

Central New York Reiki Association

Standards of Practice

Create & maintain a safe space for your clients and students to experience Reiki sessions and classes.

Keep appropriate records on each of your clients (i.e.; client information form and session documentation form).

When teaching, provide written material (handouts or manuals) for your students.

Never use another person's copyrighted materials in your classes without permission and giving credit.

Conduct all classes in person (give all training and empowerments in person).

Make sure to include time for lecture, discussion, demonstration, practice, and question/ answer in all of your classes.

Provide a certificate of completion for each student.

Teach the three traditional symbols in Reiki II classes, and the traditional Master symbols in ART/Reiki Master Teacher classes. Do not teach symbols in Reiki I classes.

Reiki I & II classes can be taught together or separately, depending on teacher preference.

ART and Reiki Master Teacher classes can be taught together or separately, depending on teacher preference.

Require that students have practiced consistently at the Reiki II level for a minimum of 6 months before taking ART or ART/Master Teacher training.

Provide at least 5 hours of class time for each level of training (Reiki I, II, ART, Master Practitioner, Master Teacher)