

Northeast Unit



November 16, 2021 • 6:00 p.m. – 7:00 p.m.

“Virtual Book Club”

Hosted by: Fred Sacklow, LCSW

**Please join us for a Virtual Book Club featuring
“A Liberated Mind”**

Please read and be prepared to discuss Steven C. Hayes, Ph.D., new book “A Liberated Mind”. He is the founder of Acceptance and Commitment Therapy. Here he explores a skillset for emotional liberation.

You will receive the Zoom login prior to the event.

Registration is free!

To register, go to www.naswfl.org/events.html.