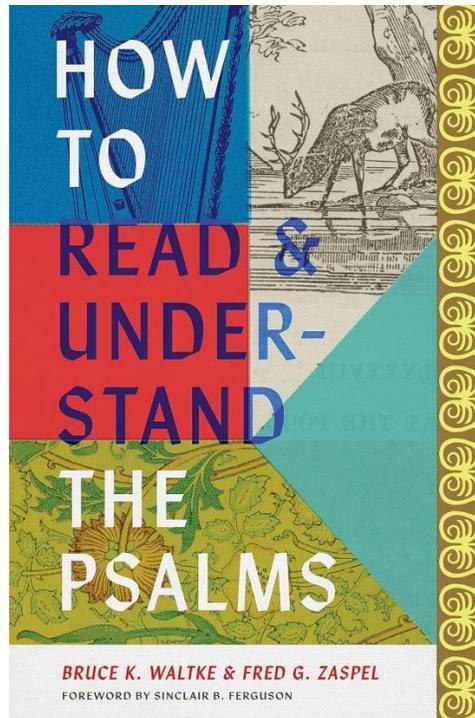


**Bruce K. Waltke and Fred G. Zaspel, *How to Read and Understand the Psalms*. Wheaton, IL: Crossway, 2023. Retail price: \$ 49.99**



I was at Reformed Theological Seminary in Orlando, where Bruce Waltke taught me Judges through Poets, and specifically about the Psalms. I read over and over those pdf notes which had graciously printed out for the students, and I have loved every bit of my reading. Here, Fred Zaspel edited the tape recording and brought the lectures to life in a book form. I am so thrilled that he Zaspel did this work to present this volume for all the readers to enjoy the skillful interpretations of Dr. Waltke. He presents to us the “Introduction of the Psalms” as presented in Psalm 1 and goes on to explain the Psalm for twenty-two pages of exposition.

In the context of Psalm 1, they present the thesis of the books: “The attempt here is not a commentary, although there is quite a bit of that. The attempt is not to produce a biblical theology of the Psalter, although there is much of that also. The attempt here is something preliminary to all that. We want to enter the preunderstanding, the mind of the psalmists, as it were, and gain the proper lenses for reading the psalms so that we can interpret more faithfully, understand more precisely, develop our theology more firmly, and expound more fully” (8). This is the thesis of this book, to understand the mind of the Psalmists. It is a noble attempt, and the reader must explore and see if they accomplish this.