

**THE DOC BRAVER
FRESHMEN AND JUNIOR VARSITY INVITATIONAL CHAMPIONSHIPS**

AT DARLINGTON COUNTY PARK

Sponsored By The
Bergen Track & Field LLC

Tuesday, October 24, 2023 - First Race 4:00 PM

Meet Information

4:00	Frosh Boys Small
4:10	Frosh Boys Large
4:15	Frosh Girls
4:20	J-V Boys Small
4:35	J-V Boys Large
4:50	J-V Girls

Awards: Top Twenty-five in each race
Top Three Teams in each race
Trophy to Winning Team in each race

Entry Fee: \$80.00 per team
\$15.00 per individual

There is no limit to the number of teams or individuals in any race.

We are using **NJ Mile Split** to enter your rosters and declare that you are coming to the meet. All you have to do is enter **ALL the Athletes that are competing in the meet.**

Any questions or problems, please email me **njbta@aol.com**

See you on the 24th ,
Brian Rodak
Meet Director

Enter on Mile Split and send your forms in as Usual!!

Buses Park at Campgaw Parking Lot!!

43rd ANNUAL

**DOC BRAVER
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**AT DARLINGTON COUNTY PARK
October 24, 2023**

Entry Form:

School _____ Coach _____

School Phone _____ Coach's Home Phone _____

We wish to enter the following races at \$80.00 per team of seven runners or \$15.00 per individual. You may enter as many teams or individuals as you wish.

	<u># of teams</u>	<u># of individuals</u>
Freshmen Boys	_____	_____
Freshmen Girls	_____	_____
J-V Boys	_____	_____
J-V Girls	_____	_____
	_____ X \$80.00	_____ X \$15.00

Total Entry Fee Enclosed: _____

Make Check Payable To: Bergen Track & Field LLC

**Mail Entries To: Brian Rodak
361 North Central Ave
Ramsey, NJ 07446 Email: njbta@aol.com**

Entries Close: October 17, 2023

Coaches

It is **YOUR** responsibility to make sure **YOUR SCHOOL** has sent their Certificates of Insurance to Bergen County Parks Department before **YOUR** team can run at Darlington County Park.

You need to send a General Liability Policy & proof of Student Accident Insurance with THE COUNTY OF BERGEN named as additional insured and certificate holder.

This meet has been named after Dr. Rick Braver (www.DrRun.com) for the 30 plus years of dedicated service to our local runners for all their foot, ankle and leg pains. Doc has been a major supporter, fan and friend and we are proud to name this meet after him.