



2023 Association Junior Olympic Track & Field Championships

Saturday & Sunday, June 10 & 11, 2023

Orange Glen High School
2200 Glen Ridge Road, Escondido, CA 92027

Age Divisions & Eligibility & Requirements

Age Divisions	
* 6 & Under	(2017 & Later)
** 7 – 8 year old	(2016 – 2015)
9 – 10 year old	(2014 – 2013)
11 – 12 year old	(2012 – 2011)
13 – 14 year old	(2010 – 2009)
15 – 16 year old	(2008 – 2007)
*** 17 – 18 year old	(2006 – 2005)
* USATF San Diego Imperial Association recognizes this age group for these championships. Athletes in this age group do not advance to the Region Junior Olympic Championships.	
** Per USATF Rule, Article VI, Section I, Rule 300.1(c), “Athletes must be at least seven (7) years of age on December 31 st of the current year to compete at the Youth Athletics or Junior Olympic National Championships.” An athlete who is not 7 by 12/31/22 may compete at the Association Championships but will not advance to the Regional Junior Olympic Championships.	
***Per USATF Rule, Article VI, Section I, Rule 300.1(d), “Athletes who are still eighteen (18) years of age through the final day of the National Junior Olympic Track and Field Championships shall be eligible to compete in the 17–18-year-old division through that meet.” The last day of competition is July 30, 2023.	



Individuals: Only U.S. citizens, aliens living in the United States, and foreign exchange students are eligible to compete in these Championships. Please refer to USATF Rule 300.1 (h) for residency

requirements by reviewing the following link which can be found on page 164 of the 2023 USATF Competition Rules(<https://www.usatf.org/governance/rule-books>).

A competitor must compete in his/her age division only. Competitors in the 6 and Under (6&U) through 11-12 year old divisions may compete in a maximum of three (3) events, including relays. Competitors in the 13-14 through 17-18 divisions may compete in a maximum of four (4) events, including relays. All athletes must be registered 2023 members of USATF in good standing. An athlete competing in a combined event is advised the event does not count towards their maximum number of events.

Relay Teams: Only registered 2023 USATF member clubs may enter a relay team(s). All athletes representing a club must be affiliated with and members of that club as part of their USATF membership.

ENTRY PROCESS:

Only athletes who are registered and current members in good standing with USATF may compete. USATF membership must be completed online at www.usatf.org.

On-Line Registration: Entry must be completed online and must be received by **9:00PM on Thursday, June 8, 2023**. To enter the meet, go to www.athletic.net and select the meet listed on the calendar of events. Unattached athletes or coaches unfamiliar with athletic.net can review the following link for information about establishing an account and registration: <https://www.athletic.net/Help/Track.aspx?Meet=516104> .

PROOF OF AGE: All athletes **must** have their age verified **prior** to registering on the online system. Athletes or parents must upload an acceptable proof of birth to the athlete’s USATF Connect account. The national office will verify the birthdate. If experiencing problems then contact Tina Breen, the Association’s Membership Chair, at membership@sandiego.usatf.org or 619.784.8456. In any case, proof of age **must** be completed in the



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national membership database five (5) business days prior to the close of registration. You must allow sufficient processing time for data entry into the national membership database. Per USATF Rule 300.1(i), acceptable proof of age shall be a copy of birth certificate, passport, certified baptismal record, driver's license, or U.S. government identification. No other proof will be accepted. No exceptions. For more information about the birthdate verification process then review: <https://www.usatf.org/home-normal/top-utility-nav-content/membership/date-of-birth-verification-policy>.

ENTRY FEE:

Individual Entry: **\$8.00** per event

Relay Entry: **\$32.00** per relay team

Entry fee must be paid prior to athlete participation. Entry fee must be paid online via the online registration system prior to the close of the entry period. There is processing fee. The Association does not receive any proceeds from this fee.

Entry Changes: Coaches, unattached athletes and parents should carefully review their entry confirmation received via email from Athletic.Net as well as the meet information and schedule. Changes must be made online prior to the close of the entry period. Otherwise, the entry will be subject to an increased fee. Day of the meet changes will be permitted only with the approval of meet director. Any changes made after the registration period closes is subject to a **\$3** per event change. A change may not guarantee a qualifying athlete's name appear in the Athletic.Net data base which may result in an athlete being ineligible for advancement to the regional competition.

Merchandise Registration Deadline: Athletes must register via www.athletic.net by **11:59PM, Wednesday, June 7, 2023**, to ensure their name is included on any merchandise apparel that may be available for purchase on meet days.

COMBINED EVENT ENTRY: The Combined Events (Triathlon, Pentathlon, Decathlon, Heptathlon) will not be contested at these championships; however, an athlete may compete at the Region 15 Junior Olympic Championships held June 22-25, 2023. An athlete must still register and pay the entry fee for the Association Meet for waiver into the Region 15 Junior Olympic Championships.

EVENT WAIVER: Per USATF rule 306.1.(f), an athlete who does not compete in the Association Championship due to "extraordinary circumstances" may be advanced to the Regional meet provided the athlete does not displace any athlete competing at the Association Championship and does not exceed the Association's allocation to the Regional meet. A written request must be made in writing to the Meet Director via email or submitted in person by **Noon on Saturday, June 11, 2023**, for consideration. An athlete seeking a waiver must register online and pay the associated entry fee. See USATF Rule 306 for other allowances into the Regional and National Junior Olympic Championship Meets.

WAIVER & RELEASE: All athletes who participate in the USATF Junior Olympic Program must complete the Junior Olympic Participant Waiver and Release form. This form is integrated in the online entry system and must be completed electronically upon registering an athlete(s) for the meet.

AWARDS: USATF Association Junior Olympic awards will be awarded to the top eight (8) individuals and top eight (8) relay teams in each event of each age division.



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REGION ADVANCEMENT: The top 8 individuals and relay teams in each event of each age division except the 6 and Under Age Division shall advance to the USATF Region 15 Junior Olympics Championships to be held on June 22-25, 2023, at Antelope Valley College, in Lancaster, CA.

Individuals and relay teams must declare their intention to compete by registering online at athletic.net by the established timeline as designated in the Region 15 Junior Olympic Meet Informational Flyer.

Entry fee(s) for the USATF Region 15 Junior Olympic Championships must be paid online. Refer to the Regional Meet Informational Flyer posted on the youth page (<https://sandiego.usatf.org/programs/youth>) of the San Diego Imperial Association's website for specific information as to registration process, deadlines and general meet information. Failure to declare for the regional meet by the established timelines will result in automatic ineligibility to compete at the regional championships.

Qualifiers from the Regional Meet will advance to the National Junior Olympic Championships to be held at Hayward Field, University of Oregon in Eugene, Oregon, July 24 – 30, 2023. Consult the Region 15 Meet Flyer or visit the following link for more information:

<https://adirondack.usatf.org/events/2023/2023-usatf-national-junior-olympic-track-field-cha> .

PACKET PICK UP: Teams and Unattached athletes may pick up their packet in the Stadium Press Box at Orange Glen High School on the following dates and times:

Saturday, June 10th 7:00 AM – 9:00 AM & Sunday, June 11th 7:45 AM – 9:00 AM

Coaches and/or athletes arriving after these times should contact the meet announcer located in the press box.

EVENT CHECK-IN: Athletes participating in a track event must check in with the Clerk of the Course. Athletes competing in a field event should report directly to the event for check in.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers on the front or top of their jersey/uniform. Bid Numbers will be placed in team or unattached athlete packets. The replacement cost for a lost bid is **\$3** payable by cash only to USATF San Diego Imperial Association.

COACH/OFFICIAL MEETING: A meeting will be held on Saturday, June 10, 2023, at 7:30AM.

EVENT RESULTS: During competition, event results will be posted. In addition, results will be posted on www.athletic.net and <https://sandiego.usatf.org/programs/youth>.

PROTESTS: There will be a **\$50.00 cash only** fee for all protests. Protests must be submitted to the Meet Referee at once and not later than 30 minutes after a result has been announced. The protest fee will be refunded if the protest is upheld.

FACILITY: The track is a nine lane all weather surface. 3/16th needles spikes only are required on the track and runways (high jump, long jump, triple jump and pole vault.) Spikes are subject to inspection prior to an athlete's participation. Competitors who do not have the proper spikes will not be permitted to compete. No refunds will be given to teams or athletes who are unable to compete due to improper spikes. USATF Club canopies only are participation. Competitors who do not have the proper spikes will not be permitted to compete. No refunds will be given to teams or athletes who are unable to compete due to improper spikes. USATF Club canopies only are restricted to the top rows of the stadium and other designated places as established by meet management. The mini javelin will be conducted on a synthetic grass surface. The javelin will have a grass runway approach. The facility includes two shot put rings, one discus ring, two long/triple jump pits and a high jump pit.

CONCESSION: A concession stand will be operated by a USATF San Diego Imperial Association Club.

EVENT MERCHANDISE: Commemorative clothing (Tee Shirts, Sweatshirts, etc.) will be available for purchase. Please refer to the registration deadline to have athlete/team names printed on merchandise.



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RULES – CONDUCT & FACILITY: The meet is sanctioned by USATF. USATF rules will apply at this competition. All athletes and spectators are expected to abide by rules as established by the Games Committee and Orange Glen High School. Smoking and alcohol is prohibited on school grounds. No pets or animals will be allowed on school premises. Additionally, the following will apply:

- Coaches and parents are not permitted on the track infield except by permission of the Meet Director or designee.
- Athletes must warm-up in the designated warm-up area(s).
- Canopies must be secured and are limited to the top portion of the stadium. The top rows of seating are reserved for youth clubs. Use of oversized umbrellas in the mid and lower areas of stadium seating may be restricted if they impede spectator views.
- No food or drink other than water is permitted on the track infield.
- No sunflower seeds or shelled nuts are permitted in the stadium seating.
- Smoking is not allowed in event areas or anywhere on the school campus including the parking lot.
- Profane language, aggressive behavior or actions deemed not sportsmanlike or in keeping with a youth friendly environment is prohibited.
- Recreation Vehicles (RVs) must park in pre-designated areas as determined by meet management.

Failure to comply with all rules may result in disqualification of an athlete or spectator dismissal from the premises.

VENDOR BOOTH: Vending opportunities are available by contacting youth@sandiego.usatf.org . All vendors must be approved by the Youth Chair before operating on school grounds.

Contact for questions or additional information:

Michael Adkins, Youth Chair & Meet Director
San Diego Imperial Association
Phone: 619. 871.6836
E-mail: youth@sandiego.usatf.org



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MEET SCHEDULE

Saturday, June 10, 2023, 8:00AM (Field), 8:30 AM (Track), 1st call 30 minutes prior to meet start.

Running Events

3000 Meter Run	(Final)	Starting with 11-12g through 17-18b
400 Meter	(Semi-Final)	All divisions starting with Para Athletes – 17-18
100 Meter	(Semi-Final)	All divisions starting with Para Athletes – 17-18
3000 Meter Race Walk	(Final)	13-14g, 13-14b, 15-16g, 15-16b, 17-18g, 17-18b
1500 Meter Race Walk	(Final)	9-10g, 9-10b, 11-12g & 11-12b
110 Meter Hurdles	(Final)	15 -16b & 17-18b
100 Meter Hurdles	(Final)	13 -14b, 15 -16g, 17-18g, 13 -14g
80 Meter Hurdles	(Final)	11-12g & 11-12b
4 X 100 Meter Relay	(Semi-Final)	All divisions starting with 6&U Girls – 17-18
4 X 800 Meter Relay	(Final)	11-12g through 17-18b
200 Meter	(Semi-Final)	All divisions starting with Para Athletes – 17-18

Field Events

Aero Javelin/Mini-Javelin	11-12g, 11-12b, 7-8g, 7-8b, 6&Ug, 6&Ub, 9-10g, 9-10b
Long Jump	13-14g, 13-14b, 11-12g, 11-12b, 9-10g, 9-10b,
High Jump	17-18g, 17-18b, 15-16g, 15-15b, 13-14g, 13-14b,
Shot Put	9-10g, 9-10b, 13-14g, 13-14b, 11-12g, 11-12b,
Javelin	Para-Athletes (All Divisions/Classification/Gender) 17-18b, 17-18, 13-14g, 13-14b, 15-16bg, 15-16b

Sunday, June 11, 2023, 8:30AM (Field), 8:45AM (Track), 1st call 30 minutes prior to meet start.

Running Events

1500 Meter Run	(Final)	All divisions starting with 7-8g Girls – 17-18
400 Meter	(Final)	All divisions starting with 6&U Girls – 17-18
100 Meter	(Final)	All divisions starting with 6 & Under Girls – 17-18
400 Meter Hurdles	(Final)	15-16g, 17-18g, 15-16b, 17-18b
200 Meter Hurdles	(Final)	13-14g, 13-14b
4 X 100 Meter Relay	(Final)	All divisions starting with 6 & U Girls – 17-18
800 Meter	(Final)	All divisions starting with 6 & U Girls – 17-18
200 Meter	(Final)	All divisions starting with 6 & U Girls – 17-18
4 X 400 Meter Relay	(Final)	All divisions starting with 6 & U Girls – 17-18

Field Events

High Jump	11-12g, 11-12b, 9-10g, 9-10b
Shot Put	15-16g, 15-16b, 17-18g, 17-18b, 7-8g, 7-8b
Discus	11-12g, 11-12b, 13-14g, 13-14b
Long Jump	15-16g, 15-16b, 17-18g, 17-18b
Triple Jump	17-18g, 17-18b, 15-16g, 15-16b, 7-8g, 7-8b, 6&Ug, 6&Ub
Pole Vault	13-14g, 13-14b, 15-16g, 15-16b, 17-18g, 17-18b
	13-14g, 13-14b, 15-16g, 15-16b, 17-18g, 17-18b

The Hammer Throw & 2000 Meter Steeplechase competitions will not be contested at the USATF San Diego Imperial Association Junior Olympic Championships. All hammer throwers and steeplechasers must register to be advanced/waived to the regional meet. Pole Vault athletes will be waived to the regional if less than 4 competitors in all divisions combined. Competitors should contact the meet director on Saturday, June 10th after 10:00AM to determine if the pole vault will be contested at these championships. If a semi-event has less than nine competitors, then the event will be contested as a final (see exception for 4x100 meter relay) at the first round of competition. If there are less than nine teams in a division in the 4x100 Relay Semi-Final, then the event will be run on Sunday as a final. The Race Walk Events may be combined.