## **COACHES:**

Here is the first of hopefully only a few (for your sake) communications regarding the "Spirit of North" meet for Feb 27 and 28, 2021.

We have included an attachment to allow you to communicate all of the necessary information to your families.

Due to the online clothing order, we would appreciate the information being released soon.

Location: River's Edge Convention Center, 10 4th Ave. S., St. Cloud, MN 56301

Coaches Parking: The "Convention Center lot" located on the farthest WEST end of the convention center will have free parking.

Additionally, there are 2 pay ramps and street parking conveniently close.

Host hotel: Best Western Plus/Kelly Inn

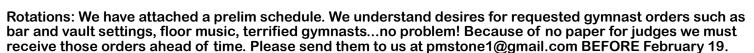
100 4th Ave S

St. CLoud, MN 56301

call 320-253-0606 or email kellyinns.com

and mention "Spirit of the North". I am told all available rooms

will be \$109. + tax.



Meet Format: One side (East Gym Flight A and B) will be modified capital up, the other (West Gym, 1 flight) will be modified traditional. (Due to high demand of equipment, we were only able to secure two floors and 3 sets of equipment.)

Coaches will be responsible for their own warmup timing and music.

## Entrance into the meet:

Coaches will need to enter the door connected to the convention center parking lot. "Door A" (not to be confused with "Main Entrance A")

Spectators and Athletes are required to enter the "Main Entry Door B"

Athletes and spectators will be required to separate upon entry and athletes will be escorted to their coaches at their first event.

Masks will be required of everyone entering the venue

Coaches should be prepared to have hand sanitizer for themselves and any athletes that may forget, to be used after each event.

One spectator will be allowed entry into the meet. This entry is free with the athletes entry. Each spectator and athlete will be required to complete a health questionnaire prior to entering the meet. Health questionnaire forms and wristbands will be mailed to your gyms ahead of the event for early distribution.

Food: We are working on providing 3 meals for you. Because we are the first and only "event" being held at the Convention Center at this time, they are still constructing their regulations on this so I apologize I can not give you more specifics. If you have specific dietary needs, please send those to pmstone1@gmail.com. (The convention center has only been open for 1 room, short term rentals, at this time)



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