

#### Compliments of : The Parent Child Connect (Assiniboine North Parent Child Coalition)

Working with parents, caregivers and service providers to ensure children are healthy and happy. Contact Antoinette 204–764-4232 for information or submissions by the 15th of the previous month

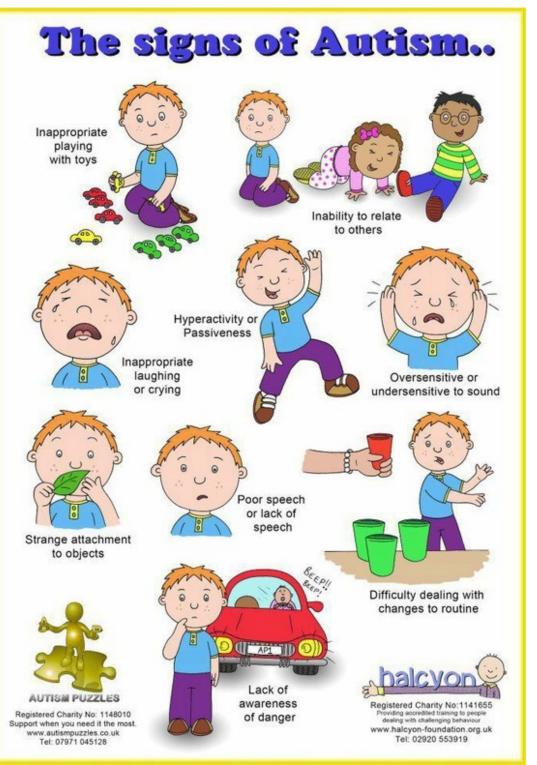
As a clinician working with children with autism for over 10 years, I know firsthand the power of an early intervention. The brain is rewirable, however, the earlier we start working on brain retraining, the greater the outcomes. Today, 1 in 68 children is diagnosed with autism.

Watch for the early signs.



It's mud puddle time of yearyippee! Let the kiddos explore, imagine, invent, create and most importantly go **OUTSIDE!** Will you be doing lots of laundry? **Yep.** Will you be cursing muddy boots? **Of course.** Will there be tears of frustration? **You'll get over it.** Will your child have fun?

# Absolutely.



# April 2018



Please contact Antoinette if you would like specific programing in your community.

# **BIRTLE**:

<u>Healthy Baby:</u> First Thursday of the month in Feb., April, June, Aug. Oct. Dec. From 10-noon @ the United church Contact your public health nurse for more info

# CARBERRY

<u>Healthy Baby</u>: 4th Wednesday of the month from 10-noon @ The Carberry Plains Health Centre. Alexandra @ 476-7842

<u>Story time at the Library:</u> Thursdays at 10:00 at the Carberry North Cypress library.

<u>Shake, Rattle & Roll:</u> April 4,11,18,25 from 9-10 am @ Carberry Community Memorial Hall. Drop In welcome. Contact Carberry Daycare for info. 834-3690

# HAMIOTA

<u>Healthy Baby:</u> 2nd Wednesday of the month @ 10-noon Cornerstone Church Contact public health nurse

#### KENTON

<u>Kenton Play Group</u> Every other Friday @ the Kenton Hall @ 10:30 contact Nicole 838-2423

#### MINNEDOSA

<u>Healthy Baby</u>: 3rd Tuesday of the month @ St. Mark's Anglican Church from 10-noon Contact Alexandra 476-7842 <u>United We Can</u>: 2nd & 4th Wednesdays@ 10 -noon Minnedosa United Church, contact Denise @ 849-2263

#### NEEPAWA

<u>Healthy Baby</u>: 2nd Tuesday of the month @Neepawa Public Library from 10-noon Contact Alexandra 476-7842

# NEEPAWA

<u>Neepawa & Area Immigrant Settlement</u> <u>Services</u> 4th Tuesday of the month 1:30-3:30 Contact Alexandra 476-7842 <u>Step Together:</u> 1st and 3rd Wed. of the month 9:30 -11:30 at the United Church Text Val @ 841-4315

#### OAKBURN

Information on small, intimate nursery school: contact Cindy 204-234-5341

#### RIVERS

<u>Healthy Baby</u>: 3rd Tuesday of month from 10-noon @ Zion Church. Contact Denise @ 204-748-2321 ext 294

# RUSSELL

<u>Healthy Baby</u>: 2nd Thursday of the month from 10-noon @ Russell United Church. Contact public health nurse

#### SHOAL LAKE

<u>Healthy Baby</u>: 1st Thursday in March, May, July, Sept. ,Nov. from 10-noon @ United Church Contact your public health nurse for more info

# SIOUX VALLEY:

<u>Nobody's Perfect</u> April 5,12 Contact Kim McKay @ 855-2536

#### STRATHCLAIR

<u>WE CAN</u>: 1st and 3rd Wednesday from 10 to noon at the Baptist Church Contact Denise @ 849-2263

If you would prefer us to send you this via email please email to let us know! agravelouellette@pmh-mb.ca

We have an number of programs starting up so watch our Facebook for updates!

If you would like a certain program in your community please contact me so we can see how we can make it

happen!



