# Potomac Valley Shetland Sheepdog Club, Inc. Serving the Greater Washington Metropolitan Region (DC-MD-VA) since 1972



## The Sheltie Seanachie

May 2017

www.potomacvalleyshetlandsheepdogclub.org



#### 2017 Officers

Cathie Skoog, President cathieskoog@verizon.net

Mike O'Shea, Vice President Fran Beacham, Recording Secretary Donna Richards, Corresponding Secretary Jack Gurney, Treasurer

Members of the Board Rich Gurney TBD (vacancy)

#### **PVSSC MONTHLY MEETINGS**

Monthly meetings are held on the 3rd Monday at 7:30 pm at the Dunn Loring Fire House (2148 Gallows Rd, Dunn Loring, VA) except for March and July (no meetings) and December (Holiday Party). **NEXT MEETING is MAY 15.** 

Meetings are open to the public. The Potomac Valley Shetland Sheepdog Club welcomes Sheltie breeders and fanciers, including those interested in conformation and performance events, and pet and Sheltie Rescue owners.

## THE SHELTIE SEANACHIE MONTHLY NEWSLETTER

Donna Richards, Editor

The Sheltie Seanachie is the Club's Monthly Newsletter. It provides a forum for sharing information, discussing issues concerning the breed, and club activities.

Send brags and other items for the newsletter to the editor at PVSSC.shelties@gmail.com or mail to Donna Richards. 1591 N Village Rd, Reston, VA 20194. The Newsletter is sent to members and friends preceding the meeting. If you would like to be added to our distribution list, please email the above address. Back issues of The Seanachie are available on the PVSSC website.



### **May 15 Program**

Potomac Valley Shetland Sheepdog Club, Inc. will host speaker Gwyn Whittaker discussing the pet food industry and home prepared diets.

After a 35-year career in IT, including starting and leading a company providing strategic and technical services in the national security arena for 10 years, Gwyn Whittaker turned her interests to nutrition. She opened the GreenFare Organic Cafe in November 2015 with the purpose of educating and sharing optimal nutrition for humans. She is certified in plant-based nutrition from Cornell's Center for Nutritional Studies.

After changing her own diet significantly, Gwyn began researching how highly processed kibble and canned diets have caused obesity, allergies, and cancer to skyrocket in our canine companions, and how to change this. In concert with her vet, she is working on a home prepared meal cook book for dogs and plans to sell this organic, whole-plant food at GreenFare in the future.

Gwyn is a PVSSC member and the proud owner of the three healthy Shelties pictured.



#### Norma Webb 1924-2017

PVSSC member Debbie Lauritzen's mother Norma Webb passed quietly on Good Friday at home with her family. Her Lutheran pastor performed the Protestant version of Last Rites the night before surrounded by her children and her favorite Sheltie Jake. Norma was a good friend of the PVSSC and followed our activities with interest. We are sorry she has left us.

### **Canine First Aid July 15**

Here is the link to register for the Pet First Aid class PVSSC is sponsoring July 15 from 10am-2pm in Herndon. The cost for the class is \$59 which you can charge on your credit card. This is a \$20 reduction from the regular \$79 individual rate. In addition, the club plans to reimburse members who complete the course another \$20. This makes the final cost very affordable. Register at <a href="https://www.eventbrite.com/e/pet-cpr-and-basic-first-aid-private-event-potomac-valley-shetland-sheepdog-club-registration-33534776419">https://www.eventbrite.com/e/pet-cpr-and-basic-first-aid-private-event-potomac-valley-shetland-sheepdog-club-registration-33534776419</a>

The link is also posted on the PVSSC web site.

Topics covered include: restraints, assessment, rescue breathing, CPR, choking, bleeding & shock, assessing vitals, first aid kit contents, bites & stings, hot & cold injuries, and seizures.

Class space is limited to 12 participants. We need at least 9 registrants to keep the \$59 group rate. If PVSSC members do not fill the class, we plan to open it up for other "friends of the club", so don't miss your chance. Please show your interest by participating so we can continue to offer useful programs like this in the future.

## ASPCA and Community Disaster Response

If you are proficient in First Aid, you may want to continue your training and serve your community through additional disaster training.

ASPCA offers online webinar-based and live training to investigate and take action for animals in crisis, including natural or man-made disaster situations.

http://aspcapro.org/resource/disaster-cruelty-disaster-response/disaster-response-training

The Fairfax County Community Emergency Response Training (CERT) has recently added pet disaster response classes and hopes to train additional teams in the future.

May 13 is National Animal Disaster Preparedness Day.

# Canine Cognitive Dysfunction Syndrome

This topic was previously discussed in the April 2014 newsletter but worth bringing up again. It is sometimes referred to as canine dementia or Alzheimer's. Symptoms include

- Disorientation
- Interactions with people and other animals
- Sleep-wake cycle changes
- House soiling
- Activity level decline

This list and more detail is available at <a href="http://www.petmd.com/dog/conditions/neurological/5-signs-dog-dementia?page=2">http://www.petmd.com/dog/conditions/neurological/5-signs-dog-dementia?page=2</a>

Some other interesting behaviors videotaped by Eileenanddogs. They include circling, wandering, and forgetting what they intended to do. https://www.youtube.com/watch?v=bPR2vrnCeiY

Several dog food manufacturers have come up with formulations to promote "cognitive health". Purina ProPlan has a veterinary diet *NC Neurocare*, in addition to their *Bright Mind* formulation available through regular retailers.

Hill's prescription diet for cognitive support is called *Brain Care b/d*.

In addition to diet, environmental enhancement such as toys and games can help. Regular exercise is also beneficial.

Zoetis manufactures the prescription drug Anipryl for control of Cognitive Dysfunction Syndrome. <a href="https://www.thespruce.com/anipryl-help-for-senior-dogs-3384209">https://www.thespruce.com/anipryl-help-for-senior-dogs-3384209</a>

#### **Canine Vision**

If you are not subscribed to the Canine Corner article series of Psychology today, then you are missing some very interesting articles. On April 12, Dr. Coren discussed and gave photographic examples of how dogs may view the world. Keep in mind that their reduced color vision (compared to humans) makes red and green appear similar and difficult to distinguish, while they see yellow and blue closer to the way that we do. Dogs also have "reduced acuity" since they are usually far-sighted. So closer objects will appear blurred.

View the entire collection here: https://www.psychologytoday.com/blog/canine-corner

## Crufts 2017 video highlights

Beautiful canine freestyle demonstration by Mary Ray using with two canine partners.

https://www.youtube.com/watch?v=e8lp852UvOY

And the International freestyle winning performance, as performed again at Crufts https://www.youtube.com/watch?v=mf6Kuwma5J0

### **Puppy Party**

AKC has tips on how to host a play date. They suggest initial events for beginner hosts should be limited to around 30 minutes. Everyone should stay on leash, and lots of treats should be involved. And then of course there is the Martha Stewart version. (In case you didn't know, PetSmart carries a "Martha Stewart" line of pet products.)

http://www.akc.org/content/entertainment/articles/how-to-host-a-puppy-playdate/

http://www.marthastewart.com/354757/playdate-ideas-your-pup

#### **June Picnic**

We need refreshment committee members for the June PVSSC picnic meeting. Help is needed to decide and order the main dish and coordinate side dishes volunteered by other attendees. Please let us know if you can help. The general club email address is PVSSC.shelties@gmail.com

## **Bears Versus Dogs**

Prince William Forest Park has issued bear warnings. If you are hiking, keep your dog on leash and you may also want to carry pepper spray. "Bear spray" is basically just pepper spray labeled for bear use.

#### **Tick Troubles**

Due to the mild winter, we are expecting greater than normal insect activity this summer. Ticks are already active. If you don't know how to identify various varieties of ticks, this paper explains it all, in disgusting detail. <a href="http://www.ct.gov/caes/lib/caes/documents/special features/tickhandbook.pdf">http://www.ct.gov/caes/lib/caes/documents/special features/tickhandbook.pdf</a>

## **May Events**

Pet Fiesta , Saturday May 6, 10am-4pm in Reston, VA <a href="http://petfiesta.org/">http://petfiesta.org/</a>

Lake Accotink Canine Cruises May 20 & 21, 6pm http://www.fairfaxcounty.gov/parks/lake-accotink/bark.htm

Wine & Fleas May 21 Barrel Oak Winery (BOW) Delaplane, VA

https://www.bringfido.com/event/30922/

Pups in the Park (Nationals Baseball) May 13 7:05 pm. Owner ticket \$30, dog ticket \$10

http://m.mlb.com/nationals/tickets/info/special-ticket-pups-park

Paws in the Park – Prince William Forest Park May 13 10am-3pm. Speakers, exhibits, expert advice available. https://www.virginia.org/listings/Events/PawsinthePark2017/

Don't forget Skyline Drive is rated among the top 5 most dog-friendly National Parks with on-leash dogs permitted on most of the trails.

In addition to dog-friendly wineries, there are also craft beer breweries that welcome dogs. Here is a list to start you off but call ahead since the list is a year old now. <a href="https://www.washingtonian.com/2016/08/05/beer-dog-friendly-breweries-around-dc/">https://www.washingtonian.com/2016/08/05/beer-dog-friendly-breweries-around-dc/</a>

## **AKC Humane Fund Surveys**

As discussed in the January, 2017 Seanachie, I have been taking surveys in exchange for donations to the AKC Humane Fund. My total contribution to date is **\$24**. Anyone else participating?

Participating in online surveys is a popular and easy way to support a favorite charity. Since 2011, the SurveyMonkey.com Contribute panel has contributed over \$9 million to a select group of organizations. We are delighted to report that the AKC Humane Fund has been invited to join SurveyMonkey.com Contributes' roster of not-for-profit organizations that are eligible for donations.

Click here to sign up for SurveyMonkey's survey panel, and for every survey you complete, SurveyMonkey will contribute \$0.50 to the AKC Humane Fund.

<u>Sign Up Here</u>

### **BRAGS**

#### Cathie & Mike Skoog:

Mollie earned her Obedience Novice Title (Companion Dog) on Sunday, February 5, placing FIRST in All Breed and Sheltie Specialty and was the High Scoring Sheltie in Obedience.



TALIESIN GOOD GOLLY MISS MOLLIE CD RAE HISd, HSAdM NA NAJ OAP NJP OJP AXP CGC



GEORGIA "Savannah" BN CD RE HSAdM NA NAJ NJP CAA URO1 RLX3

#### Cathie & Mike Skoog:

Savannah earned her Obedience Novice Title (Companion Dog) on Saturday, March 4 at the Tampa Bay Area Shetland Sheepdog Club trials held in Lakeland, FL.

#### Cathie & Mike Skoog:

Annie earned her WCRL Puppy Rally Title (RLP) at Break Away Action Dogs (BAD) in Frederick, MD January 28 & 29.

Annie earned legs 1 & 2 towards her Rally Novice Title at the Potomac Valley Shetland Sheepdog Club (PVSSC) Rally Trials in Point of Rocks, MD February 4 & 5.

On February 17 Annie earned her Canine Good Citizen (CGC) Title at the Strawberry Cluster Dog Show in Lakeland, FL.

And on March 5 she earned her first leg towards her Beginner Novice title at the Mid-Florida Shetland Sheepdog Club obedience trials.



MERLYN HULLSTON THE STRATOVARIUS BLACK DIAMOND "Annie" CGC RLP

### **BRAGS**

#### Dayna Dreger:

York County Dog Training Club, Red Lion, PA. AKC Rally-O trial, January 29, 2017

- Bennett earned her first two RE legs
- Romeo completed two more RAE QQ's

PVSSC, Point of Rocks, MD. AKC Rally-O trial, February 4-5, 2017 (Photo attached)

- Bennett completed her Rally Excellent (RE) title with a 1st place Sheltie in class
- Romeo completed his Rally Advanced Excellent (RAE) title with three 1st place Sheltie, a 2nd place Sheltie, a 2nd place all-breed, and a 3rd place all-breed in class. Also taking High Scoring Sheltie in the Sunday Rally trial.

#### WCRL Rally-O National Rankings 2016

- Bennett is ranked 6th nationally in the RL3 division



#### Also welcoming new addition, Sawyer!

- Canyonview Modern Day Warrior
- (GCh CRS Canyonview Free Wheelin' CD, MJDC, MGDC, AADC, AgXJ, AgI, RE, SSN, SSB, NID, BID, CGN, CRNMCL, CRACL, CRXCL, CRXT, SJATD, VT, VC x Canyonview Start Me Up)



## Do YOU Have a NEW Email Address?

Send email address changes to Donna Richards, PVSSC Corresponding Secretary at <a href="mailto:dlrcpa@verizon.net">dlrcpa@verizon.net</a> to assure you receive club news.



## **May Events**

PVSSC Meeting May 15

## **Meeting Refreshments**

Fran Beacham is our Refreshment Coordinator. *Thanks to everyone who volunteered refreshments for 2017* 

#### 2017

May meeting – Cathie Skoog
June meeting – "potluck picnic"
July – no meeting
August meeting – Patrick Keough
September meeting – Marilyn Manser & Rich Gurney
October meeting – the Greens
November meeting – Chris Demoncada
December – no meeting
THANK YOU!

Reminder, beverages are not provided; water is available and there is a water/soda machine.

## PVSSC Breed Referral Services

For information on puppy and adult Shelties, contact PVSSC members



Jan Stanley

703-281-2828 janstanley@verizon.net

or

Doey Blount 301-567-3933

jimjandoey@aol.com

## Northern Virginia Sheltie Rescue (NVSR)



NVSR rescues, rehabilitates, and places lost, abused, and abandoned Shelties where they will be loved, protected, and well cared for.

Visit the NVSR Website <a href="http://www.nvsr.org/">http://www.nvsr.org/</a> to find out about activities, dogs for adoption, to support their activities, or even to see how you can volunteer!

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