



Coaching Staff

Head Coach: Len Cusumano

Assistant Coaches: Adam Preciado,
Justin Balsano, JJ Moran, Bill Lynn,
Don Lehman, Mark Vetterlein, Chris
Guinta, Danny Williams, Bob Maggiulli

For more Information, contact:

Len Cusumano, Head Football Coach

Email: lcusumano@pascack.org

Phone: (201) 358-7060 Ext: 24074

www.PascackValleyFootball.com

Twitter: @PValleyFootball

PASCACK VALLEY FOOTBALL

ESTABLISHED 1955

NJSIAA PLAYOFFS: 1989, 1990, 1999,
2004, 2005, 2006, 2007, 2008, 2009, 2010,
2011, 2012, 2013, 2014, 2015, 2017, 2018

LEAGUE CHAMPIONS: 1958, 1959, 1960,
1965, 1966, 1969, 1970, 1986, 1990, 2004,
2005, 2006, 2007, 2008, 2009, 2011, 2012,
2013

NJSIAA SEMI-FINALISTS: 1990, 2004,
2005, 2006, 2007, 2008, 2011, 2015

NJSIAA FINALS: 2006, 2007, 2012, 2013,
2014

NJSIAA STATE SECTIONAL CHAMPIONS:
1965, 1966, 1969, 1990, 2013, 2014

REMINDERS

-Registration Desk will be under home
bleacher area next to Football Field.

-Please meet up on field for check-in
everyday for camp.

-Drop-Off and Pick-Up will be at the
football field location

-Do not go to Locker Room area.

-In the event of inclement weather,
please go to website/Twitter for more
details.

Thank you

18th Annual

Valley Youth Football Camp 2019



June 24 - 27

9:00 am – 12:00 Noon

**Pascack Valley
High School**

****Attention all
Hillsdale/River Vale
players entering
Grades 3 – 8**



PASCACK VALLEY FOOTBALL

CAMP INFORMATION

- Individualized instruction at the position of choice on Offense, Defense, and Special Teams
- Speed and Strength Training Techniques
- Individual/Team Competitions, Games, Prizes
- Guest Speakers (former PV Football & College Alumni)
- Free T-shirt
- This is a non-contact camp
- All campers will be insured
- A Certified Trainer will be on site

WHAT TO BRING TO CAMP

- *Cleats, Sneakers, Towel, Extra T-Shirt, Water Bottle
- *There will be water available for all campers, bring your own water bottle to refill

Camp Mission

The Valley Youth Football Camp is focused on improving football skills necessary to play at a high level. Campers will learn the importance of sacrifice, commitment, and teamwork. Campers will also learn to build good habits, develop confidence, sportsmanship, and promote safe, skilled play. The Valley Youth Football camp will give you an opportunity to work with your future PV coaches and Teammates from Hillsdale and River Vale. We look forward to seeing everyone at camp!



How to Register

Step One: Go to our website
(www.pascackvalleyfootball.com)

Step Two: Click on "Youth Football Camp" and Download/Print/Sign Forms A and B

-Form A: Camper Information/Waiver

-Form B: Health Waiver

Step Three: Mail or Drop-Off Form A, Form B, Payment to:

Pascack Valley High School
Attn: Valley Youth Football Camp
200 Piermont Ave.
Hillsdale, NJ 07642

Price per Camper: \$125

-Walk-ups welcome on day of camp, please arrive by 8:30 am.

-Early Registration is preferred.

Cash or Checks Payable to:
Valley Youth Football Camp