## ATTENTION: ALL DOWN UNDER SPORTS & FITNESS MEMBERS

## ALL MEMBERSHIPS HAVE BEEN FROZEN YOU WILL NOT PAY WHILE YOUR GYM IS CLOSED

Following Government instruction, we have closed our gym temporarily.

We have automatically put your membership on Freeze as of the day the gym closed (Monday March 16th). No further action is required. NO FREEZE FEES.

At Down Under Sports & Fitness, the health and safety of our members, colleagues and self-employed trainers is our 1<sup>st</sup> priority. While the closure of your club is a difficult situation for us all, we will continue to do everything we can to help our members. While we are closed, we will work hard to ensure your club is clean, safe, and ready for your return. We are looking forward to welcoming you back.

## SUPPORT DURING THE CLOSURE

We're here to help our members keep active and will continue to bring you daily support with an exciting range of workouts, nutrition ideas and wellbeing tips using the following social media platforms:







## DO YOU NEED WORKOUT EQUIPMENT?

Working out is a "MUST" therefore we have opened our storage area and compiled a list of available fitness/gym equipment for sale and/or rent. Equipment is ONLY available to Down Under Sports & Fitness members.

Flat Dumbbell Benches Incline Dumbbell Benches Olympic Weight Plates Olympic Bars (45lbs each) Olympic Short Bar (35lb) Preacher Curl E-Z Bar

Hex Dumbbells (2 – 8lbs)

Pro-style Dumbbells (12.5, 17.5, 22.5)

Medicine Balls

Kettlebells (10 – 60lbs)

Schwinn IC PRO Spin Bikes

Rebook Steps and Risers

TRX-style bar

Battle Ropes

Jump Ropes

Fitness Balls

Muay-Thai Battle Ropes

Kickboxing German

TRX-style bands
Battle Ropes
Jump Ropes
Fitness Balls
Muay-Thai Bags (100 – 150lbs each)
Kickboxing Gear (inquire)

If you are interested in any of the above equipment please contact us at info@downunderfit.com

ALL SUPPLEMENTS ARE AVAILABLE AT 50% DISCOUNT - PLEASE INQUIRE ABOUT PICKUP

We would like to thank each and every one of our members for your support and we look forward to welcoming you back to Down Under Sports & Fitness