



# The Country Playhouse Academy Menu

November 4-8, 2019

| Monday   | Tuesday   | Wednesday   | Thursday   | Friday   |
|--|---|---|--|--|
| <b>Breakfast</b> <ul style="list-style-type: none"> <li>Cheerios Cereal</li> <li>Peaches</li> <li>Milk</li> </ul>                | <b>Breakfast</b> <ul style="list-style-type: none"> <li>Scrambled Eggs</li> <li>Hash browns</li> <li>Tropical Fruit</li> <li>Milk</li> </ul>                | <b>Breakfast</b> <ul style="list-style-type: none"> <li>Oatmeal</li> <li>Cinnamon Apple Slices(3)</li> <li>Milk</li> </ul>  | <b>Breakfast</b> <ul style="list-style-type: none"> <li>Whole Grain English Muffins w/Butter and Jam</li> <li>Cantaloupe/Honeydew Melon</li> <li>Milk</li> </ul> | <b>Breakfast</b> <ul style="list-style-type: none"> <li>Life Cereal</li> <li>Bananas</li> <li>Milk</li> </ul>  |
| <b>Lunch</b> <ul style="list-style-type: none"> <li>Beef Stroganoff</li> <li>Green Beans</li> <li>Pears</li> <li>Milk</li> </ul> | <b>Lunch</b> <ul style="list-style-type: none"> <li>Ham &amp; Cheese Wraps(1)</li> <li>Normandy Vegetables</li> <li>Fruit Cocktail</li> <li>Milk</li> </ul> | <b>Lunch</b> <ul style="list-style-type: none"> <li>Teriyaki Meatballs w/ Vegetables</li> <li>Brown &amp; White Rice</li> <li>Pineapple(4)</li> <li>Milk</li> </ul> | <b>Lunch</b> <ul style="list-style-type: none"> <li>Chicken Patties</li> <li>Caesar Salad(6)*</li> <li>Mandarin Orange</li> <li>Milk</li> </ul>                  | <b>Lunch</b> <ul style="list-style-type: none"> <li>Grilled Turkey, Bacon and Cheese Sandwiches</li> <li>Tomato Soup</li> <li>Mixed Fruit Salad</li> <li>Milk</li> </ul> |
| <b>Snack 1</b> <ul style="list-style-type: none"> <li>Yogurt</li> <li>Graham Crackers</li> <li>Water</li> </ul>                  | <b>Snack 1</b> <ul style="list-style-type: none"> <li>String Cheese</li> <li>Ritz Crackers</li> <li>Water</li> </ul>  | <b>Snack 1</b> <ul style="list-style-type: none"> <li>Baby Carrots and Snap Peas w/Ranch Dip(5)*</li> <li>Club Crackers</li> <li>Water</li> </ul>                   | <b>Snack 1</b> <ul style="list-style-type: none"> <li>Grapes(7)*</li> <li>Animal Crackers</li> <li>Water</li> </ul>  | <b>Snack 1</b> <ul style="list-style-type: none"> <li>Blueberry/ Pear Muffins</li> <li>Milk</li> </ul>   |
| <b>Snack 2</b> <ul style="list-style-type: none"> <li>Goldfish Crackers</li> <li>Grape Juice</li> </ul>                          | <b>Snack 2</b> <ul style="list-style-type: none"> <li>Orange Slices(2)</li> <li>Animal Crackers</li> </ul>  | <b>Snack 2</b> <ul style="list-style-type: none"> <li>Wheat Thin Crackers</li> <li>Cream Cheese</li> <li>Water</li> </ul>   | <b>Snack 2</b> <ul style="list-style-type: none"> <li>Cheez-It Crackers</li> <li>Turkey Lunchmeat Slices</li> <li>Water</li> </ul>                               | <b>Snack 2</b> <ul style="list-style-type: none"> <li>Chex Mix</li> <li>Cran/Apple Juice</li> </ul>  |

Menu #1

Infant food substitution: ( ) (1)Wheat Bread (2)Mandarins (3)Apple Sauce(4)Blueberries (5)Par Boiled Carrots (6)Mixed Vegetables (7)Fruit Cocktail

Toddler substitution: \*

\* Par Boiled Carrots \* Mixed Vegetables \*Fruit Cocktail