

WOMEN OF ENLIGHTENMENT

2021 Schedule

January 8
A Day in the Life - Lisa

February 12
Enjoyable Outlets - Bridget

March 12
Dealing with Grief - Shonnette

April 9
Vulnerability - Bridget

May 14
Pew Yoga

June 11
Personal Boundaries - Sara

July 9
Codependence - Audrey

August 13
Movie Night - Shonnette

September 10
Caregiving / Self-Care - Shonnette

October 8
Assertiveness - Lisa

November 12
Gratitude - Lisa

December 10
Year End Review / 2022 Schedule - Lisa



Join us on the second Friday of each Month. This women's group provides support and encouragement to each other by sharing individual challenges and successes in a supportive and confidential setting. A \$5.00 love offering is appreciated. The evenings will consist of a meet and greet at 6:30 p.m. and then at 7:00 p.m. round table discussion of the chosen topic.
www.coechurch.com/woe

Center of Enlightenment

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