



Presidents Message: Hello Houghs Neck, I was not one of the brave souls that went to the Public Landing on that frigid Saturday morning to jump into the water. I do understand that those that did helped to raise over \$1800.00. The Quincy Police Marine Unit assisted along with Brewster Ambulance and the Quincy Fire Department. That is one of the good things about living here in Houghs Neck, the support we give each other, and what we get back from the city departments. The American Red Cross contacted the community council about hosting a blood drive, in addition to our annual drive in July. Holy Trinity Parish agreed to allow us to use the hall, so on February 21st from 2pm till 7pm they will be at the St. Thomas Aquinas hall to collect as many pints of blood they can. This life giving event is open to the entire community and giving blood is refreshing. As usual there are rules and it is suggested you pre-register. Please see the information below. There are other community events sponsored by various groups please check the entire bulletin for their dates. See ya around *Dave*

WINTER BLOOD DRIVE

**Sponsored by the
Houghs Neck Community Council
Holy Trinity Parish & the
American Red Cross**
Tues, Feb 21, 2017 2:00pm till 7:00pm
St Thomas Aquinas Hall
Manet Ave & Darrow Street

Blood Facts (From redcross.org)

It's a fact... you must wait 56 days between whole blood donations.
4.5 million Americans will need a blood transfusion each year.
43,000 pints: amount of donated blood used each day in the U.S.
Someone needs blood every two seconds.
Only 37 percent of the U.S. population is eligible to donate blood - less than 10 percent do annually.*
One pint of blood can save up to three lives.
Healthy adults who are at least 17 years old, and at least 110 pounds may donate about a pint of blood - the most common form of donation - every 56 days, or every two months. Females receive 53 percent of blood transfusions; males receive 47 percent.
Four main red blood cell types: A, B, AB and O. Each can be positive or negative for the Rh factor. AB is the universal recipient; O negative is the universal donor of red blood cells.
One unit of blood can be separated into several components: red blood cells, plasma, platelets and cryoprecipitate.
Red blood cells carry oxygen to the body's organs and tissues.
Red blood cells live about 120 days in the circulatory system.
Platelets promote blood clotting and give those with leukemia and other cancers a chance to live.
Plasma is a pale yellow mixture of water, proteins and salts.
Plasma, which is 90 percent water, makes up 55 percent of blood volume.
Healthy bone marrow makes a constant supply of red cells, plasma and platelets.
Blood or plasma that comes from people who have been paid for it cannot be used for human transfusion.
Granulocytes, a type of white blood cell, roll along blood vessel walls in search of bacteria to engulf and destroy.
White cells are the body's primary defense against infection.
Apheresis is a special kind of blood donation that allows a donor to give specific blood components, such as platelets.
Forty-two days: how long most donated red blood cells can be stored.
Five days: how long most donated platelets can be stored.
One year: how long frozen plasma can be stored.
Cancer, transplant and trauma patients, and patients undergoing open-heart surgery may require platelet transfusions to survive.
A patient could be forced to pass up a lifesaving organ, if compatible blood is not available to support the transplant.
Thirteen tests (11 for infectious diseases) are performed on each unit of donated blood.
Shortages of all blood types happen during the summer and winter holidays. Blood centers often run short of types O and B red blood cells.
The rarest blood type is the one not on the shelf when it's needed by a patient.
There is no substitute for human blood.
If all blood donors gave three times a year, blood shortages would be a rare event. (The current average is about two.)
If only one more percent of all Americans would give blood, blood shortages would disappear for the foreseeable future.
46.5 gallons: amount of blood you could donate if you begin at age 17 and donate every 56 days until you reach 79 years old.
The actual blood donation usually takes about 10 minutes. The entire process from the time you sign in to the time you leave - takes about an hour.
After donating blood, you replace the fluid in hours and the red blood cells within four weeks. It takes eight weeks to restore the iron lost after donating. You cannot get AIDS or any other infectious disease by donating blood.
10 pints is the amount of blood in the body of an average adult.
One unit of whole blood is roughly the equivalent of one pint.
Blood makes up about seven percent of your body's weight.
A newborn baby has about one cup of blood in his body.
Giving blood will not decrease your strength.
Any company, community organization, place of worship or individual may contact their local community blood center to host a blood drive.
Blood drives hosted by companies, schools, places of worship and civic organizations supply roughly half of all blood donations across the U.S.
People who donate blood are volunteers and are not paid for their donation.
500,000: the number of Americans who donated blood in the days following the September 11 attacks.
Blood donation. It's about an hour of your time. It's About Life.

**W Riley, et al. The United States' potential blood donor pool: estimating the prevalence of donor-exclusion factors on the pool of potential donors. Transfusion 2007.*

+

WINTER BLOOD DRIVE

To all our faithful donors,

The Houghs Neck Community Council would like to invite you to join us for a Winter Blood Drive, on Tuesday, Feb. 21st, 2017 from 2:00PM ~ 7:00PM at St. Thomas Aquinas Hall, Houghs Neck. We will have plenty of homemade goodies. Hall is handicap accessible. Everyone that visits to donate **MUST** have at least one form of Identification ie; Drivers License or a passport. **If you arrive without an ID you will be turned away.** **Appointments are highly recommended but walk-ins are very welcome.** **ATTENTION:** The American Red Cross is closely monitoring the Zika virus. We ask you not to donate if any Zika virus risk exposures applies to you. We are asking you to return to donate blood 4 weeks after your last risk exposure. All other eligibility requirements still apply. **After you make your appointment you can pre-register and answer the health questions with rapid pass at the redcross.org site.** Please call **1-800-RED-CROSS (1-800-733-2767)** to schedule an appointment.
Eileen Timcoe event coordinator 617-479-4107, 617-481-9153, etimcoe@yahoo.com

+

COMMUNITY HAPPENINGS

Houghs Neck Community Center

Mobile Food Pantry

Every Wednesday at 3:00PM

Free Bag of Food - arrive by 3PM *page 3*

Houghs Neck Congregational Church

A Valentine Princess Tea with Moana

Saturday February 11, 2017 ~ 10:00am to Noon *page 4*

Community Meeting

Discussion about Louis Parking Lot

Ward One City Councilor Margaret Laforest

Thursday, February 16th at 6:30pm HNCCChurch Fellowship Hall *page 6*

Houghs Neck Community Council Holy Trinity Parish ~ American Red Cross

Winter Blood Drive

Tuesday, Feb 21, 2017 2:00PM to 7:00PM

St Thomas Aquinas Hall *page 1*

Houghs Neck Community Center

Adult Art Paint

Wed, February 22, 6:30 - 8:30PM *page 3*

Atherton Hough School PTO

Book Fair

March 21, 2017 ~ 12:00 noon to 2:00PM

Ahterton Hough School Gym *page 5*

Gifts to the Houghs Neck Community Council Scholarship Fund

**In Memory of
Our Friend
Eben (Bustar) Robinson**
from
The Butterflies

**In Loving Memory of
Kay & Sherman Jordan**
by
Pat, Mike & their families

**In Memory of
Bucky Shaw**
from
The Doherty Family

**In Memory of
William P. Murphy Sr.**
from
Paul & Lorraine Murphy

**In Memory of
Kevin Murphy
Bill (Okie) O'Connor**
from
Lois Murphy



Our Sympathy and Condolences are extended to the friends & families of:

Alex S. Makuski, age 83, died peacefully January 1st. Born in Stevens Point, Wisconsin to the late Bernard J. and Catherine (Sigmund) Makuski. A graduate of P.J. Jacobs High School and also earned an associate degree in Police Science. A police officer in Stevens Point, Wisconsin for twenty years and later worked as the chief security officer for the OConnell Management Company in Quincy. Alex served in the U.S. Air Force during the Cuban missile crisis and also in the U.S. Army. Husband to Barbara A. (OConnell) Makuski for 35 years. Father of Sharon Barber, Stephen Makuski and Michelle L. Disher. Alex was one of eight siblings and is survived by one brother, and three sisters. Donations may be made to Holy Trinity Parish, 227 Sea Street, Quincy, MA 02169.

Frank E. Crowley, age 70, on Jan. 31st. Husband of Marilyn Jacobs, A Northeastern University graduate in 1969, Frank was drafted into the U.S. Army where he served honorably in the central highlands of Vietnam with the 7/17th Air Cavalry Regiment. Frank enjoyed a rewarding thirty year career with the Comm. of Mass., beginning with the Office of the Comptroller where he was the bureau director of operations and retired from the Department of Veterans Services as a budget director and CFO. Brother of Steve, Jack, Marie Macomber and Janet Finlayson and long time friend of Bill W. Frank. Donations may be made to the Friends of the Thomas Crane Public Library, 40 Washington Street, Quincy, MA 02169.

Frank A. Gendreau died Jan. 26th. A dedicated family man, loyal friend and inspirational boss. Proud of his Dorchester and Boston roots and a graduate from Commerce High School. He maintained many close relationships Dorchester Wildcats. He loved the water and joined the U.S. Coast Guard in 1951 and spent most of his lifetime on the water. Being an avid boater, scuba diver and fisherman. A lifetime member at the Port Norfolk Yacht Club. A winter resident of Key Colony Beach in Marathon, Fla. Frank was the 3rd generation owner of the family jewelry business, Frank A. Gendreau Jewelers, started in Boston in 1911, currently Joyce & Gendreau Jewelers in Wollaston. Husband of the late Anne M. (Balboni) Gendreau, and father of Frank Gendreau Jr., David Gendreau and Denise Reynolds. Brother of the late Esta Wall, and grandfather of 5 and 1 great-grandchild. Donations may be made to Disabled American Veterans, State House, Room 546, Boston, MA 02133.



Seaside Cafe ~ 1193 Sea Street

We all know it's good to get out and socialize, especially for seniors. We encourage everyone to discover (or re-discover!) the Houghs Neck Community Center! We are a vital resource in your own backyard. Stop by Mondays and Wednesdays, beginning at 11 am, and enjoy a homemade hot lunch, coffee, pastry and play Scrabble or Bingo. Bring a friend or your favorite family member! On Wednesdays our Food Pantry offers a FREE bag of food. We look forward to seeing you!

617-376-1385

THE HOUGHS NECK BULLETIN

Official Publication of the Houghs Neck Community Council Inc.

NEWS -
Published -
Address -

From the Pump to the Willows
Twelve issues per year

THE HOUGHS NECK BULLETIN

1193 Sea Street Quincy MA 02169

Email hnccbulletin@yahoo.com

WEB Site www.houghsneck.org

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| MEMBERSHIP | Helen Kelly |
| DISTRIBUTION | US POSTAL SERVICE |
| Annual Subscription - | Free to all Houghs Neck Residents |
| | <i>10.00 per year for each address outside Houghs Neck</i> |

Memorial or Honorary Donations

The In Honor Of or Memorials printed in the Bulletin each month are from your neighbors who give a donation. They may recognize a loved ones birthday, anniversary, wedding, birth, passing, letting a friend know you are thinking of them or any occasion. All donations are given to the Houghs Neck Scholarship Fund. On June 16th the Scholarship committee will present \$8300.00 to 3 High School Seniors and 8 College Students continuing there education. Since June, 1964 they have presented \$231,795 to brightest students from Houghs Neck. You may honor a loved one or friend by placing a memorial or in honor of, with a donation. Please send a request to David DiBona 45 Turner Street, Quincy MA 02169.

The scholarship committee also has for sale the "Houghs Neck History" book for \$10.00. Available at E & T Ceramics or by calling 617-479-4107.

The future of Houghs Neck thank's you in Advance for your Generosity.

Houghs Neck Community Council

Executive Committee

| | |
|-------------------------|---------------|
| President | Dave DiBona |
| Vice President | Kathy Pavidis |
| Treasurer | Eileen Timcoe |
| Recording Secretary | Alda Lyons |
| Corresponding Secretary | Brian Laroche |

Board Members:

| | | |
|--------------|--------------|------------------|
| Kathy DiBona | Amy DiBona | Helen Kelley |
| Patt McCone | Aaron Cavin | Nicole O'Hare |
| Tom Timcoe | Jim McCarthy | Zoe Antonopoulos |

There are open seats if you are interested.

email hnccbulletin@yahoo.com for additional information

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HOUGHS NECK GARDEN CLUB

The Houghs Neck Garden Club's February 1st meeting on "Succulent Planting" will be led by HNGC member, Deb Nigro, who will lead a workshop in which members will make a small Valentine succulent plant arrangement.

On March 1st, Melissa Pace returns to the Club to give a presentation on "Herbs." Pace is an award-winning horticulturalist and Master Gardener, who has been a presenter at numerous garden clubs and civic organizations in New England since 1995. She will explain how throughout human history, herbs have been used by all cultures in a variety of ways, including culinary, medicinal and spiritual. The talk will look at how herbs have been used in the past and how their use can be applied to today's world. Herbs will be available to smell and taste and members and guests will be taught how best to grow them.

Both meetings will be held in the MWRA Community Room at Nut Island, 2nd floor, 149 Sea Street, starting at 7pm with refreshments and a brief business meeting followed by the program at 7:30pm. New members are welcome!

The Club is a member of the Garden Club Federation of Massachusetts and National Garden Clubs, Inc.

To find out more about the Club visit our website at: <http://hngc123.wix.com/houghsneckgardenclub/>.

VALENTINES DAY

February 14th

Over the centuries, the holiday evolved, and by the 18th century, gift-giving and exchanging hand-made cards on Valentine's Day had become common in England. Hand-made valentine cards made of lace, ribbons, and featuring cupids and hearts eventually spread to the American colonies. The tradition of Valentine's cards did not become widespread in the United States, however, until the 1850s, when Esther A. Howland, a Mount Holyoke graduate and native of Worcester, Mass., began mass-producing them. Today, of course, the holiday has become a booming commercial success. According to the Greeting Card Association, 25% of all cards sent each year are valentines

Interesting Numbers

14,161 The number of florists' establishments nationwide in 2013. These businesses employed 62,222 people.

\$272,180,347 The value of imports for cut flowers and buds for bouquets in 2014 through October. The total value of fresh cut roses as of October 2014 was \$381,757,889.

23,096 The number of jewelry stores in the United States in 2013. Jewelry stores offer engagement, wedding and other rings to couples of all ages. In February 2013, these stores sold an estimated \$2.5 billion in merchandise.

Source www.infoplease.com

HOUGHS NECK COMMUNITY CENTER

1193 Sea Street, Quincy, Ma
Tel. 617-376-1385

Cynthia Lewis, Director

FEBRUARY 2017

Adult Programs

SEASIDE CAFÉ serves a really good homemade Hot Lunch.

Monday & Wednesday at 11am. \$3.00

Coffee with pastry served. just \$1.00

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Scrabble Monday & Wednesdays @ noon

Bingo every Wednesday 12:30-3pm. 25 cents a card. We serve great refreshment & coffee

Blood Pressure Clinic Free Every 2nd & 4th Thursday 9:30-11am.

Book Group Thurs. February 9th @ 7pm

All welcome Book: I am here. Jonathon Safran-Foer

AA Program Every Saturday 3-5pm.

This meeting is for women.

Men's AA Sunday 6pm

Free

Mobile Food Pantry

Wednesday @ 3pm our check the calendar

A free food program, please arrive by 3pm for free bag of food. Pass the word

All Welcome

Kid's Programs

Wii & Valentines Monday February 6th 3-5pm

Science Experiment Wednesday February 8th 3-5

Jewelry & ice cream Monday Feb. 13th 3-5pm

Wacky Wednesday Wednesday February 15th 3-5

Movie & popcorn Friday Feb.17th Friday 3-5

Make it Take it Monday February 20th 3- 5

Paint & More Wednesday Feb. 22nd 3-5

STORY TIME Thursday, February 23rd

Free Playgroup Friday Feb. 24th 10am

Cooking Wednesday March 1st 3-5pm

Free Science Playgroup Thursdays 12:30

No Children's program on Feb.27th

The Houghs Neck Community Center operates under the direction of the Houghs Neck Community Council, Inc. Funded with a Community Development Block Grant through the City of Quincy Planning Department

Youth Program

Wii & Valentines Monday February 6th 3-5 Make all things Heart shaped. Cutting, stitching, gluing.\$4

Science & More Wednesday February 8th 3-5pm \$3

Jewelry & Ice Cream February 13th 3-5pm Free

Always a good time. Perl beads. Lots of new beads.

Wacky Wednesday February 15th @ 3-5

Science Playgroup Thursday Feb.3,9 & 16 Free

Movie & Popcorn Friday February 17th 3-5 pm

Make it Take it Monday February 20th 3-5pm. Always a party. Good Friends, healthy snacks & music \$4.

Paint & More Wednesday February 22nd 3-5pm \$4.

Free Playgroup Friday February 24th @ 10 am

Kids Cooking Wednesday March 1st 3-5pm. A social cooking class encouraging trying new foods. \$4

Free Tuesdays 12-2pm A free fun "Y" youth program.

Free playgroups

Science Spectacular:

For more information contact Dawn at dcorley@qcap.org
****Every Thursday through February 16th from 12:30-1:45 p.m.**

STORY TIME

Thursday, February 23rd at 4:00

FREE Barefoot Books story time and light refreshments
Books available to purchase - NO purchase required. NO pressure
All ages welcome. Story time best suited for 0-8.

Free CRAFT Playgroup

Friday February 24th @ 10 am

Adult Art Painting

Wednesday February 22nd 6:30-8:30

Suggested Donation \$ 10.

This program supports our Free Youth programs.

See our painting on **HNCC Facebook** Refreshments Served



PLEASE SUPPORT OUR ADVERTISERS ~ THEY SUPPORT US
March, 2017 Deadline is February 28 - 2016

Piano Lessons

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Credit Cards are not accepted with this coupon
Must Mention Coupon when ordering.
Limited Time Offer

Coupon #3
2 Fish & Chips Dinners \$16.99
5 Pieces Haddock, French Fries, Coleslaw & Tarter Sauce
Must Mention Coupon when ordering.
Limited Time Offer

Coupon #4
Super Seafood Platter \$20.99
Haddock, Shrimp, Clam Strips, Scallops, Onion Rings
Must Mention Coupon when ordering.
Limited Time Offer



HOLY TRINITY PARISH

Fr. Bob Carr: Pastor

MASS SCHEDULE

frbobcarr02169@gmail.com

Sat. 4:30pm MBS & 6:00pm OLGC ~ Sun. 8:30am MBS & 10:30am OLGC

www.holytrinityquincy.com ~ facebook: holytrinity quincy

Office Hours Mon-Tues: 9:30 am-7:00 pm, Wed-Thurs: 9:30 am-12:00 pm

Friday office is CLOSED, Saturday and Sunday by appointment

PARISH NEWS

Parish Calendars Congratulations to all 31 winners of the first Annual Calendar Drawing, Through your participation this was a big success.

LADY'S SODALITY

Lady's Sodality Meets the first Sat. of the Month after the 9:00am Mass at Our Lady of Good Counsel church hall. Andrea Sault is the Prefect, for more information contact her at sault46@aol.com

HOLY NAME SOCIETY

Next meeting will be held after the 8:30 Mass on March. 5th at the St. Thomas Aquinas Hall. All confirmed male members of the parish are invited to join this group. Our meeting day has changed to the first Sunday every Month. For more information contact the secretary at ttimcoe@comcast.net

Rosary @ OLGC 7PM every Wed. All members of the HNS are invited.

Food Drive: March 11 & 12, we will be collecting for the parish food pantry at all masses. Thank you to those generous contributors who bring donations every week.

RELIGIOUS EDUCATION www.holytrinityquincy.org

Religious Education is progressing very well for all of our students! We continue to work through the Christ Our Life curriculum with the younger children. In the Edge Middle School program we will enter our 2nd semester on January 17th, which is titled Transformation: An Edge Resource on Liturgy. Great engagement from the middle schoolers so far! Our 10th Grade will receive Confirmation on Friday, January 13th at 7:00 pm, please keep them in your thoughts and prayers. Stay tuned for upcoming Youth Ministry events, including the start of signups for the Summer Mission Trip! As always, find us on Instagram @holytrinityparishyouth and the parish website. May God bless you! - Brian Kirby, Coordinator of Faith Formation, Holy Trinity Parish, Quincy MA

THE PARISH NURSES

Sponsors the monthly Blood Pressure Clinic, the next clinic will be held after the 8:30 Mass on Mar. 5th at the St. Thomas Aquinas Hall. Stop by and have your Blood Pressure check. Certified Nurses will check your pressure and let you know how you are doing. This is a free service of the Parish Nurses and is open to all.

14th ANNUAL HAM & BEAN SUPPER

Holy Name Society of Holy Trinity Parish will host the 13th Annual Ham & Bean Supper on March 18th 5:30 to 7:00pm *Still only \$5.00 per person. GREAT FOOD ~ RAFFLES ~ BRING THE ENTIRE FAMILY ~ \$5.00pp.*

SAVE THE DATE

The Most Blessed Sacrament Church will be 100 years old this year. The Holy Name Society is planning an Anniversary Mass and Dinner for September 24th 2017. We are just in the beginning stages of planning, picking the date was the first on the agenda. If you have any ideas or interesting items of the history of the church we will be looking to incorporate them into the celebration. Please watch the Church bulletin and the HN Bulletin for additional information.

www.holytrinityquincy.com
www.holytrinityquincy.org



HOUGHS NECK CONGREGATIONAL CHURCH

Interim Pastor. FELIX CARRION

Sunday Service 10:00am

Fellowship Coffee Hour following Service

310 Manet Avenue ~ 617-479-8778 www.hncong.org

SEASIDE SOCIAL CLUB

Seaside Social Club Game Night

The Seaside Social Club will meet on Tuesday, February 21, 2017 in the coffee room (right wing off sanctuary) of the Houghs Neck Congregational Church. Come to play some games and win prizes beginning at 7:00. You never know what we might play. Members will have a business meeting at 6:30. The game night program is open to all, so bring your family since it is school vacation week.

Saturday, February 11, 2017

A Valentine Princess Tea
with Moana



At the Houghs Neck Congregational Church
310 Manet Avenue, Quincy

Two sessions - choose either 10:00 a.m. - noon
~~or 2:00 to 4:00 p.m.~~ (sorry afternoon is full)

There will be
Crafts, Music, Activities, and Goodies
and perhaps even a visit by special princesses. There will also be a Princess Boutique where royal accessories can be purchased.

\$10 per child and \$5 per adult

Princess dress is optional
This is always a sell-out
Reservations are required
and can be made by
e-mail to hncc@comcast.net



Be sure to indicate how many adults and how many princesses will be attending and which session you prefer. Please include your phone number.

This event is intended for princesses from pre-school through elementary age. All princesses must be accompanied by an adult.

Holy Name Society of the
Holy Trinity Parish




**13TH ANNUAL
HAM & BEAN SUPPER**

Donation: \$5.00 per person

ALL ARE INVITED ~ BRING THE FAMILY

SATURDAY, MARCH 18TH 2017 5:30PM - 7:00PM
St. Thomas Aquinas Hall

GREAT FOOD ~ RAFFLES

**Please bring non-perishable food item's
for our parish food pantry.**

Thank You for helping our Parish.




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TEXTING & DRIVING...
it can wait

QUINCY POLICE WILL BE PROVIDING FREE BASIC BOATING SAFETY COURSES

The Quincy Police Marine Unit, in partnership with the Massachusetts Environmental Police, will be presenting three Basic Boating Safety Courses at no cost to the public. These courses are designed for persons 12 years old and up, regardless of boating skill.

Courses are nationally approved, and course completion will allow persons to legally operate a boat in states requiring Basic Boating Safety Courses. Everyone who completes the course will be issued a Basic Boating Safety Certificate. All graduates in the 12 through 15 year-old age group will be legally allowed to operate a motorboat without adult supervision. The same is true for 16 and 17 year old youth who wish to operate a personal watercraft (jet ski, wave runner, etc.) In addition, some insurance companies offer policy discounts for customers that complete a Basic Boating Safety Course.

Course Offerings for 2017 are:

MARCH, (March 11, 18, and 25) Course hours Saturdays, noon to 4 PM

MARCH, (March 2, 9, 16) Course hours Thursday Evenings 6 PM till 10 PM

MARCH-APRIL, (March 23, 30, and April 6) Course hours Thursday Evenings 6 PM till 10 PM

All of the above courses will be taught at the Hough's Neck Maritime Center, located at 137 Bay View Ave. (next to the Quincy Yacht Club on Sea Street).

To register for a course go to the Massachusetts Environmental Police Department website at: www.mass.gov/ole

Then click on Boat and Recreational Vehicle Safety Bureau and choose Boating Safety Information. Then click on Boat Massachusetts Course Schedule and follow the instructions.

For more information please call the Massachusetts Environmental Police Department at 508-564-4961.

If you are interested in registering, do not wait too long. These classes fill QUICKLY!



THIRD ANNUAL ATHERTON HOUGH PTO POLAR PLUNGE



Come Join Us!
THE POLAR PLUNGE 2017
 PUBLIC LANDING HOUGHS NECK
 BROUGHT TO YOU BY THE ATHERTON HOUGH PTO

Saturday, January 7th, 2017
 10:00AM
 \$20 Adults \$10 Students \$40 Family Cap
 Don't want to Plunge? Come support those who do!!
 Bake Sale in the Maritime Center for all to enjoy!
 opening at 8:30AM!!

On a cold and gray January morning a large group of supporters braved the chilly waters off the maritime center at the PTO Polar Plunge



Thanks to all that participated and help raise over 1,800.00



Special thanks to the Quincy Police Marine Unit, to our sponsors - donors of baked goods and John from Louis for the donation of Pizza's for the participants.

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BOOK FAIR

COMING SOON!

ATHERTON HOUGH PTO TO SPONSOR A BOOK FAIR
March 21, 2017
Noon to 2:00pm
School Gym

On March 21st beginning at noon till 2PM the school Gym will become a superstore for books. The Atherton Hough PTO is sponsoring a book fair that is open to all. Poruse the many shelves of books for all ages.

20 Minutes

That's all we need to tell you your home's true selling value.



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YOU'RE INVITED TO OUR BOOK FAIR FAMILY EVENT!

TUESDAY, MARCH 21, 2017

12:00 NOON ~ TO 2:00PM

ATHERTON HOUGH SCHOOL GYM

OPEN TO THE PUBLIC

Come support - Atherton Hough School





City of Quincy
 OFFICE OF THE CITY COUNCIL
 MARGARET E. LAFOREST
 Ward One Councilor
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Houghs Neck has been the beneficiary of many past Community Preservation Grants including the Maritime Center, Manet Lake environmental assessment, Leo Kelly Park, and regrading the softball field and improving the fencing and basketball court at LaBreque Field.

This year, I have worked on two applications for Houghs Neck. After hearing concerns from neighbors, I have requested \$300k for new playground equipment, landscape improvements and amenities to Macy Street Park/Grenham Playground. I have held two community meetings on Macy Park.

After hearing from residents near Perry Beach say that for years they were welcome to use a private dock, with that no longer being installed, boaters would like floats at Perry and others mention wanting docks for kayaking, etc on that side of the Neck. I have worked with the Quincy

Police Marine Unit to request \$80k for engineering, permitting, design and acquisition funding for floats for that area. If granted, these funds would be available July 1st. Then we will have a community meeting to discuss how best to install the floats at Perry Beach.

The other applications I'll be supporting are the Houghs Neck Garden Club request for funding for Leo Kelly Park and the Houghs Neck Congregational Church request for historic preservation funds for repairs to the Belfry. These projects are all scheduled for a public hearing of the Community Preservation Committee on Thursday, February 9th at 7pm at Coddington Hall, 34 Coddington Street.

On January 9, 2017, I attended the MEPA-Massachusetts Environmental Policy Act Site Visit for the Houghs Neck Maritime Center. The City of Quincy was represented by

our engineering consultant Tighe & Bond and the Quincy Police Marine Unit/Harbormaster. Participating agencies included MA Department of Conservation & Recreation, Office of Coastal Zone Management, Division of Marine Fisheries and the Army Corps of Engineers. As part of the permitting process for this project, MEPA conducts a preliminary analysis involving all permitting agencies to be involved in the process. On my website, MargaretLaforest.com, I have posted the decision by Secretary Matt Beaton of the Commonwealth of MA Executive Office of Energy & Environmental Affairs which concludes that the Houghs Neck Maritime Center Project doesn't need to file an EIR, Environmental Impact Report. Concerns were noted relative to the floats as they currently sit in the mud at low tide. While we'd like to put skids on the bottom as suggested or put on top of ramp to get away from the low tide conditions, concerns due to the fetch damaging the floats make these options unfeasible. The other major concern noted is the Maritime Center building is currently in the Velocity Zone of the FEMA Flood Maps (FIRM). When completing major improvements above 50% of the value of a structure, the building code requires the structure be made FEMA compliant. The options are to either elevate the existing building, build a new building in the same location to Velocity Zone standards or the move the building to a higher elevation out of the flood zone. We have contracted with Wessling Architects and are just beginning the process to look at the future needs of the building and to determine what will work best for this location. Many Houghs Neck homeowners

have been running into the same issue when they go to make home improvements and the government is not exempt from this regulation. The Conservation Commission granted approval for the boat ramp construction and the Chapter 91 application for the ramp construction is being filed this week.

On Thursday, February 16th at 6:30pm, I will be hosting a neighborhood meeting regarding the application to the Zoning Board of Appeals filed by Bob Galligan to subdivide the parcels containing Louis Parking Lot from the Restaurant. Bob previously filed this application and intended to develop the Parking Lot parcel with condominiums. The condo proposal was opposed by all the neighbors and myself. At that time, a neighbor suggested the city using Community Preservation Funding to acquire the parcel and to have it for a shared neighborhood use. While a shared use may have some merit, at this time, the City has not taken any action in regards. Mr. Galligan has stated that due to financial struggles of the restaurant, he is interested in subdividing the parking lot for a private sale. I was quite surprised to hear that he filed the subdivision request without contacting me directly, as all zoning applications require Councilor notification by the applicant. I asked for a continuance by the Zoning Board so that the neighbors could hear from Bob and get their questions answered. The Zoning Board of Appeals will hear this matter on Tuesday, February 28th at 7:15pm in the first floor meeting room of Old City Hall. I encourage anyone with questions or concerns to attend and express your support for or opposition to this project. If you are unable to attend any of these meetings and would like to express your opinion for the record prior, you can send a letter to the Quincy Zoning Board of Appeals at 55 Sea Street, Quincy MA 02169 or email Inspectional Services Director Jay Duca at jduca@quincyma.gov and you can always contact me directly. One of my most important roles as your Ward Councilor is to keep you informed of matters that may affect you. I welcome you to contact me if you have a question or need additional information. Best regards,

Margaret



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As I complete this month's bulletin, the House of Representatives and Senate are debating the House Rules, Senate Rules and the Joint Rules. The rules establish the parliamentary procedures for the 2017-2018 legislative sessions for each chamber, for the joint legislative committees, and for standing committees. At this time, committee assignment recommendations from the Speaker of the House, the Senate President, and the House and Senate minority party leaders have not been made. Once they make their recommendations, each branch's respective political parties will hold a caucus to approve or reject the recommendations. Once committee assignments are given, legislators will begin the process of moving offices and taking up legislation moved into committee.

The legislative filing deadline for immediate referral to joint committees was January 20th. The co-sponsoring period ended on February 3rd. The House of Representatives filed 3,706 bills and the Senate filed 2,057, for a total of 5,763 bills. I have been reviewing requests to co-sponsor legislation throughout January. I have received hundreds of co-sponsor requests regarding nearly a thousand pieces of legislation from constituents and advocacy groups alike. I cannot co-sponsor everything, but I am giving every request consideration. I have personally filed 76 bills this legislative year and have highlighted a few below.

I am working with the District Attorney on several bills, but two in particular are of interest. The first is "An Act regulating sex offender

registration in the 21st century", which would update the sex offender registry reporting requirements. The bill will require sex offenders to include their Internet identifications as part of their sex offender reporting information. This would include, email addresses and social media aliases. Several states, including New Hampshire, have implemented similar versions of this proposal.

The other bill I filed with the support of the District Attorney is "An Act relative to drug driving". This bill would enable police officers to become certified Drug Recognition Experts. With the legalization of marijuana, many questions have been raised about how to prevent drug driving when there is no breathalyzer or other non-invasive test to determine if an individual is under the influence of mind-altering substances. Certified Drug Recognition Experts are trained to recognize signs of drug use, providing probable cause for an arrest. Further tests would be required to prove the influence of drugs, but this bill would provide police officers with the probable cause needed to initiate an inquiry into drug usage while driving.

Another bill I filed is "An Act relative to providing dental care to senior citizens" which would provide full dental coverage for senior citizens under MassHealth (also known as Medicare/Medicaid). Currently, MassHealth provides only the most basic coverage. Senior citizens pay thousands of dollars out-of-pocket for dental care, presenting a major challenge for those who live on fixed incomes. If this bill were passed, seniors would be covered to receive restorative, endodontic, and

periodontal treatments, as well as dentures.

"An Act establishing senior citizen toll discount on the Massachusetts Turnpike, the Ted Williams Tunnel and the Tobin Bridge" would provide a 25% discount on tolls for drivers 65 years and older who own their own car. The bill also establishes penalties for individuals who abuse the program. There are similar senior discount programs in New Jersey and Florida and they have been implemented with great success.

"An Act requiring employers to employed individuals to be trained in OSHA" would require all employees and contractors in the construction industry to have at least 15 hours of training under the United States Occupational Safety and Health Administration requirements. This bill became a priority after the tragic death of two individuals in the South End last fall. This tragedy could have been prevented if proper training had been in place. The bill would require the Board of Building Regulations and Standards to establish regulations for certification, make information public about violations, sets up fines for violators, and create

guidelines for municipalities to be able to refuse permits for applicants in noncompliance.

"An Act increasing the annuity for gold star families" would increase the state's annuity to gold star families from \$2,000 to \$2,500. This increase would be the first in over a decade.

"An Act relative to mandatory reporting of elder abuse" would require individuals who work or care for senior citizens to become mandatory reporters and report cases of abuse to the Office of Elder Affairs. The bill is similar to other bills that require the mandatory reporting of child abuse and abuse of persons with disabilities.

The Lunar New Year was on January 28th. The lunar calendar is the second oldest continuous calendar in the world and is used in several Asian cultures, including Chinese and Vietnamese. The previous lunar year was the year of the Monkey. This year marks the beginning of the year of the Rooster. Those born in the year of the Rooster are resilient, loyal, charming, dedicated workers, and skilled at recognizing good opportunities.

Hopefully the Year of the Rooster will be fortuitous for the Patriots in Houston!
Tackey




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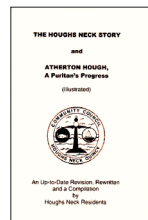
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