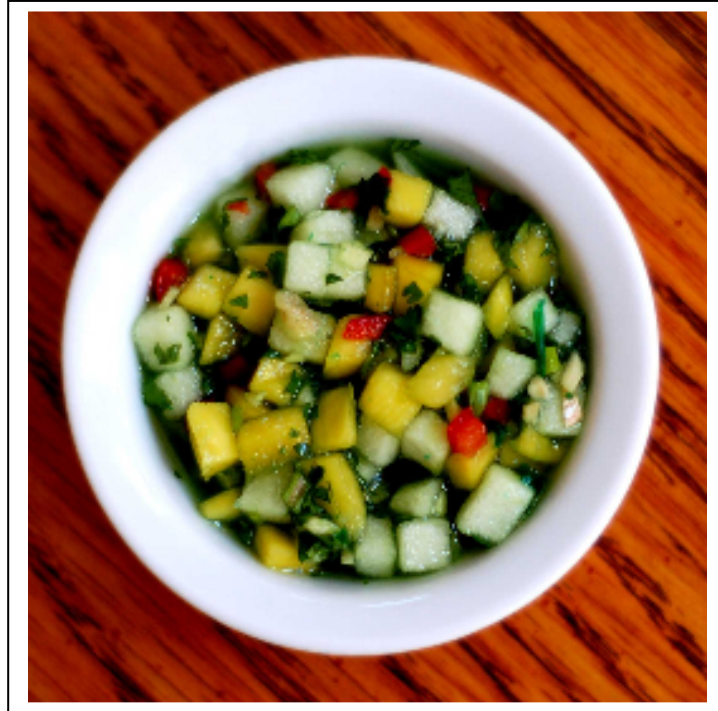


From the book “Man Can Cook” for “The Saturday Herd”  
By Robert Sturm



## Tropical Salsa

### Ingredients

½ Cup Jalapeno Jelly, natural, mild  
½ Cup Granny Smith Apple, peeled, diced small (1 Apple)  
½ Cup Mango, diced small (1 Mango)  
½ Cup Pineapple, diced small  
½ Cup Papaya, diced small  
¼ Cup Red Bell Pepper, diced small  
1 oz. Lime Juice, fresh (1 lime)  
2 TB Ginger, fresh, minced  
1 tsp Jalapeno, minced  
½ Cup Cilantro Leaves, fresh, chopped  
¼ Cup Tomato, diced small  
¼ Cup Red Onion, diced small

### Directions

Place all ingredients in a bowl. Mix together well. Keeps 1 week refrigerated.

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Thursday, July 28, 2011