

THE BEYOND SURGERY® PROGRAM 5-SESSION PROTOCOL

OVERVIEW:

- 2 Pre-operative sessions, in Practitioner's office.
- 3 Post-operative sessions, in hospital, surgical-center, or client's home.

PRE-OPERATIVE SESSION #1 (Coaching Session)

Length of Session: allow 2 full hours

Timing of Session: ideally, 2 – 4 weeks prior to procedure

Includes: Anxiety Release Technique

HeartMath® Technology

Guided Imagery

Healing Touch – a 50-60 minute full session

Client Guidebook and Guided Imagery CD

PRE-OPERATIVE SESSION #2

Length of Session: allow 1 full hour

Timing of Session: within 48 hours prior to procedure

Includes: Healing Touch session with

Directed Healing Guided Imagery

POST-OPERATIVE SESSIONS #3, 4 and 5

Length of Sessions: flexible to needs of client

Timing of Sessions: within 48 hours following procedure

Includes: Healing Touch sessions with specific techniques;

To rebalance the energy field

To help release toxicity

To manage pain

To facilitate acceleration of healing process

For more information see www.beyondsurgery.net