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Triangle North Healthcare Foundation Continues to Invest in Health of the Region

Triangle North Healthcare Foundation's Board of Directors has awarded 12 grants totaling \$480,000 for programs that will impact health throughout the region. Since beginning grantmaking in 2013, the Foundation has invested over \$3.2 million in grants for improving health throughout the four-county region.

The 12 new grant programs will support one or more of the Foundation's five focus areas, which are Child Well-Being, Chronic Disease, Mental Health and Substance Use Disorder, Nutrition and Physical Fitness, and Reproductive Health and will serve residents of Vance, Granville, Warren, and Franklin counties.

"This year we are funding programs that will impact the health and well-being of our children and adults from head to toe and we are excited to be a part of such amazing programming," said Val Short, executive director for the Foundation. "Our hope is that these investments in our communities will reap both short-term and long-term health and wellness rewards," said Short.

The TNHF grantees will provide a broad range of approaches to improving health-- from programs that heal and support victims of trauma; programs that teach and promote healthy lifestyles and choices; programs that support dental health; and programs that provide care, treatment, and support for those with addiction disorders. "In all of our grant programs, health and wellness are at the heart of the work they will do," said Short.

The list of the TNHF grant recipients and their projects for 2021-2022 includes:

- **Granville-Vance Public Health** – *Caring Fellows Providing Healthy Mouths* – program will improve overall dental health for patients requiring dental care prior to cancer treatment. Grant funds will cover cleanings, x-rays, fillings, and extractions in preparation for cancer treatment and recovery. Dental services will be provided by Carolina Fellows Family Dentistry in Oxford.

Through a second grant, Triangle North Healthcare Foundation will fund the 2021 *Community Health Assessment*, which will systematically assess the current state of health in both Granville and Vance counties. By collecting and analyzing data, presenting it for discussion to a steering committee of representatives from various organizations, the process will result in setting public health priorities that represent the needs and concerns of the counties' 100,000 residents. The data collection process includes primary data collected through the community health opinion survey and community focus groups as well as secondary, or existing, data. The results of the assessment will be presented in a report for the public.

- **Legacy Human Services** – *Addiction Recovery for Men: Dental Services* – Formerly known as Alliance Rehabilitative Care, LHS will provide men recovering from addiction with dental care and treatment in order to restore their health, well-being, and self-confidence.

Our Mission

To encourage, support and invest in quality efforts that measurably improve health in the Triangle North Region.

Our Vision

To live in a healthy community.

Our Focus Areas

The Foundation gives priority to grant projects that will have a positive impact and improve health in these priority areas:

- Child Well-Being
- Chronic Disease
- Mental Health & Substance Abuse
- Nutrition & Physical Fitness
- Reproductive Health

2022-23 Grant Cycle opens January 3rd, 2022. Contact us to discuss your grant ideas, 252-430-8532. Go to the Foundation's website, www.tnhfoundation.org, to review our grantmaking policies, fundraising priorities, and eligibility requirements.

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• **Masonic Home for Children at Oxford** – *Trauma-Informed Model of Care* – is a staff training program that will ensure all care and services for children at Masonic Home will be evidence-based, trauma informed, and resiliency-focused. In year two of the training program, staff have reported more resident behaviors showing safe and secure attachments to staff and increased resiliency. Phase 2 of this CARE model will build upon already successful outcomes by completing training of the remaining 52 staff members, incorporating principles into daily practice, and completing baseline data collection. This program impacts over 500 residents and staff.

• **NC Med Assist** – *Mobile and Free Pharmacy Services for Low Income, Uninsured in the TNHF Region* – continues to provide important services to the Triangle North region through free prescription medications for low income and uninsured individuals via mail order. In addition, two over-the-counter medicine giveaway events will be implemented in 2022 in Granville and Vance counties.

• **Perry Memorial Library** – *Vibrant Vitals in Vance* – will provide intergenerational health literacy programs by partnering with local agencies to bring free food and nutrition programs to 2000 Vance County citizens. The program will feature a “Charlie Cart,” a mobile food preparation station, complete with kitchen supplies and a curriculum guide to engage participants in hands-on and healthy food preparation and cooking. Program leaders will also create a teaching garden. Examples of topics covered are heart healthy meals and diabetic cooking using locally sourced food.

• **Shepherd Youth Ranch** – *Trail to Success* – provides skill building for youth suffering from grief, loss, abandonment and abuse. Partial scholarships will be provided to 15 youth and their families, referred by a school system, law enforcement, or health professional. Participants enter into an intensive 24-week program, which consists of weekly group and monthly family sessions in a unique program that uses rescued horses to help with therapy. In addition, 10 new adult mentors will be trained to assist up to 35 children and families.

• **Strength and Mending (S.a.M) Child Advocacy Center** – *Child Forensic Interviews*– provides a centralized, child-centered approach to investigation that reduces the risk of trauma to the children who are victims of abuse. With an interdisciplinary team of professionals located in one, child-friendly location, this program provides an important component of a comprehensive child abuse investigation. The program also offers opportunities for healing for the child and non-offending family members.

• **TROSA (Triangle Residential Options for Substance Abusers, Inc.)** – *Long-Term Substance Abuse Recovery for Triangle North Residents* – provides a two-year residential recovery program with treatment, education, vocational training and health care for residents of the Triangle North region who suffer from alcohol and substance use addiction, free of charge.

In a second grant program, *Adverse Childhood Experiences, Trauma, and Substance Abuse*, TROSA will continue into a second year to conduct research and analysis on the trauma history of their residents by using an Adverse Childhood Experiences (ACEs) questionnaire and the Perceived Stress Scale. Utilizing the data they collect, TROSA will incorporate trauma-informed care in all of their programs plus develop and implement a new resilience program for residents. The data collected during the first year of the program has validated TROSA's decision to make training about trauma a priority for staff.

• **Working Landscapes** – *What's Growing On in Granville County* – Year 2 of the

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program will continue the plan to increase healthy local food access for 7300 public school students and educate 4500 of their family members about healthy, local eating. The program was interrupted in the previous year by the Pandemic, but the program can resume now that students are back the classroom. Classrooms in four elementary schools will receive monthly Harvest Boxes, which feature local produce, Core Curriculum-aligned lesson plans, activities, and take-home newsletters. Local produce will be served in cafeterias, accompanied by taste test events and newsletter distribution.

In a second grant program, *Local Meals, Working Landscapes* will continue to serve those impacted by the pandemic, by building its existing meals program into a sustainable source of healthy, locally sourced meals for the region. Area senior agencies will be able to purchase meals that are locally sourced and prepared on an ongoing basis. Grant funds will also be used to expand Working Landscape facilities and programming in Warren County, enabling them to increase production from 250 meals/week (served twice weekly) to 3,125 meals/week (serving 625 people daily).

TNHF Executive Director Val Short (Left) presents grant funds to Lynn Fleming, Ann Grant and Jacinta Johnson for addiction Recovery for Men – Dental Services.



Ashley Boswell, Founder and Executive Director of Shepherd Youth Ranch (right,) accepts a grant award for Trail to Success from TNHF Executive Director Val Short.



December 10 is Deadline for Community Response Grant Applications

Since Triangle North Healthcare Foundation launched its community response grant program in February of 2021, twenty-three relief and response programs related to the pandemic have been funded. Over \$430,000 has been awarded for projects addressing food insecurity, vaccination education and events, personal protective equipment, addiction recovery support, internet access, and student enrichment and support in Franklin, Granville, Vance and Warren counties.

Triangle North Healthcare Foundation will accept applications no later than 5 p.m. on December 10, 2021. A meeting with Foundation staff is **required** prior to submitting an application. Applicants who do not meet with Foundation staff will not be considered for funding. To schedule a meeting, please call 252-430-8532.

Applications for grants up to \$20,000 each will be accepted. The Community Response Grant application is now available at the Foundation's online grant portal. A link to the grant portal is available at the website: <http://www.tnhfoundation.org>.



Treasures of Joy Corporation/Hope House in Oxford was awarded funds during the third quarter of Community Response grants. The Hope House will provide women who are recovering from an addiction with assistance that will focus on rebuilding, renewing, and restoring hope in their lives by fostering life-long skills. There are three areas of programming to achieve this goal: Education/Career Development, Personal Development, and Social Development. Pictured with TNHF Executive Director Val Short, second from right, is Ronnie Morton, Jr., Nicole Morton, and Rev. Ronnie Morton.

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HEALTHCARE FOUNDATION

Located in Henderson, Triangle North Healthcare Foundation provides grants to nonprofit organizations, governmental agencies, and schools in Vance, Warren, Granville, and Franklin counties.

The Foundation's grant funding has been made possible by the endowment that was established after Maria Parham Health merged with the for-profit Duke-Lifepoint in 2011.

Information about our grantees and future grant opportunities is available on the website at www.tnhfoundation.org or call 252-430-8532.



FREE OVER-THE-COUNTER MEDICINE GIVE-AWAY DAY!
Saturday, March 12, 2022
Masonic Home for Children
600 College Street, Oxford
Drive Through Event Only