

Unified Therapy now offering...

Aquatic Therapy



Who Can Benefit?

Patients of varying diagnoses

Effective Intervention for Those with:

Abnormal muscle tone
Muscle weakness
Poor postural control
Decreased endurance/balance/coordination
Limited mobility/gait abnormalities
Weight bearing limitations

Components & Benefits of Aquatic Therapy:

Buoyancy
Hydrostatic pressure
Heat
Resistance

Other Information:

- Aquatic Therapy is offered as a supplement to therapy services
- No basic swimming skills necessary
- Contraindications may prevent some from participating
- Contact a therapist if you think you or your child could benefit

Location: YMCA Dubuque

 **UNIFIED** Therapy Services

4121 Pennsylvania Ave
Dubuque, IA 52001

Call 563.583.4003
For more Information

