

**Gene "Red" Littler**  
**2017**  
**Bergen County Championships**

Friday, May 12, 2017 @ Old Tappan High School – Groups A & B

Friday, May 12, 2017 @ Hasbrouck Heights High School – Groups C, D & E

Saturday, May 13, 2017 @ Old Tappan High School – All Groups

**Meet Info**

1. The meet will be run in ten sections:

DIVISION	A	BOYS & GIRLS
DIVISION	B	BOYS & GIRLS
DIVISION	C	BOYS & GIRLS
DIVISION	D	BOYS & GIRLS
DIVISON	E	BOYS & GIRLS

2. Limit of 3 contestants per event. ONE RELAY TEAM
3. Entry Fee: \$ 10.00 per individual - \$ 20.00 per Relay Team
4. Entries Close: Saturday, May 6, 2017
5. Awards: Trophies to first place team in each division. Medals to the top 6 finishers in all events.
6. Scoring: 10 - 8 - 6 - 4 - 2 - 1
7. Trials and finals in all field events.
8. Spikes allowed – ¼ inch, bring your own starting blocks
9. Starting heights determined by meet management
10. Competitor Numbers must be on ALL Event Cards – DQ if not!!!!
11. Uniform rule enforced in all events.
12. All throwing implements must be approved by the weight master BEFORE the meet..
13. The Meet may run up to 20 minutes ahead of schedule

\*\* No entry will be accepted without the Athletic Directors signature \*\*

**Gene "Red" Littler Bergen County Meet**  
**Friday, May 12th, 2017**

**A&B Divisions at Old Tappan High School**

**C, D& E at Hasbrouck Heights H. S.**

**FIELD EVENTS: 3:30 pm**

Boys	Javelin Final	B - A	C - D - E
Girls	Discus Final	B - A	
Boys	Shot Final	A - B	E - C - D
Boys	Long Jump	A - B	C - E - D
Girls	Long Jump	B - A	D - C - E
Boys	Pole Vault Final	A&B together	C, D& E together
Girls	High Jump Final	B - A	E - C - D

**RUNNING EVENTS: 3:30 pm**

3:30	Boys	400 IH	A - B	C - D - E
3:45	Girls	400 IH	A - B	C - D - E
4:00	Boys	100 M Trials	A - B	C - D - E
4:10	Girls	100 M Trials	A - B	C - D - E
4:20	Boys	1600 meters	A	C
4:35	Girls	1600 meters	A	C
4:50	Boys	100 M Final	A - B	C - D - E
4:55	Girls	100 M Final	A - B	C - D - E
5:00	Boys	1600 M	B	D - E
5:15	Girls	1600 M	B	D - E
5:30	Boys	400 M Finals	A - B	C - D - E
5:45	Girls	400 M Finals	A - B	C - D - E
6:00	Boys	4 X 800 Relay	A	C
6:10	Girls	4 X 800 Relay	A	C
6:25	Boys	4 X 800 Relay	B	D & E (combined)
6:35	Girls	4 X 800 Relay	B	D & E (combined)

**Gene “Red” Littler County Championships**  
**Saturday, May 13 , 2017**

**Old Tappan High School**

**Coaches Meeting 8:45AM**

9:00 am	Boys	110 M Hurdles Trials	A – B – C – D - E
9:20 am	Girls	100 M Hurdles Trials	A – B – C – D - E
9:40 am	Boys	800 M	A – B – C – D - E
10:05 am	Girls	800 M	A – B – C – D - E
10:30 am	Girls	100 M Hurdles Finals	A – B – C – D - E
10:40 am	Boys	110 M Hurdles Finals	A – B – C – D - E
10:50 am	Boys	3200 M	A – B
11:10 am	Boys	4 X 100 M Relay	A – B – C – D - E
11:25 am	Girls	4 X 100 M Relay	A – B – C – D - E
11:40 am	Girls	3200 M	A – B
12:10 pm	Boys	200 M Finals	A – B – C – D - E
12:30 pm	Girls	200 M Finals	A – B – C – D - E
12:50 pm	Boys	3200 M	C - D – E (combined?)
1:15 pm	Girls	3200 M	C - D – E (combined?)
1:45 pm	Boys	4 X 400 M Relay	A – B – C – D - E
2:25 pm	Girls	4 X 400 M Relay	A – B – C - D - E

**Field Events 9:00 am**

Girls	Pole Vault	A & B together – C,D & E together
Boys	High Jump	B – D – A – C - E
Girls	Discus	C - D – E – then - Boys E
Boys	Discus	B – C – D - A
Girls	Javelin	E - D – A – B – C
Girls	Shot	A – B – C – D - E
Girls	Triple Jump	A – B – C – D - E
Boys	Triple Jump	E - C – D – B - A

# Gene "Red" Littler Bergen County Championships

SCHOOL \_\_\_\_\_ DIVISION \_\_\_\_\_

Coach \_\_\_\_\_ School Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

CIRCLE ONE - BOYS ENTRY

GIRLS ENTRY

MAX 3 Entries Per Event / Per School

Number of Athletes

110 M HH

\_\_\_\_\_

400 M IH

\_\_\_\_\_

100 M

\_\_\_\_\_

200 M

\_\_\_\_\_

400 M

\_\_\_\_\_

800 M

\_\_\_\_\_

1600 M

\_\_\_\_\_

3200 M

\_\_\_\_\_

High Jump

\_\_\_\_\_

Long Jump

\_\_\_\_\_

Triple Jump

\_\_\_\_\_

Shot Put

\_\_\_\_\_

Discus

\_\_\_\_\_

Javelin

\_\_\_\_\_

Pole Vault

\_\_\_\_\_

	Individual Entries	_____	x	\$10.00 =	_____
(400-1600-3200)	Relay Entries	_____	x	\$20.00 =	_____
				Total Fee =	_____

Checks Payable to: **BCCA**

Mail To:

**TOM ZACCONE**

**143 MC INTOSH DRIVE**

**Questions – 201-529-8217**

**MAHWAH, NJ 07430**

**FAX # 201-252-2060 – (no cover page needed)**

Athletic Director's Signature \_\_\_\_\_

**\*\*Entry will not be accepted without Athletic Director's Signature**

**Friday, May 19th, 2017**  
**at Hackensack High School's Track**

The finest athletes in Bergen County will be competing in this meet.

**AWARDS THAT WILL BE GIVEN AT THE END OF THIS MEET:**

<b>TOM ZACCONE AWARD</b>	<b>OUTSTANDING GIRLS TRACK ATHLETE</b>
<b>MIKE GLYNN AWARD</b>	<b>OUTSTANDING BOYS TRACK ATHLETE</b>
<b>ED CHURCH AWARD</b>	<b>OUTSTANDING BOYS FIELD ATHLETE</b>
<b>PAUL SCHWARTZ AWARD</b>	<b>OUTSTANDING GIRLS FIELD ATHLETE</b>

**ORDER OF EVENTS**

**FIELD STARTING AT 3:30 PM**

Boys	TRIPLE JUMP	followed by	Boys	LONG JUMP	
Girls	LONG JUMP	followed by	Girls	TRIPLE JUMP	
Boys	POLE VAULT	followed by	Girls	POLE VAULT	
Girls	HIGH JUMP	followed by	Boys	HIGH JUMP	
Girls	DISC	followed by	JAVELIN	followed by	SHOT
Boys	JAVELIN	followed by	SHOT	followed by	DISC

**TRACK STARTING AT 6:00 PM**

6:00 pm	GIRLS	HURDLE TRAILS
6:05 pm	BOYS	HURDLE TRIALS
6:15 pm	GIRLS	100 TRIALS
6:20 pm	BOYS	100 TRIALS

**FINALS STARTING AT 6:40 PM**

6:40 pm	400	METER INTERMEDIATE HURDLES
6:55 pm	100	METER DASH
7:00 pm	1600	METER RUN
7:20 pm	400	METER DASH
7:30 pm	110 or 100	METER HURDLES
7:40 pm	800	METER DASH
7:50 pm	200	METER DASH
8:00 pm	3200	METER RUN
8:30 pm	1600	METER RELAY

**ON TRACK GIRLS FOLLOWED BY BOYS**

**BERGEN COUNTY TRACK QUARTILE - 2017**

**Division A**

Bergen Tech  
Hackensack  
Ridgewood  
Fair Lawn  
No.Highlands  
Teaneck  
Old Tappan  
Indian Hills  
Paramus  
Bergenfield  
Pascack Valley

**Division B**

Tenafly  
Cliffside Park  
Dwight Morrow  
Ramapo  
Garfield  
River Dell  
Demarest  
Ridgefield Park  
Fort Lee  
Mahwah  
Lodi

**Division C**

Pascack Hills  
Ramsey  
Westwood  
Dumont  
Glen Rock  
Rutherford  
Lyndhurst  
New Milford  
Hasbrouck Heights  
Cresskill  
Leonia  
Elmwood Park

**Division D**

Ridgefield  
Saddle Brook  
North Arlington  
Becton  
Waldwick  
Palisades Park  
Emerson  
Park Ridge  
Bogota  
Midland Park  
Wood-Ridge  
Wallington  
Bergen Arts

**Division E**

Don Bosco  
Bergen Catholic  
St. Joes  
Paramus Catholic  
Queen of Peace  
St. Mary's  
IHA  
Holy Angels  
Dwight-Englewoo  
Immac Conception  
Saddle River Day