

Brunch (served until 4pm)

Full Cornish breakfast	8.50
fried egg, double bacon, farm shop chipolatas, baked beans, grilled tomato, field mushroom, potato rosti & toast	
Veggie wake up	8.50
fried egg, veggie Lincolnshire sausages, field mushroom, asparagus, potato rosti, baked beans, grilled tomato & toast	
Harbourside start	6.50
fried egg, farm shop chipolatas, double bacon & toast	
Dad's mince on toast	8.00
spaghetti bolognese on grilled tomato bread, shaved parmesan & poached egg	
Salmon benedict bagel	9.50
citrus smoked salmon, asparagus, poached egg, hollandaise in a grilled bagel	
Magic mushrooms	8.00
wild mushrooms, tomato relish, poached egg, hollandaise on grilled walnut bread	
Bubble & squeak	7.50
bubble & squeak with honey roast ham hock topped with a fried egg	
Avocado avalanche	8.50
crushed avocado on grilled walnut bread, poached egg, seeds & tomato salad	

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Blueberry pancakes	7.50
fluffy pancakes, blueberries, passionfruit coulis, vanilla yogurt & maple syrup	
Strawberry pancakes	7.50
fluffy pancakes, fresh strawberries, vanilla yogurt & maple syrup	
Banana pancakes	7.50
fluffy pancakes, grilled banana, streaky bacon & maple syrup	
Bacon Bap/Sausage Bap (then add extras for fun)	3.95
Honey pear porridge	6.75
creamy porridge & honey baked pears sprinkled with cinnamon & flaked almonds	
Breakfast toast	3.50
choose from locally baked white or granary toast with butter & either Boddington's strawberry jam / raspberry jam / orange marmalade / honey	

Extras

grilled tomato, field mushroom, potato rosti, egg, baked beans	1.00
bacon, chipolata, avocado	1.50
citrus smoked salmon	3.00

Gluten free toast is available. All our sausages contain gluten.

We have a chef who takes pride in cooking all the food fresh to order.

We ask during busy times that no changes to the menu occur unless for dietary requirements.