

Race Date  
April 29, 2018

# MEC LANGLEY RACE TWO: 5K/10K/21.1K/42.2K

## Overall Finish List

### 42.2 k

### Female

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
1	Candice Appleby	55001	3:38:27	5:11/K
2	Monica Rosenke Tirado	55025	3:57:00	5:37/K
3	Sabrina Tolean	55046	4:08:12	5:53/K
4	Tracy Marshall	55018	4:15:10	6:03/K
5	Carol Kelly	55041	4:22:13	6:13/K
6	Lynetta Chu	55045	4:24:40	6:16/K
7	Natasha Smith	55031	4:29:11	6:23/K
8	Mandy Maclver	55044	4:29:57	6:24/K
9	Amy Pezzente	55024	4:41:53	6:41/K
10	Theresa Wallace	55034	4:57:08	7:02/K
11	Kim Jones	55016	4:58:29	7:04/K
12	Susan Hui	55043	5:27:51	7:46/K
13	Lora Smith	55030	5:47:59	8:15/K

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# MEC LANGLEY RACE TWO: 5K/10K/21.1K/42.2K

## Overall Finish List

42.2 k			Male	
<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
1	Carter Weber	55037	2:55:44	4:10/K
2	Chad Bergen	55004	2:57:40	4:13/K
3	Bryce Danek	55008	3:09:54	4:30/K
4	Stephen Redding	55047	3:26:47	4:54/K
5	Bertram Tucker	55032	3:27:39	4:55/K
6	Clement Cheung	55005	3:33:06	5:03/K
7	Allan Mock	55019	3:36:23	5:08/K
8	Travis Weber	55036	3:45:24	5:20/K
9	Stephane Gaudreau	55011	3:52:44	5:31/K
10	John De Swardt	55009	3:53:54	5:33/K
11	Frank Novinc	55021	4:09:21	5:55/K
12	Craig Simmons	55029	4:11:23	5:57/K
13	David Appleby	55002	4:15:09	6:03/K
14	Joel Sagard	55027	4:24:09	6:16/K
15	Jackson Hoad	55014	4:35:58	6:32/K
16	Steven Pearce	55022	4:41:18	6:40/K
17	James Wilson	55039	5:16:18	7:30/K
18	David England	55042	5:18:22	7:33/K
19	Tom Green	55012	5:20:18	7:35/K

## MEC LANGLEY RACE TWO: 5K/10K/21.1K/42.2K

Race Date  
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Overall Finish List

21.1 k			Female	
<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
1	Tina Connelly	12469	1:34:08	4:28/K
2	Tori Bandringa	12455	1:40:49	4:47/K
3	Sherri Todd	26585	1:46:54	5:04/K
4	Shanna Killen	15522	1:48:40	5:09/K
5	Tania Whelan	26597	1:50:25	5:14/K
6	Vanessa Sabitova	26550	1:50:46	5:15/K
7	Kimberlee Smith	26573	1:52:07	5:19/K
8	Jennifer Spencer	26670	1:55:01	5:27/K
9	Katharine Wallace	26590	1:55:01	5:27/K
10	Meera Clark	12468	1:55:30	5:28/K
11	Aimee Corrigan	26625	1:56:01	5:30/K
12	Teera Jacobs	12500	1:56:08	5:30/K
13	Joanne Bach	26628	1:57:05	5:33/K
14	Adelle Schwab	26565	1:57:30	5:34/K
15	Jennie Hayes	12493	1:58:00	5:36/K
16	Gaëlle Simard-Duplain	26571	1:58:38	5:37/K
17	Kalyn Head	12494	2:00:35	5:43/K
18	Juli Halliwell	12489	2:02:44	5:49/K
19	Kimberly Dyce	12477	2:03:44	5:52/K
20	Heather Escaravage	12478	2:03:52	5:52/K
21	Charlene Howard	12498	2:04:02	5:53/K
22	Sarah Hillsdon	12496	2:05:28	5:57/K
23	Elizabeth Kroeker	15528	2:06:06	5:59/K
24	Rachel Sears	26568	2:06:13	5:59/K
25	Kathy Potter	26529	2:08:03	6:04/K
26	Judith Captein	12465	2:09:10	6:07/K
27	Romy Devries	12475	2:10:03	6:10/K
28	Diane King	15524	2:10:20	6:11/K
29	Laurie Ricard	26546	2:11:30	6:14/K
30	Mckenzie Ricard	26545	2:11:31	6:14/K
31	Monica Quinaluisa	26534	2:11:41	6:14/K
32	Mary-Louise Lazatin	15532	2:12:21	6:16/K
33	Christina Ydenberg	26610	2:12:53	6:18/K
34	Kate Hoffard	12497	2:12:58	6:18/K
35	Alexandra Knoller	15525	2:13:45	6:20/K
36	Sarah Buck	26675	2:15:33	6:25/K
37	Pamela Voros	26588	2:16:03	6:27/K
38	Lori Tamkee	26581	2:16:52	6:29/K
39	Pamela Labrum	15529	2:18:31	6:34/K
40	Charlene Samaroo	26557	2:18:31	6:34/K
41	Nikita Haslinger	12492	2:18:59	6:35/K
42	Hallie Kompa	15526	2:21:07	6:41/K
43	Christina Lukianiuk	15534	2:21:31	6:42/K
44	Natalie Pullman	26533	2:24:30	6:51/K
45	Soraya Spier	26580	2:24:46	6:52/K
46	Heather Patry	26515	2:27:10	6:58/K
47	Sheena Converse	12470	2:27:19	6:59/K

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# MEC LANGLEY RACE TWO: 5K/10K/21.1K/42.2K

## Overall Finish List

<b>21.1 k</b>			<b>Female</b>	
<b>Overall</b>	<b>Name</b>	<b>Bib No</b>	<b>Time</b>	<b>Pace</b>
48	Jill Vanhuizen	26587	2:27:20	6:59/K
49	Heather Tecson	26583	2:28:40	7:03/K
50	Jennel Fatiguso	12480	2:28:41	7:03/K
51	Megan Potter	26518	2:30:22	7:08/K
52	Marijke Piket	26516	2:34:10	7:18/K
53	Nikki Scott	26566	2:34:10	7:18/K
54	Liane Shimizu	26570	2:38:43	7:31/K
55	Anne-Marie Dahms	12474	2:39:40	7:34/K
56	Barb Ramsay	26539	2:48:09	7:58/K
57	Mila Herenda	26638	2:49:38	8:02/K
58	Riley Haslinger	12491	2:53:14	8:13/K
59	Tori Nikkel	26506	3:05:57	8:49/K
60	Elizabeth Salvosa	26556	3:06:34	8:51/K

## MEC LANGLEY RACE TWO: 5K/10K/21.1K/42.2K

Race Date  
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Overall Finish List

21.1 k			Male	
<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
1	Joey Gabrick	12482	1:31:20	4:20/K
2	Rob Barber`	26676	1:31:28	4:20/K
3	Scott Landreth	15530	1:31:32	4:20/K
4	Peter Weaver	26593	1:32:58	4:24/K
5	Gabe Nunez	26510	1:33:11	4:25/K
6	Matthew Gabrick	12483	1:34:03	4:27/K
7	Tom Duffy	12476	1:38:16	4:39/K
8	Jason Gore	12488	1:39:56	4:44/K
9	David O'Connell	26678	1:41:16	4:48/K
10	Maxime Charron	12467	1:43:29	4:54/K
11	Martin Austin	12453	1:43:50	4:55/K
12	Robin Wilson	26623	1:43:58	4:56/K
13	David Cowley	12472	1:44:05	4:56/K
14	Derek Barber	12456	1:44:49	4:58/K
15	Stan Hembrough	12495	1:45:09	4:59/K
16	Jason Biggin	12460	1:46:37	5:03/K
17	Steve Burridge	12463	1:46:44	5:04/K
18	Bruce Gerry	12485	1:47:50	5:07/K
19	Justin Laniec	15531	1:48:53	5:10/K
20	Bruce Gagnon	12484	1:49:01	5:10/K
21	Christopher Reed	26543	1:51:13	5:16/K
22	Toby Fryer	12481	1:51:13	5:16/K
23	Denver Anderlini	12452	1:51:28	5:17/K
24	Tony Markin	26504	1:52:01	5:19/K
25	Lawrence Bernales	12458	1:54:22	5:25/K
26	Anvar Amangoulov	12451	1:55:13	5:28/K
27	Preston Nickel	26505	1:55:46	5:29/K
28	Scott Robertson	26549	1:58:00	5:36/K
29	Alvaro Reyes	26544	1:58:08	5:36/K
30	Kevin Bennett	12457	1:58:08	5:36/K
31	Graham Gibson	12486	1:59:00	5:38/K
32	Mark Smith	26574	1:59:06	5:39/K
33	Stephane Ethier	12479	2:02:14	5:48/K
34	Taeksung Kim	15523	2:02:38	5:49/K
35	Mauritz Lundt	26503	2:06:40	6:00/K
36	Leon Wasserfall	26591	2:06:40	6:00/K
37	Mike Meehan	26651	2:10:05	6:10/K
38	Mark Pain	26513	2:12:20	6:16/K
39	Craig Cooper	12471	2:22:13	6:44/K
40	Steve Tamkee	26582	2:23:13	6:47/K
41	Glenn Rideout	26677	2:24:47	6:52/K
42	Oliver Schmid	26564	2:32:39	7:14/K
43	Bryan Dahms	12473	2:39:40	7:34/K
44	Maxim Nikonov	26509	4:29:50	12:47/K

## MEC LANGLEY RACE TWO: 5K/10K/21.1K/42.2K

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April 29, 2018

Overall Finish List**10 k****Female**

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
1	Ashlyne Stairs	1836	44:40	4:28/K
2	Sherilyn Swayne	1860	46:23	4:38/K
3	Sophia Schulz	1813	47:46	4:47/K
4	Delicia Jackson	1635	50:18	5:02/K
5	Rachel Kleingeltink	1680	52:25	5:15/K
6	Heike Walker	1874	52:59	5:18/K
7	Janice Keller	1669	53:09	5:19/K
8	Brenda Pasichnyk	5011	53:36	5:22/K
9	Brittany Baker	1513	54:25	5:27/K
10	Jenny Irwin	1632	54:27	5:27/K
11	Megan Jackson	1634	55:12	5:31/K
12	Rose Marie Rocca	1787	56:02	5:36/K
13	Daniela Sada	1792	56:36	5:40/K
14	Alissa Reed	1772	56:42	5:40/K
15	Kristin Dueck	1574	56:54	5:41/K
16	Evelyn Ehrke	1581	56:59	5:42/K
17	Jessica Hill	1628	57:04	5:42/K
18	Sonia Bevilacqua	1518	57:37	5:46/K
19	Summer Williams	1878	58:13	5:49/K
20	Adrienne Melissen	1719	58:37	5:52/K
21	Shelby Bremner	1537	58:47	5:53/K
22	Olivia Reitsma	1777	59:14	5:55/K
23	Lindsay Oliver	1747	59:20	5:56/K
24	Kristine Sawchuk	1805	59:29	5:57/K
25	Jennifer Friesen	1593	59:29	5:57/K
26	Barbara Schickler	1812	59:33	5:57/K
27	Jayme Reitsma	1776	59:48	5:59/K
28	Kelsey Uyeyama	1864	1:00:56	6:06/K
29	Irene Worobets	5005	1:00:57	6:06/K
30	Gillian Clune	1551	1:01:00	6:06/K
31	Branka Gataric	1598	1:01:05	6:07/K
32	Donna Jepsen	1642	1:01:19	6:08/K
33	Hannah Deckert	1562	1:02:16	6:14/K
34	Jennifer Lee	1692	1:02:24	6:14/K
35	Brittany Trenkel	1863	1:03:10	6:19/K
36	Brenda Bowman	5013	1:03:31	6:21/K
37	Lisa Braaten	5012	1:03:31	6:21/K
38	Misti Askew	1509	1:03:51	6:23/K
39	Candice Dutton	5021	1:04:05	6:25/K
40	Keira Duckworth	5008	1:04:39	6:28/K
41	Ardeen Duckworth	5007	1:04:39	6:28/K
42	Tanya Pare	1753	1:04:50	6:29/K
43	Wendy Groat	5014	1:05:23	6:32/K
44	Nicole Postnikoff	1759	1:05:46	6:35/K
45	Natalie Kohan	1684	1:06:16	6:38/K
46	Kieren Milton	1721	1:06:28	6:39/K
47	Chris Kirkpatrick	1679	1:06:31	6:39/K

## MEC LANGLEY RACE TWO: 5K/10K/21.1K/42.2K

Race Date

April 29, 2018

Overall Finish List**10 k****Female**

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
48	Stephanie Ridd	1784	1:06:32	6:39/K
49	Charlene Fanstone	1586	1:07:08	6:43/K
50	Robyn Edwards	5024	1:07:42	6:46/K
51	Gloria Kocay	1681	1:08:03	6:48/K
52	Laura Oremek	5006	1:08:09	6:49/K
53	Carla Shkwarok	1824	1:08:19	6:50/K
54	Shirley Cochrane	1553	1:09:02	6:54/K
55	Ashley MacDonald	1696	1:09:11	6:55/K
56	Calida Nikolai	1738	1:09:32	6:57/K
57	Joyce Reitsma	1775	1:09:41	6:58/K
58	Sally Yen-Tzu Chen	1545	1:10:42	7:04/K
59	Sarah Burns	5030	1:10:43	7:04/K
60	Shirley Hewko	1625	1:10:44	7:04/K
61	Julie Adams	3380	1:10:52	7:05/K
62	Ashley Burslem	1541	1:11:13	7:07/K
63	Mary-Elizabeth Zamora	5002	1:11:13	7:07/K
64	Leanne Carey	1544	1:11:18	7:08/K
65	Sharon Pauwels	5010	1:11:21	7:08/K
66	Sara Gibbeson	1601	1:11:45	7:11/K
67	Alexandra Falconer	1584	1:12:46	7:17/K
68	Andrea Jimenez	1643	1:12:56	7:18/K
69	Shannon Winters	5023	1:13:04	7:18/K
70	Heidi Rampfl	1767	1:13:21	7:20/K
71	Janine Magaw	1698	1:13:49	7:23/K
72	Tatiana Sean	1818	1:14:02	7:24/K
73	Jessica Andres	1504	1:14:04	7:24/K
74	Amanda Krause	1687	1:14:46	7:29/K
75	Rose Diaz	5018	1:14:47	7:29/K
76	Jamie Mattson	1716	1:15:33	7:33/K
77	Shelly Justis-Johnson	1653	1:15:33	7:33/K
78	Sally Young	1900	1:15:49	7:35/K
79	Natacha Jean-Louis	1639	1:16:09	7:37/K
80	Connie Hutchison	1631	1:16:24	7:38/K
81	Lelita Brazinha	1534	1:16:24	7:38/K
82	Chelsea Bryant	1539	1:17:25	7:45/K
83	Hayley Vandale	1867	1:17:54	7:47/K
84	Lori Pare	1752	1:17:55	7:48/K
85	Manjit Sandhu	1804	1:17:57	7:48/K
86	Kellie Jacobs	1638	1:19:07	7:55/K
87	Louise Watanabe	1876	1:20:29	8:03/K
88	Alison Lark	1688	1:30:37	9:04/K
89	Stacey Hunt	1630	1:30:51	9:05/K
90	Kathleen Paddington	1748	1:31:02	9:06/K
91	Diane Lee	1690	1:33:58	9:24/K
92	Kathy Civitareale	1546	1:33:58	9:24/K
93	Sherrie Fraser	1592	1:34:34	9:27/K

## MEC LANGLEY RACE TWO: 5K/10K/21.1K/42.2K

Race Date

April 29, 2018

Overall Finish List**10 k****Male**

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
1	Wesley Killen	5022	39:41	3:58/K
2	Joshua Mitchell	1723	41:28	4:09/K
3	Lee Fenyo	1589	44:24	4:26/K
4	Brendan Stolth	1841	44:24	4:26/K
5	Christophe Pauwels	5009	45:27	4:33/K
6	Bernardo Sada	1790	45:48	4:35/K
7	Bryan Stolth	1837	46:25	4:39/K
8	Scott Karsen	1668	46:44	4:40/K
9	Micah Cockrill	1557	47:40	4:46/K
10	Mark Gahan	1594	47:49	4:47/K
11	Darryn Murphy	1735	48:39	4:52/K
12	Matthew Murphy	1734	48:39	4:52/K
13	S Logue	1694	48:43	4:52/K
14	Roger Antoniazzi	1506	49:29	4:57/K
15	Ian Punnet	1763	49:39	4:58/K
16	Andrew Hession	1624	50:25	5:03/K
17	Mike Parker	5016	51:33	5:09/K
18	Donal Oraghallieh	5031	51:52	5:11/K
19	Christon Walker	1875	52:25	5:15/K
20	Cailen Marshall	1708	52:56	5:18/K
21	Alden Salgado	1800	53:05	5:19/K
22	Troy Melnik	5027	53:12	5:19/K
23	Jesus Suarez	5020	53:16	5:20/K
24	Ashok Grewal	1621	53:24	5:20/K
25	Paul Moore	1728	53:52	5:23/K
26	Paul Sheldrake	1820	54:09	5:25/K
27	Dan Balback	1514	54:27	5:27/K
28	Rory Morgan	1731	54:44	5:28/K
29	Harjinder Dhaliwal	1565	54:55	5:30/K
30	Chris Worsnup	1899	55:04	5:30/K
31	Garth Borthistle	1525	56:40	5:40/K
32	Randall Johnston	1652	57:02	5:42/K
33	Stuart Richardson	1783	57:41	5:46/K
34	Andrew Van Wensen	5028	58:16	5:50/K
35	Matthew Lees	5017	58:20	5:50/K
36	Amrit Birring	1523	58:23	5:50/K
37	James Ellis	1582	58:26	5:51/K
38	Blair Vanstone	5026	1:00:07	6:01/K
39	Dan Culbertson	1559	1:00:48	6:05/K
40	Trevor Boudreau	1527	1:00:48	6:05/K
41	Yuri Tsumori	5004	1:01:21	6:08/K
42	Ryan Jimenez	1651	1:01:22	6:08/K
43	Matthew Jimenez	1650	1:01:24	6:08/K
44	Carlos Jimenez	1647	1:01:27	6:09/K
45	David Deckert	1563	1:02:15	6:14/K
46	Bib 5025	5025	1:02:54	6:17/K
47	Mark Nichols	1737	1:03:50	6:23/K



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# MEC LANGLEY RACE TWO: 5K/10K/21.1K/42.2K

## Overall Finish List

			<b>10 k</b>	<b>Male</b>	
<b>Overall</b>	<b>Name</b>	<b>Bib No</b>		<b>Time</b>	<b>Pace</b>
48	Todd Gilchrist	1613		1:04:01	6:24/K
49	Chris Wiens	1877		1:04:36	6:28/K
50	Efren Barrato	1516		1:05:20	6:32/K
51	Britt Postnikoff	1761		1:05:45	6:35/K
52	Michael Goundrey	1620		1:06:05	6:37/K
53	Wayne Dueck	1578		1:07:43	6:46/K
54	Sarath Vijayan	1873		1:09:28	6:57/K
55	Barry Monkman	1725		1:10:45	7:05/K
56	Andrew Gardiner	5029		1:10:46	7:05/K
57	Ryan Bremner	5015		1:10:52	7:05/K
58	Shogo Kamasaki	1655		1:12:45	7:17/K
59	Nicolas Jimenez	1648		1:12:46	7:17/K
60	Caleb Magaw	1700		1:13:49	7:23/K
61	Koleman Ireland	5019		1:30:37	9:04/K
62	Chris Brunt-Tompsett	1538		1:34:34	9:27/K
63	Thomas Young	5001		1:52:06	11:13/K

## MEC LANGLEY RACE TWO: 5K/10K/21.1K/42.2K

Race Date

April 29, 2018

Overall Finish List**5 k****Female**

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
1	Shriner Amy	3374	22:45	4:33/K
2	Jaime Sahota	3344	24:32	4:54/K
3	Tamara Marshall	3322	25:02	5:00/K
4	Nicole De Giusti	2172	26:14	5:15/K
5	Lindsey Cowie	3392	26:27	5:17/K
6	Lisa Puri	3339	26:35	5:19/K
7	Arden Holmes	3387	27:01	5:24/K
8	Shanna Walters	3368	27:03	5:25/K
9	Marina Khrisanova	3309	27:04	5:25/K
10	Jennifer Holt	2198	28:19	5:40/K
11	Jaimy Wall	3367	28:37	5:43/K
12	Glenda Voneuw	3362	29:12	5:50/K
13	Brenda Philip	3335	29:18	5:52/K
14	Molly Minkler	3327	29:49	5:58/K
15	Michele Trim	3359	29:59	6:00/K
16	Thea Ledenko	3316	30:22	6:04/K
17	Claire Badali	2152	30:29	6:06/K
18	Ally Lee	3317	30:48	6:10/K
19	Joan Gisler	2189	30:50	6:10/K
20	Paige Maginnis	3321	31:05	6:13/K
21	Lisa Goodwin	2190	31:26	6:17/K
22	Nina Genabe	2185	31:39	6:20/K
23	Natalie O'Brien	3332	31:45	6:21/K
24	Annika Lofstrand	3320	31:55	6:23/K
25	Michelle Wootton	3371	31:56	6:23/K
26	Trudy Baye	2155	32:06	6:25/K
27	Anna Kennedy	3305	32:15	6:27/K
28	Wanda Bader	2153	32:27	6:29/K
29	Amy Grey	2194	32:30	6:30/K
30	Paula Harling	2195	32:30	6:30/K
31	Farrah Solly	3349	34:33	6:55/K
32	Amber Brown	3377	34:57	6:59/K
33	Carleigh Jansen	3301	34:58	7:00/K
34	Maron Jenkins	3393	35:13	7:03/K
35	Lee-Anne Fisher	2179	36:39	7:20/K
36	Rachelle Beaulieu	2156	36:57	7:23/K
37	Wendy Philip Porter	3336	37:19	7:28/K
38	Kandace Horton	2199	37:25	7:29/K
39	Christina Ledenko	3315	37:40	7:32/K
40	Kat Brackley	2161	37:48	7:34/K
41	Alivia Forrest	2183	38:05	7:37/K
42	Jerusha Forrest	2182	38:06	7:37/K
43	Caitlin Thompson	3357	38:14	7:39/K
44	Chelsea Greczi	2193	38:29	7:42/K
45	Lynne Johnson Mallari	3302	38:59	7:48/K
46	Jennifer Thompson	3356	39:27	7:53/K
47	Anne Sanderson	3345	39:29	7:54/K

Race Date  
April 29, 2018

# MEC LANGLEY RACE TWO: 5K/10K/21.1K/42.2K

## Overall Finish List

			5 k	Female	
<u>Overall</u>	<u>Name</u>	<u>Bib No</u>		<u>Time</u>	<u>Pace</u>
48	Connie Leibel	3318		40:06	8:01/K
49	Anna Fenyo	2178		40:10	8:02/K
50	Sheila Favel	2176		40:38	8:08/K
51	Sandra Graham	2192		42:10	8:26/K
52	Deanna Forrest	2181		43:00	8:36/K
53	Anita Jurick	3304		43:35	8:43/K
54	Nicole Stetz	3352		44:04	8:49/K
55	Brenda Norrie	3394		44:04	8:49/K
56	Diane Xi	3378		44:06	8:49/K
57	Diana Siller	3347		44:08	8:50/K
58	Sara Walgren	3365		45:03	9:01/K
59	Karla Galdeano	2184		47:16	9:27/K
60	Virginia Jacob	2200		47:34	9:31/K
61	Sabrina Block	2158		55:01	11:00/K
62	Pearl Woodruff	3370		55:02	11:00/K
63	Carol Dombrowsky	2173		57:32	11:30/K

## MEC LANGLEY RACE TWO: 5K/10K/21.1K/42.2K

Race Date

April 29, 2018

Overall Finish List**5 k****Male**

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
1	Mike Reid	3391	17:59	3:36/K
2	Samir Rehmtulla	3340	18:45	3:45/K
3	Dermot King	3376	21:14	4:15/K
4	Sean Langer	3313	24:20	4:52/K
5	Ben Langer	3312	24:33	4:55/K
6	Oren Boothman	2159	24:33	4:55/K
7	David Vanderbyl	3361	24:52	4:58/K
8	Jonas Kennedy	3307	25:08	5:02/K
9	Greg Giles	2186	25:44	5:09/K
10	Jamie Walgren	3364	25:52	5:10/K
11	Bryan Psajd	3338	26:51	5:22/K
12	Brendon Gray	3384	27:17	5:27/K
13	Vijay Cuddeford	2169	27:17	5:27/K
14	Troy Britnell	2162	27:48	5:34/K
15	Brian Newbold	3330	27:58	5:36/K
16	Craig Holt	2197	28:19	5:40/K
17	Jason Spratt	3350	28:23	5:41/K
18	Matt Smith	3385	28:25	5:41/K
19	Grant Rawstron	3389	28:41	5:44/K
20	Adam Bowen	2160	29:01	5:48/K
21	Alex Smith	3386	29:05	5:49/K
22	Paul Richardson	3342	29:05	5:49/K
23	Jamie Duncan	2175	29:06	5:49/K
24	Michael Gibbons	3383	29:54	5:59/K
25	Sacha Mitchell	3328	31:00	6:12/K
26	Niklas Davey	2171	31:45	6:21/K
27	Geoffrey Thai	3355	32:42	6:32/K
28	Bach Randy	3375	32:53	6:35/K
29	Steven Tran	3373	33:10	6:38/K
30	Jing Wang	3369	33:41	6:44/K
31	Gord Kurenoff	3311	34:57	6:59/K
32	Michael Busch	2163	35:31	7:06/K
33	Don McGregor	3323	35:36	7:07/K
34	Carter McGregor	3324	35:37	7:07/K
35	Jeremy Spurgeon	3351	35:37	7:07/K
36	Marcelino Pagunuran	3333	35:45	7:09/K
37	Peyton Johnson Mallari	3303	36:00	7:12/K
38	Kelly Fisher	3366	36:52	7:22/K
39	Jingkai Shao	3346	36:57	7:23/K
40	Dewey Wagenaar	3388	37:21	7:28/K
41	Derek Chen	2166	38:08	7:38/K
42	Jayden Chen	2167	38:08	7:38/K
43	Truong Le	3314	40:05	8:01/K
44	Kevin Worsley	3390	41:51	8:22/K
45	William Fenyoe	2177	53:23	10:41/K
46	Eric Dombrowsky	2174	1:00:03	12:01/K
47	Mike Reitsma	3341	1:00:07	12:01/K