

Resources



Books for Teachers, Administrators, Counselors and Parents

1. **Alone Together: Why We Expect More from Technology and Less from Each Other** by Sherry Turkle
2. **Bullying Beyond the Schoolyard: Preventing and Responding to Cyberbullying** by Sameer Hinduja
3. **Bullying Beyond the Schoolyard: Preventing and Responding to Cyberbullying** by Sameer Hinduja
4. **Cyberslammed: Understand, Prevent, Combat and Transform the Most Common Cyberbullying Tactics**
by Kay Stephens
5. **Cyberbullying Prevention and Response: Expert Perspectives** by Justin W. Patchin
6. **Cyber Bullying: Bullying in the Digital Age** by Robin M. Kowalski, Susan P. Limber, Patricia W. Agatston
7. **From Digital Natives to Digital Wisdom: Hopeful Essays for 21st Century Learning** by Marc Prensky
8. **Girl Wars: 12 Strategies That Will End Female Bullying** by Cheryl Dellasega
9. **Odd Girl Out, Revised and Updated: The Hidden Culture of Aggression in Girls** by Rachel Simmons
10. **Queen Bees and Wannabes: Helping Your Daughter Survive Cliques, Gossip, Boyfriends, and the New Realities of Girl World** by Rosalind Wiseman
12. **School Climate 2.0: Preventing Cyberbullying and Sexting One Classroom at a Time** by Sameer Hinduja
13. **Sticks and Stones: Defeating the Culture of Bullying and Rediscovering the Power of Character and Empathy** by Emily Bazelon
14. **Talking Back to Facebook: The Common Sense Guide to Raising Kids in the Digital Age**
by James P. Steyer
15. **The Big Disconnect: Protecting Childhood and Family Relationships in the Digital Age**
by Catherine Steiner-Adair
16. **The Curse of the Good Girl: Raising Authentic Girls with Courage and Confidence** by Rachel Simmons
17. **The Future of Reputation: Gossip, Rumor, and Privacy on the Internet** by Daniel J. Solove
18. **Totally Wired: What Teens and Tweens Are Really Doing Online** by Anastasia Goodstein

Resources



Workbooks

1. **Bullying in the Girl's World: A School-Wide Approach to Girl Bullying (Grades 3-8)** by Diane Senn
2. **Girls in Real Life Situations: Group Counseling for Enhancing Social and Emotional Development: Grades K-5 (Book and CD)** by Julia V. Taylor
3. **Facing History and Ourselves, A Guide to the Film BULLY: Fostering Empathy and Action in Schools**
http://www.healthiersf.org/lgbtq/InTheClassroom/docs/curriculum/A_Guide_to_the_Film_BULLY.pdf
4. **Mean Girls 101 1/2: Creative Strategies and Activities for Working with Relational Aggression**
by Kaye Randall and Allyson A. Bowen
5. **Not in Our Town/Not in Our School: Standing Together for Safety, Inclusion and Acceptance**
www.niot.org
6. **Relational Aggression in Girls Workbook: A Prevention and Intervention Curriculum with Activities and Lessons for Small Groups and Classrooms** by Jamie Kupkovits
7. **Salvaging Sisterhood** by Julia V. Taylor

Books for Middle to High School Students

1. **Dear Bully: Seventy Authors Tell Their Stories** by Dawn Metcalf
2. **Odd Girl Speaks Out: Girls Write about Bullies, Cliques, Popularity, and Jealousy** by Rachel Simmons
3. **Ophelia Speaks: Adolescent Girls Write About Their Search for Self** by Sara Shandler
4. **Peer Pressure vs. True Friendship! Surviving Junior High: A Guide for Teens, Parents & Teachers**
by Dr. Orly Katz
5. **Please Stop Laughing at Me: One Woman's Inspirational True Story** by Jodee Blanco

Books for Elementary Students (Empathy, Friendship and Perspective Taking)

1. **Confessions of a Former Bully** by Trudy Ludwig
2. **Fish Out of Water** by Abby Nye
3. **How Do I Stand in Your Shoes: A Story and Worksheets on Empathy** by Susan DeBell
4. **My Secret Bully** by Trudy Ludwig (available in Spanish)
5. **Nobody Knew What to Do: A Story about Bullying** by Becky Ray McCain
6. **One** by Kathryn Otoshi
7. **Our Friendship Rules** by Peggy Moss and Dee Dee Tardif
8. **Say Something** by Peggy Moss
9. **Simon's Hook: A Story about Teases and Putdowns** by Karen Jedig Burnett
10. **Trouble Talk** by Trudy Ludwig
11. **Wonder** by R. J. Palacio
12. **Zero** by Kathryn Otoshi