

## Female

Place				-----	10.05k	-----	-----	Total	-----
Overall	Name	Bib No	AG Place	Rank	Time		Chip Time	Gun Time	Pace
1	Samantha Porter	9170	1 20-29	2	45:44		1:30:56	1:31:00	4:19/K
2	Emily Andrews	7403	2 20-29	4	45:45		1:31:08	1:31:10	4:19/K
3	Anna Dulko	8407	1 30-39	1	45:33		1:31:10	1:31:13	4:19/K
4	Jenn Kirker	9036	2 30-39	3	45:45		1:32:16	1:32:18	4:22/K
5	Gillian Thiel	9248	3 20-29	5	47:51		1:35:56	1:36:10	4:33/K
6	Michelle Ball	9328	1 50-59	6	49:29		1:38:24	1:38:29	4:40/K
7	Suzanne De Martin	9325	2 50-59	9	50:43		1:40:33	1:42:50	4:46/K
8	Devon Tyler	9267	1 40-49	8	50:36		1:42:14	1:42:20	4:51/K
9	Alanna Hind	8496	4 20-29	7	50:35		1:42:21	1:42:34	4:51/K
10	Cheryl Kravik	9042	3 50-59	13	51:42		1:42:40	1:42:53	4:52/K
11	Shelby Hancock	8489	3 30-39	12	51:33		1:42:53	1:42:58	4:53/K
12	Alecia Brooks	7445	4 30-39	11	50:47		1:43:00	1:43:03	4:53/K
13	Melody Haddow	8483	5 30-39	10	50:46		1:44:01	1:47:45	4:56/K
14	Gina Willis	9286	6 30-39	15	52:01		1:44:50	1:45:04	4:58/K
15	Johnalene Baylon	7422	5 20-29	18	53:15		1:45:17	1:47:35	4:59/K
16	Magdalena Samkova	9202	6 20-29	16	52:45		1:46:18	1:46:30	5:02/K
17	Hitomi Ginnan	9310	2 40-49	33	55:33		1:46:41	1:46:45	5:03/K
18	Kimberley Venn	9273	7 20-29	17	52:58		1:47:09	1:49:14	5:05/K
19	Mackenzie Stevens	9239	8 20-29	22	53:59		1:47:11	1:49:19	5:05/K
20	Sabrina Wong	9307	3 40-49	21	53:55		1:47:31	1:47:37	5:06/K
21	Patricia Graciano	9316	9 20-29	36	56:13		1:47:31	1:49:53	5:06/K
22	Laura Borden	7437	10 20-29	20	53:44		1:47:33	1:49:33	5:06/K
23	Nicole Kolstad	9039	7 30-39	24	54:13		1:47:55	1:48:05	5:07/K
24	Leanne Arnison	7408	8 30-39	27	55:06		1:48:02	1:50:07	5:07/K
25	Marianne Fouchard	8455	4 40-49	23	54:03		1:48:10	1:48:22	5:08/K
26	Hattie Daumann	7486	11 20-29	30	55:23		1:48:27	1:48:36	5:08/K
27	Mary Walsh	9276	4 50-59	29	55:23		1:50:18	1:50:24	5:14/K
28	Cassandra Lee	9058	12 20-29	19	53:32		1:50:27	1:50:40	5:14/K
29	Vanessa Caparros	7458	9 30-39	25	54:24		1:51:07	1:51:16	5:16/K
30	Candice Appleby	7407	10 30-39	37	56:13		1:51:11	1:56:16	5:16/K
31	Natalie Hope	9005	11 30-39	28	55:20		1:51:23	1:53:46	5:17/K
32	Penny Page-Brittin	9141	5 50-59	35	56:11		1:51:50	1:52:00	5:18/K
33	Erin Howard	9007	13 20-29	26	54:49		1:52:09	1:54:09	5:19/K
34	Michelle Smith	9232	5 40-49	31	55:24		1:52:15	1:56:01	5:19/K
35	Rhonda Dyce	8419	6 40-49	40	56:19		1:53:01	1:56:43	5:21/K
36	Taylor Naber	9119	14 20-29	46	57:31		1:53:32	1:53:46	5:23/K
37	Maggie Phillips	9162	15 20-29	34	56:09		1:53:47	1:57:39	5:24/K
38	Keara Graham	8474	16 20-29	42	56:43		1:54:05	1:54:17	5:24/K
39	Kristina Jenei	9022	12 30-39	39	56:18		1:54:09	1:54:15	5:25/K
40	Nicole Jegodtka	9020	17 20-29	32	55:31		1:54:44	1:58:35	5:26/K
41	Dena Nicolai	9126	13 30-39	53	58:29		1:55:08	1:59:03	5:27/K
42	Kelsey Hamill	8488	18 20-29	50	58:08		1:56:01	1:56:08	5:30/K
43	Lisante Tessier	9343	19 20-29	48	57:45		1:56:05	1:58:15	5:30/K
44	Amy Shaw	9214	7 40-49	52	58:25		1:56:14	1:58:34	5:31/K
45	Michelle Briges	9308	14 30-39	43	56:47		1:56:15	1:58:21	5:31/K
46	Camille St Cyr	9235	20 20-29	67	59:50		1:56:25	1:58:48	5:31/K
47	Teera Jacobs	9018	8 40-49	57	59:02		1:56:25	2:00:04	5:31/K
48	Nora Prior	9172	15 30-39	44	56:56		1:56:29	2:00:04	5:31/K
49	Anik Seguin	9212	16 30-39	49	57:56		1:56:29	1:58:56	5:31/K
50	Carlene Field	8449	17 30-39	74	1:00:25		1:57:17	2:01:07	5:34/K
51	Emily Carlson	7460	21 20-29	51	58:09		1:57:25	1:57:36	5:34/K
52	Channon Riddell	9185	18 30-39	92	1:01:52		1:57:25	2:01:09	5:34/K
53	Ali Dasler	7485	22 20-29	59	59:11		1:57:55	2:03:10	5:35/K
54	Sarah Beck	7424	23 20-29	47	57:32		1:57:57	2:00:17	5:35/K
55	Ese Odjegaba	9341	24 20-29	58	59:08		1:58:17	2:00:36	5:36/K
56	Marie Josee Ryan	9332	19 30-39	45	57:27		1:58:26	2:00:45	5:37/K
57	Sarah Schneider	9208	20 30-39	60	59:13		1:58:45	2:01:03	5:38/K
58	Katie-Marie Lubinich	9071	25 20-29	38	56:18		1:58:58	2:02:37	5:38/K
59	Vanessa Franz	8457	21 30-39	54	58:32		1:59:10	2:02:59	5:39/K
60	Angel Huang	9009	26 20-29	86	1:01:06		1:59:12	2:02:50	5:39/K
61	Karen Iannon	9053	1 60-69	68	59:54		1:59:15	2:01:25	5:39/K

## Female

Place				-----	10.05k	-----	-----	Total	-----
Overall	Name	Bib No	AG Place	Rank	Time		Chip Time	Gun Time	Pace
62	Cindy Huang	9010	22 30-39	62	59:16		1:59:25	2:01:28	5:40/K
63	Alix Way	9282	27 20-29	65	59:46		1:59:37	2:02:08	5:40/K
64	Eileen Jue	9028	28 20-29	71	1:00:16		1:59:38	2:07:33	5:40/K
65	Nicole Aleong	7402	29 20-29	78	1:00:32		1:59:41	2:03:30	5:40/K
66	Hannah Maundrell	9085	23 30-39	75	1:00:26		1:59:46	2:02:11	5:41/K
67	Meghan Cavanaugh	9340	24 30-39	72	1:00:17		1:59:56	2:03:34	5:41/K
68	Jessica Hanson	8490	25 30-39	69	1:00:09		2:00:01	2:02:04	5:41/K
69	Sara Hanson	8491	26 30-39	70	1:00:09		2:00:02	2:02:04	5:41/K
70	Michelle Baker	7414	27 30-39	73	1:00:19		2:00:16	2:03:52	5:42/K
71	Sam O'Neill	9132	28 30-39	63	59:27		2:00:35	2:04:24	5:43/K
72	Debbie Brow	7446	6 50-59	76	1:00:30		2:00:35	2:02:35	5:43/K
73	Samantha Lytle	9327	29 30-39	82	1:00:44		2:00:56	2:04:35	5:44/K
74	Olivia Yee	9296	30 20-29	114	1:04:57		2:00:59	2:03:27	5:44/K
75	Jenny Wong	9312	30 30-39	87	1:01:21		2:01:03	2:04:45	5:44/K
76	Sheen Sagalongos	9197	31 20-29	41	56:37		2:01:29	2:05:04	5:45/K
77	Kristen Ryan	9196	31 30-39	61	59:14		2:01:40	2:05:19	5:46/K
78	Maddie Thompson	9251	32 20-29	85	1:01:00		2:02:36	2:06:26	5:49/K
79	Vicky McGilp	9089	7 50-59	84	1:00:58		2:02:45	2:06:25	5:49/K
80	Jaime Li	9064	33 20-29	81	1:00:41		2:03:03	2:07:00	5:50/K
81	Stephanie Assmann	7410	34 20-29	66	59:47		2:03:19	2:05:21	5:51/K
82	Nicole De Giusti	7489	9 40-49	77	1:00:31		2:03:38	2:07:19	5:52/K
83	Jacqueline Chan	7465	35 20-29	56	58:56		2:03:46	2:06:06	5:52/K
84	Natasha Philibert-Palmer	9159	36 20-29	117	1:05:02		2:03:55	2:07:41	5:52/K
85	Kelley Counahan	7479	37 20-29	101	1:02:35		2:03:58	2:07:35	5:53/K
86	Alia Kallo	9029	32 30-39	79	1:00:36		2:04:03	2:06:32	5:53/K
87	Rachel Lai	9047	38 20-29	55	58:53		2:04:17	2:06:20	5:53/K
88	Jennifer Crawford	7481	33 30-39	89	1:01:23		2:04:55	2:08:41	5:55/K
89	Fiona Finn	8451	39 20-29	88	1:01:22		2:05:38	2:07:59	5:57/K
90	Emily Bonshor	7436	40 20-29	93	1:01:54		2:05:56	2:07:55	5:58/K
91	Christina Murray	9116	8 50-59	111	1:04:42		2:06:05	2:06:20	5:59/K
92	Coco Wiens-Paris	9284	41 20-29	98	1:02:14		2:06:29	2:10:08	6:00/K
93	Carime Quezada	9173	34 30-39	80	1:00:40		2:06:31	2:10:28	6:00/K
94	Carolyn Caranci	7459	10 40-49	83	1:00:49		2:07:27	2:11:03	6:02/K
95	Claire Shrimpton	9220	42 20-29	90	1:01:28		2:07:47	2:11:21	6:03/K
96	Kacy Park	9147	43 20-29	97	1:02:12		2:08:12	2:10:14	6:05/K
97	Daniella Smith	9229	44 20-29	64	59:37		2:08:14	2:11:51	6:05/K
98	Emily Franz	8458	45 20-29	96	1:02:12		2:08:17	2:12:05	6:05/K
99	Nikki Brandt	7440	35 30-39	102	1:02:57		2:08:20	2:10:28	6:05/K
100	Colleen Walters	9277	9 50-59	103	1:02:59		2:08:51	2:10:59	6:06/K
101	Isobel Sibbald	9221	46 20-29	99	1:02:30		2:09:04	2:12:44	6:07/K
102	Kim Jones	9025	11 40-49	95	1:02:00		2:09:13	2:11:33	6:07/K
103	Alice Hale	8487	10 50-59	94	1:01:59		2:09:42	2:11:41	6:09/K
104	Natalija Ilic	9014	12 40-49	91	1:01:44		2:09:57	2:12:00	6:10/K
105	Yi Shen	9215	13 40-49	104	1:03:33		2:10:12	2:14:08	6:10/K
106	Susan Fleugel	8453	11 50-59	14	51:53		2:10:23	2:14:05	6:11/K
107	Kat Siddle	9222	36 30-39	124	1:05:48		2:11:41	2:15:19	6:14/K
108	Jo-Anne Pringle	9171	12 50-59	112	1:04:46		2:11:57	2:14:15	6:15/K
109	Kristie Campbell	7456	47 20-29	109	1:04:39		2:11:59	2:14:12	6:15/K
110	Michelle Jordan	9026	14 40-49	110	1:04:40		2:11:59	2:14:13	6:15/K
111	Lucy Yuan	9299	48 20-29	119	1:05:23		2:12:13	2:16:02	6:16/K
112	Jacqueline Larkin	9055	37 30-39	129	1:07:43		2:12:54	2:16:38	6:18/K
113	Colleen Parent	9146	13 50-59	127	1:06:48		2:13:16	2:15:27	6:19/K
114	Janet Green	9315	2 60-69	123	1:05:48		2:13:27	2:15:40	6:19/K
115	Alison Marsh	9081	1 0-19	106	1:04:27		2:13:43	2:16:01	6:20/K
116	Danielle Dobson	7497	38 30-39	118	1:05:21		2:13:58	2:14:13	6:21/K
117	Judith Metcalfe	9098	15 40-49	113	1:04:50		2:14:13	2:16:34	6:22/K
118	Debbie Baolo	9305	14 50-59	121	1:05:39		2:14:25	2:18:10	6:22/K
119	Anahita Dehmoobad	7492	49 20-29	132	1:08:24		2:14:40	2:18:18	6:23/K
120	Rachel Park	9148	50 20-29	107	1:04:34		2:14:56	2:16:58	6:24/K
121	Vivian Lu	9069	51 20-29	108	1:04:36		2:15:21	2:17:26	6:25/K
122	Jaymie Pizarro	9165	16 40-49	142	1:12:18		2:15:37	2:19:24	6:26/K

**Female**

Place				-----	10.05k	-----	-----	Total	-----
Overall	Name	Bib No	AG Place	Rank	Time		Chip Time	Gun Time	Pace
123	Samah Phillips	9161	39 30-39	116	1:05:02		2:15:40	2:18:07	6:26/K
124	Karen Pontious	9167	52 20-29	125	1:05:49		2:17:27	2:19:34	6:31/K
125	Jenn Smith	9230	17 40-49	135	1:08:31		2:18:09	2:21:57	6:33/K
126	Trysta Vandale	9269	40 30-39	126	1:06:13		2:18:20	2:21:59	6:33/K
127	Anastasia Simonov	9306	41 30-39	128	1:06:57		2:18:34	2:27:59	6:34/K
128	Danielle Gunsch	9319	53 20-29	100	1:02:34		2:19:31	2:23:06	6:37/K
129	Tiana Tomassetti	9256	54 20-29	105	1:04:17		2:19:40	2:21:43	6:37/K
130	Ursula Ellis	8429	18 40-49	133	1:08:28		2:19:48	2:22:04	6:38/K
131	Alisha Masongsong	9083	42 30-39	120	1:05:38		2:20:05	2:22:23	6:38/K
132	Michelle McGuire	9092	19 40-49	115	1:04:57		2:20:13	2:22:40	6:39/K
133	Sarah Quibell	9174	43 30-39	134	1:08:31		2:24:11	2:24:25	6:50/K
134	Aiden MacIntyre	9073	55 20-29	130	1:08:02		2:24:22	2:28:06	6:51/K
135	Suzanne Kehler	9033	20 40-49	122	1:05:47		2:24:26	2:24:36	6:51/K
136	Gloria Kim	9035	56 20-29	136	1:08:49		2:26:05	2:29:56	6:55/K
137	Abigail Fisk	8452	15 50-59	143	1:12:25		2:27:18	2:30:54	6:59/K
138	Angela Haig-Greenwood	8484	44 30-39	144	1:12:55		2:27:41	2:27:41	7:00/K
139	Shirley Cochrane	7475	21 40-49	138	1:11:07		2:28:09	2:30:13	7:01/K
140	Sherry Mahoney	9078	16 50-59	141	1:11:58		2:28:27	2:32:11	7:02/K
141	Tina Castela	7461	3 60-69	139	1:11:20		2:29:03	2:31:18	7:04/K
142	Courtney Langis	9050	57 20-29	140	1:11:37		2:30:24	2:32:47	7:08/K
143	Candace Gerk	8463	45 30-39	146	1:15:06		2:32:14	2:34:15	7:13/K
144	Peggy Brown	7449	17 50-59	145	1:15:06		2:32:30	2:36:18	7:14/K
145	Carrie Geng	8462	58 20-29	152	1:17:43		2:33:44	2:40:50	7:17/K
146	Jade Tremblay	9262	59 20-29	148	1:15:34		2:34:16	2:37:59	7:19/K
147	Leslie Bryan	7451	4 60-69	150	1:16:03		2:36:02	2:39:37	7:24/K
148	Karen Lui	9072	46 30-39	131	1:08:19		2:38:04	2:50:17	7:30/K
149	Kristina Andrzejczuk	7404	60 20-29	137	1:11:00		2:39:50	2:41:56	7:35/K
150	Steph Neystrom	9338	61 20-29	156	1:20:23		2:40:51	2:44:33	7:37/K
151	Amanda Neystrom	9337	47 30-39	155	1:20:22		2:40:52	2:44:33	7:37/K
152	Brenda Gillard	8468	18 50-59	147	1:15:12		2:44:21	2:46:22	7:47/K
153	Gloria Kwong	9045	48 30-39	154	1:20:14		2:46:43	2:49:06	7:54/K
154	Maria Castro	9329	22 40-49	153	1:18:47		2:49:25	2:51:28	8:02/K
155	Kelly Moser	9110	23 40-49	149	1:16:02		2:49:50	2:52:01	8:03/K
156	Cara Marguerite Garde	8460	62 20-29	151	1:17:23		2:50:39	2:54:15	8:05/K
157	Magdalena Blasiak	9313	24 40-49	160	1:26:44		2:51:32	2:53:43	8:08/K
158	Nancy Silcock	9225	25 40-49	158	1:24:05		2:56:58	2:59:02	8:23/K
159	Jennifer Derksen	7494	26 40-49	157	1:23:24		2:57:39	3:02:48	8:25/K
160	Pamela Moffat	9103	19 50-59	159	1:24:46		2:58:55	3:02:49	8:29/K

## Male

Place				-----	10.05k	-----	-----	Total	-----
Overall	Name	Bib No	AG Place	Rank	Time		Chip Time	Gun Time	Pace
1	Malcolm Hodge	9001	1 20-29	1	37:54		1:14:16	1:14:18	3:31/K
2	Aleksandr Bolshakov	7435	1 30-39	2	39:37		1:18:13	1:18:14	3:42/K
3	Mitch Howlett	9333	2 30-39	5	42:20		1:21:37	1:21:39	3:52/K
4	Adam Woods	9291	2 20-29	3	41:14		1:23:44	1:23:46	3:58/K
5	Osmín Zelaya Alvarado	9301	3 30-39	4	41:49		1:25:08	1:25:10	4:02/K
6	Colin Eriks	8443	3 20-29	6	43:32		1:26:00	1:26:08	4:05/K
7	Daryl MacLeod	9074	1 40-49	12	44:15		1:26:20	1:26:24	4:06/K
8	Jeremy Douglas	7499	4 30-39	7	43:33		1:26:53	1:27:02	4:07/K
9	Richard Brittin	7444	1 50-59	9	44:02		1:27:39	1:27:42	4:09/K
10	Jack Lai	9320	5 30-39	14	45:09		1:29:09	1:29:13	4:14/K
11	Joe Byrne	7454	6 30-39	8	43:34		1:29:20	1:29:27	4:14/K
12	Mikael Roger	9317	7 30-39	13	44:51		1:29:35	1:29:41	4:15/K
13	Daniel Goddard	8471	8 30-39	10	44:04		1:29:37	1:29:40	4:15/K
14	Jacob McNeil	9095	9 30-39	11	44:12		1:29:37	1:29:39	4:15/K
15	Sam Cullen	7484	10 30-39	20	47:02		1:32:11	1:32:22	4:22/K
16	Kyle Hendy	8495	2 40-49	15	45:25		1:32:45	1:32:48	4:24/K
17	Alex (Oleksandr	9041	3 40-49	28	47:49		1:33:21	1:33:29	4:25/K
18	Ken Hingel	9331	2 50-59	18	46:44		1:33:21	1:35:39	4:25/K
19	Josh Hollick-Kenyon	9003	11 30-39	17	46:37		1:33:25	1:33:30	4:26/K
20	Bryan Stolth	9241	4 40-49	21	47:11		1:33:56	1:34:02	4:27/K
21	Daniel Smith	9231	12 30-39	16	45:52		1:34:10	1:34:18	4:28/K
22	Matthew Linzel	9067	4 20-29	31	48:18		1:34:13	1:34:24	4:28/K
23	Joffrey Scaerou	9207	13 30-39	26	47:45		1:34:33	1:37:00	4:29/K
24	Paul Ward	9279	14 30-39	23	47:39		1:35:04	1:35:14	4:30/K
25	Alex Salinas	9200	5 20-29	24	47:42		1:35:15	1:35:29	4:31/K
26	Nicolas Ramberti	9336	5 40-49	22	47:34		1:35:21	1:35:32	4:31/K
27	Nick Besth	7432	6 40-49	25	47:43		1:35:36	1:35:48	4:32/K
28	Tom McNamara	9335	15 30-39	38	49:18		1:35:44	1:38:12	4:32/K
29	Edwin Chang	7467	7 40-49	30	48:01		1:35:55	1:35:59	4:33/K
30	Alan Zden	9302	16 30-39	41	50:23		1:37:06	1:37:19	4:36/K
31	Fraser McKay	9093	1 0-19	35	48:50		1:37:09	1:37:12	4:36/K
32	David Ko	9038	17 30-39	33	48:24		1:37:32	1:41:06	4:37/K
33	Kelly Nakatsuru	9120	1 60-69	36	48:59		1:37:43	1:37:56	4:38/K
34	Rob Thompson	9252	3 50-59	56	52:16		1:37:51	1:40:05	4:38/K
35	Eu King Tan	9245	6 20-29	19	47:01		1:38:27	1:38:29	4:40/K
36	Kevin de Leon	7490	18 30-39	37	49:15		1:38:36	1:42:24	4:40/K
37	Johnny Fan	8447	7 20-29	40	50:12		1:38:38	1:40:45	4:40/K
38	Scott Karsen	9031	4 50-59	27	47:48		1:38:46	1:38:51	4:41/K
39	Steve Davidson	7487	19 30-39	34	48:32		1:39:10	1:39:21	4:42/K
40	Chad Findlay	8450	8 40-49	39	49:33		1:39:29	1:39:37	4:43/K
41	Stephen Melendy	9097	20 30-39	32	48:20		1:40:34	1:40:41	4:46/K
42	Daniel Rafaj	9176	21 30-39	42	50:39		1:41:10	1:41:16	4:48/K
43	Michael Bayly	7423	8 20-29	52	51:59		1:41:17	1:43:17	4:48/K
44	Neil Escasinas	8444	22 30-39	43	50:58		1:41:50	1:43:56	4:50/K
45	Sebastian Cooper	7477	9 20-29	47	51:33		1:42:00	1:44:25	4:50/K
46	Rhence Ocampo	9130	10 20-29	55	52:13		1:42:26	1:42:41	4:51/K
47	Matthew Sloan	9228	23 30-39	46	51:20		1:42:32	1:44:45	4:52/K
48	Justin Laniec	9051	24 30-39	68	53:31		1:43:07	1:45:12	4:53/K
49	Stephen Brunetta	7450	25 30-39	53	52:01		1:43:16	1:45:17	4:54/K
50	Vincent Roger	9318	26 30-39	29	47:55		1:43:26	1:43:33	4:54/K
51	Chris Hoag	8499	9 40-49	44	51:15		1:43:54	1:44:08	4:55/K
52	Andrei Karniaichuk	9030	27 30-39	45	51:18		1:44:06	1:46:15	4:56/K
53	Sebastian Rakowski	9178	11 20-29	60	52:52		1:44:11	1:47:52	4:56/K
54	Brian Banfill	7415	5 50-59	50	51:52		1:44:37	1:44:46	4:57/K
55	Evan Coldbit	9304	28 30-39	51	51:58		1:45:36	1:45:46	5:00/K
56	Peter Champion	7457	6 50-59	58	52:40		1:45:49	1:47:56	5:01/K
57	Colin McRae	9096	29 30-39	62	52:54		1:45:54	1:47:59	5:01/K
58	Aimee Carrsan	9342	12 20-29	54	52:11		1:46:00	1:46:04	5:01/K
59	Sarb Kayler	9330	7 50-59	48	51:41		1:46:08	1:48:24	5:02/K
60	Michael Hainke	8486	10 40-49	73	54:14		1:46:26	1:48:34	5:03/K
61	Ken Ginnan	9311	11 40-49	84	55:34		1:46:42	1:46:46	5:03/K

## Male

Place				-----	10.05k	-----	-----	Total	-----
Overall	Name	Bib No	AG Place	Rank	Time		Chip Time	Gun Time	Pace
62	Michael Barker	7417	2 60-69	65	53:08		1:47:15	1:47:27	5:05/K
63	Wells Brown	7448	30 30-39	57	52:31		1:47:16	1:49:24	5:05/K
64	Alastair McAlpine	9087	31 30-39	63	52:56		1:47:35	1:49:51	5:06/K
65	Todd Liang	9065	32 30-39	87	55:44		1:47:44	1:49:47	5:06/K
66	Steve Gauthier	8461	12 40-49	74	54:14		1:47:56	1:48:06	5:07/K
67	Linh Le	9057	33 30-39	80	55:02		1:47:56	1:51:49	5:07/K
68	Renzo Dmartin	9339	8 50-59	61	52:53		1:47:59	1:50:20	5:07/K
69	Adrian Dioces	7496	34 30-39	66	53:10		1:48:08	1:52:03	5:07/K
70	Jordan Harris	8492	35 30-39	76	54:27		1:49:33	1:53:16	5:12/K
71	Ethan Schrum	9209	13 20-29	89	55:54		1:49:40	1:51:42	5:12/K
72	Lorne Pedersen	9154	9 50-59	71	53:54		1:49:52	1:49:56	5:12/K
73	Ryan Holyk	9004	36 30-39	77	54:51		1:50:22	1:54:07	5:14/K
74	Jonathan Ho	8498	14 20-29	69	53:34		1:50:26	1:50:40	5:14/K
75	Etienne Garceau	8459	37 30-39	88	55:47		1:50:27	1:52:28	5:14/K
76	Janio Moreira	9107	38 30-39	78	54:56		1:50:46	1:50:55	5:15/K
77	Michael Lee	9059	13 40-49	64	53:02		1:50:53	1:54:38	5:15/K
78	David Appleby	7406	14 40-49	92	56:15		1:50:56	1:56:01	5:15/K
79	Ravi Sander	9203	39 30-39	90	55:55		1:51:26	1:53:43	5:17/K
80	Paul Towne	9260	15 40-49	81	55:06		1:51:33	1:55:19	5:17/K
81	Maurice Maginn	9075	16 40-49	83	55:12		1:51:37	1:55:18	5:17/K
82	Thomas Jones	9024	40 30-39	91	56:05		1:51:48	1:53:54	5:18/K
83	Lawrence Bernales	7431	41 30-39	86	55:43		1:51:49	1:56:54	5:18/K
84	Kevin Pontious	9168	15 20-29	67	53:13		1:51:50	1:53:55	5:18/K
85	Chris Fleugel	8454	16 20-29	59	52:51		1:52:27	1:54:53	5:20/K
86	Paul McGrath	9090	10 50-59	75	54:22		1:52:36	1:52:36	5:20/K
87	Mark Paxton	9152	17 20-29	97	56:49		1:53:01	1:55:05	5:21/K
88	Simon Hoang	8500	17 40-49	94	56:19		1:53:01	1:56:43	5:21/K
89	Mathias Ward	9280	18 20-29	103	57:30		1:53:03	1:53:18	5:21/K
90	Christopher Rudnik	9192	42 30-39	93	56:17		1:53:15	1:56:53	5:22/K
91	Brendan Moss	9112	2 0-19	105	57:49		1:53:36	1:56:02	5:23/K
92	Krzysztof Kuligowski	9044	19 20-29	49	51:43		1:53:47	1:56:03	5:24/K
93	Marshall Moses	9111	20 20-29	70	53:51		1:54:28	1:54:39	5:25/K
94	John Stubbs	9242	3 60-69	98	56:54		1:54:42	1:54:49	5:26/K
95	Neil Giborees	8465	21 20-29	85	55:42		1:54:47	1:55:02	5:26/K
96	Jesse Shaw	9213	22 20-29	108	58:14		1:54:49	1:56:55	5:27/K
97	Warren Boychuk	7439	23 20-29	72	54:10		1:54:51	1:54:53	5:27/K
98	Adrian Lenahan	9062	11 50-59	82	55:06		1:55:18	1:59:04	5:28/K
99	Sidhant Guliani	8478	24 20-29	79	54:58		1:55:24	1:57:26	5:28/K
100	Abhi Trehan	9261	43 30-39	99	57:09		1:55:25	1:57:26	5:28/K
101	Jay Petursson	9158	18 40-49	101	57:25		1:55:25	1:57:33	5:28/K
102	Jason Vanhereweghe	9270	19 40-49	102	57:28		1:55:56	1:58:24	5:30/K
103	Andrew Dyer-Dietz	8424	44 30-39	111	58:34		1:56:57	1:56:57	5:33/K
104	Amin Bouk	7438	45 30-39	113	58:45		1:57:20	2:01:35	5:34/K
105	Patrick Beechinor	7427	46 30-39	134	1:00:36		1:57:22	2:01:10	5:34/K
106	Ailill Bergin	7430	25 20-29	143	1:01:07		1:57:53	2:01:30	5:35/K
107	Gordie Rogers	9188	26 20-29	116	59:12		1:57:55	2:03:10	5:35/K
108	Chad Kroeger	9043	27 20-29	95	56:24		1:58:14	1:58:20	5:36/K
109	Jerry Tung	9265	47 30-39	110	58:32		1:58:20	2:02:10	5:37/K
110	Alvaro Reyes	9184	48 30-39	107	57:53		1:58:23	2:00:30	5:37/K
111	Eliezer Chin	7472	28 20-29	118	59:13		1:58:40	2:01:04	5:37/K
112	Edward Botham	9324	29 20-29	115	59:08		1:58:43	2:02:24	5:38/K
113	Wayne Peng	9326	49 30-39	140	1:00:54		1:59:02	2:02:51	5:38/K
114	Nick Beck	7425	30 20-29	122	59:45		1:59:37	2:02:07	5:40/K
115	Konrad Joseph	9027	31 20-29	126	1:00:16		1:59:38	2:07:34	5:40/K
116	Wayne Gilmartin	8469	20 40-49	124	1:00:11		1:59:41	2:03:26	5:40/K
117	Ryan Longoz	9068	50 30-39	135	1:00:38		1:59:44	2:03:31	5:40/K
118	Stanislaw Pennors	9156	32 20-29	100	57:13		1:59:45	2:01:48	5:41/K
119	Bruce Murray	9117	12 50-59	147	1:01:57		1:59:48	2:01:50	5:41/K
120	Matt Doherty	7498	51 30-39	133	1:00:29		1:59:53	2:02:03	5:41/K
121	Zack Moss	9113	33 20-29	106	57:53		2:00:00	2:02:27	5:41/K
122	andrew Dennis	7493	34 20-29	151	1:02:40		2:00:16	2:00:23	5:42/K

## Male

Place				-----	10.05k	-----	-----	Total	-----
Overall	Name	Bib No	AG Place	Rank	Time		Chip Time	Gun Time	Pace
123	Ryan Hodgson	9002	52 30-39	128	1:00:19		2:00:17	2:03:53	5:42/K
124	Les Fallowfield	8446	4 60-69	129	1:00:21		2:00:20	2:02:22	5:42/K
125	James Wall	9275	53 30-39	112	58:38		2:00:38	2:04:18	5:43/K
126	Kris Lubinich	9070	35 20-29	139	1:00:44		2:00:49	2:04:27	5:44/K
127	George Earl	8425	13 50-59	131	1:00:26		2:01:20	2:05:12	5:45/K
128	Peter McGregor	9091	14 50-59	121	59:38		2:01:20	2:06:31	5:45/K
129	Kevin Bredeman	7441	21 40-49	123	1:00:00		2:01:37	2:04:02	5:46/K
130	Victor Padilla	9139	54 30-39	136	1:00:40		2:02:36	2:06:32	5:49/K
131	Jordan Tait	9243	36 20-29	141	1:00:59		2:02:37	2:06:27	5:49/K
132	Mark Russell	9193	22 40-49	125	1:00:16		2:02:48	2:06:41	5:49/K
133	Nicholas Lee	9060	37 20-29	119	59:15		2:02:59	2:05:24	5:50/K
134	James Baylis	7421	38 20-29	138	1:00:42		2:03:22	2:07:07	5:51/K
135	Brian Cherry	7470	39 20-29	150	1:02:30		2:03:45	2:07:25	5:52/K
136	Kyle Philibert-Palmer	9160	55 30-39	164	1:05:03		2:04:11	2:07:57	5:53/K
137	Jake Rudko	9191	40 20-29	144	1:01:46		2:04:16	2:08:08	5:53/K
138	Brandon Lam	9048	41 20-29	114	58:51		2:04:18	2:06:21	5:53/K
139	Liam O'Shea	9137	42 20-29	132	1:00:26		2:04:22	2:06:41	5:54/K
140	Cristian Jegodtka	9021	43 20-29	120	59:37		2:04:35	2:08:27	5:54/K
141	Brendan Cottrell	7478	44 20-29	109	58:23		2:04:36	2:06:45	5:54/K
142	Aiden Sotres	9233	45 20-29	96	56:45		2:04:42	2:06:48	5:55/K
143	Glenn Rideout	9186	15 50-59	137	1:00:41		2:05:53	2:09:28	5:58/K
144	Gray Morfopoulos	9108	46 20-29	146	1:01:56		2:05:56	2:09:36	5:58/K
145	Miles Taylor	9246	47 20-29	142	1:01:06		2:06:12	2:09:48	5:59/K
146	Kenji Mito	9102	16 50-59	158	1:04:11		2:06:19	2:09:58	5:59/K
147	Daniel Howsham	9008	23 40-49	130	1:00:23		2:07:41	2:11:18	6:03/K
148	Jangi Bajwa	7413	56 30-39	148	1:02:02		2:07:43	2:09:51	6:03/K
149	Jian Shi	9218	48 20-29	156	1:03:32		2:08:18	2:12:04	6:05/K
150	Nicholas Hyldelund	9012	49 20-29	159	1:04:15		2:08:30	2:12:05	6:05/K
151	Luke Burkholder	7452	57 30-39	155	1:03:29		2:08:37	2:16:11	6:06/K
152	Theron White	9334	58 30-39	127	1:00:17		2:08:55	2:11:21	6:07/K
153	Jody Barker-Leuthard	7418	50 20-29	168	1:06:18		2:09:00	2:12:47	6:07/K
154	Zimin Yang	9295	51 20-29	117	59:12		2:09:20	2:11:20	6:08/K
155	myles Repta	9183	3 0-19	171	1:07:01		2:09:24	2:13:01	6:08/K
156	Repra Dom	9314	24 40-49	170	1:07:01		2:09:25	2:13:01	6:08/K
157	Adam English	8441	59 30-39	157	1:03:35		2:09:33	2:11:55	6:08/K
158	Song Xue	9294	17 50-59	163	1:05:00		2:09:46	2:13:40	6:09/K
159	Michael Ling	9066	25 40-49	149	1:02:27		2:09:47	2:13:42	6:09/K
160	Tom Lei	9061	52 20-29	180	1:09:29		2:10:20	2:17:27	6:11/K
161	Maclean Blomme	7434	60 30-39	104	57:45		2:10:32	2:12:50	6:11/K
162	Luke Kwong	9046	5 60-69	167	1:05:44		2:12:43	2:16:37	6:17/K
163	Ben Pisch	9163	61 30-39	172	1:07:41		2:12:54	2:16:38	6:18/K
164	Nick Nicholson	9124	18 50-59	169	1:06:56		2:14:48	2:18:24	6:23/K
165	Wingcheong Yip	9297	6 60-69	182	1:11:13		2:15:26	2:17:48	6:25/K
166	Lit Jose Onrubia	9133	26 40-49	185	1:12:15		2:15:37	2:19:25	6:26/K
167	Iain Chima	7471	62 30-39	154	1:03:12		2:18:59	2:21:09	6:35/K
168	Herb Dhaliwal	7495	7 60-69	153	1:03:11		2:19:00	2:21:10	6:35/K
169	Nick Mariani	9080	63 30-39	177	1:09:11		2:19:02	2:21:30	6:35/K
170	Raymond Moy	9114	27 40-49	174	1:08:18		2:19:34	2:23:29	6:37/K
171	Conor McDonnell	9088	53 20-29	160	1:04:17		2:19:42	2:21:46	6:37/K
172	Aaron Malong	9079	54 20-29	166	1:05:29		2:20:08	2:23:44	6:38/K
173	Arnold (Anandra Singh)	9226	28 40-49	145	1:01:55		2:20:16	2:23:51	6:39/K
174	Jongheon Chae	7464	29 40-49	162	1:04:33		2:22:55	2:25:00	6:46/K
175	Jonathan Edwards	8426	55 20-29	173	1:07:54		2:24:57	2:28:31	6:52/K
176	Duncan Barnettson	7419	19 50-59	183	1:11:36		2:25:12	2:27:29	6:53/K
177	Daniel Ascui	9309	56 20-29	152	1:03:01		2:25:38	2:29:20	6:54/K
178	Vladimir Ilic	9015	20 50-59	176	1:08:52		2:26:35	2:28:39	6:57/K
179	Curtis Dean	7491	64 30-39	165	1:05:28		2:27:19	2:30:52	6:59/K
180	Phil Angel	7405	57 20-29	179	1:09:17		2:28:27	2:30:34	7:02/K
181	Neale Monkhouse	9105	8 60-69	175	1:08:20		2:28:38	2:32:16	7:03/K
182	Jason Isley	9017	30 40-49	178	1:09:12		2:29:31	2:31:52	7:05/K
183	Jon Mahoney	9077	9 60-69	181	1:10:37		2:29:58	2:32:11	7:06/K

Male

Place				-----	10.05k	-----	-----	Total	-----
Overall	Name	Bib No	AG Place	Rank	Time		Chip Time	Gun Time	Pace
184	Eric Woo	9290	31 40-49	184	1:12:15		2:30:08	2:33:57	7:07/K
185	Fidel Castro	7462	32 40-49	161	1:04:19		2:32:13	2:35:55	7:13/K
186	Frederick Wong	9288	58 20-29	186	1:13:14		2:42:00	2:45:50	7:41/K
187	Kei Che Ho	8497	10 60-69	188	1:19:10		2:45:51	2:48:17	7:52/K
188	Mark Poblete	9166	59 20-29	187	1:14:03		2:51:15	2:58:20	8:07/K