



Just Dance & Fitness Studio

1060 E. Industrial Drive, Ste T Orange City, FL 32763
 386-473-5008
 Justdance4fitness@gmail.com

February 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4
Bring your Spouse Free the week of Valentine's Day			6:30 SBZ 7:30 Adult Yoga		8 am SBZ 9 am Zumba Fitness	
5	6	7	8	9	10	11
6:30 am SBZ 6:00 Family Yoga 7:30 Zumba	6:30 Core and More 7:00 Yoga Chillax	6:30 am SBZ 6:30 Zumba Toning 7:30 Zumba	6:30 SBZ 7:30 Adult Yoga	8:00 –12 AM Latin Dance Party	8 am SBZ 9 am Zumba Fitness	
12	13	14	15	16	17	18
6:30 am SBZ 6:00 Family Yoga 7:30 Zumba	6:30 Core and More 7:00 Yoga Chillax	6:30 am SBZ 6:30 Zumba Toning 7:30 Zumba	6:30 SBZ 7:30 Adult Yoga		8 am SBZ 9 am Zumba 5:30 pm Master Class with Kaitlyn Murphy	
19	20	21	22	23	24	25
6:30 am SBZ 6:00 Family Yoga 7:30 Zumba	6:30 Core and More 7:00 Yoga Chillax	6:30 am SBZ 6:30 Zumba Toning 7:30 Zumba	6:30 SBZ 7:30 Adult Yoga		8 am SBZ 9 am Zumba Fitness	
26	27	28				
6:30 am SBZ 6:00 Family Yoga 7:30 Zumba	6:30 Core and More 7:00 Yoga Chillax	6:30 am SBZ 6:30 Zumba Toning 7:30 Zumba				

Dance Fitness Classes: Monthly Auto-Renew Membership \$35/ Monthly Membership \$40/ Walk-in \$5
 Yoga Chillax Class: \$10 per class/ \$7 for all members *punch cards available
 Adult Yoga Class: \$5 per person

notes

Zumba Fitness
 Zumba Toning
STRONG By Zumba
 Zumba Steps Workshop**
 Core and More (SBZ intro)
 Family Yoga
 Adult Yoga
 Yoga Chillax
 ** Class times to be announced

Jennie Ngo, Tracy Rodriguez
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 Eileen Simoneau
 Eileen Simoneau
 Uma Valerie

For Class descriptions please visit our website www.justdance4fitness.com