

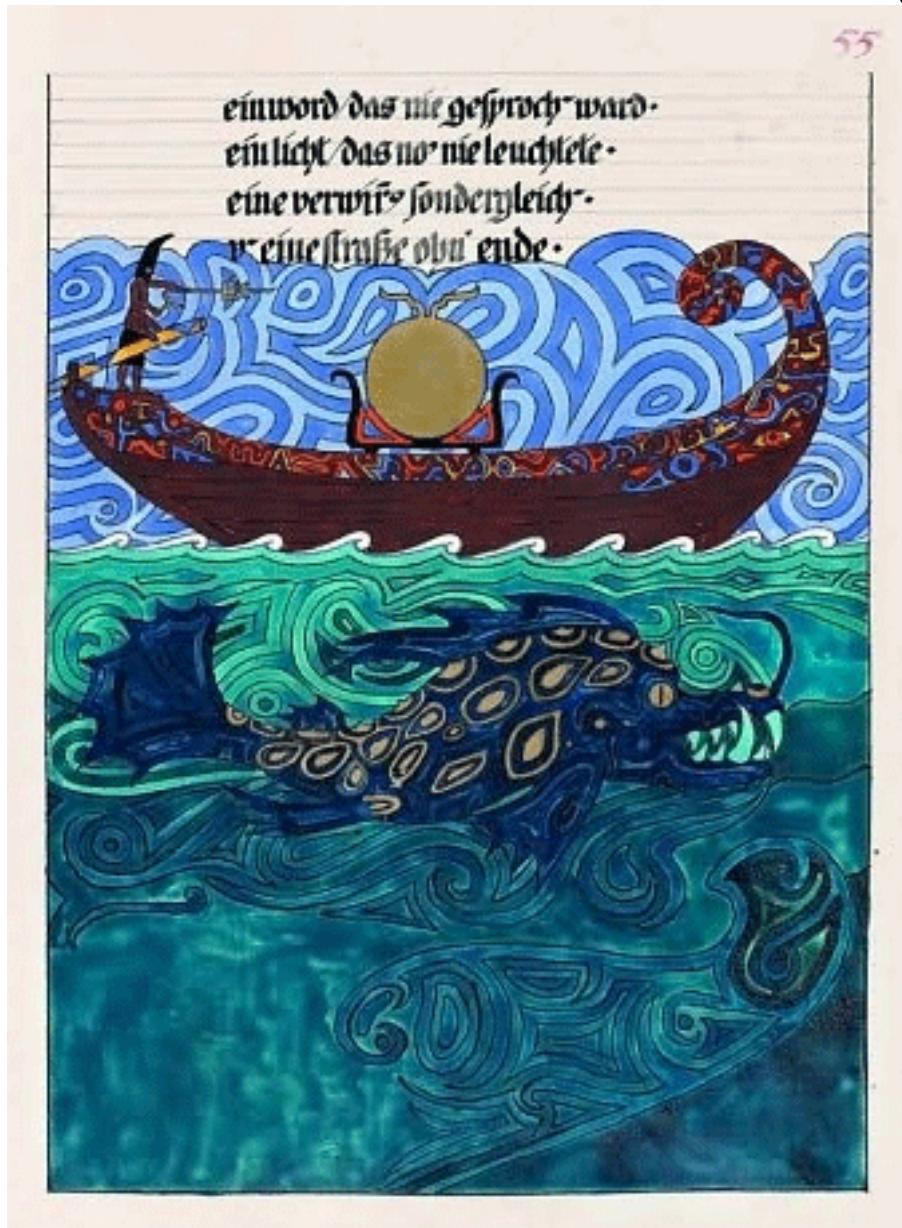
**TEXAS REGION
of the
INTER-REGIONAL SOCIETY OF JUNGIAN ANALYSTS**

Guidelines and Policies Manual

2020-2021

Texas Region of the Inter-Regional Society of Jungian Analysts

There are experiences which one must go through and for which reason is no substitute.
(CW11, ¶1446)



One cannot just think up a system or truth which would give the patient what he needs in order to live, namely faith, hope, love, and understanding. These four achievements of human endeavor are so many gifts of grace, which are neither to be taught nor learned, neither given nor taken, neither withheld nor earned, since they come through experience, which is an irrational datum not subject to human will and caprice. Experiences cannot be *made*. They happen – yet fortunately their independence of man's activity is not absolute but relative. We can draw closer to them – that much lies within our human reach....The way to experience...is a venture which requires us to commit ourselves with our whole being. (CW11, ¶¶500-501)

WELCOME to the Texas Region of the Inter-Regional Society of Jungian Analysts (“Seminar”). As Jung’s words and the preceding image suggest, participation in the Seminar is an *experience*, one that will be uniquely yours, as well as one that is guided and contained in the formal structures created to hold participants and teachers along the way. There is much to be encountered by all of us when approaching psyche with such intention. The following details will hopefully orient you to the outer process, just as we hope to provide an opportunity for the more significant inner one - a process that is not linear, nor always rational.



PHILOSOPHY AND PURPOSE

The Seminar is a local training site of the Inter-Regional Society of Jungian Analysts (“I-RSJA”). The Seminar serves two primary purposes. We provide a professional level of education in Analytical Psychology to interested and qualified participants. As the local didactic program for Candidates in analytic training with the I-RSJA, our Seminar promotes a forum for both didactic learning of Jungian psychology and for the conscious development of mental health professionals desiring to become analysts. We also open this experience to non-clinicians who are interested in an in-depth study of Jungian thought and its application to life.

Our educational philosophy is grounded in the understanding that applying Analytical Psychology to one’s life and work involves an integration of intellectual, symbolic, emotional and ethical expertise. For those participants who are mental health professionals, we stress the importance of a personal analysis for analytic learning. As Jung noted, “everything depend[s] on how far the analyst has been analysed himself” (CW4, ¶1447). For all participants we especially encourage the exploration and integration of shadow as it manifests relationally, and feedback to participants may on occasion reinforce this, as we believe that getting to know one’s shadow is a lifelong process. To support these values, we strongly recommend, at some point during one’s studies, an intensive analysis that may include multiple analytic sessions a week. As a further enhancement, we offer a facilitated process group as an integral part of our curriculum.

The subject matter of our Seminar is focused on a comprehensive understanding of the Collected Works of C. G. Jung, on mythology, symbols, and current advances in Jungian thought. This includes Post-Jungian and psychoanalytic innovations, along with classical and archetypal approaches. Our hope is that all participants will take what they learn to develop and deepen their own perspectives, and will challenge themselves and one another into creative and integrated thought in order to better meet not only the exigencies of life, but encounters with the unconscious as well.



TEXAS CURRICULUM

As Jung attempted to synthesize multiple areas of thought, so too our Seminar's philosophy is based on the understanding that Jungian analysis involves an integration of psychological, intellectual, symbolic, ethical and emotional expertise. We offer a curriculum in the study of Jungian and post-Jungian theories that strives to develop a comprehensive understanding of the Collected Works and Post-Jungian developments in Analytical Psychology. Seminar Participants study the nature of the complex, archetypal theory, dreams and dream interpretation, mythology and fairy tales, alchemy, and the process of individuation. Our curriculum also includes the study of developmental psychology and other psychoanalytic innovations, including psychodynamic assessment and diagnosis.

We hope to inspire our participants through a curriculum that encourages them to think for themselves as they integrate the ideas of Jung, Post-Jungians, and other depth psychology theorists. Similarly, our aim for our faculty is an enlivened experience through flexibility of method, orientation, and individual interests.

The curriculum is designed to build on Jung's foundational opus, and includes the study of psychic structure (e.g., archetypes, the Self, the collective unconscious), content (e.g., archetypal imagery, myths, symbols), and process (e.g., compensations, individuation, the transcendent function, self-regulation). Each year our classes are grouped thematically to cover the fundamentals of Analytic Psychology, analytic method, and the depth study of archetypal psychology and individuation.

A syllabus will be provided via .pdf file to each Seminar member participating in the upcoming year.

Our curriculum covers the following topics:

Introduction to Analytical Psychology

History: Jung's Life and Theory Development
 The Word Association Experiment: Theory and Application
 Complex Theory and Neurosis
 Structure and Dynamics of the Psyche
 Infancy and Individuation: Symbol Formation
 Individuation in the Second Half of Life
 Jungian Theory through Time
 Dreams
 Psychological Types and Functions
 Introduction to Alchemy

Analytic Methods – Attitude, Frame and Assessment

The Frame of Analysis: Contrasting Psychotherapy and Depth Psychology
 Psychology of the Transference and Countertransference
 Transference and Countertransference: The Analytic Third
 Experience in Groups: The Individual in the Collective
 Jung's Epistemology in the Contemporary World
 Religious and Spiritual Aspects in the Process of Individuation
 Psychopathology: Personality Patterns and Disorders
 Psychodynamic Assessment and Diagnosis
 Dreams and Approach to the Unconscious
 Implicit Relational Knowing: Intersubjective Communication

Archetypes and Individuation

Archetypes as Instincts
 Archetypes in Ego-Self Relation
 Dynamic Tensions and the Transcendent Function
 Archetypes in Fairy Tales
 Archetypes in Mythologies
 Archetypes in the Religious Function of the Psyche
 Alchemy II
 Active Imagination
 The Un-named Experience: Mysteries and Pathologies
 Archetypes of Initiation and Emergence



SEMINAR ORGANIZATION

Seminar Coordinator:

The Seminar Coordinator is an analyst member of the Seminar with responsibilities for oversight and organization of the training educational program provided under the auspices of the Seminar. The Seminar Coordinator is the primary contact for all participants in the Seminar.

Individuals considering application to the Seminar can find relevant information in Appendix A.

Faculty:

The faculty is comprised of Jungian analysts who are members of the I-RSJA (the “Texas Analysts”) as well as invited guest instructors.

Participants:

There are three categories of students in the Seminar:

1. **Participants:** Individuals interested in studying Jungian analytic theory and its application to human dynamics, culture, and for those who are mental health practitioners, their clinical practice. All students in the Seminar are participants. Students attending seminar classes are considered active participants.
2. **I-RSJA Pre-Control Candidates:** Mental health service practitioners who have been accepted into the I-RSJA as Candidates but have not yet stood for and passed the *Propadeuticum* exams administered by the I-RSJA. They remain participants and actively attend the monthly seminars.
3. **I-RSJA Control Candidates:** Candidates in the I-RSJA who have passed the five *Propadeuticum* exams. Control Candidates remain participants of the Texas Seminar but are no longer required to attend the monthly seminars. They are required to attend their annual interview with the Texas Analysts at the Seminar’s summer business meeting.

Monthly Structure:

Seminars are held one weekend a month for nine months (September–May), usually on the first Friday afternoon and Saturday of the month. Each seminar meets for approximately 10 hours per weekend.

For the 2020-2021 teaching year all seminars will be held via tele-conference. All Seminar participants are required to attend the process group provided during the year. During the 2020-2021 year, an hour-long process group will take place via tele-conference at the end of each Saturday seminar. The final process group will take place in conjunction with the annual summer meeting in June. The group facilitator is not part of the Texas Seminar faculty maintains confidentiality of the group process. The group facilitator's will be paid by the Seminar.

Attendance and participation in each seminar is required, along with regular case presentations and written papers. Should a participant's personal analyst function as a seminar teacher, the participant is to consult with the analyst about whether or not to attend. If the participant does not attend, the Seminar Coordinator will arrange a three-hour tutorial with a different Seminar faculty member. All teaching stipends are paid by the Seminar. When an absence occurs for other reasons, the participant is to consult with the teacher about make-up assignments. In this case, any additional expenses are the responsibility of the participant who has been absent.

In addition to the didactic seminars, a clinical case colloquium is held for all participants who are mental health providers. (Please see the following section for details regarding case colloquium requirements.)

Summer Meeting of the Texas Seminar

At the end of each year (usually in late June or early July) the Seminar holds its annual business and interviewing meeting. The following information pertains to this very important gathering:

1. All active Seminar participants participate in the end-of-year facilitated process group.
2. All Seminar participants must be present for their individual end-of-year interviews with their Texas Review Committees, which are composed of members of the faculty. These annual interviews include but are not limited to discussions and feedback related to the participant's progress. Strengths may be supported, limitations and weaknesses may be named, and recommendations for focus on growth may be discussed.
3. We ask all Seminar participants to write a one-to-two page paper reflecting upon their process and experience of the past year. Please submit this reflection paper to the Seminar Coordinator by **May 15th**.



CASE COLLOQUIUM

Case Colloquium provides a substantive clinical experience in which participating mental health providers present and work with clinical material. This colloquium is arranged for independently by the Seminar participants themselves and is only attended by mental health providers (clinicians). The colloquium meets over the course of the year and generally consists of a minimum of four consecutive hours per meeting, and may increase by one hour per meeting if the number of participants increases, but is not to exceed six hours per meeting.

The minimum number of colloquium hours accrued in a given year ranges from 36 to 48, depending upon the number of mental health providers in the Seminar in a given year. While the preference is that the colloquium meet on the Sunday following each seminar, the pragmatics of travel costs allow colloquium facilitators and participants to work together to determine whether the colloquium will follow this preference or will meet less frequently with a greater number of hours per meeting.

The clinical participant group will work together to choose an analyst accredited by the International Association for Analytical Psychology (“IAAP”) to facilitate the colloquium, providing a significant dual relationship does not exist between the analyst and any of the participants in the colloquium. It is not required that the facilitator be chosen from the Texas Analysts. Participants carry the cost of the colloquium facilitator’s fee and any travel expenses incurred. The fee is negotiated with the analyst and divided equally among the clinical participants.



OTHER REQUIREMENTS

All Seminar participants are to inform the Seminar Coordinator by **May 1st** of their intent whether or not to participate in the Seminar for the following year.

Seminar participants making any requests or statements of intent regarding their status or advancement are to inform the Seminar Coordinator by **May 1st**. The Seminar Coordinator will forward the request or statement of intent to the participant’s Texas Review Committee.

If a Candidate makes any additional request or statement of intent to his/her I-RSJA Review Committee after the Seminar summer meeting has occurred, the Candidate is to inform his/her Texas Review Committee and the Seminar Coordinator of such in writing. If the I-RSJA Review Committee takes action that differs from the Seminar decisions and recommendations, the Seminar Coordinator will inform the Candidate’s Texas Review Committee.

Control Candidates are required to have requisite legal authority to practice psychotherapy/analysis in the state or country of residence. In Texas this means that Control Candidates are required to have a license to practice psychotherapy. While licensure is not required for admittance into the Seminar, active participants must be licensed before applying for candidacy with the I-RSJA.

All Candidates are expected to be in good-standing with I-RSJA and to meet all I-RSJA training requirements.

By August 1st, all participants must sign a contract of participation and send it to the Seminar Coordinator (see Appendix B).

Continuing Education (CE): The Seminar is an authorized Professional Counselor CE Provider sanctioned by the Texas Department of Health Services. Participants may contact the Secretary of the Seminar to request a CE certificate for any monthly seminar they have attended and for which they have submitted an evaluation.

Withdrawal from the Seminar: A request to withdraw must be submitted in writing to the Seminar Coordinator, who will inform both the President and Treasurer of the participant's decision to discontinue their participation. Any request to withdraw is subject to the policies noted under Seminar Fees and Expenses.



ETHICS POLICY

In Seminar discussions, data from clinicians' work with clients may be discussed. Such data are confidential and participants are required to respect and maintain confidentiality. Participants of the Seminar are required to be in compliance with the contents of the Code of Ethics of the Inter-Regional Society of Jungian Analysts, a copy of which the Seminar Coordinator will provide.



IT IS THE GENERAL EXPECTATION of the Texas Analysts that individuals who intend to become Jungian analysts are best served:

1. By intensive, personal analysis over an extended period;
2. By working intensively with several of their own clients in their own practice in a similar way;
3. By beginning on-going individual case consultation prior to the Candidacy stage of training; and
4. By attending and participating actively in the monthly seminars.

Admission to the Seminar does not constitute acceptance into the analyst training program of the I-RSJA, nor does it imply that such acceptance may be forthcoming. Participants in the Seminar who are not Candidates in the I-RSJA may not represent themselves as being in training with the I-RSJA or as being in analytic training.



The policies of the Seminar are updated periodically. An updated version is distributed annually. The Seminar reserves the right to make exceptions to written policies in unusual individual circumstances; such exceptions are made by a majority vote of Texas Analysts after a review of the circumstances involved.



SEMINAR FEES AND EXPENSES

Annual fee for Participants: \$2,500, payable to the Treasurer of the Seminar by **August 1st** of the then current teaching year. As financial realities require, the Texas Analysts reserve the right to increase the Seminar tuition and fees. Participants will be given a year's notice of any tuition increases.

Annual fee for Control Candidates: \$350.00, payable to the Treasurer of the Seminar by **August 1st** of the then current teaching year.

Annual Fee for Leave of Absence (for Active Participants only): \$250.00 payable to the Treasurer of the Seminar by August 1st of the then current teaching year.

In order to participate in the upcoming teaching year that begins each September, a participant's tuition must be received by the Seminar Treasurer by the due date of August 1st. Failure to pay tuition is considered grounds for possible termination from participation in the Seminar (see Appendix C). Any participant with concerns regarding his/her participation in the upcoming teaching year and/or concerns regarding the tuition for the year must contact the Seminar Coordinator and the Treasurer well in advance of this deadline.

Withdrawal: If an individual has been accepted into the Seminar but chooses not to participate, they may withdraw from the Seminar prior to September 1st of that teaching year. However, **no refunds of tuition will be offered after August 1st prior to the then current teaching year.**

Additional costs incurred while participating in the Seminar include monthly case colloquium expenses.

Any fees and expenses associated with case consultation, either required or recommended, outside of the 10 hours of each seminar weekend are the responsibility of the Seminar participant.



LEAVES OF ABSENCE

- A. Leaves of Absence are available only to active Participants, i.e., individuals who have been actively attending Seminar classes at the time of their request. Specifically, it is not possible for an applicant who has been accepted at the summer meeting to take a Leave of Absence before the teaching year begins, although they may withdraw without prejudice and may reapply in the future.
- B. Any active Participant wishing to take a Leave of Absence must make the request in writing to the Seminar Coordinator, who will make a determination to approve or not approve the request in consultation with the Participant's Texas Review Committee and/or the Executive Committee of the Seminar.
- C. No fee is required for a Leave of Absence that is requested during a teaching year if the Leave of Absence is applicable to that current year. If a Leave of Absence is requested for an upcoming year, a \$250.00 fee payable to the "Texas Region of the Inter-Regional Society of Jungian Analysts" is required. The fee is due August 1st of the then current teaching year and is to be mailed to Treasurer of the Seminar.
- D. Any active Participant who is a Candidate is subject to the Leave of Absence policy of the I-RSJA. Any active Participant who is not a Candidate may accrue no more

than 2 years' consecutive Leaves of Absence. If the Participant does not resume attendance at the Seminar he/she shall withdraw from the Seminar without prejudice. If the Participant refuses to withdraw, the Participant may be terminated from the Seminar.

- E. All Leaves of Absence are approved for no longer than one training year. If the Leave of Absence is requested for less than one training year, that Leave of Absence will be considered a one-year Leave of Absence for these purposes.
- F. The Texas Analysts reserve the right to make exceptions to this policy.



**APPLICATION GUIDELINES FOR ADMISSION TO CANDIDACY IN THE
INTER-REGIONAL SOCIETY OF JUNGIAN ANALYSTS**

General Considerations:

The I-RSJA has no permanent headquarters. Training takes place at semi-annual Society meetings and in Local Training Seminars located throughout the United States. As such, applicants applying for admission to the I-RSJA Training Program must be currently enrolled in the Seminar and actively attending classes.

Potential applicants are required to spend a pre-application period of at least six months in an I-RSJA Local Training Seminar. In addition, the following requirements apply:

1. Possess at least a Master's degree. It should be noted that a graduate degree qualifying an applicant to practice psychotherapy in their state must be obtained prior to entering the Control/Diploma State of training in the IRSJA.
2. Confirmation of 100 hours of face-to-face personal analysis with an IAAP accredited analyst prior to March 1st of the year of application. The applicant is expected to be in analysis at the time of application and the 100 hours of analysis are expected to have taken place within three years prior to application for candidacy.
3. Regular attendance and participation in the Seminar for a minimum of six months prior to application to the I-RSJA. A letter of approval from the Seminar Coordinator is required in order for the applicant to have an I-RSJA admissions interview.
4. The financial and personal resources to invest in a training that may take anywhere from six to ten years and cost at least \$15,000 a year (costs of analysis and case consultation, Seminar fees, travel and lodging for seminars and to semi-

annual Society meetings in various cities around North America).

5. Requisite legal authority to practice psychotherapy/analysis in the state or country of residence, except in states where, at the time of application for the propaedeuticum, licensure is not required to see clients.
6. Minimum age: 25 years.
7. Submission of application* and supporting documents must be sent to the I-RSJA Director of Admissions by March 1st.

* <https://irsja.org/wp-content/uploads/2020/07/IRSJA-app-for-Jungian-Analysis-Training.pdf>

Application Procedure:

1. Written request for approval to make application to candidacy must be sent to the Seminar Coordinator by **December 1st**.
2. Verification of on-going analysis is required in writing by the applicant's personal analyst by the time of the Evaluation Interview (see # 3).
3. Evaluation Interview by a committee of Texas Analysts, arranged by the Seminar Coordinator, held in February in conjunction with the winter meeting of the Texas Analysts.
4. Evaluation by each Seminar faculty member who has led a seminar in which the applicant participated; evaluations are submitted by the faculty member to the Seminar Coordinator by **February 1st**.
5. Applicable legal and professional requirements for the independent practice of psychotherapy must be met and documentation (copy of license) sent to the Seminar Coordinator prior to the Evaluation Interview (#3).
6. After receiving approval from the Seminar, the applicant must follow the application procedures of the I-RSJA. Information regarding the admission application process may be found at: www.irsja.org.

Submission of an application to the I-RSJA and supporting documents must be sent to the I-RSJA Director of Admissions by **March 1st**.

APPENDIX A

ADMISSION POLICIES

Eligibility

The Seminar welcomes the application of individuals who are interested in Jungian studies as well as persons interested in candidacy in the Inter-Regional Society of Jungian Analysts. The following criteria apply:

1. Be in current, regular, on-going analysis or psychotherapy.
2. Hold a graduate degree (Master's level or higher) or be in the process of completing a graduate degree.
3. If in possession of a clinical graduate degree, an applicant must hold a license to practice psychotherapy or be in the process of acquiring a clinical license, if the applicant practices in a state that requires a license.
4. Be at least 25 years old.

Application Procedures

Please send the following items to the Admissions Coordinator by **May 1st**:

1. A cover letter describing your desire and interest in applying to the Seminar, including a description of any Jungian-related educational experiences (lectures, workshops, reading, etc.) that you have found to be meaningful and relevant to your applying.
2. A two-page, typed and double-spaced psychological autobiography.
3. Verification of your hours of personal analysis and/or psychotherapy.
4. Curriculum Vitae reflecting your life interests and work experience.
5. If you are a practicing psychotherapist, a current copy of your license, if you practice in a state requiring licensure.
6. Transcripts of undergraduate and graduate records.
7. A non-refundable application fee of \$300 payable to "Texas Region of the I-RSJA."

B. Arrange an individual interview by **May 15th** with the analyst assigned by the Admissions Coordinator; the interview will be held in May or June prior to the summer meeting of the Seminar analysts.

C. Be present for a group interview with Texas Analysts during the Seminar's summer meeting (usually at the end of June or in early July). Results of the application process will be communicated to applicants following the group interview.

APPENDIX A**ADMISSION POLICIES**

The interview process is a relational endeavor that looks not only at the objective criteria requested but also engages a subjective evaluation of the appropriateness of fit between an applicant and what the Seminar offers. The Texas Analysts vote on whether or not to accept applicants. The decision of the Texas Analysts to accept or not accept an applicant shall be final.

APPENDIX B

Contract for Participation in the Texas Seminar

The Texas Region of the Inter-Regional Society of Jungian Analysts

Seminar Participant Contract

1. I understand that I have been admitted to the Seminar for the 2020-2021 year and have made the decision to commit to participation and attendance through the end-of-year interviews held in June 2021. Further, I understand that the tuition for this year is \$2500.00 and must be paid by August 1st, 2021. If I choose to withdraw from the Texas Seminar I will adhere to the policies noted under ***Seminar Fees and Expenses*** in the Guidelines and Policies Manual of the Texas Region of the Inter-Regional Society of Jungian Analysts, a copy of which has been provided to me.
2. I agree that I will not promote myself as a Jungian analyst while I am a participant in the Seminar.
3. I have been provided with a copy of the Texas Region's Guidelines and Policies Manual and agree to abide by the guidelines and policies therein.
4. I have been provided with a copy of the Code of Ethics of the Inter-Regional Society of Jungian Analysts and I agree to adhere to its rules.

Participant Signature

Date

Seminar Coordinator Signature

Date

Seminar Participant Contract – please sign and return to the Seminar Coordinator by August 1st.

APPENDIX C

Termination from Participation in the Seminar

The decision to terminate a participant from the Seminar is not entered into lightly. Complex situations related to the manner of participation and responsibilities of the participant, including failure to pay Seminar tuition, may result in a participant's termination from the Seminar. When concerns result in consideration of termination, the participant will be asked to meet with an interviewing committee of Texas Analysts to discuss those concerns. Following consideration by the Texas Analysts, if a majority vote by the Texas Analysts supports the termination the decision to terminate will be communicated in writing to the participant by the Seminar Coordinator. The decision of the Texas Analysts to terminate a participant shall be final.