 11:45 Trinity Ridge 3	29	30	31			

****NOTE****

If you have a birthday or anniversary and they are not listed please let the office know. Also, check your Family Bible and advise your baptismal date. Thank you.