IMMANUEL LUTHERAN CHURCH JULY NEWSLETTER 2021



From the Pastor's Desk - Grace and Peace

Christian Education – VBS – NEEDS LIST

Worship Leaders for July

Faith in Action – Feed the Hungry

Synod Assembly report back

Worship & Music – pandemic updates & upcoming events in our area

Did you know? Teacher & Seamstress & ...

July Calendar

Church Council & Staff

Celebrations of Life & Love

Drive-In worship participants we are asking you to drive up to the door/overhang at the Education wing in the main (south) parking lot. The usher will hand out communion, bulletins and receive offerings. Using the overhang, the usher will be somewhat protected from the weather and will also not have to cross the street!

Immanuel Lutheran Church



1002 Powell Ave.

Erie, PA 16505

814-833-4062

LIKE US on Facebook

www.ilc-erie.org

Office: immluthch@verizon.net



Grace & Peace from the Pastor's Desk



I was recently reading an article on faith and honeybees. Such a strange combination, I wondered how small venomous creatures could be allied with faith. I know a little bit about honeybees, like we are losing them, they are necessary for pollination, and we need pollination for our food to grow, so they are very important little creatures. I knew they live in hives, have honeycombs, produce honey (which bears, and humans like to eat), and which is a natural antibiotic. Honey will never spoil. That is the extent of what I know about honeybees, other than, from childhood experience, their stingers hurt.

I've never paid any more attention to them. So, I was interested by the comments of Kristen Bell, one of the persons quoted in the article, who was raised around beehives and now has them herself. I quote her, "Bees are always teaching us something. They are a community. One honeybee cannot live by itself. I think it's a great example of humankind. Every creature in the beehive is working for the success of that colony. I think God is telling us that we are to be doing the same thing." (Caviness, C., 2021, How sweet it is: United Methodists and bees. *United I Methodist Communications* https://www.umc.org/en/content/how-sweet-it-is-united-methodists-and-bees)

As our summer progresses, hopefully we will be seeing some honeybees, and when we do we can remember these comments about community, and how important our church community is to us. Our faith cannot live by itself. It needs community to be healthy, survive, and grow. The best way to keep faith is by worshipping in community.

The author of Hebrews writes in Hebrews 10:24-25: "And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching." I know it's summer and there are other activities competing for your attention, but nurture your faith first, and the rest of the summer, and your life, will be the better for it.

As always, I am available for you. Call the church office on Tuesdays and Thursdays, 814-833-4062, I'm there from 9:30 a.m. until 2:00 p.m., or you can call my cell phone any time and leave a message 724-557-2386.

Grace and Peace,
Pastor Karen

SYNOD ASSEMBLY REPORT BACK



The first, and hopefully last, virtual NWPA Synod Assembly opened June 11, 2021, with prayer and worship. Bishop Lozano led the Assembly and looked well; it was his first time leading Assembly.

Thank you to Joe and Anita Byrne for also attending, and for Joe's thoughtful questions raised during the time of voting.

First on the agenda was a motion to include the Report of the Synod Secretary that was accidently left off the agenda. After this motion passed the next item was the restructuring of Clusters into Conferences. The motion passed...

....What this means is that there will no longer be 3 separate Clusters in Erie, all the Erie area churches will be joined in one

Conference, effective July 17. The hope of this change is to encourage better communication, to have the churches become more engaged and active in spreading the gospel by bringing more shared ministry opportunities such as pub, nursing home, restaurant, coffee shop and other areas of shared ministry. Conferences are to meet at least once per year, in the spring. Each Conference has the autonomy to structure themselves, including whether they would like to elect a Conference Dean, a dean is not a requirement, but an option. There will now be 10 people on Synod Council, Synod Council acts as the Assembly when the church is not in Assembly. This will become effective after the Synod Council Meeting that takes place on July 17, 2021.

Following this, churchwide Assembly updates were discussed. Then it was adopted that all the places where the term Cluster are found in the wording of the constitution will be changed to Conference.

The next item was that of the celebration of Holy Communion being required at every Assembly. Since this was a virtual Assembly, that would not be possible. Many options were given, however it was accepted to add the wording "you are not obligated to do that which is beyond your ability," with a bylaw change being forwarded to Synod Council.

A video message from Bishop Elizabeth Eaton was shared. Her message spoke of life in 2020 with the pandemic. Her call is to imagine the diversity as part of what God is doing, how we have been church together for the sake of the world. She left us with the quote "God's plan has a church."

All the Constitutional amendments were approved, with many of them relating to the replacement of the non-word "synodical" by the word "synod".

All the persons who were nominated to serve on Synod positions as rewritten into Conference terms were elected. The treasurer gave a report and the 2022 operating budget of \$757,391.00 and projected mission support of \$664,000.00 was adopted.

Thank you to all those who participated in our **Election Day Book & Bake sale** — we shared our gratitude shortly after the event but at the time didn't have the final figures and then vacations and numerous other events came along but we wanted to document in our newsletter that with your help, support & donations we raised over \$250.00 to help with church expenses — maybe the boiler concern as mentioned in the Property Committee update in this newsletter.

Christian Education





VBS NEEDS LIST

Celery sticks - 2 pks pre-cut Carrots – 2 bags pre-cut Marshmallows - large size-2 bags Marshmallow Fluff-2 jars Pretzel sticks-2 bags Blue sugar sprinkles-2 jars M&M's-2 large bags Gold Fish crackers-2 bags Small pretzels-2 bags "Chex" cereal-2 bxs any flavor Bread-2 loaves Peanut Butter-2 jars Grape Jelly-2 jars **Fresh Fruit-Strawberries** Maraschino Cherries-2 jars Pineapple Chunks-2 cans Tin foil-10 boxes

~ Sharing the Good News ~

VBS 2021

Welcome to Knights of the North Castle! All Knights are welcome.....

Knights of North Castle: Quest for the King's Armor invites you to be strong in the Lord and in the strength of his power! You will take on the role of brave Knights and begin their quest each session by opening the King's Book. You will explore Old and New Testament stories and discover different pieces of protective armor; The Belt of Truth, The Breastplate of Justice, The Shoes of Peace, The Shield of Faith, and The Helmet of salvation. You will explore how the armor works in your own life as you follow and serve God. Lakewood and Immanuel Churches are inviting your children to take on the role of brave Knights and begin their quest each session by opening the King's Book. We are helping kids take up the gauntlet and to accept the challenge to "armor up" and be strong by remaining with God and sharing God's love to the world!.

Please remember to mark your calendars for Sunday, July 11th through Thursday the 15th, from 6:00pm to 8:30pm.

Be Strong in the Lord and in the strength of His Power.

Ephesians 6:10



- July 4 NO Confirmation Class
- July 11 VBS decorating of the Lakewood UMC sanctuary as we begin VBS week.
- PLEASE SEE OUR NEEDS LIST ON THE BULLETIN BOARD AND SIGN UP TO DONATE AS YOU ARE ABLE. ITEMS ARE NEED IN THE CHURCH OFFICE BY JULY 10TH

Immanuel

*All of the metal chairs have been sold at \$5/chair.

Thank you to those involved in this repurposing,
fundraising effort!!

Property

\$\$\$\$\$\$

Committee

The Property Committee is currently evaluating next steps for our church heating needs.

Updates

One of our boilers failed in the Spring after a repair on one of the radiator units in the office.

The boiler is not repairable.

We are thankful to have the time to consider options, obtain bids, and ultimately, due to the large expense, this will warrant a congregation meeting sometime in September or before so that we can get back up and running.



Would solar be a consideration?

How about air conditioning?

now is the time to ask questions?

\$\$\$\$\$\$

Your volunteer work hours are always appreciated should you have time and talent to share, the Property Committee & our Caretaker may be able to use a couple hours of your time & talent.

\$\$\$\$\$\$



Volunteers Welcome

Counters and Ushers needed

in 2021

We would welcome additional folks to join us in both of these church tasks. Please see the lists in this newsletter and reach out to <u>Cindy Geddes for Counters</u> and <u>Bob Dorler for Ushers</u> if you think you'd like to give this a try.

PROFESSIONAL RESOURCES IN OUR FAITH COMMUNITY

Would you like to be listed? Give me a call or drop me an email in the office.
814-833-4062 or immluthch@verizon.net~Lori

Date	Presider	Assistant	Lector
7/4/21 9:30 AM	Kostur	Bob Dorler	Bob Dorler
7/11/21 9:30 AM	Kostur	Cindy Geddes	Cindy Geddes
7/18/21 9:30 AM	Kostur		Cindy Eckman
7/25/21 9:30 AM	Kostur	Stan Holsopple	Stan Holsopple

Altar Guild: Char Feiler/Debbie Madurski

Counters: C. Geddes/B. Coughlin Ushers: Ushers as assigned by B. Dorler

If you are unable to fulfill your commitment – please find an alternate & notify the church office.

Sign-up sheets on the bulletin board for August
AUGUST NEWSLETTER DEADLINE: JULY 15[™]

DID YOU KNOW?

Denise Arnold has been an Immanuel member since 1964 - yep, over 57 yrs. and attended Sunday School here starting in 1958. She has been active in our church choir and small quartet singing groups as well as a soloist on special occasions. She is often one of our chefs for our Soup Cook-off in February. Denise is a retired Home Ec. teacher from the Fairview school district. She was and still is a very active part of their stage productions and costumes. Denise is an avid sewer and has made many of the tote bags for our Community Shelter Services Christmas bags, Covid-19 face masks for here & folks in our community, has helped to organize & teach craft events here, and continues to provide costume support for other production companies in our community. I was in need of a source for a "knight" for the upcoming Vacation Bible School - "Knights of North Castle" theme and Denise was my "go to" for suggestions and sure enough we found an online option. In addition, Denise has been active in our community in supplying emergency food bags when folks have come asking at the church and they have exhausted their Inter-church Ministry voucher allocations and there is no ready access to food pantry items. Denise & her furry family of kitties have also been involved in support of animal rescue in our community.

Denise's Mom, Lucie Arndt, has been on our prayer list. Lucie is 101 yrs. young and a resident of Westlake Woods. She is doing much better after a brush with Covid-19 - an endorsement of the vaccine at work - Lucie has recovered - thank goodness. Denise's step-sister Lana & brother-in-law, Pastor Huhn, are also on our prayer list for support and comfort during their health challenges.

Thanks for sharing your Time & Talent at Immanuel & in our community Denise.





Shut-In Ministry
No time in your busy life for
much more?
How about just an occasional
phone call or card?

KEEP IN PRAYER: Denise Arnold and Denise's Mom Lucie Arndt and sister, Lana as well as brother-in-law Pastor Huhn; John & Tim Botwright and Tim's wife Karen; the Feiler & Lee families; Ruth & Ken Foos – friends of Carol McCray; Jim & Lorraine Hornaman, Kyle Husted, Bill Kostur, Jim Kuntz, Nancy Leonard – Pastor Karen's friend; Patrick Lewis – family friend of S.Kocur; Bishop Michael Lozano, Diane McGranor, Phyllis Lindahl, Carole Rickrode, Sharon Roemer, Jan Rowe – Pastor Karen's friend; Dr. Carl Seon; Pastor Roy Washill, and the Washill family as they face his health challenges; and all of our members who are grieving; who are in nursing homes, who are serving on the "front line" during the COVID-19 pandemic or who are ill at home.

We pray for those in the military: Scott Case—Navy, (C. Geddes nephew) & Christopher Peterson — Navy (Grandson of the late Agnes & Chuck Peterson).

If you are sick or in the hospital, please notify the church office and if you'd like home communion or a copy of our newsletter ~ please let us know in the office.

Please remember the members of Immanuel who are "shut in," and cannot make it to service, you may want to offer them a ride, give them a friendly call, send them a card. The current Shut-In Mailing List is available in the office or see our current directory.

<u>Current Shut-in list:</u> Audree Adams, Judi Casler, Sally Fager.

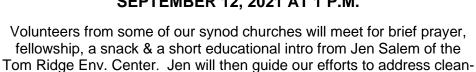
Update: We no longer have current contact information for Audree Adams. Please share with the office if you are aware.

SAVE THE DATE: GOD'S WORK, OUR HANDS – SEPTEMBER 12, 2021

God's Work, Our Hands Sunday is traditionally an ELCA day of service event. These acts of service are carried out all over the country by ELCA faith communities like Immanuel. It is the day we at Immanuel will bless the work of our quilter's hands during our worship service as we get ready to send our quilts off to Lutheran World Relief.

This year there is also an after-worship activity in our community for you to consider.

The NW PA Synod Green Team is planning a Presque Isle
Clean-up Event
SEPTEMBER 12, 2021 AT 1 P.M.



Please contact your Synod Green Team member, Lori Nemenz, for more info at 814-833-1426 or nwpasynodgreenteam@gmail.com

up concerns at Presque Isle. Come and help as you are able.

FAITH

IN

ACTION

Thank you for sharing your

Time & Talents

RESPONDING TO LOCAL HUNGER



The West Millcreek Food Pantry provides services for over 145 families and Immanuel is going to move forward to begin collecting items in support of this ministry. Stan Holsopple has once again volunteered to facilitate this for Immanuel. Bring non-perishable items to church and place in the collection box or contact Stan & he

has even offered to pick up from you if needed.

They serve on average: 85 children under the age of 17, 332 adults, and 95 seniors from the 16506 and 16505 zip codes (Pittsburg Ave. to Millfair Rd., W. 38th to W.18th) every 2nd and 4th Tuesday of the month.

Then give out mostly nonperishable foods they purchase from the Food Bank. Once a month, they are able to purchase meat (chicken, pork and beef). They also receive perishable bread, "sweets", dairy and fresh vegetables from the Food Bank on a refrigerated trailer.

Through their Senior Box program they are able to give needy seniors over the age of 60 an extra 35 pounds of food and 2 pounds of cheese a month. Last year they ordered and distributed over 65,000 pounds of food purchased from Second Harvest Food Bank.

They currently have 9 contributing churches and 25 volunteers who help with various jobs from giving out the food, unloading the produce trailer and unloading the monthly truck.

Please note - these items are not able to be purchased with food stamps so at times are much in need: personal care items, soap, dish soap, clothing detergent, paper products, pet food, prepared foods, vitamins, over the counter medicines, first aid products, diapers and tooth care products.

ANY AND ALL NON-PERISHABLE ITEMS ARE WELCOME.

FAITH

June 4, 2021

Immanuel Lutheran Church 1002 Powell Avenue Erie, PA 16505

IN

Dear Members of the Immanuel Lutheran Church Congregation,

On behalf of the COVID-19 Vaccine Education Committee of the Erie County Home Team Homeless and Housing Coalition (Home Team), we would like to thank you for your generous donation of Country Fair gift cards to provide to persons experiencing homelessness as incentives for receiving the COVID-19 vaccine.

ACTION

As you know, there is great importance in getting as many individuals vaccinated with the COVID-19 vaccine so that we are able to safely re-engage in society. There also continues to be vaccine hesitancy due to many reasons, of which misinformation and lack of understanding of the vaccine are at the forefront. The Home Team Vaccine Education Committee has been providing education and vaccine ambassadors to the homeless population to help encourage vaccination. We have been able to participate in more than 6 vaccination clinics on site at shelters or agencies that target persons experiencing homelessness and persons living in poverty. For those individuals that have been vaccinated, we have been able to provide the Country Fair gifts cards as an incentive for them. Many times, the incentive is the tipping point for them to receive the vaccine. Without your extreme generosity, we would not be able to do this.

Thank you for sharing your

Thank you so much for your generosity and compassion. The committee members and the Erie County Home Team thank you sincerely.



Erie County Home Team Homeless and Housing Coalition (Home Team)

Time & Talents

A total of \$5475 in cash & cards was collected for this ministry through Inter-Church Ministries.



250 West Seventh Street | Erie, PA 16501 | 814.454.2411 | icm@icmeriecounty.com

May 10, 2021

Immanuel Lutheran Church 1002 Powell Avenue Erie, PA 16505

Dear Friends at Immanuel:

Inter-Church Ministries of Erie County gratefully acknowledges your donation of 16 Country Fair gift cards

for the county's COVID vaccination campaign for our homeless brothers and sisters. A total of **759** gift cards have been collected so far, an awesome number made possible by an awesome God! The county has been astounded by this generosity; know that your gift is greatly appreciated by many beyond ICM.

We too, thank you for your support of those in need in our community. Through this campaign many more will be protected against this global pandemic, meaning protection for us all in Erie County and beyond.

Be safe, be well, be thankful for so many like yourselves who supported this effort and for the county social servants who made it happen.

Yours in Christ,

Karen E. Adams, Director Inter-Church Ministries of Erie County

1 and you

SMITH CARILLON SERIES RESUMES

Worship & Music in the News....

The Larry and Kathryn Smith Chapel at Penn State Behrend will once again host four evening concerts on the Floyd and Juanita Smith Carillon this summer. Beginning on Thursday July 8th and continuing through Thursday July 29th, the Chapel will host nationally and internationally known carillonneurs for the free one-hour concerts beginning at 7:00pm. You are invited to bring your lawn chairs and blankets and sit on the Chapel lawn. Free hot dogs and snacks will be made available

Check out the audio files of our services at the link below:



For OneDrive login page, click here:
https://onedrive.live.com/about/en-us/signin/

You can find Pastor Karen's latest sermons in print on our webpage here http://www.ilc-erie.org/worship-.html



Please join us for worship each Sunday at 9:30 a.m. either indoors, or in our drive-in services.

Sharing these W&M updates

We will once again be using "With One Voice"

this Summer starting in July and also some of your favorite hymns that you have requested.

- At the June Council meeting, the council decided that effective 6/28/21 masks will no longer be required to be worn in the building.
- Individuals may continue to wear masks and social distance at their discretion.
- We will be returning to our traditional worship practices. Hymnals, pew envelopes, etc. are available for use. Prepackaged communion cups will continue to be available for communion if you choose.
- At this time, we will continue broadcasting our services until Labor Day weekend for our "drive-in" worship.

LIVING LUTHERAN MAGAZINE - EXPIRING



Our annual subscription expires in August and the Council has decided not to renew this year because most of the copies are not being used. If you'd like to receive your own copy, either delivered to your home by mail or electronically to your email, you are certainly able to do that at your convenience. Check out this link https://www.livinglutheran.org/subscribe/ or Call toll free 800-638-3522

Celebrations

of Life and

Love



July Birthdays

July	4 5 6	George Pfeiffer, III William Moore Janet Griffin
	8	Carol McCray
	18	Donna Dorler
	19	Michael Feiler
	22	Bob Roemer
	26	Cindy Eckman
	28	Justin Lee
	31	Stan Holsopple & Michael Redditt

July Anniversaries

Congratulations to those celebrating their anniversary on

July	1	Sally and John Leubin
	8	Carole & Ron DelPorto
	20	Mary & Bob Hauser
	22	Ron & Connie Cooper (remembering this
	special day w	vith Connie-Ron passed in Feb.2021)
	25	Joe & Anita Byrne

Congratulations to those celebrating!!!

Did I forget you? Please e-mail me or call me with your birthdays, anniversaries or a special day you would like us to share.

immluthch@verizon.net

ALTAR FLOWERS AND SANCTUARY CANDLE SIGN-UP

WE ARE ONCE AGAIN POSTING OUR ALTAR FLOWER AND SANCTUARY CANDLE SIGN-UP SHEETS IF YOU WOULD CARE TO SPONSOR EITHER OR BOTH IN HONOR OR IN MEMORY OF SOMEONE -- IT WILL BE NOTED IN OUR WORSHIP BULLETIN.

PLEASE NOTE THAT CATHY'S FLOWER SHOPPE, WHO HAS BEEN PROVIDING THE FLOWERS FOR US FOR MANY YEARS HAS HAD TO INCREASE PRICES SO **FLOWERS WILL BE \$35/WK** – SANCTUARY CANDLE REMAINS AT \$5/WK - SO WHEN PAYMENT IS MADE, PLEASE INCLUDE THIS NEW AMOUNT IN YOUR PAYMENT STARTING IN JUNE.

YOU ARE ALSO WELCOME TO BRING IN YOUR OWN PLANTS/FLOWERS FROM YOUR GARDEN, ETC.

July 2021

Greetings of Peace



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 AA MTG.	3
4 Worship: 9:30 a.m. NO Confirmation Class: QUARTER SUNDAY	5 CHURCH OFFICE CLOSED FOR HOLIDAY NO QUILTERS NO FLAGSHIP CHORUS	6 AA MTG 7:30 PM	7 PASTOR WORKING REMOTELY TOPS 9:30 AM AA MTG 7:30 PM	8 PASTOR WORKING REMOTELY	PASTOR WORKING REMOTELY	10
Worship: 9:30 a.m. NO COUNCIL MTG. VBS DECORATING AT LAKEWOOD AFTER SERVICE	12 QUILTERS 9:30 AM FLAGSHIP CITY CHORUS 7 PM VACATION BIBLE SCHOOL 6-8:30 PM	AUGUST NEWSLETTER DEADLINE AA MTG 7:30 PM VACATION BIBLE SCHOOL 6-8:30 PM	TOPS 9:30 AM AA MTG 7:30 PM VACATION BIBLE SCHOOL 6-8:30 PM	VACATION BIBLE SCHOOL 6-8:30 PM	AA MTG.	17
18 Worship: 9:30 a.m.	19 QUILTERS 9:30 AM FLAGSHIP CITY CHORUS 7 PM	20 AA MTG 7:30 PM PROPERTY COMMITTEE MTG.	21 TOPS 9:30 AM AA MTG 7:30 PM	22	23 AA MTG.	24
25 Worship: 9:30 a.m.	26 QUILTERS 9:30 AM FLAGSHIP CITY CHORUS 7 PM	27 AA MTG 7:30 PM	28 TOPS 9:30 AM AA MTG 7:30 PM	29	30 AA MTG.	31

WHAT IS GOD ASKING OF YOU TODAY?



Immanuel Hours

Church Office – 833-4062 Hours - Mon-Thurs. 8:30am-12:30pm immluthch@verizon.net

Staff

Pastor Karen Kostur – 833-4062 or Emergency #: 724-557-2386 Pastor's Office Hours – Tues & Thurs.9:30am-2:00pm

Church Caretaker: Wally Coughlin Organist/Music Director: Bryan Timm Admin. Ofc.: Lori Swanson Nemenz

Sunday School

Coord: Anita Byrne & Janice Kreger Teachers: Rick Kuntz & Jen Kuntz,

Pastor Kostur

Congregation & Church Council Officers

Pres. – Debbie Redditt – 449-1855 Vice Pres. – Bob Dorler – 833-2719 Sec. – Debbie Madurski – 774-3590 Fin. Sec.: Cindy Geddes – 734-1286

Treasurer: Bill Redditt

Additional Council Members

Cindy Eckman, Char Feiler, George Pfeiffer, Sally Leubin, Bob Dorler, Cindy Geddes

Church Council Committees

We invite all members of Immanuel to join any of these committees and/or offer your gifts where you can – many hands make light work!!

Council usually meets the 2nd Sunday of the month

****NO COUNCIL MEETING IN JULY!****

Christian Education

Council liaison: Cindy Eckman

NO CONFIRMATION CLASS 10:30 A.M. – 7/4/21 VBS MTG AT LAKEWOOD – 7/11 after church to decorate VBS begins 7/11-7/15 6:00-8:30 p.m.

Communications

Council liaison: D.Redditt Committee Chair: vacant

Check out our website and "FRIEND" us on Facebook

Did you miss church? Need to keep updated and want easy access to
the church calendar, newsletter or annual report?

Check out our website http://www.ilc-erie.org/

WATCH FOR US ON FACEBOOK, GOERIE.COM, ERIE NEWS NOW AND IN PRINT IN THE ERIE TIMES NEWS RECYCLING OUTDATED EQUIPMENT

Fellowship, Outreach & Growth

Council liaisons: Sally Leubin & Char Feiler

Finance

Council liaison: George Pfeiffer **2020 AUDIT**

Property

Council liaison: Bob Dorler Committee Chair: Stan Holsopple FACILITY MAINTENANCE, RENTAL PROPERTY OVERSIGHT BOILER REPAIRS/MAINTENANCE/RESEARCH

Stewardship

Council liaison: Cindy Geddes

MEMBERSHIP RECORD UPDATE

Social Ministry Committee

Council liaison: Debbie Madurski – Committee chair: Debbie Madurski

Worship & Music

Council liaison: Debbie Redditt Chair: vacant
Looking For New Committee Co-Chairs
DRIVE-IN AND INDOOR WORSHIP SERVICES
OneDrive audio files of recorded services
https://onedrive.live.com/about/en-us/signin/

PASTOR KOSTUR'S SERMONS ON OUR WEBPAGE USING "WITH ONE VOICE" & HYMN FAVORITES CHANGE IN OUR PANDEMIC PROTOCOL