

Recovery Coach

BOOTCAMP

Are you ready to invest in your career in a way that improves your job satisfaction AND increases your client's chances at living a rich, full, meaningful life? Harbor House, Inc. is opening recovery coach offices to meet the demand. You can offer this service in your organization, as well.

Learning Objectives:

- Define and contrast role of recovery coach, counselor, sponsor, pastor, peer specialist
- Identify multiple pathways to recovery
- Identify skills to assist clients in moving through the 5 Critical Elements of Recovery
- Apply the 6 processes of Acceptance and Commitment Therapy (ACT) to helping clients get where they want to be
- Steps for building a Recovery Coach program in your organization

This experiential training is intensive with a “learn stuff, do stuff” application, not just theory but practical, how to do it information. Evening sessions are available to continue the learning: practicing skills with experienced recovery coaches. The use of recovery coaches has led to decrease in relapse rates, increased retention into treatment, and an overall increase in quality of life.

You will receive a training manual with numerous interventions, forms, and handouts; and up to 37 ceu's for 5 days and 3 evenings of intense training. The fee is \$400. This training has been accepted by Arkansas Substance Abuse Certification Board for hours towards the Peer Recovery Specialist Certification through ICRC.

For more information or to register for this event, see our website, www.recoverycoachsystems.org or call Jimmie Wooding (479)785-4083 ext. 101, or email jwooding@recoveryhhi.org