

AGENDA

Southeast Washington Regional FYSPRT

09/12/2019 4:00-6:00 p.m.

Phoenix High School, 1315 W. 4th Avenue, Kennewick, WA 99336

<p>Purpose designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision To bring all necessary parties together to contribute to continuous improvement to children’s behavioral</p>	<p>Ground Rules All FYSPRT attendees should have a chance to speak, express their own ideas and feelings freely, and pursue and finish out their thoughts Everyone has an equal opportunity to share their voice and view A variety of points of view are to be put forward and discussed during meetings All attendees should work to remain open-minded Stay true to the FYSPRT goals Participants can interpret topics openly and honestly All respectful feedback is welcomed</p>
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Agenda Items	Discussion & Notes
<p>Welcome & Introductions (5 minutes) Youth Tri lead-Baltazar Torres</p>	
<p>Meeting Minutes (10 minutes) System Tri lead-Jill Mulhausen</p>	<p>Meeting minutes from June 13, 2019 Motion made by: _____ Seconded by: _____ Did the vote carry? YES / NO</p> <p>Meeting minutes from August 8, 2019 Motion made by: _____ Seconded by: _____ Did the vote carry? YES / NO</p>
<p>New FYSPRT Members</p>	<p>Review new member application from Kevin Galacia representing SPARK as FYSPRT member.</p>

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	Motion to approve new member, Kevin Galacia representing SPARK, made by: _____ Seconded by: _____ Did the vote carry? YES / NO
State FYSPRT Report	
Work Plan	Review of Strategic Annual Plan
Survey from Washington State Community Connectors (WSCC)	Washington State Community Connectors Needs Assessment survey for FYSPRT to be completed and returned by Friday, September 20 th : https://www.surveymonkey.com/r/22X72LP
Projects	Lock Box Update
WISe Update/Feedback	WISe 2 nd Quarter BHAS Report
Roundtable	<ul style="list-style-type: none">• MCOs• Providers• Community
Closing Announcements and Evaluation (5 minutes)	Please fill out your FYSPRT evaluation and turn it into the basket labeled "FYSPRT Evaluations." Thank you! **Families and youth: For mileage or childcare reimbursement, see Sherel Webb**
Regional FYSPRT meeting dates	September 14, 2019 PLEASE NOTE LOCATION: Phoenix High School, 1315 W. 4th Avenue, Kennewick, WA 99336
State FYSPRT meeting dates	Tuesday, November 19, 2019 Blake Office Park, West Building Chelan/Roosevelt Rooms: 4450 10th Avenue SE Lacey, WA 98503

Want to become a voting FYSPRT member?

Ask for a membership application or find one on our website @ <http://www.southeastfysprt.org/get-involved.html>

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<p>Welcome & Introductions (5 minutes) Youth Tri lead-Baltazar Torres</p>	
<p>Meeting Minutes (10 minutes) System Tri lead-Jill Mulhausen</p>	<p>Meeting minutes from June 13, 2019 Motion made by: _____ Baltazar _____ Seconded by: _____ Cindy _____ Did the vote carry? YES / NO</p> <p>Meeting minutes from August 8, 2019 Motion made by: _____ Carolyn _____ Seconded by: _____ Jeanette _____ Did the vote carry? YES / NO</p>
<p>New FYSPRT Members</p>	<p>Review new member application from Kevin Galacia representing SPARK as FYSPRT member.</p>

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	Motion to approve new member, Kevin Galacia representing SPARK, made by: ___Jeanette_____
	Seconded by: _____Cindy_____
	Did the vote carry? YES / NO
State FYSPRT Report	Jill and Baltazar discussed State FYSPRT meeting-Youth Move
Work Plan	Review of Strategic Annual Plan
Survey from Washington State Community Connectors (WSCC)	Washington State Community Connectors Needs Assessment survey for FYSPRT to be completed and returned by Friday, September 20 th : https://www.surveymonkey.com/r/22X72LP
Projects	Lock Box Update- Waiting to hear back from CCC regarding funding. Possibly looking at other funding options for the Lock Box
WISe Update/Feedback	WISe 2 nd Quarter BHAS Report- Reviewed BHAS provided with FYSPRT packet as a group. Group discussion on wanting more up to date WISe data. Joel Chavez with CHPW was able to provide some data from the MCO'S that included the GCBH regional percentage to the lawsuit requirements. Convener, Sarah Gillard stated she will take questions pertaining to the BHAS/WISe data and send to the WISe Data Quality Team and report back to FYSPRT.
Roundtable	<ul style="list-style-type: none"> • MCOs • Providers • Community <p>It was reported that Blue Mountain Counseling decided they no longer wanted to be a WISe provider and so they has been outreach to obtain a WISe provider in Columbia County.</p>
Closing Announcements and Evaluation (5 minutes)	<p>Please fill out your FYSPRT evaluation and turn it into the basket labeled "FYSPRT Evaluations." Thank you!</p> <p>**Families and youth: For mileage or childcare reimbursement, see Sherel Webb**</p>
Regional FYSPRT meeting dates	September 14, 2019
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Greater Columbia FYSPRT Strategic Annual Plan

Goal 1: Have adequate representation of youth, family partners on the Regional FYSPRT	Tool	Baseline	Target
	% of youth and family participating	49%	51%

Key Contributing Factors	Objectives	Strategies	Evaluation		
			Tool	Baseline	Target
System Partner Representation	1.1 Follow manual for suggested agency representation	1.1.1 Quarterly contact with the listed agencies 1.1.2 Outreach at other agency staff meetings	<ul style="list-style-type: none"> • Phone contacts • Committee involvement • Send quarterly MTG invitations • Social media • Stream regional meetings 	75% contact rate	100% contact rate by 2020
Youth and Family Participation	1.2 Youth and Family membership at 51%	1.2.1 Outreach designed for families 1.2.2 Outreach designed for youth 1.2.3 Youth and Family friendly meetings	<ul style="list-style-type: none"> • Social media • Advocacy meetings • Parent to Parent • Youth groups • Youth and family centered planning • Stream regional meetings • Promote at Youth focused events 	49% youth and family participation	51% youth and family participation by 2020

Greater Columbia FYSPRT Strategic Annual Plan

Goal 2: Most counties will be represented at the Regional FYSPRT	Tool	Baseline	Target
	# of counties participating	%40	100%

Key Contributing Factors	Objectives	Strategies	Evaluation		
			Tool	Baseline	Target
Outreach - Group	2.1 Participate in outreach quarterly	2.1.1 Health fairs 2.1.2 Resource Fairs 2.1.3 Attend community/coalition meetings	<ul style="list-style-type: none"> List serves Join Project Launch newsletters 	Participate in 1 events p/ quarter	By 2020 Participate in 2 outreach events. 1 per quarter.
	2.2 Stream regional FYSPRT meetings	2.2.1 find a streaming method 2.2.2 email FYSPRT group "how to" instructions on streaming 2.2.3 post on FYSPRT website 2.2.4 post on FSYPRT Facebook	<ul style="list-style-type: none"> Website Facebook 	Of the 10 counties most of the counties will participate	By 2020 majority of counties will be participating in the regional FYSPRT
Outreach – Individually targeted	2.3 Brainstorm with the FYSPRT to identify who is missing with the help of the State manual	2.3.1 Work with regional FYSPRT voting members, members and tri-leads to brainstorm ways to engage community 2.3.2 Delegate outreach to FYSPRT members using who they know	<ul style="list-style-type: none"> social media newsletters email list serve Agency connections One-on-one meetings 	Four counties are represented on the Regional FYSPRT.	By 2020, most counties will be represented at the Regional FYSPRT.

Greater Columbia FYSPRT Strategic Annual Plan

Goal 3: Develop policies and procedures specific to the needs of the Regional FYSPRT in accordance with the state manual—<i>Completed 3/2018</i>	Tool	Baseline	Target
	State manual guidelines on Pg 15	38% of the 8 policies developed	100% of the 8 policies developed by 2020

Key Contributing Factors	Objectives	Strategies	Evaluation		
			Tool	Baseline	Target
Youth and Family Friendly Logistics	3.1 Select a day and time for the Regional FYSPRT that is accessible for Youth and Families as reported to the Regional FYSPRT	3.1.1 Determine what time and day is best for youth 3.1.2 Determine what time and day is best for families	<ul style="list-style-type: none"> • Doodle Poll • Needs assessment – Regional Barriers for attending FYSPRTs 	Meeting time and day scheduled based upon room availability.	Families and youth will report the dates and times of the meetings are family and youth friendly.
Youth and family support in attending Regional FYSPRT meetings	3.2 Create a policy for Youth and Family Reimbursement	3.2.1 Create a mileage reimbursement form 3.2.2 Create a policy and childcare reimbursement form	<ul style="list-style-type: none"> • The State Manual suggestions and policies • LCSNW Company policies/procedures 	Reimbursement for mileage is in place and being utilized. The infrastructure for childcare reimbursement is in place but has not been used.	Both mileage and childcare reimbursement for Regional FYSPRT meetings are being used.
Regional FYSPRT policies	3.3 Develop Regional FYSPRT policies and post to website	3.3.1 Determine the meeting frequency and considerations for quorums 3.3.2 Establish membership requirement compliance policy re: attendance	<ul style="list-style-type: none"> • Planning meetings • Research what other FYSPRTs have done • Follow the State Manual 	The Regional FYSPRT infrastructure is approximately 38% complete.	The Regional FYSPRT policy infrastructure is 100% complete.

Greater Columbia FYSPRT Strategic Annual Plan

Goal 4: Host 4 positive community events	Tool	Baseline	Target
	# of events completed for the year	25%	100%

Key Contributing Factors	Objectives	Strategies	Evaluation		
			Tool	Baseline	Target
Community Events-Targets youth and community	4.1 Brainstorm ideas for community events with FYSPRT 4.2 Identify community needs 4.3 Provide education/information on local resources and new changes to Washington Behavioral Healthcare.	4.1.1 Coordinate with Community partners 4.1.2 Brainstorm community activities 4.1.3 Partner with other local events 4.1.4 Coordinate with MCO's for presentation/panel	<ul style="list-style-type: none"> Regional FYSPRT meetings for planning Coordinate with local providers Social Media Email List serve Agency connections News letter 	Host/Facilitate 1 event a year	4 community events annually

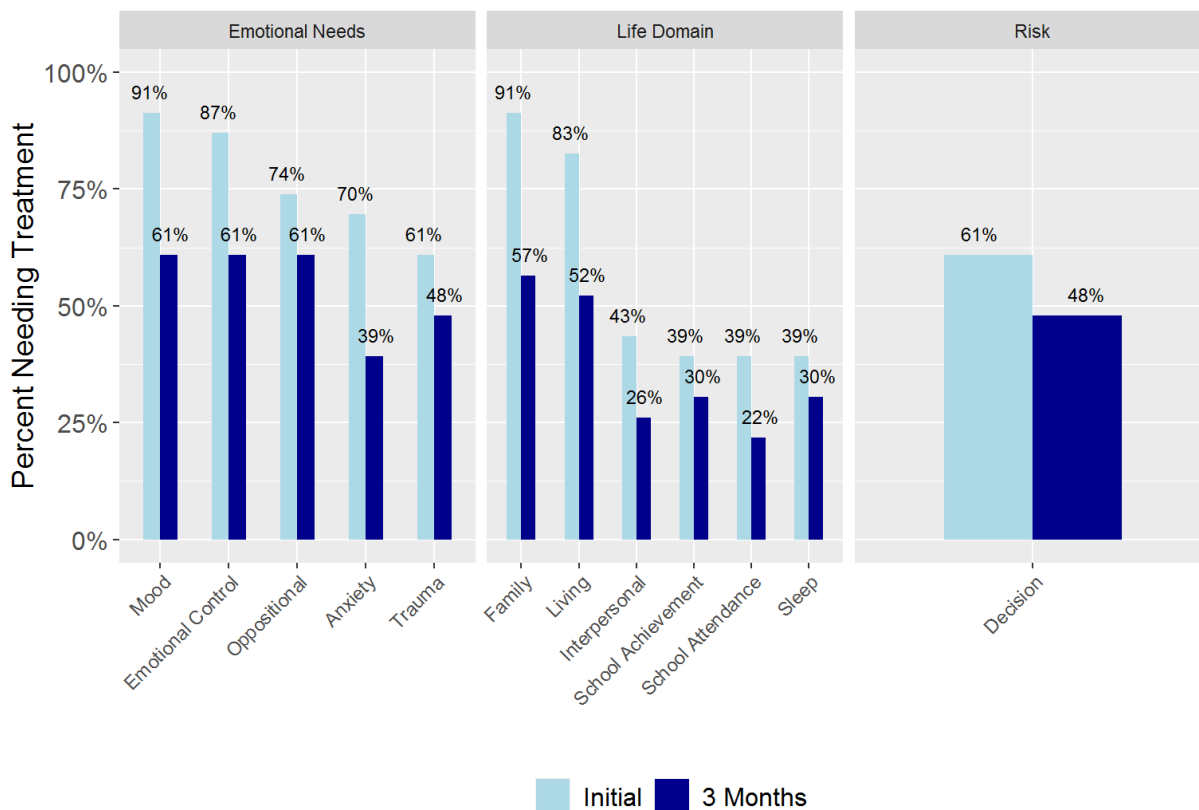
WISe Second Quarter 2019 Behavioral Health Assessment Solution(BHAS) Reports

Treatment Needs at Entry

The graphs below report point-in-time (at Initial assessment) and comparison-across-time (between Initial and reassessment) percentages of clients experiencing particular actionable needs (items rated as a '2' or '3') on the CANS.

These calculations are based off of the Treatment needs at entry are identified among items in the “Behavioral/Emotional Needs”, “Life Functioning”, and “Risk Behavior” domains. The figure below identifies the top six actionable needs at initial intake in the Behavioral and Emotional Needs and Risk Factors Domain AND the top four actionable needs at initial intake in the Life Domain Functioning. If there is a tie between two top six/top four treatment needs in these domains, both items are included in the figure, which sometimes causes than ten items to be displayed. If applicable, the figure shows what percentage of clients continue to have actionable needs on these same items as of a later reassessment.

Treatment Needs at 3 Months Assessment
All Clients With Assessment at 3 Months -- n = 23



Notes from the 08/27/2019 Data and Quality Team

- n= number of youth who completed assessment
- Treatment needs at entry are typically high and will go down and strengths will increase with time in the program.
- Treatment needs can remain the same or increase as new needs are identified.
- GCBH region has a high initial treatment needs compared to the overall State. At 3 the month assessment, the data looks similar to the state.
- 136 youth completed an initial assessment in the first quarter.

For more information, reports can be viewed at

<https://www.hca.wa.gov/about-hca/behavioral-health-recovery/wraparound-intensive-services-wise-0>