In the summer in 2013 I was hospitalized for severe dizziness, headache, vomiting, etc. My MRI, and CT were negative, and the physicians diagnosed vertigo. They gave prescriptions to be taken if I experienced future episodes in which I could not handle light and noise. Short one year later I began experiencing more episodes, some of which required best rest and others during which I could accomplish daily activities. My family physician sent me to Dr. Sanders, who could who conducted extensive tests and concluded that I was experiencing vertigo--vestibular migraines. He prescribed medicationed to prevent-- one at P.M. It is wonderful to feel great! I learned migraines do not have to include severe pounding headaches.

-Beth Chandler