Resources

Books for Teachers, Administrators, Counselors and Parents

1. Alone Together: Why We Expect More from Technology and Less from Each Other by Sherry Turkle
2. Bullying Beyond the Schoolyard: Preventing and Responding to Cyberbullying by Sameer Hinduja
3. Bullying Beyond the Schoolyard: Preventing and Responding to Cyberbullying by Sameer Hinduja
4. Cyberslammed: Understand, Prevent, Combat and Transform the Most Common Cyberbullying Tactics by Kay Stephens
5. Cyberbullying Prevention and Response: Expert Perspectives by Justin W. Patchin
6. Cyber Bullying: Bullying in the Digital Age by Robin M. Kowalski, Susan P. Limber, Patricia W. Agatston
7. From Digital Natives to Digital Wisdom: Hopeful Essays for 21st Century Learning by Marc Prensky
8. Girl Wars: 12 Strategies That Will End Female Bullying by Cheryl Dellasega
9. Odd Girl Out, Revised and Updated: The Hidden Culture of Aggression in Girls by Rachel Simmons
12. School Climate 2.0: Preventing Cyberbullying and Sexting One Classroom at a Time by Sameer Hinduja
13. Sticks and Stones: Defeating the Culture of Bullying and Rediscovering the Power of Character and Empathy by Emily Bazelon
15. The Big Disconnect: Protecting Childhood and Family Relationships in the Digital Age by Catherine Steiner-Adair
16. The Curse of the Good Girl: Raising Authentic Girls with Courage and Confidence by Rachel Simmons
17. The Future of Reputation: Gossip, Rumor, and Privacy on the Internet by Daniel J. Solove
Resources

Workbooks

1. Bullying in the Girl's World: A School-Wide Approach to Girl Bullying (Grades 3-8) by Diane Senn
2. Girls in Real Life Situations: Group Counseling for Enhancing Social and Emotional Development: Grades K-5 (Book and CD) by Julia V. Taylor
4. Mean Girls 101 1/2: Creative Strategies and Activities for Working with Relational Aggression by Kaye Randall and Allyson A. Bowen
6. Relational Aggression in Girls Workbook: A Prevention and Intervention Curriculum with Activities and Lessons for Small Groups and Classrooms by Jamie Kupkovits
7. Salvaging Sisterhood by Julia V. Taylor

Books for Middle to High School Students

1. Dear Bully: Seventy Authors Tell Their Stories by Dawn Metcalf
2. Odd Girl Speaks Out: Girls Write about Bullies, Cliques, Popularity, and Jealousy by Rachel Simmons
3. Ophelia Speaks: Adolescent Girls Write About Their Search for Self by Sara Shandler
4. Peer Pressure vs. True Friendship! Surviving Junior High: A Guide for Teens, Parents & Teachers by Dr. Orly Katz
5. Please Stop Laughing at Me: One Woman's Inspirational True Story by Jodee Blanco

Books for Elementary Students (Empathy, Friendship and Perspective Taking)

1. Confessions of a Former Bully by Trudy Ludwig
2. Fish Out of Water by Abby Nye
3. How Do I Stand in Your Shoes: A Story and Worksheets on Empathy by Susan DeBell
4. My Secret Bully by Trudy Ludwig (available in Spanish)
5. Nobody Knew What to Do: A Story about Bullying by Becky Ray McCain
6. One by Kathryn Otoshi
7. Our Friendship Rules by Peggy Moss and Dee Dee Tardif
8. Say Something by Peggy Moss
9. Simon’s Hook: A Story about Teases and Putdowns by Karen Jedig Burnett
10. Trouble Talk by Trudy Ludwig
11. Wonder by R. J. Palacio
12. Zero by Kathryn Otoshi