



## 2022 POOL RULES

The following rules exist to ensure the safety of members and guests and to promote an enjoyable environment for all. Individuals who do not adhere to the rules will be advised by the lifeguard(s) on duty and may be asked to get out of the pool and/or leave the premises if the violations continue.

### Admittance

- Admittance to the pool is limited to members and their guests. Guests must be accompanied by a member at all times.
- Guest passes are \$5.00 each. A guest pass is required for all guests ages 1 year and older regardless of whether they intend to swim or not. Children under 1 year of age are free.
- Member guest passes are kept in the computer at the front desk.

### Age and Supervision Requirements

- Children under the age of 12 must be accompanied by an adult at all times.
- Minimum age for staying in the pool during Break: 13.
- To use the slide and diving well, patrons must be able to jump unassisted from the side into the pool, swim the length of the deep end unassisted, and tread water for 30 seconds unassisted.
- Children 10 and under will be given a swim test by the lifeguards to confirm they can use the deep end. Once children pass the test, they will be given a wristband daily when they enter the pool area.
- To use the wading pool, patrons must be six years of age or under and must be supervised by an individual who is age 13 or older.
- Children aged 12 and over may attend the pool unaccompanied by an adult.

### Health/Hygiene Requirements

- Long Branch Swim and Racquet Club will abide by Fairfax County Health Department COVID-19 regulations .
- Children who are not potty trained may not enter the pool without acceptable ‘swim diapers’ which include cloth diapers covered by plastic/rubber pants or ‘Swimmies’ style diapers specifically designed for swimming.
- If someone has an ‘accident’ in the pool, the pool will be closed consistent with Fairfax County regulations until proper chlorine levels are established.
- Eating, drinking, and chewing gum in the pool or within 10 feet of the pool is prohibited. All food/drink shall be consumed at least 10 feet away from the pool or in designated areas.No smoking of any kind, including “vaping,” is allowed on the premises.
- Individuals who have suffered vomiting, fever, diarrhea, or other contagious disease are not to use the pool until they have been symptom free for 24 hours.

## Safety Requirements

- Any child using floaties/arm bands/life vests, or other flotation aids must be supervised by an individual who is age 13 or older.
- Breaks will begin at 50 minutes past the hour and last for 10 minutes. If the weather is unusually hot (above 90 degrees fahrenheit), this may change to 45 minutes past the hour and last for 15 minutes.
- The following activities are prohibited:
  - running on the deck
  - hanging on pool ropes
  - hanging on the basketball rim
  - fighting/rough housing
  - vulgar or profane language
  - spitting
  - “spouting” water
  - “chicken fights”
  - sliding headfirst down the slide
  - hanging on the slide or diving board
  - climbing on the side of the diving board
  - having more than one person on the slide or diving board at one time
  - pushing people into the pool
  - sitting or hanging on any part of the guard chair
  - sliding down the slide or jumping off the diving board prior to the previous person reaching the ladder
  - diving into the shallow end of the pool
- After every break (at the top of each hour) the diving well will open for diving and use of the slide and will remain open for a minimum of 15-20 minutes after which, upon request, the diving board and slide may be closed to allow for free swim/games in the diving well. The decision to close the board/slide at such time, and whether to reopen it prior to break, will be at the discretion of the lifeguards.
- Entry into the guard shack is prohibited. The guard shack is for lifeguards and approved personnel only.
- Alcoholic beverages are permitted. However, individuals who are believed to be intoxicated will be asked to leave the pool if they are disruptive or a danger to themselves or others. Please drink responsibly.
- No glass containers allowed inside the pool area.
- Use of inflatable balls, nerf balls, throw rings/sticks, and pool basketball are permitted. However, lifeguards reserve the right to restrict the use of such objects at their discretion.
- Rafts are allowed only on designated “Raft Nights,” which typically occur on Thursday evenings from 6 to 9 pm.
- In the event of thunder/lightning, the pool will close and remain closed until 30 minutes after the last thunderclap is heard. In the event of severe storms, the pool area may be evacuated.
- The pool staff may require individuals to leave if they are judged to be interfering with the safe enjoyment of other pool patrons or staff. If this happens, there will be no refund for any lost membership fee or guest passes.