



September 28, 2016
2:30 – 4:30 p.m.
Hotel Corque • 400 Alisal Road • Solvang, CA 93464

MINUTES

Attendance: Kurt Adams, Donna Beal, Rebecca Benard, Hillary Blackerby, Holly Carmody, Catherine Dalton, Arlene Diaz, Doreen Farr, Eric Friedman, Jennifer Griffin, Heidi Holly, Cheri Jasinski, Susan Klein-Rothschild, joyce ellen lippman, Paulina Llamas-Aranda, Patricia Low, Cynthia McNulty, Daniel Nielson, Yolanda Perez, Kathleen Riel, Ashley Salvador, Erin Weber, Margaret Weiss, Jeanne West

Special Guests: Dayton Aldrich, Santa Barbara County District Attorney's Office; Megan Riker-Rheinschild, Santa Barbara County District Attorney's Office; Sandra Underwood, Dignity Health

Staff: Barbara Finch and Gloria Munoz

1. Welcome & Introductions

Supervisor Doreen Farr opened the meeting and introductions were made.

2. Public Comment

There was no public comment.

3. Approval of Minutes, July 27, 2016

Susan Klein-Rothschild motioned to approve the minutes from July 27, 2016; joyce ellen lippman seconded the motion and the minutes were approved unanimously.

4. District Attorney's Office: Elder & Dependent Adult Abuse Program

Megan Riker-Rheinschild, from the Santa Barbara County District Attorney's Office, gave a brief overview of the new grant funding that they received for an Elder & Dependent Adult Abuse Program. The intent of this grant is to provide some intensive and targeted outreach to elder and dependent adult communities, both social service providers but also the target population as well. It is a two year grant but they are getting word from the State that it might be a longer term project. To support the program, they will have a full time bilingual advocate who will work throughout the County along with Deputy District Attorney, Vicki Johnson. Dayton Aldrich and Susan Ward will also be joining them. They are looking for opportunities to do outreach and education. If anyone would like a presentation, please contact Megan or Vicki.

One of their areas of work is around creating better access to services for adults with disabilities. This is something that Dayton and Susan are working on. She added that some people have a misconception that the District Attorneys' Office and the Victim-Witness Assistance Program is designed only for victims of crime who have already reported to law enforcement and/or have a case which is being prosecuted in the criminal justice system. She stated that this is a common myth and they really view themselves and the Victim-Witness Assistance Program as advocates for all victims of crime.

District Attorney's Office: Elder & Dependent Adult Abuse Program (continued)

Megan added that they will be having conversations regarding psychotropic drug use in skilled nursing facilities in the future and they will also be working with the Independent Living Resource Center. She concluded by mentioning that one of their primary goals is to get out and do briefings to train law enforcement. They have a lot of people retiring in law enforcement agencies as well as young officers coming in.

5. Update: AAN / Central Coast LTSS Coalition

• SCAN Summit Review & Southern Region Action Items

At the last Adult & Aging meeting, it was decided that the Central Coast Long-Term Services & Supports Coalition and the Santa Barbara County Adult and Aging Network would merge to become the local LTSS coalition connected to the California Community of Constituents and the SCAN Foundation. Barbara shared that she and Jennifer Griffin attended the annual SCAN Summit in Sacramento. Cheri Jasinski also attended. The following were some of the key themes of the conference:

- Putting Person-Centered Care at the forefront (Barbara distributed a handout)
- Building state leadership
- Partnering across medical and social services and developing effective advocacy
- Changing the Health Insurance Portability and Accountability Act (HIPPA) regulations. They are 30 years old and they are an obstacle to coordinated care.
- Doing a better job of utilizing technology so that when there is a care team that involves multiple providers they have all the information they need to make the right decisions with the patient.
- Evolving role of health plans since they are coordinating more than medical care - developing relationships, working with caregivers in new ways, etc.

There are four California initiatives that are focusing on care coordination and care management. They are all focused collectively on high need Medi-Cal beneficiaries. These are the Whole Person Care pilots, the Health Home Program, the Coordinated Care Initiative and Prime, an initiative that addresses public hospital redesign.

The day after the summit, Barb and Jennifer attended the Community of Constituents conference. Barbara mentioned that the Southern region wants to develop an e-newsletter that would have state and federal updates coming through The SCAN Foundation to all the regional coalitions. Each coalition would then put their logo and local content on there. If would be a way to get information out to stakeholders about some of those higher level issues that are happening along with whatever local content we think is important to us. The goal is not to duplicate publications that are out there but to really support other publications. They are thinking about publishing this quarterly. Barbara will check back with the group on going forward with the e-newsletter.

6. Santa Barbara County Public Health Department Community Health Assessment

Susan Klein-Rothschild, Deputy Director at Santa Barbara County Public Health Department (PHD), gave a presentation on the Community Health Assessment, which is done every two years (see attached). Over 3,000 residents were surveyed in English and Spanish, in hard copy and electronic form, and they reached out as broadly as possible. This year it was approached a little bit differently and they looked at three things:

- What is our community's current health?
- What are priority areas to focus for improvement?
- How can we improve health in our community?

Public Health Department Community Health Assessment (continued)

The assessment showed that personal, household and county health priorities are aligned around healthy eating and active living, safe housing and mental healthcare. Susan asked members to give feedback in indentifying priorities for improving health in our community. Feedback will support the development of the Community Health Improvement Plan where they will define how we will become healthier as a community. Please send these to Susan Klein-Rothschild.

7. **Marian Medical Center Community Health Assessment**

Sandra Underwood, Senior Community Education Coordinator at Dignity Health, gave a presentation on their Community Health Needs Assessment (see attached). Sandra mentioned that this is an assessment that is done every three years and helps them get a better understating of community members who are poor and underserved. Right now, Dignity has one license and two campuses. One of the campuses is in Santa Maria and the other is in Arroyo Grande. They also have a secondary service area that includes Lompoc, Buellton, Los Alamos, Los Olivos and Santa Ynez. The following were prioritized significant community health needs:

- Education
- Access to Mental Health
- Homelessness or Housing
- Cardiovascular Disease or Stroke
- Cancer Screenings

Sandra mentioned that they are mandated to form an implementation, strategy and plan for the next three years that must describe intended actions to address identified health needs and anticipated impact and also describe planned collaboration between hospital and other organizations. She added that they have created a new program for cardiovascular disease and stroke that will address both the English and Spanish speaking population. They are currently training their Promotoras on all the things that are specific to this program. They are also having cancer screenings at Mission Hope in target population areas. She mentioned that one of the ways that they are asking for help on identifying health needs that they can't address is through their Community Grant Process. Lastly, their system office in San Francisco has initiated the Social Innovation Grant and it is available every year. Supervisor Farr asked if Marian Medical Center or any of their hospitals have gerontologists. Sandra mentioned that she doesn't think there are. She will look into this and also mentioned that they do have programs that are geared toward the senior population. The group had a small discussion about the lack of gerontology programs and the need for them.

8. **AAN Priorities for 2016-17 Work Groups and Action Plans**

Barbara Finch asked the members if they would like to go forward with the idea of having an electronic document be sent out that will communicate state and federal information to stakeholders. The members voted to go forward with this project. It was also agreed to put the newsletter together, have it sent out to the AAN members, and then have them send it out to their stakeholders as they see fit. Lastly, Barbara asked for volunteers to be a part of a workgroup and to please see her after the meeting if interested.

AAN will have a change in leadership for next year as Supervisor Farr and Supervisor Carbajal will no longer be serving on the County Board of Supervisors. Work Groups and Action Plans will be revisited in 2017.

9. Updates and Announcements

- Cheri Jasinski distributed a list of what Senator Jackson's Working Group presented to her on Aging and Older Adults. She has asked them to get as much input as possible from stakeholders and interested persons. Please feel free to contact Cheri, Holly, or Joyce Ellen for any questions.
- Heidi Holly announced that the Friendship Center is celebrating Adult Day Services Week on Wednesday, October 12th at the Friendship Center from 8:30 a.m. – 10:30 a.m.
- Margaret Weiss mentioned that the last session of Healthier Living will be on Wednesdays (6-part program) from October 12 – November 16th at Sansum Clinic from 1:00 p.m. – 3:30 p.m.
- Joyce Ellen Lippman shared the following announcements:
 - Open enrollment for Medicare is coming up. HICAP is available to help with the 2017 Part D Prescription Drug Plans.
 - The State Controller will begin accepting application for the Property Tax Postponement (PTP) Program beginning in October 2016. Please contact the Controller's team for further questions.
 - The Area Agency on Aging's Advisory Council is having their Candidate Forum for Congressional District 24 on Friday, October 14th from 1:00 p.m. – 3:00 p.m. It will be live at the Board of Supervisors Hearing Room in Santa Maria and it will also be available via video conference at the Board of Supervisors Conference Room in Santa Barbara.
- Cynthia McNulty reminded everyone that the 2016 Senior Expo is on Wednesday, October 5th at the Earl Warren Showground's from 9-1pm. There is still room for tables and volunteers. The Adult & Aging Network is sponsoring a table at the Expo. If there are agencies that won't have a table, but would like to have their information at the AAN table, please let Gloria know.
- Jeanne West mentioned that the funding at DASH concluded on June 30th but they are continuing to serve people in Santa Barbara County. As a result of their funding going away, they have had to readjust their hours of service. They are now making visits six days a week, not seven, and not on holidays. They have found that people have not disenrolled as a result of this and they are thinking ahead instead of waiting until the last minute. They signed up over 1,900 people within the past four years. For the DASH program, they currently have 1,250 people and are serving about 800 at no charge. They have also made 5,000 urgent home care visits. They hope that CenCal can give them funding for the people that are on the program.
- Kurt Adams introduced himself and shared that he and his wife started Home Care Plus about 17 years ago. It is a concierge program that is designed to bring the caregiver into the discharge process with the hospitals to reduce readmission. He also has 25+ years of experience in the long term care insurance industry. Barbara plans to have Kurt come back and present at a future meeting.

7. Adjourn

The meeting adjourned at 4:32 p.m.

Respectfully submitted by Gloria Munoz