



BE FIT BODY MILK is a smooth and refreshing formulation to relieve the body after sport. Easy to spread and massage, it contains some anti-inflammatory, soothing and hydrating ingredients blended for a thorough effect.

From Indena it contains:

BOSEXIL™: anti-inflammatory active ingredient from *Boswellia serrata* in Phytosome® form, provides a lenitive and soothing effect on irritated skin. Boswellia Phytosome® also reduces the damages induced by photo-ageing, potentially severe in sun exposure.

ESCIN BETA SITOSTEROL PHYTOSOME®: potent capillary protectant, has a strong anti-oedema activity as well as an anti-inflammatory profile. The presence of beta sitosterol and the Phytosome® form endowes escin with a good tolerability profile.

XILOGEL®: highly characterized polysaccharide obtained from the seeds of *Tamarindus indica*, has strong hydrating properties. Film forming, endowes the formulation with peculiar smooth and silky touch.

**Distributed by:**



**Global Ingredient Solutions**

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PHASE	INGREDIENTS	% WEIGHT
A	PASSIFLORA EDULIS SEED OIL	3.000
	CETEARYL ETHYLHEXANOATE	1.500
	DIMETHICONE	0.500
	ISOPROPYL MYRISTATE	0.400
	ACRYLATES / C10-30 ALKYL ACRYLATE CROSSPOLYMER	0.400
B	AQUA (WATER)	60.100
	ALLANTOIN	0.300
	BOSEXIL®	0.500
	ESCIN BETA SITOSTEROL PHYTOSOME®	1.000
	AQUA / SODIUM PHYTATE	0.100
C	CETEARYL ETHYLHEXANOATE	1.000
	PEG-90 STEARATE / GLYCERYL STEARATE	2.000
	ISOPROPYL MYRISTATE	0.150
	MENTHOL	0.500
	TOCOPHEROL / HELIANTUS ANNUUS (SUNFLOWER) SEED OIL	0.100
D	AQUA (WATER)	10.000
	SODIUM HYDROXYDE	0.150
E	AQUA (WATER)	15.000
	XILOGEL®	0.300
	GLYCERIN	2.100
F	PHENOXYETHANOL	0.200
	AQUA / DEHYDROACETIC ACID / BENZYL ALCOHOL	0.700



#### MANUFACTURING PROCEDURE

Disperse A) in the homomixer.  
 Add phase B), warm up to 70°C while stirring and homomixing.  
 Prepare C) at 70°C and slowly add to phase A+B), while homomixing for a few minutes.  
 Cool down, neutralize and add phase E).  
 Finally add phase F).

CHARACTERISTICS:  
 pH 5.8 +/- 0.5, T 20°C

Formulation developed in cooperation with ELLEGI BIOCOSMETICA, Assago, Italy